

SPRING

2026

New excursion locations include:

Shoeless Joe Jackson Museum, Clemson University Equine Center, South Carolina Water Resource Center, Wild Heart Equine Physical Therapy Center and more!

New course titles include:

Shoeless Joe Jackson and Textile League Baseball; Before You Sell: What South Carolina Landowners and Investors Need to Know; Sourdough Made Simple: Bake Your Own Sandwich Loaf; Spring Herbal Plant Walk; Defensive Driving; The Voyage of the Viking, the Chicago World's Fair, and the "Discovery" of "America"; Samurai-Learning "The Way of the Sword"; America's Constitution: A Biography - A Four-Part Lecture Series with Chip Stapleton and more!

The Cheezem Education Center is open Monday through Friday, 9:00 a.m. to 4:00 p.m.

Now offering OLLI courses at the Keowee Key Activity Center!

Different ways to participate this term:

In-person courses at the Cheezem Education Center, Evening courses at the Cheezem Education Center, Osher Online courses that allow you to participate from home, and Outdoor Adventures and Day Trips

Registration opens March 23, 2026

Register in person, by phone, by mail or online at: www.olliatclermson.org

OSHER
LIFELONG
LEARNING
INSTITUTE

OLLI

at Clemson University

Brick by Brick:

Constructing America's Identities

America's cultural identities are etched in stone, carved in wood and built on the foundation of those who came before us. The American built environment tells a story of multitudes, and learning from this physical reflection of our past helps us to better understand where we came from and where we stand today. We are bringing the Clemson community a five-week summer book series to take place in June and July. Hear from authors who have dedicated their lives to expanding on the knowledge of historic properties and South Carolina history while enjoying hors d'oeuvres.

June 2

John Garrison Marks, *Thy Will Be Done: George Washington's Legacy of Slavery and the Fight for American Memory*

June 9

Rod Andrew, *The Life and Times of General Andrew Pickens*

July 7

Carl P. Borick, *Backcountry Resistance: South Carolina's Militia and the Fight for Independence*

June 23

Jim Picuch, *Three Peoples, One King: Loyalists, Indians & Slaves in the Rev. South, 1775-1782*

July 21

Alan Pell Crawford, *This Fierce People*

More information on registration coming soon!

This program is sponsored by the SC250 Commission, Clemson University's Historic Properties, Annual Giving Office, and Osher Lifelong Learning Institute.



250TH ANNIVERSARY OF THE AMERICAN REVOLUTION BOOK CLUB

Join us as we commemorate the 250th Anniversary of the American Revolution with a special three-session book club exploring the people, conflicts, and defining moments that shaped our nation's founding.

Discussions are led by Gannon Rice, history major at Clemson University, and will take place at the Cheezem Education Center from 2:30 p.m. to 3:30 p.m. Books are provided. Registration is required. Call 864-633-5242 to register.

Free with suggested donation of \$30 to be split between Clemson's Historic Properties and OLLI at Clemson University.

Featured Titles:

Tuesday, April 21

The British Are Coming by Rick Atkinson

Tuesday, May 19

Our First Civil War by H. W. Brands

Tuesday, June 16

Valiant Ambition: George Washington, Benedict Arnold, and the Fate of the American Revolution by Nathaniel Philbrick

Whether you're a lifelong history enthusiast or simply curious about America's founding era, this engaging series offers thoughtful discussion and fresh perspectives on the Revolutionary generation.

Location: Cheezem Education Center

Time: 2:30 p.m. – 3:30 p.m.

Open to the community

Celebrate 250 years of American history—one book at a time.

This program is sponsored by the SC250 Commission, Clemson University's Historic Properties, and Osher Lifelong Learning Institute.

OLLI AT CLEMSON UNIVERSITY WRITERS GROUP PRESENT

An Evening of Prose and Poetry

We invite you to enjoy an evening of prose and poetry readings.

OLLI Writers will present their own original writings.

5 open mic spots available. Limited to 5 minutes each.

Refreshments provided.

APRIL 30, 2026

6:00 p.m. to 7:45 p.m.

Cheezem Education Center
100 Thomas Green Blvd., Clemson, SC

Call 864-633-5242 to register!



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OLLI at Clemson University

ANNUAL MEETING

Save the Date

Guest presenter: Trent Allen - author of *There's Something in These Hills*

 Date: June 17, 2026

 Time: At 3:00 PM

Kite Hill Brewing Co.
150 Thomas Green Blvd.
Clemson



On April 8, 2026, join the excitement of Clemson University's Annual Give Day—a 24-hour celebration of impact, tradition, and opportunity. This year, make your donation count by supporting OLLI at Clemson University. OLLI empowers adults to stay curious, connected, and engaged through dynamic courses, events, and community experiences. Give back. Fuel lifelong learning. Make your impact on April 8! To make your contribution, please visit iamatiger.clemson.edu/giving/olli or contact our office, 864-633-5242, for more information.

free programs **THIS SPRING**



The following activities are open to all current OLLI Members and those with an interest in joining OLLI. **All programs are free but require registration.** Please call 864-633-5242 to register.

Getting the Most Out of ChatGPT

Wednesday, April 15 | 2:00 p.m. to 3:30 p.m. | Cheezem Education Center

This is a hands-on, learn-by-doing class designed for both recreational and business users who want to unlock the full potential of Open AI's ChatGPT. You will leave this class with practical skills you can use immediately, whether you want help writing contracts, re-searching complex topics, or crafting better communication. Requirements: bring your laptop or tablet, make sure you have a ChatGPT account - it can be free, or enhanced as a monthly subscription - and be ready to experiment with real-world examples. A one-month subscription to ChatGPT Plus (\$21) is highly encouraged to get the most out of the class. The usefulness of this information resource is limited only by your imagination!

Strength Resistance

Thursday, April 16 | 11:00 a.m. to 12:00 p.m. | Cheezem Education Center

Come prepared to exercise. This class will discuss the concept of muscle fatigue usage for strength improvement in lieu of many repetitions. Participants will need a stretch band, (preferably with handles) and both wall space and chair usage will be incorporated. This session will be led by Myra Goodwin who taught Physical Education for 35 years and is an exercise enthusiast.

Explore American Revolutionary War Sites in the Upstate of South Carolina

Thursday, April 16 | 2:00 p.m. to 3:00 p.m. | Keowee Key Event Center

As part of the activities celebrating our country's 250th Anniversary of the Declaration of Independence, you are invited to a presentation highlighting historic Upstate sites that tell the story of the fight for our independence. The presentation by Joel Rexford will cover key facts about each site, including location, driving distance, available facilities, and the historical significance of the battles fought there.

New and Returning Member Orientation

Thursday, April 23 | 1:30 p.m. to 2:30 p.m. | Cheezem Education Center

Whether you're new to Clemson OLLI or returning from a hiatus, this orientation illustrates how OLLI ticks, who is who and how you can be part of your regional lifelong learning program! Refreshments provided.

Fire Safety, Service, and Rescue

Monday, May 4 | 1:00 p.m. to 2:00 p.m. | Cheezem Education Center

Keowee Fire District Chief Kris Childress will provide an engaging overview of fire safety, emphasizing everyday precautions to prevent fires and how to respond calmly if one occurs. He will share highlights from the history of the Keowee Fire District and broader fire service developments, tracing how firefighting has evolved with better training, community involvement, and technology. The presentation will also include information on the department's rescue equipment, explaining how tools like modern fire engines, hydraulic rescue tools ("Jaws of Life"), and safety gear help firefighters protect lives and property.

Explore American Revolutionary War Sites in the Upstate of South Carolina

Thursday, May 7 | 11:00 a.m. to 12:00 p.m. | Cheezem Education Center

As part of the activities celebrating our country's 250th Anniversary of the Declaration of Independence, you are invited to a presentation highlighting historic Upstate sites that tell the story of the fight for our independence. The presentation by Joel Rexford will cover key facts about each site, including location, driving distance, available facilities, and the historical significance of the battles fought there.

The Power of a Bequest

Wednesday, May 20 | 11:00 a.m. to 12:00 p.m. | Cheezem Education Center

Clemson University was founded in 1889 through a bequest. When he signed his will on November 6, 1886, Mr. Thomas Green Clemson bequeathed his farm of 814 acres and his fortune of \$80,000 in cash and securities to establish a "high seminary of learning" and to make a difference for the state of South Carolina and beyond. Anna Maria Calhoun Clemson and Thomas Green Clemson discussed and planned this gift during their lifetimes but the true power of their gift and thus legacy was realized once they passed. Have you considered leaving a charitable bequest in your estate plans?

a very special thanks
TO OUR SPRING FLING II SPONSORS



ANMED HEALTH SERIES

Events are free and open to the public. Registration is encouraged and can be completed by calling the Osher Lifelong Learning Institute at 1-864-633-5242.



APRIL 23

AGING OR A WARNING?: PREVENTION AND PREPARATION FOR THE HEART

Hosted by Dr. Priyanka Ghosh
AnMed Cardiology

As aging affects the cardiovascular system, tactics for improving and maintaining heart health can evolve. Join us in Clemson to learn the difference between “normal aging” and a warning sign, what’s new and what works, how to manage medications, how to prepare for emergencies and more.



MAY 14

HOW TO GET BETTER SLEEP FOR BETTER LIFE

Hosted by Dr. Syed Malik
AnMed Pulmonary & Sleep Medicine

If you or your partner snore, when should you talk to your doctor about it? When does mild insomnia or a minor sleep issue risk developing into something more serious? How important is sleep after age 60? Spoiler: Very important. Join us in Clemson to learn about all this and more.



JUNE 25 **Hosted at Keowee Key**

NO-SWEAT TECHNIQUES TO EASE JOINT PAIN

Hosted by Mallory Prosser
AnMed Integrated Therapy

If your aches and pains are increasing with age, you could benefit from professional advice and a few simple, easy techniques to increase comfort and mobility. Joins us at Keowee Key in Salem for an interactive but no-sweat seminar with Mallory Prosser of AnMed Integrated Therapy. Leave with know-how to carry home.



WHERE IN THE WORLD WILL OLLI GO?

Up-to-date details for all travel programs can be found on the OLLI website, and you can pick up a flyer for each trip at the Cheezem Education Center. Bookings are taken by the individual travel companies; contact the specific company for questions and arrangements.

TRAVEL 2026

Highlights of England, Scotland and Wales

9 Days – April 22 to 30, 2026 | By Premier World Discovery

Experience the best of the United Kingdom on this unforgettable multi-country journey through England, Scotland, and Wales.

Double Occupancy: \$4,599 per person, includes roundtrip airfare from Greenville with \$100 booking discount

Single Occupancy: \$5,749 per person, includes roundtrip airfare from Greenville with \$100 booking discount

Activity Level: Challenging



Alaska: Call of the Wild

7 Days – August 6 to 12, 2026 | By Premier World Discovery

Discover the wild beauty of America's Last Frontier on this unforgettable journey through Alaska.

Double Occupancy: \$6,025 per person, includes roundtrip airfare from Greenville with \$100 booking discount

Single Occupancy: \$7,450 per person, includes roundtrip airfare from Greenville with \$100 booking discount

Activity Level: Active



Alpine Swiss Villages and Rails

9 Days – September 14 to 22, 2026 | By Premier World Discovery

Experience the breathtaking beauty of Switzerland on this immersive journey through its iconic alpine villages and dramatic landscapes.

Double Occupancy: \$5,799 per person, includes roundtrip airfare from Greenville with \$100 booking discount

Single Occupancy: \$6,749 per person, includes roundtrip airfare from Greenville with \$100 booking discount

Activity Level: Challenging

Travel to Morocco with OLLI

10 Days – October 4 to 13, 2026 | By Discover Corps

Uncover the bustling medinas and colorful markets of Fès, Rabat, and Marrakech; meet with pioneering organizations empowering Morocco women and protecting the environment; dive headfirst into Moroccan culture with cooking lessons and food tours; engage with rural Amazigh communities nestled in the High Atlas Mountains; and learn a variety of traditional arts from locals, from tile making to calligraphy.

Double Occupancy: \$4,495 per person, does not include airfare

Single Occupancy: \$5,390 per person, does not include airfare

Activity Level: Challenging



TRAVEL 2027



Croatia & Its Islands

12 Days – April 21 to May 2, 2027 | By Collette

Tour highlights include Zagreb, Stone Gate, Šibenik, Cathedral of St. James, Krka National Park, 7-night Adriatic Cruise, Split, Trogir, Bol, Stari Grad, Hvar, Biševo Blue Cave, Vis, Korcula, Mljet National Park, Pelješac Peninsula, and Dubrovnik

Rates vary depending on ship cabin preference, includes roundtrip airfare from Greenville

Activity Level: Active

Program description page numbers in parenthesis
Please note: Date indicates first session meeting only

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Code of Conduct

FOR MEMBERS AND INSTRUCTORS OF OLLI AT CLEMSON UNIVERSITY

OLLI at CU is a community of intellectually active mature adults. Membership entails mutual respect among members and instructors as they pursue knowledge and explore individual interests. Failure to treat ideas, viewpoints, the classroom environment and interests of other members of the community with respect and civility compromises the intellectual climate at OLLI, and cannot be tolerated. The OLLI administration and volunteer leadership are responsible for ensuring that the Code of Conduct is being followed in all OLLI-sponsored programs.

This OLLI at CU Code of Conduct is congruent with that for students at Clemson University (<https://www.clemson.edu/studentaffairs/find-support/ds/student-handbook.html>) in promoting behavior that enables enlightened discourse among individuals.

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“

Best place to learn in friendly atmosphere– no books. No homework. No tests. No pressure. Just plain FUN learning!!

”

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Get to Know Your OLLI BOARD OF ADVISORS

- Dave Sabo, Chair
 - Sue Schneider, Vice Chair
 - David Potts, Past Chair
 - Carol Helander, Secretary
 - Gaines Hutcheson, At-Large Member
 - Bob McAlpine, At-Large Member
 - Sue Schneider, At-Large Member
 - Kim Warne, At-Large Member
- The Board can be reached directly at
cuolliboa@gmail.com.*

Osher Online™

in collaboration with Northwestern University
School of Professional Studies

The following courses are offered to Clemson OLLI Members as part of the national Osher Online project, bringing stellar presenters to OLLIs across the country. Each course is offered **live via Zoom** – plan to participate from the comfort of home! Each session will include Members from several different

OLLIs; each OLLI is limited to 13 seats per course. Each course is comprised of six 90-minute sessions and will offer generous question and answer periods. Before each course, participants will be contacted by the Osher Online staff at Northwestern University with further instructions.

New! Ghosts in the White House: The People Behind Presidential Speeches

6 Mondays, March 30 to May 4 | 3:00 p.m. to 4:30 p.m. | Tuition: \$59 

Have you ever wondered who writes presidential speeches? This course traces the evolution of speech writing from George Washington's administration to today. Yes, Hamilton helped draft Washington's Farewell Address, but no, Lincoln did not scribble the Gettysburg Address on an envelope. We will study the writing process presidents used and examine drafts from FDR, Truman, Eisenhower, Kennedy, Carter, and George H.W. Bush. We will view clips from speeches and from former White House speechwriters describing the process.

Diana Carlin, PhD is Professor Emerita of communication at Saint Louis University. For 30 years, she has taught courses on and written about First Ladies. She is the co-author of *U.S. First Ladies: Making History and Leaving Legacies* and *Remember the First Ladies: America's History-Making Women*. Carlin has published articles and book chapters on a variety of First Ladies and researches and writes on the topics of women in politics, presidential communication, and political debate.

New! Comic Book Literature

6 Tuesdays, March 31 to May 5 | 3:00 p.m. to 4:30 p.m. | Tuition: \$59 

Comics (blending words and pictures to tell stories) stretch from cave paintings and the Bayeux Tapestry to today's Batman and Spider-Man. Far more than superhero tales, comics are a versatile literary artform, capturing intimate and epic stories, social issues, and cultural moments through panels and word balloons. In this course, we will trace their history, explore their power, and read and discuss works including *Understanding Comics*, *Watchmen*, *Maus*, *Fun Home*, and *Persepolis*.

Arnold Blumberg, PhD is a publisher, author, artist, and pop culture historian. He has taught courses in media literacy and other cultural topics at University of Baltimore and other Baltimore colleges. Blumberg spent fifteen years in the comic book industry, curated a pop culture museum, and currently runs his own publishing company, ATB Publishing.

New! JFK's Quest for Peace: Lessons for Turbulent Times

6 Thursdays, April 2 to May 7 | 1:00 p.m. to 2:30 p.m. | Tuition: \$59 

Throughout his 1000-day presidency, John Kennedy pursued peace through a broad spectrum of initiatives. He saw a connection between learning and leadership and sought to use military deterrence, diplomacy, and soft power in novel ways. In this course, we will explore how his character and life experiences were the origins of those efforts. We will evaluate his powers of persuasion by listening to key speeches, and we will assess his successes and failures and their relevance to today's world.

Charles Blum served as a US diplomat and trade policy official for 17 years before launching a consulting firm that operated in Washington DC and Central Europe. He has developed more than four dozen courses focusing on global politics, war and peace, and international cooperation. He earned degrees in history from Eastern University and in international relations from the University of Pennsylvania.

New! AI for Regular People

6 Thursdays, April 2 to May 7 | 7:00 p.m. to 8:30 p.m. | Tuition: \$59 

Back by popular demand, this updated course offers a clear, engaging introduction to Artificial Intelligence (AI) and how it's rapidly transforming our world. From self-driving cars to chatbots and precision medicine, we will explore how AI works, where it's headed, and what it means for society. No tech experience needed—just curiosity! With fresh examples and timely updates, participants will gain a solid understanding of the opportunities and challenges AI presents today.

This course is co-taught by **Hod Lipson**, PhD, Professor of Engineering and Data Science at Columbia University, and author and technology analyst **Melba Kurman**. Dr. Lipson directs Columbia's Creative Machines Lab, where his team builds artificially intelligent robots that can design, create, and express emotion. One of the world's most-cited academic roboticists, his work has been featured in *The New York Times*, *NPR*, *TED*, and *Quanta*. Melba Kurman has held roles at Microsoft, Cornell University, and several tech startups. She writes about emerging technologies and their societal impact. Together, they co-authored *Driverless and Fabricated: The Promise and Peril of 3D Printing* and are frequent speakers on AI and innovation. They divide their time between New York City and the Berkshires.

New! Violinists: Performers and Composers

6 Mondays, April 6 to May 11 | 11:00 a.m. to 12:30 p.m. | Tuition: \$59 

Why do so many great violinists also become composers? This course will explore the fascinating legacy of violinist-composers, including Baroque virtuosos like Heinrich Biber, Romantic legends like Niccolò Paganini, and 20th century innovators like George Enescu and Grazyna Bacewicz. Through listening and discussing, we will examine how these artists wrote music tailored to their instruments and themselves. Taught by a professional violinist, this course offers a behind-the-strings look at how performance and composition intertwine.

Iliana Zaks, professional violinist, educator, and multidisciplinary artist, is First Violin with the Seattle Symphony and Seattle Opera. A graduate of the New England Conservatory and Yale School of Music, she studied under renowned violinists Donald Weilerstein and Ani Kavafian and spent nearly a decade working with Itzhak Perlman through the Perlman Music Program. Recently appointed to the Boston University Tanglewood Institute faculty, Zaks is passionate about connecting audiences to music through storytelling, performance, and dialogue.

New! From Leo XIII to Leo XIV: History of 20th and 21st Century Popes

6 Tuesdays, April 7 to May 12 | 5:00 p.m. to 6:30 p.m. | Tuition: \$59 

The death of Pope Francis and the election of the first US born Pope have been in the news repeatedly in the last few months, capturing the imagination of many people, including non-Catholics. Who are these men? What are their life stories? How were they similar to and different from each other? In this course, we will discuss the lives and dominant perspectives of the last ten Popes, exploring their most significant positions and their influence on world affairs.

Oliva Espín, PhD, is Professor Emerita of Women's Studies at San Diego State University and the California School of Professional Psychology. She completed her postdoctoral work at Harvard and is a pioneer in feminist therapy with women from diverse cultural backgrounds. Her recent books include *Women, Sainthood, and Power: A Feminist Psychology of Cultural Constructions* and *My Native Land is Memory: Stories of a Cuban Childhood* (2021 San Diego Book Award). She received APA's Outstanding Lifetime Contributions to Psychology Award.

New! Great Science Stories

6 Thursdays, April 9 to May 14 | 3:00 p.m. to 4:30 p.m. | Tuition: \$59 

Science is full of surprises. Dyes, accidentally discovered, launched the modern pharmaceutical industry. A failed experiment opened the door to new physics. Discoveries are never just facts. They are moments of

creativity, struggle, and chance with far-reaching consequences. In this course, we will explore the human side of science, tracing breakthroughs in biology, chemistry, physics, and more. We will ask not only what was found, but how and why it matters.

Dr. Johnnie Hendrickson is a Teaching Professor in the School of Molecular Sciences at Arizona State University; he holds a PhD in chemistry, and is the author of the textbook *Chemistry in the World*. His academic work focuses on science communication, the reciprocal relationship between science and society.

New! California Uncovered: A Journey Through Time, Place, and Identity

6 Fridays, April 10 to May 15 | 3:00 p.m. to 4:30 p.m. | Tuition: \$59 

California is more than a state—it is an idea, a dream, and a contradiction. In this course, we will journey from its earliest Indigenous cultures through Spanish, Mexican, and American rule, exploring missions, the Gold Rush, the railroad, Hollywood, and Silicon Valley. We will challenge myths, highlight overlooked voices, and examine how migration, innovation, and cultural change shaped the Golden State. We will discover what it has meant, and still means, to be Californian.

Anthony Antonucci, PhD, is a historian whose teaching and scholarship explore the intersections of foreign relations, nationalism, race, and immigration policy in U.S. history since 1750. A Fulbright fellow, Antonucci has also held research appointments at the Massachusetts Historical Society, the American Antiquarian Society, and the University of Connecticut Humanities Institute. He teaches courses in U.S., world, and California history, as well as African American, Latinx, and women's studies at colleges across Southern California, including Cal Poly Pomona, the University of La Verne, and Citrus College.

New! Writing the Personal Essay: Finding Your Story

6 Saturdays, April 18 to May 23 | 2:00 p.m. to 3:30 p.m. | Tuition: \$59 

The personal essay, one of the oldest forms of creative nonfiction, blends storytelling, reflection, and analysis to give voice to lived experience. In this course, we will explore the personal essay as both art and self-expression. Through readings, discussion, and writing exercises, we will study elements such as narrative arc, scene-setting, and reflection. We will draft our own essays, discovering how this enduring form helps us find our voices and tell our stories with clarity.

Lisa Stolley, professor of English at the University of Illinois Chicago and Northwestern University, is a published fiction author. Her short stories have appeared in numerous literary journals, earning an Illinois Arts Council Award, a Pushcart Prize nomination, and first prizes from the *Washington Review* and *Georgia State Review*. Her nonfiction has been published in *Today's Chicago Woman* and the *Chicago Reader*. Stolley teaches scientific writing at UIC's School of Public Health and is a legal writer for immigration attorneys.

New! Frank Lloyd Wright and Modern Architecture

6 Tuesdays, April 21 to May 26 | 7:00 p.m. to 8:30 p.m. | Tuition: \$59 

Frank Lloyd Wright designed nearly 1,000 buildings and helped define modern architecture. This course explores highlights of his practice, from Prairie houses to Fallingwater and the Guggenheim Museum, alongside lesser-known projects like affordable housing and city planning. We'll examine how Wright's work reflected cultural shifts in technology, science, and politics, offering a deeper understanding of his lasting influence on architecture and modern design.

Jennifer Gray, PhD, is vice president of the Taliesin Institute at the Frank Lloyd Wright Foundation. Her research explores how modern architects used design to advance social change at the turn of the 20th century. She has curated major exhibitions, including *Frank Lloyd Wright at 150* at MoMA and *The Imperial Hotel at 100*, which toured Japan. Gray has taught at Columbia, Cornell, and MoMA, and formerly served as Curator of Drawings and Archives at Avery Architectural & Fine Arts Library.

DAY and HALF-DAY TRIPS

New! Horsing Around with the Clemson University Equine Center 
Tuesday, April 21 | 10:30 a.m. to 12:30 p.m. | Departs from the Cheezem Education Center | Tuition: \$29

Clemson University's Equine University Teaching Center is a teaching, research and outreach facility in Anderson County. The purpose of this facility is to be a student-centered, self-sustaining enterprise that serves as a leader in the South Carolina horse industry. The Equine Center has a strong tradition in producing stock horses and engages in breeding both Arabians and Thoroughbreds for research and sales. The facility is located on 85 acres of rolling pastureland adjacent to the T. Ed Garrison Arena. Join the tour and learn more about the operation of this unique center.

New! Take Me Out to the Ball Game 
Thursday, April 30 | 8:30 a.m. to 6:30 p.m. | Departs from the Cheezem Education Center | Tuition: \$99 includes ticket, transportation, and snacks

Join your OLLI friends for an afternoon of baseball as the Atlanta Braves take on the Detroit Tigers! The game begins at 12:15 p.m. at Truist Park, making it the perfect opportunity to slip away for an exciting interleague matchup. Travel in comfort by motor coach and enjoy a relaxing, fun-filled day. Seats are located along the third-base line and are covered for shade and comfort. Come enjoy great baseball and even better company with friends!

New! Protecting SC Water Resources, A Visit to the SC Water Resource Center 
Thursday, May 7 | 9:45 a.m. to 12:15 p.m. | Participants meet at the SC Water Resource Center, Pendleton | Tuition: \$19

Will South Carolina have enough water in the future? How is it being protected? Those are the type of issues addressed by the South Carolina Water Resources Center (SCWRC). Clemson University is home to the SCWRC and is a statewide facility that researches and educates on water resource challenges/needs and assists in developing policy to steer South Carolina towards its future. We invite you to attend this tour of the SCWRC to learn more about the critical work being done across the state.

New! Connecting the Heart of the Horse with the Soul of the Human 
Friday, May 8 | 9:30 a.m. to 12:30 p.m. | Departs from the Cheezem Education Center | Tuition: \$29 includes transportation

Visit Wild Hearts Equine Therapy Farm and learn about its unique approach to equine-assisted programs. Wild Hearts help people of all ages with physical, intellectual and emotional challenges. The programs use a "horse-first, client led" approach to foster growth, confidence and healing through connections with horses. Meet the horses, learn about the programs, and see the extensive facilities and acreage.

New! Spring Herbal Plant Walk 
Monday, May 11 | 1:00 p.m. to 2:30 p.m. | Participants meet at Seneca Adventure Trail, Seneca | Tuition: \$35

Join Brooke Parrow for a guided herbal plant walk focused on medicinal plants that emerge early in the growing season. This class introduces participants to common spring plants and "weeds" that have been traditionally used to support digestion, circulation, immunity, and overall vitality. Participants will learn how to safely

Activity Levels for Active Programs

Activity level rankings are provided for courses as appropriate; please consider your needs and abilities when registering for a specific program.



MODERATELY ACTIVE
These programs consist of some physical activity, such as equal parts walking and riding, sitting, or stopping.



ACTIVE
These programs require a fair amount of physical fitness and may require you to be active for up to three hours at a time. Many programs in the active category may require up to a mile of walking before taking a break and will likely cause you to break a bit of a sweat.



MODERATELY CHALLENGING
These programs require a good deal of physical fitness and more physical activity. These programs may require, for example, a lot of walking on uneven terrain and/or up and down hills for long periods of time.



CHALLENGING
These programs are for those who are comfortable with more strenuous activities, such as hiking for several miles on uneven terrain.

identify medicinal plants, understand their basic uses and learn about various herbal preparations and practical uses. This walk is ideal for beginners and nature enthusiasts who want to deepen their connection to the natural world while learning practical, time-honored plant knowledge.

Visit and Tour of Arthrex, Inc.

Tuesday, May 12 | 9:00 a.m. to 10:00 a.m. | Participants meet at Arthrex, Pendleton | Tuition: \$19

Learn about one of our Pendleton neighbors through a visit and tour of Arthrex Inc. Arthrex is a global medical device company and leader in new product development in medical education in orthopedics with a South Carolina facility just down the road from Clemson in Pendleton. Arthrex designs and manufactures surgical products and solutions used for arthroscopic and minimally invasive orthopedic surgical procedures. The company offers shoulder, knee, elbow, hand and wrist, foot and ankle, and hip related surgical products, orthobiologics and imaging and resection systems. The company markets products directly and through a global network of distributors in the Americas, Europe, the Middle East, Africa and Asia. Arthrex is headquartered in Naples, Florida.

High Tea with Ella Lorton, a Dear Friend of the Clemson Family

Wednesday, May 20 | 4:00 p.m. to 6:00 p.m. | Participants meet at the Inn at Magnolia Hill, Pendleton | Tuition: \$50

The Clemson area is filled with exciting history. Miss Ella Lorton (Sheri Belk), a historical figure from the 1860s, would like to share that history by inviting OLLI members to her Pendleton home for a high tea and conversation. Over tea and treats, guests will listen to Miss Lorton's thoughts and journal entries written during the Great Conflict, the Civil War. Miss Lorton is directly connected with the Anna Maria and Thomas Green Clemson family and participants will tour the historic Pendleton property following the program.

Sheri Belk graduated from Clemson University with bachelor's and a master's degree in Elementary Education/Special Education. She is a nationally board-certified teacher who taught in the South Carolina Public Schools for 33 years. She also presents *Fort Hill Through the Eyes of Anna Maria Clemson*. The Inn at Magnolia Hill began soon after the founding of Pendleton in 1791. Currently, the Inn is located at 181 East Queen Street and is operated by **Chris Murray**.

New! Shoeless Joe and the Drive: A Baseball Lover's Day Out

Tuesday, May 26 | 4:00 p.m. to 11:00 p.m. | Departs from Cheezem Education Center | Tuition: \$89

Step back in time and celebrate America's favorite pastime with a unique day trip to Greenville, South Carolina! Our excursion begins with a guided visit to the Shoeless Joe Jackson Museum, located in the very home where the legendary ballplayer lived and died. Explore rare memorabilia, photographs, and artifacts that chronicle Joe's rise from textile league ball fields to Major League stardom—and the scandal that cut his career short. You'll gain insight into both the history of baseball and the local legacy of one of its most iconic and controversial figures. After the museum, the excitement continues just steps away at Fluor Field, home of the Greenville Drive, the High-A affiliate of the Boston Red Sox. Designed as a scaled-down replica of Boston's iconic Fenway Park, Fluor Field delivers an unforgettable experience for baseball fans of all ages. Grab a hot dog, settle into your seat, and enjoy a fun-filled evening of professional baseball in a vibrant, fan-friendly atmosphere.

New! The City Scape Signature Winery Experience

Thursday, May 28 | 1:00 p.m. to 5:30 p.m. | Departs from the Cheezem Education Center | Tuition: \$125

Experience an exclusive behind-the-scenes journey at City Scape Winery with this intimate winery tour and tasting experience. Guests will enjoy a private guided tour of the winery and production facility led by the ownership and winemaking team, offering a unique opportunity to learn about the winemaking process from grape to glass. The tour includes a complimentary glass of wine to sip along the way. Following the tour, guests will be welcomed into the brand-new tasting room for a seated private tasting experience. Each guest will sample eight carefully selected wines from a pre-selected menu, thoughtfully paired with a charcuterie tray. To commemorate the experience, every guest will receive a custom City Scape wine glass to take home.

New! The Art of the Brew: Inside Sierra Nevada

Tuesday, June 2 | 9:15 a.m. to 3:45 p.m. | Departs from the Cheezem Education Center | Tuition: \$79

Explore Sierra Nevada Mills River Brewery on this guided 60-minute tour, to learn about the company's history, brewing process, sustainability efforts and get your hands on some brewing ingredients! Following the tour, enjoy a delicious on-your-own-lunch in Sierra Nevada Taproom.

OUTDOOR ADVENTURES

New! Spring Wildflower Hike: Whitewater Falls to Bad Creek

Monday, April 13 (Rain date: Monday, April 20) | 9:30 a.m. to approximately 4:00 p.m. |

Itinerary provided one week before start date | Tuition: \$25

Hike along the Foothills Trail between Whitewater Falls and the Bad Creek access for one of the best spring wildflower displays in the state (moderate 3.6-mile hike).

Jean Askew is an avid hiker and has been hiking with OLLI and other groups since moving back to the Upstate in 2008. She has an educational background in botany and forestry and completed the Upstate Master Naturalist program in 2016. **Delsey Brown** moved back to the Upstate in 2016 and started exploring the area she left in 1983. She has been hiking with OLLI since 2017 and enjoys hiking with a group where everyone learns from each other.

From Fort to Falls: Explore Oconee Station & Station Cove

Wednesday, April 22 | 10:00 a.m. 2:30 p.m. | Participants meet at Oconee Station Historic Site, Walhalla |

Tuition: \$29

Oconee Station offers a glimpse into life on South Carolina's early frontier. Come with us to explore South Carolina's frontier past at Oconee Station, a historic site that once served as a military outpost and later a trading post in the late 1700s and early 1800s. The park features two preserved structures well worth seeing:

- Oconee Station – A stone blockhouse built around 1792 by the South Carolina State Militia to defend against Cherokee and Creek attacks. It later served as a kitchen for the nearby residence.
- The William Richards House – Built in 1805 by Irish immigrant William Richards, this home was occupied into the 1960s and used as a summer retreat through the 1970s.

Following the tour and brief lunch break, OLLI Member **Meg Williamson** will lead the group on an easy rated 1.5-mile hike to Station Cove Falls to see a stepped 60-foot waterfall that forms from headwaters atop Station Mountain.

Bloom Time on Lake Jocassee

Thursday, May 7 (Rain date: Thursday, May 14) | 10:00 a.m. to 1:00 p.m. | Devils Fork State Park, Salem |

Tuition: \$75

Come take a relaxing 3-hour pontoon boat excursion to explore the beauty of Lake Jocassee in May, when flowers surround the sparkling waterfalls and when birds and butterflies dip in and out of quiet coves. You'll see why the Jocassee Gorges is known as a global biological hotspot! Free park admission for all SC State Park Palmetto Pass holders; others pay \$8 per adult and \$5 per senior, ages 65 and up.

Kay Wade co-owns Jocassee Lake Tours with her husband, Brooks. She has worked as a professional gardener and garden designer from the NC Mountains to the Florida coast and back to the mountains of South Carolina. She has written extensively on environmental and ecological challenges. She and her husband founded Jocassee Wild Outdoor Education to offer students of all ages access to a wide range of nature studies by accessing the perfect outdoor classroom - the Jocassee Gorges - by way of the blue avenue of beautiful Lake Jocassee.

COURSES

New! Estate Planning, Trusts, and Family Litigation (or How to Avoid!)

2 Mondays, April 13 and 20 | 9:00 a.m. to 10:30 a.m. | Cheezem Education Center | Tuition: \$29

Like children, all estates are different! In this seminar, Attorney Carol Johnson will help you determine what type of estate plan is right for your family situation. You will learn the important parts of the estate plan, including the difference between wills and trusts, the importance of having Advance Directives (durable powers of attorney, health care powers of attorney and living wills) and common mistakes to look for in an estate plan. You will learn how to avoid a boilerplate, one-size-fits-all estate plan that may not be at all suitable for you! In our second session, Attorney Shaun Malone will teach you about the various types of family litigation that can (and too often does) occur and how best to avoid or resolve those. He will also explain probate litigation that may arise when you least expect it. He will also discuss family law (divorce / child custody) issues and how best to handle those while still protecting your estate assets.

Carol Johnson is the founder of Carol Johnson Law Firm, P.A., having law offices in both Florida and South Carolina. Her primary focus is elder law and estate planning. Carol's goal is to help ensure that her clients' estates are completely and easily passed on to their desired heirs without having to burden their families with intrusive probate. This may include setting up a Special Needs Trust for a disabled child or other family member. Carol also helps them protect their estates from predators and scammers. **Shaun D. Malone, Esq.**, is the newest attorney associate at Carol Johnson Law Firm, P.A. Shaun has a background in both estate planning and litigation, having worked at an all-purpose law firm in Easley for several years before joining the 13th Judicial Circuit as a Solicitor. As a newer member of the firm, Shaun brings a depth of litigation knowledge and skills which has allowed us to expand our offerings to our clients to include family law, civil litigation, probate and trust litigation.

New! iPhone Digital Photography

3 Mondays, April 13, 20, and 27 | 1:00 p.m. to 2:30 p.m. | Cheezem Education Center | Tuition: \$39

You have an incredible camera in your pocket — let's learn how to actually use it. This relaxed, hands-on class is designed specifically for adults 55+ who want to feel comfortable and confident using their iPhone camera. No tech overwhelm. No confusing photography language. Just clear, practical guidance you can use immediately. In this class, you'll learn:

- Where your photos and videos really go (and how to find them again!)
- How to take better pictures using simple composition tips like the Rule of Thirds
- How to take flattering selfies
- How to capture wide scenic shots and zoom in clearly
- How to record steady videos — including cinematic mode
- What all those camera settings actually mean (and which ones you can ignore!)

We'll practice together in class, so you leave feeling capable — not confused. You'll also discover the newest iPhone camera features for 2026 in a way that feels manageable and useful. Whether you want better photos of grandchildren, travel memories, special events, or everyday life — this class will help you stop guessing and start enjoying your camera. Come curious. Leave confident.

Loraine Smith has been a technology instructor for 27 years and has a passion for seeing her students stay connected to their family and friends. She offers a relaxed, fun approach to learning more about your iPhone/iPad and loves hearing "I didn't know that!" She earned her bachelor's degree in financial management from Clemson University in 1987.

New! Samurai-Learning "The Way of the Sword"

10 Mondays, April 13 to June 22 (No Class on May 25) | 1:00 p.m. to 2:30 p.m. | Cheezem Education Center |

Tuition: \$119

Students will actively engage in learning Iaido through a balance of history, philosophy, and physical practice. Participation includes guided discussions on Samurai history, virtues, and sword training. The 450-year lineage of Muso Jikiden Eishin-Ryu Iaido will be discussed with its emphasis on tradition and effective techniques while reinforcing respect, virtue, and mindfulness. Hands-on activities focus on safety, etiquette, identifying, cleaning, and gripping the katana. Students will practice the six steps to draw, cut, and sheath the sword. Students will train

in on-guard positions, the eight fundamental cuts, blocking, parrying, thrusting, body movement and footwork. Classes emphasize precision, efficiency, and meditative focus through standing kata, allowing students of all ages to develop coordination, control, and calm awareness. Wooden Bokken (sword), scabbard, and white belt will be provided. Students will need to wear comfortable loose clothing or gym clothes, and comfortable shoes such as sneakers.

Randy Sexton began martial arts training at age 14 and has over 50 years of experience as a practitioner and instructor. He holds a 4th Dan Black Belt in Taekwondo, a Black Belt in Aikido, and a certified sword instructor in Iaido. Randy has taught martial arts since age 25, and brings extensive experience teaching at high school, college, and medical education levels. In his classes he emphasizes safety, accessibility, and martial arts tradition.

Intermediate Tai Chi

10 Tuesdays, April 14 to June 16 | 11:00 a.m. to 12:30 p.m. | Cheezem Education Center | Tuition: \$119

Tai Chi (Taijiquan) is practiced widely around the world and is renowned as a system of training that enhances health, balance and well-being through a series of postures that are practiced slowly, with attention to alignment and relaxed movement. While many of the concepts go back to ancient times, the first complete forms are credited to the Chen Village in China (from the 1700s). The Tai Chi form known as "Tai Chi 24" will be taught form by form. The instructor will explain basic yet very important principles e.g., rooting, sung (relaxation), and six directions. **At the instructor's request, students must have taken at least three sessions of OLLI's Tai Chi course before signing up for Intermediate Tai Chi. Any exception must have instructor's permission.**

Gary Carbone spent 35 years studying Tai Chi (Taijiquan), Xingyiquan, Bagua Zhang, Yiquan, Shaolin Kung Fu and Isshin Ryu Karate and is a seventh-generation lineage holder from Master Chen Jun Hao of Taiyuan, Shanxi Province, China. He loves sharing these arts with others.

Estate Planning

2 Tuesdays, April 14 and 21 | 11:30 a.m. to 1:00 p.m. | Keowee Key Event Center | Tuition: \$29

Your estate - what you will leave behind - is worth thinking about, and sooner rather than later. You will benefit from the experience of William Hubbard and Ashton Gottschall, two lawyers whose practice is devoted to estate planning, as they help you start, or improve, your estate plans. With their guidance, you will review the most important elements of estate planning in South Carolina, including vital subjects such as wills, trusts, powers of attorney, probate, estate taxation, and healthcare planning. They will clearly explain documents and techniques that every family should pursue, as well as some that should be avoided. A question-and-answer session will follow each discussion. You will want to take notes!

William K. Hubbard attended Clemson University for his undergraduate studies in agricultural engineering and pursued law school at the University of South Carolina. His law practice focuses on estate planning, probate and trust related work. **Ashton R. Gottschall** attended the University of South Carolina Upstate for his undergraduate degree in political science and the University of South Carolina School of Law for his law degree. He focuses on estate planning and serving local business owners and entrepreneurs as general counsel.

Tai Chi

10 Tuesdays, April 14 to June 16

1:00 p.m. to 2:30 p.m.

Cheezem Education Center

Tuition: \$119

Tai Chi (Taijiquan) is practiced widely around the world and is renowned as a system of training that enhances health, balance and well-being through a series of postures that are practiced slowly, with attention to alignment and relaxed movement. While many of the concepts go back to ancient times, the first complete forms are credited to the Chen Village in China (from the 1700s). The Tai Chi form known as "Tai Chi 24" will be taught form by form. The instructor will explain basic yet very important principles e.g., rooting, sung (relaxation), and six directions.

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New! A Patchwork of Poems

10 Wednesdays, April 15 to June 17 | 11:00 a.m. to 12:00 p.m. | Cheezem Education Center | Tuition: \$59

Someone compared a poem to compost, saying that to build a heap of the stuff, one needs to pile a hillock of organic and inorganic matter to get a spadeful of good soil. My goal is ten spadefuls of “soil” for the garden that grows in your skull—one for each hour-long class. Recent works by Joyce Sutpen, Maxine Kumin, William Stafford, and Ed Ochester will be featured along with a host of others. As is the case with all OLLI classes, there are no tests to take or papers to submit, but if you’d like the class to discuss one of your own poems or one by a favorite poet, old or new, don’t hesitate to submit it. I’ll do my best to work it into what I’ve planned. This is not a lecture-based course; instead, we will discuss the works on hand that you and I bring to class, but no one is under any pressure to speak. “Patchwork” classes have always been fun and enlightening; this time around should be no different.

Skip Eisiminger is retired from the Clemson University English Department, where he taught History of the Language, Word Study, American Literature, interdisciplinary humanities, and creative writing for 42 years. He continues to publish in the *South Carolina Review*, *Weekly Hubris*, and *KYSO Flash*. He is the author of *Anecdotes and Antidotes* (Serving House Press, 2019).

New! Tutto Italiano

4 Wednesdays, April 15 to May 6 | 11:00 a.m. to 12:30 p.m. | Cheezem Education Center | Tuition: \$49

In this course, each class will be an immersive exercise in speaking Italian, with native Italian speakers joining our class to polish our pronunciation and accent. Prior learning and experience speaking Italian strongly suggested to participate as these classes will be conducted at an intermediate level of proficiency.

Kathy McElvenny lived in Genoa, Italy for four years and loves sharing her enthusiasm for speaking Italian and the Italian culture with students.

Qigong

5 Wednesdays, April 15 to May 13 | 1:00 p.m. to 2:30 p.m. | Cheezem Education Center | Tuition: \$79

Traditional Chinese Medicine (TCM) incorporates five elements—Metal, Water, Wood, Fire, and Earth—into its approach to health and wellness. When combined with specific movement and breathing techniques, this practice becomes Qigong. The movements in Qigong target various body systems and promote overall health, acting as a holistic tonic for the body. The practice ranges from stationary movements to more dynamic stepping patterns, allowing you to engage in slow, meditative practices for balance or more vigorous movements for an anaerobic workout.

Gary Carbone spent 35 years studying Tai Chi (Taijiquan), Xingyiquan, Bagua Zhang, Yiquan, Shaolin Kung Fu and Isshin Ryu Karate and is a seventh-generation lineage holder from Master Chen Jun Hao of Taiyuan, Shanxi Province, China. He loves sharing these arts with others.

Line Dancing: Where Fitness Meets Friendship

6 Wednesdays, April 15 to May 20 | 3:00 p.m. to 4:00 p.m. | Central-Clemson Recreation Center | Tuition: \$69

Line dancing is the perfect blend of movement, music, and fun, no partner required! In this upbeat class, you’ll learn easy-to-follow dances set to lively music, all in a welcoming and lighthearted atmosphere. Whether you’re brand new or already know a few steps, you’ll leave each class smiling, energized, and ready to dance through life.

With former Charleston Boot Boogie Babe **Vicki Enos** as your instructor, you’ll pick up a variety of social dances you can use anywhere...weddings, backyard BBQs, your favorite local hangout, or even right in your living room. More than just dance steps, this class is about laughter, music, and new friendships. Come for the exercise, stay for the connections, and leave with an extra pep in your step!

Philosophy Plus: The Roman Empire: From Augustus to the Fall of Rome, Continued

10 Thursdays, April 16 to June 18 | 1:30 p.m. to 3:00 p.m. | Cheezem Education Center | Tuition: \$69

This discussion group, now in its 20th year, is Clemson OLLI’s longest running offering. Participants spend the first portion of class watching a video lecture, which leads to the lively discussion that follows. Videos are available to

registrants anytime; each discussion is freestanding. Owing to the wide interests within the group, digressions are frequent. Spring 2026 topic is a continuation of *The Roman Empire: From Augustus to the Fall of Rome*.

Video lectures feature **Gregory S. Aldrete**, Professor Emeritus of History at the University of Wisconsin–Green Bay. A discussion group member leads the conversation.

New! Jazz 101 - An Appreciation of Jazz

6 Thursdays, April 16, 30; May 7, 14, 21; and June 4 | 3:00 p.m. to 4:30 p.m. | Keowee Key Event Center | Tuition: \$69

Jazz 101 introduces participants to the rich vocabulary, history, and spirit of jazz while fostering a deeper appreciation for this uniquely American art form. Through guided listening and engaging discussion, students will develop: a genuine appreciation for jazz as a dynamic and influential musical tradition; a broad understanding of its cultural roots and historical development; a deep respect for the legendary artists who shaped the genre; familiarity with essential jazz standards and timeless classics. Whether you are new to jazz or looking to deepen your understanding, this course offers an inviting and insightful introduction to the sound, stories, and innovators that define the music.

Rick Goodstein retired from Clemson after 40 years as a faculty member, having taught numerous classes in the Performing Arts Department. His teaching and research expertise includes music history, conducting, and arts administration.

New! Mr. Jefferson and the Giant Moose



Thursday, April 16 | 6:45 p.m. to 8:15 p.m. | Cheezem Education Center | Tuition: \$19

Note: Presenting via Zoom as part of the Smithsonian Associates program.

What started out in the Revolutionary War era as an international dispute over natural history quickly took on important political overtones. The story revolves around Thomas Jefferson, naturalist Georges-Louis Leclerc, the comte de Buffon, and a very large dead moose. Buffon claimed that all life in America was "degenerate," weak, and feeble. Jefferson wanted to refute Buffon's theory and decided that shipping the large dead moose to France would help demonstrate that a young America was every bit the equal of a well-established Europe. Despite Jefferson's passionate refutation, the theory of degeneracy continued to have scientific, economic, and political implications for 100 years. It also began to work its way into the literature of the day, with folks like Benjamin Franklin, Henry David Thoreau, Washington Irving, Immanuel Kant, John Keats, and Lord Byron entering the fray. Eventually the degeneracy argument died, but it did not die an easy death.

Evolutionary biologist **Lee Alan Dugatkin** highlights this tale of both natural history and American history.

New! Brain Health: How to Reduce Your Lifetime Risk of Developing Dementia

Friday, April 17 | 9:00 a.m. to 10:30 a.m. | Cheezem Education Center | Tuition: \$19

Learn how you can reduce your risk of developing dementia with tips for maintaining a healthy brain. In this course, we will address some of the misconceptions about dementia, identify 14 key modifiable risk factors, and discuss steps you can take today to lower your risk of cognitive decline.

Alexandra Kao is a speech-language pathologist for the USC Brain Health Network, a collection of clinics across the state working to provide timely access to specialized cognitive care and early detection of Alzheimer's Disease and dementia. She has a passion for educating the community on dementia prevention and healthy brain lifestyle tips.

New! The Power of Story

4 Mondays, April 20 to May 11 | 1:00 p.m. to 2:30 p.m. | Cheezem Education Center | Tuition: \$49

This interactive four-session course introduces the fundamentals of memoir writing in a supportive, engaging environment. Participants will explore key elements of craft through readings from exemplary texts, guided discussions led by published memoirists, and thoughtfully designed writing exercises. Writers will have the opportunity to share their work, as they feel comfortable, and receive constructive feedback. The course also

examines the powerful intersection between memoir and the therapeutic process, highlighting how personal storytelling can foster insight, reflection, and growth. Whether you are beginning your first memoir or refining existing work, this course offers practical tools and meaningful inspiration.

Laura Hout is a published writer and licensed psychotherapist who holds a Master of Professional Writing from the University of Southern California as well as a Master of Clinical Psychology. She believes in the power of story, and what "stories" can teach us about ourselves and the world.

New! Keep On Drawing

6 Wednesdays, April 22 to June 3 (No class on May 13) | 10:30 a.m. to 12:00 p.m. | Cheezem Education Center | Tuition: \$69

This class is specifically for students who have already taken *Make Drawing a Habit* with Tom Pellett. We will work with new tools and new subject matter. Color theory will be introduced. The class will take a drawing field trip. A supply list will be provided upon registration.

As a professional garden designer over a period of 45 years, **Tom Pellett** designed gardens in Austin, Greensboro, the Memphis area, north Mississippi and east Arkansas. He has been filling sketchbooks for 50+ years and painting with watercolors for about 25 years. Tom's gardens have been featured in several books and periodicals. His academic degree is a BFA from the California College of Art.

New! Applying Coaching Principles to Life Transitions

Wednesday, April 22 | 11:00 a.m. to 1:00 p.m. | Cheezem Education Center | Tuition: \$19

As we age, we encounter life transitions such as empty nesting, retirement, loss of a spouse, or relocation. Coaching principles can be useful tools to move through these and come out the other side with a renewed sense of purpose and a transformed version of ourselves. We will introduce core coaching principles such as SMART goals, identifying triggers, and removing blocks to move you closer to your new vision and goals. Participants should bring something to write with and paper, journal, or pad.

Di Ucci is a Master Certified Life Coach, Registered Nurse, and monthly Columnist for *The Journal* in Seneca. She has spent the last forty plus years assisting people through challenging life transitions utilizing her skills as an educator, nurse, trainer, facilitator, mediator and coach. She loves watching people take hold of their lives and become the best version of themselves, feeling a renewed sense of purpose.

In Defense of Separation of Church and State: Vital in 1787; Critical Now



Wednesday, April 22 | 11:00 a.m. to 12:30 p.m. | Hybrid Classroom (Via Zoom or In Person at the Cheezem Education Center) | Tuition: \$19

The presentation starts in 1680 with the Divine Right of Kings and shows how thinkers at the time evolved the idea of separation of church and state. We then look at how the Founding Fathers adopted this idea and incorporated it into our Constitution. We look at court decisions over a long period of time that supported separation. We conclude with a look at how separation has more recently been eroded by various court decisions and legal actions and how this impacts our education, health care, civil rights and the rights of women, minorities and Lesbian, Gay, Transgender, Bisexual and Queer (LGBTQ) individuals. The presentation concludes with sources of further information.

Jay Avner is retired from a career in health care management and provider contracting. He holds a bachelor's degree in mechanical engineering and a master's degree in industrial administration from Carnegie Mellon University.

How Resistance Exercise Could Prevent Disease and Extend Lifespan

Friday, April 24 | 11:00 a.m. to 12:30 p.m. | Cheezem Education Center | Tuition: \$19

The bad news first. The average American begins experiencing physical decline in their mid-20s, leading to dysfunction and dependence in later years. The good news. This is not normal. In this lecture by Dr. Doug McGuff,

we get more good news, and good advice. Our ancestors and modern hunter-gatherers maintained high physical functioning well into old age, barring injury or illness. Dr. McGruff will present the concept of “physiologic headroom,” the better way of using ourselves today so that we retain normal, healthy functioning throughout our lives. This means focusing on a life measured not just in years, but in quality based on maintaining high physiologic capacity throughout a long lifespan. There is work to be done, however, and Dr. McGuff will tell you what that work is, and why it’s well worth doing. He will discuss how brief, high-intensity exercise many of us can do can reverse modern diseases, and how myokines—hormone-like substances released by working muscles—play a key role in this process.

Dr. Doug McGuff is an Emergency Physician at Prisma Health, Assistant Clinical Professor at the University of South Carolina School of Medicine, and owner of Ultimate Exercise. He graduated from the University of Texas Medical School in 1989 and completed his Emergency Medicine training at the University of Arkansas, where he was Chief Resident. He has also served as faculty at Wright State University and as a staff Emergency Physician at Wright-Patterson AFB Hospital.

New! Travel Photography



3 Mondays, April 27 to May 11 | 9:00 a.m. to 10:30 a.m. | Hybrid Classroom (Via Zoom or In Person at the Cheezem Education Center) | Tuition: \$39

Although many travelers use DSLR cameras, most topics in this course are also relevant to mobile devices. In this highly interactive course, you will learn about planning and logistics, basic gear and basic photography know-how, composition, storytelling, street photography, photographing local cultures, architecture, landscapes, iconic landmarks, and more!

Eli Vega is a highly published, award-winning photographer and author. He has published two books on photography. He has taught photography for thirty years, including field workshops in Rocky Mountain National Park, and classes for OLLI (Osher Lifelong Learning Institute) throughout the country. He is a certified facilitator and makes his classes and workshops casual, engaging, and fun.

New! Shoeless Joe Jackson and Textile League Baseball

4 Tuesdays on April 28 to May 19 | 11:00 a.m. to 12:30 p.m. | Cheezem Education Center | Tuition: \$49

This course explores the rise of Textile League Baseball in the post-Reconstruction South, tracing the migration of New England textile mills and the growth of mill villages whose teams became sources of civic pride. It follows the remarkable journey of Joe Jackson, who at age twelve played with seasoned veterans and soon starred for the Brandon Mill team in Greenville, South Carolina. By 1908 he was the twenty-year-old standout of the Greenville Spinners and earned the legendary nickname “Shoeless Joe.” The course examines his ascent to Major League stardom, his .356 lifetime batting average, and the challenges of illiteracy that shaped his career. It concludes with the Black Sox Scandal, his banishment from baseball, and his later life mentoring youth in Greenville.

Dan Roberts has researched the history of Textile League baseball in Upstate SC and its most famous player Shoeless Joe Jackson and was instrumental in creating the Shoeless Joe Jackson Museum and bringing the Greenville Drive baseball team to play in the new Fluor Field stadium in Downtown Greenville.

New! Let's Fix It!!!

Tuesday, April 28 | 1:00 p.m. to 4:00 p.m. | Cheezem Education Center | Tuition: \$70

You’ve got this!! Don’t be afraid of those tools. Bring your curiosity, I’ll bring the tools. Ladies, it’s time to swap “Can you fix this for me?” for “Watch me fix this!” Join our fun, hands-on workshop where you’ll get comfy with hammers, drills, levels, saws, screws, nuts, bolts, and all the gear that turns ideas into reality. We’ll cover the what, why, and how of essential carpentry tools — no jargon, no judgment, just confidence-building skills and a few laughs along the way. Whether you’re dreaming of building a bookshelf, fixing that wobbly chair, or just want to feel comfortable in a hardware store, this is your space to learn, create, and connect.

Carla T. Poirier has been doing arts and crafts her whole life. She has taught art classes, participated in craft sales and sells her artwork at a local bookstore on Ram Cat Alley. She makes greeting cards, name tags, book markers,

wreaths, decorates and refurbishes chairs, creates holiday items from wood scraps and other items. She believes in recycling, repurposing and reusing items. She volunteers at Friends of the Library, is a board member of Blue Ridge Arts Center and the executive director for Keep Oconee Beautiful Association.

New! Moroccan Cities: Understanding Urban Life in the Maghreb - A Three-Part Lecture Series

Explore the culture, history, and built form of Morocco's fascinating cities from the perspective of anthropology. Dr. Sharon Nagy will draw on fieldwork in Morocco and across the Middle East to reveal how religious principles, cultural values, and history shape urban spaces—from Fez's ancient medinas to Marrakech's global transformation. Each standalone lecture provides practical knowledge for travelers (actual and armchair) and deeper insights into how Moroccan cities function as living social systems.

Lectures may be taken individually or as a series.

Lecture 1: Mosque and Marketplace – The Soul of Moroccan Cities

Tuesday, April 28 | 1:00 p.m. to 2:30 p.m. | Cheezem Education Center | Tuition: \$19 or register for all three lectures at a reduced rate of \$39

Explore the twin hearts of traditional Moroccan cities: the mosque and the suq. Learn how religious and commercial life intertwined in the medina, why markets are organized the way they are, and what tourism is changing in these ancient spaces. Essential for understanding the medinas you'll explore.

Lecture 2: Behind the Doors – Public and Private Life in Moroccan Cities

Tuesday, May 5 | 1:00 p.m. to 2:30 p.m. | Cheezem Education Center | Tuition: \$19 or register for all three lectures at a reduced rate of \$39

Journey from public squares and hammams into the private world of the riad house. Discover how Moroccan architecture embodies values about family, gender, and hospitality—and what happens when these houses become boutique hotels. Especially valuable for those staying in converted riads.

Lecture 3: Morocco's Urban Crossroads – Tradition Meets the Global Age

Tuesday, May 12 | 1:00 p.m. to 2:30 p.m. | Cheezem Education Center | Tuition: \$19 or register for all three lectures at a reduced rate of \$39

Why does every Moroccan city have two parts? Examine the French colonial legacy, the heritage tourism boom, and contemporary debates about authenticity and preservation. Provides critical context for everything you'll observe on your tour.

Sharon Nagy, cultural anthropologist specializing in Middle Eastern and North African urbanism, with research and lived experience in Morocco, the Gulf States, Egypt, and Iran will lead these three lectures. She is offering this program as a precursor to the *OLLI Corps: Culture, Conversation, and Community in Morocco* in October 2026.

Reducing Chronic Pain Without Medicine

Tuesday, April 28 | 2:00 p.m. to 3:30 p.m. | Cheezem Education Center | Tuition: \$19

Pain and chronic pain become more common as humans age. Although medication is one way to treat pain, many other methods are available. Join this interactive class and learn some pain reducing techniques. Try out meditation, cognitive behavioral therapy and other non-medicine methods for reducing pain.

Eunice Lehmacher, LISW-CP, has worked as a medical social worker and psychotherapist in Oconee County for more than 20 years. She specializes in geriatrics, dementia, depression and anxiety and has taught many classes on various mental health topics. Lemacher enjoys leading interactive classes and support groups on a variety of mental health topics to help adults make choices that can lead to a healthier life.

New! The Amber Room: A Lost Masterpiece of Imperial Splendor

Tuesday, April 28 | 6:30 p.m. to 7:45 p.m. | Cheezem Education Center | Tuition: \$19

Note: Presenting via Zoom as part of the Smithsonian Associates program.

For decades the Amber Room has been the subject of fantasy and speculation—dazzling, invaluable, and considered the “eighth wonder of the world.” Originally constructed for the Charlottenburg Palace in Berlin during the early 18th century and gifted to Peter the Great by the king of Prussia, the decorative ensemble of amber, semi-precious stones, and gold embellishment came to represent the extraordinary wealth and prestige of the Russian imperial family. Witness to Russia’s great age of empire, looted by the Nazis, destroyed or perhaps still hidden somewhere deep underground, and reconstructed by the contemporary Russian state, in over three centuries the Amber Room has transformed from a material emblem of global power to a phantasm of renewed imperial ambitions. What is the history of this famous decorative interior? How was it made, and what is the significance of all that amber? And why does the Amber Room continue to capture the public’s imagination nearly a century after its disappearance?

Molly Brunson, associate professor of art history at Yale University, delves into the history of this unique, lavish—and missing—room.

How to Become a Bluebird Landlord

Thursday, April 30 | 11:00 a.m. to 12:30 p.m. | Cheezem Education Center | Tuition: \$19

Learn everything bluebird - precisely what they are, how they’re unique, their colors, their songs, and their love lives. Also, learn how humans have helped to bring the bluebird population back from the brink of extinction. Topics include creating a bluebird haven for nesting, hatching, and raising new generations as well as the fundamentals of food, and shelter and protection from predators. Knowing what the “blues” specifically want means you’ll soon host your own Bluebird B&B. Finally, we’ll discuss causes of recent population decline, and how we can help.

Entrepreneur and enthusiast **Terry Allen** has helped 78 of his customers foster over 400 baby bluebirds. He invented the BirdSong IdentiFlyer and runs For The Birds (FTB), a family shop in Salem near beautiful Lake Keowee. FTB offers high quality food and all manner of accoutrements for wild bird enthusiasts.

New! America's Chernobyl: Operation Crossroads

6 Mondays, May 4, 11, 18; June 1, 8, and 15 | 7:00 p.m. to 8:30 p.m. | Hybrid Classroom (Via Zoom or In Person at the Cheezem Education Center) | Tuition: \$69

America’s Chernobyl details the controversies, decision making, and actions that led to the fourth and fifth atomic detonations at Bikini Atoll in the Marshall Islands in August 1946. The nation’s leaders did not understand the power that they possessed. In testing these devices, they unleashed a nuclear catastrophe that had a disastrous effect on thousands of US Navy personnel. This course presents a cautionary tale about the consequences of government and scientific arrogance that we can view from the distance of eighty years.

John Powers is a writer and director of narrative and documentary stories. He is a graduate of the University of Southern California with an MFA in Drama. He has taught for several universities in their life-long learning programs. John has recently produced a 45-minute film about the Army Air Forces' Air Photo Unit that documented historic 1946 atomic detonations.

New! Declaring Independence: Why 1776 Matters

Tuesday, May 5 | 7:00 p.m. to 8:15 p.m. | Cheezem Education Center | Tuition: \$19

Note: Presenting via Zoom as part of the Smithsonian Associates program.

At the start of 1776, few Americans sought independence, grounding their protests instead in the rights of British subjects. By year’s end, independence had become unavoidable. Historian **Edward J. Larson** chronicles this pivotal year in American history, from the inspiring appeals of Thomas Paine’s *Common Sense* in January; through midsummer, when the Second Continental Congress grounded independence in the “self-evident” truths of human equality and individual rights; to Paine’s urgent pleas of December, when “the times that try men’s souls” required Americans not to “shrink from the service of their country.” Together, revolutionary ideals and battlefield sacrifices reveal why 1776 remains a defining moment.

Transylvania - Beyond Dracula

4 Wednesdays, May 6 to 27

11:00 a.m. to 12:30 p.m.

Cheezem Education Center

Tuition: \$49

Discover the fascinating history of one of Europe's most mysterious places, from its earliest settlement all the way up to the modern day. Experience tales of medieval castles, courageous knights, bloody battles and heroic tales, all taking place in the valleys and shadows of the Carpathian Mountains. The course is structured into four sessions in chronological order, and will introduce you to the unique architecture, social structure, arts and crafts, and special attributes of this semi-secluded culture, separate from anything else found in Europe.

As a first-generation immigrant from a Transylvanian family and a student of history, **Hans Falk** is able to provide a unique insight to the magical land of Transylvania, from its earliest history through to the present day. His family traces its ancestry to before the 18th century and were directly impacted by the Hungarian Revolution, the Romanian annexation of Transylvania, and the Communist takeover following WWII, as well as the modern revolution which instituted democratic reforms. Hans has presented this course to cultural groups and has multiple manuscripts detailing life in Transylvania.

New! Legacy of Empires in Eastern Europe

Wednesday, May 6 | 1:00 p.m. to 2:30 p.m. | Cheezem Education Center | **Tuition: \$19**

This 1.5-hour presentation explores Eastern Europe as a dynamic region shaped by overlapping imperial legacies that remain visible in its cities, cultures, and political landscapes. Through a guided tour across the region, we examine the enduring influences of the Roman and Byzantine worlds, as well as Ottoman, Venetian, Habsburg, Polish, and Prussian rule. Together, these layered histories reveal how empire continues to shape identities, borders, and everyday life in Eastern Europe today.

Alexander "Alex" Billinis is currently a lecturer at Clemson University's Honors College and Political Science Departments. He earned his master's degree in history at Clemson in 2022, and now he is pursuing his PhD in digital history. He writes prolifically on historical and cultural topics. His career has spanned international banking, law, commercial real estate, and journalism. He and his family have lived in Serbia, Greece, and the United Kingdom in addition to the United States.

New! How Recycling Really Works

2 Mondays, May 11 and 18 | 9:00 a.m. to 10:30 a.m. | Cheezem Education Center | **Tuition: \$29**

Interested, intrigued, or confused about recycling? If so, this course is for you. Myles Cohen has been named one of the 100 most influential recyclers globally by *Recycling International Magazine* for several consecutive years. You will learn about how recycling really works, and the myths versus the facts...cutting through the good, the bad, and the ugly, as well as the economics of this exciting industry, that may, or may not, really save the world from an environmental standpoint. Learn about the history of the industry, the economics, the politics, and whether your plastic bottle will really get recycled into something new or downcycled into a park bench. The course promises to be fun and quite educational.

Myles Cohen is one of the world's leading experts in recycling, especially residential curbside recycling as well as commercial recycling. Cohen has been the president of the recycling divisions for 2 of the world's largest paper packaging manufacturers; Sonoco and Pratt Industries. He, and the teams he has led, have bought, sold, traded, and brokered over 50 million tons of recyclable materials throughout his career. The teams he led also designed, built, or managed over 40 recycling plants throughout the USA.

New! Floral Wreath

Monday, May 11 | 1:00 p.m. to 3:30 p.m. | Keowee Key Event Center | **Tuition: \$65**

Want to learn to create the perfect floral wreath? In this course, you will be guided through the creation of a wreath using artificial flowers on a grapevine wreath with a warm feel and pretty colors, perfect for decorating your home,

front door or as a gift. Whether you're a beginner eager to explore your creativity or an experienced crafter, this course is for you.

Carla T. Poirier has been doing arts and crafts her whole life. She has taught art classes, participated in craft sales and sells her artwork at a local bookstore on Ram Cat Alley. She makes greeting cards, name tags, book markers, wreaths, decorates and refurbishes chairs, creates holiday items from wood scraps and other items. She believes in recycling, repurposing and reusing items. She volunteers at Friends of the Library, is a board member of Blue Ridge Arts Center and the executive director for Keep Oconee Beautiful Association.

New! Stock Market Outlook: Second Half of 2026 – Where Do We Go from Here?

Tuesday, May 12 | 1:00 p.m. to 2:30 p.m. | Cheezem Education Center | Tuition: \$19

As we reach the midpoint of 2026, investors are asking the right question: what does the data suggest for the rest of the year? Rather than reacting to short-term noise, this presentation focuses on disciplined analysis and thoughtful positioning. You will gain a clearer framework for evaluating risk, identifying opportunities, and understanding how portfolio strategy should adapt as economic conditions evolve. Are interest rates likely to decline, pause, or surprise higher? Is inflation structurally cooling, increasing or simply stabilizing? Are corporate earnings too high or supporting current valuations? Where are recession risks building – and where is resilience showing up? In this forward-looking, data-driven session, we will examine the economic indicators that matter most as we enter the second half of the year, including:

- Federal Reserve policy and rate expectations
- Inflation trends and labor market strength
- Corporate earnings momentum and valuation levels
- Gold, silver and other asset class news

If you want to approach the second half of 2026 with clarity, confidence, and a plan grounded in evidence – this session is for you.

With over 18 years of experience in the financial services industry, **Carolyn Bare** specializes in management of investment and tax and estate planning. Carolyn focusses on those areas particularly for families with scary heirs, special needs loved ones or families with complex family dynamics. Avantax is a distinct community within Cetera Wealth Services, LLC. Securities offered through Cetera Wealth Services, LLC, member FINRA/SIPC. Advisory Services offered through Cetera Investment Advisers LLC, a registered investment adviser. Cetera is under separate ownership from any other named entity.

New! Finance and the Confederacy

Wednesday, May 13 | 1:00 p.m. to 2:30 p.m. | Cheezem Education Center | Tuition: \$19

This 1.5-hour presentation examines the American Civil War through the lens of economics and finance, where the struggle between North and South was especially unequal. Moving beyond battlefield narratives, we explore the lesser-known financial strategies, industrial capacities, monetary policies, and resource constraints that shaped the course of the war. By uncovering these economic dimensions, we gain a deeper understanding of how money, markets, and material power influenced America's most consequential conflict.

Alexander "Alex" Billinis is currently a lecturer at Clemson University's Honors College and Political Science Departments. He earned his master's degree in history at Clemson in 2022, and now he is pursuing his PhD in digital history. He writes prolifically on historical and cultural topics. His career has spanned international banking, law, commercial real estate, and journalism. He and his family have lived in Serbia, Greece, and the United Kingdom in addition to the United States.

New! Sourdough Made Simple: Bake Your Own Sandwich Loaf

Thursday, May 14 | 11:00 a.m. to 1:00 p.m. | Cheezem Education Center | Tuition: \$39

Come to a hands-on sourdough sandwich loaf bread making class! You will leave the class with all the tips and tricks of making your own healthy sourdough bread as well as sourdough starter and a kit to continue making bread on your own. Come join the fun!

JeanMarie Gunderson has been cooking and baking since she was a child, and it has become a lifelong passion. She believes gathering around the table with family and friends while enjoying delicious food is a great way to keep us all connected in this very busy world.

Beginner Stained Glass

7 Weekdays, May 14, 15, 18, 19, 20, 21, and 22 | 1:00 p.m. to 4:30 p.m. | Kathy Carroll's Studio, Seneca | Tuition: \$79

The earliest forms of glassmaking occurred nearly 3,000 years ago, and colored window glass dates back 1,350 years; yet our fascination with the art form continues. In this class, discover the secrets of creating your own masterpiece from glass, learn stained glass terminology and study the history of the art. Through hands-on practice, participants will become familiar with modern tools, equipment and techniques while each student fabricates a unique 9x18 inch-stained glass panel. This class requires standing and a certain amount of arm strength.

Favorite OLLI instructor **Kathy Carroll** has crafted with glass for more than 40 years. She has taken workshops and attended conferences in various locations throughout the United States and has worked with cold glass, slumped and fused glass and blown glass. She has taught stained glass classes, as well as created commissioned work. Kathy's team of helpers, **Sylvia Titus**, **Nancy Bock** and **Jack McKenna** have been doing stained glass for over 10 years. Sylvia has extensive color and design experience. Nancy retired from the Oconee schools and is a great teacher. Jack has extensive experience with soldering and framing in glass.

New! Hamas: Theology, Strategy, and the War with Israel

Monday, May 18 | 1:00 p.m. to 4:00 p.m. | Cheezem Education Center | Tuition: \$29

Have you ever wondered...what is Hamas's theology? What historical forces led Islamic theologians to develop this particular theology roughly 200 years ago—and what pressing question were they trying to answer? What is Hamas's ultimate objective in its war with Israel? It is likely not what you think. What is the purpose of the extensive tunnel system Hamas has constructed—and what critical role does it actually serve? Again, it may not be what you expect. Join Dr. Esther Pittman for a compelling lecture that explores these questions in depth. The presentation will include video clips of Muslim leaders addressing their communities in Arabic, with English translations provided. Questions, comments, and open discussion are warmly welcomed.

Dr. Esther Pittman holds a doctorate from Harvard University. She served as a tenured Full Professor of Organizational Behavior and Management and was the recipient of both her university's Best Professor Award and her professional society's National Distinguished Professor Award for Outstanding Contributions to Management Education. She has published numerous articles in peer-reviewed academic journals and, both during her academic career and after retirement, worked as a consultant to industry executives. Over the past five years, Dr. Pittman has devoted herself to an in-depth study of the history of the Jewish people in Israel and the Israeli-Palestinian conflict. She has spent more than 1,000 hours developing a comprehensive 16-hour PowerPoint course on the subject, which she teaches at the Osher Lifelong Learning Institutes (OLLI) at Furman University and Clemson University. Dr. Pittman is the daughter of Holocaust survivors.

New! Mandelbrot, Tea Cakes, and a Surprise Tea Cake

Thursday, May 21 | 10:00 a.m. to 12:30 p.m. depending on baking time | Cheezem Education Center | Tuition: \$39

Savor a warm cup of tea or coffee as we bake together a delicious assortment of treats: classic chocolate chip Mandelbrot (a traditional Jewish-style biscotti), fragrant orange tea cakes, and a surprise tea cake!

Rose Schecter was born in New York to a family with deep Eastern European roots (Ashkenazi Jewish heritage). Her maternal grandmother, who survived the Warsaw Ghetto, was a cook who used empty jelly jars as makeshift measuring cups to create her dishes. Over the years, Rose has lovingly adapted her grandmother's recipes, from both sides, sisters and friends infusing them with her own creative touches.

New! From Rags to Riches: The Dolly Parton Story

Wednesday, May 27 | 1:00 p.m. to 2:30 p.m. | Cheezem Education Center | Tuition: \$19

This presentation will focus on the rags to riches life and career of Dolly Parton, an American musical icon. The format will be lecture, accompanied by slides and videos. Attendees are encouraged to dress as Dolly Parton or wear their favorite country music outfit.

David Howcroft, leader of this course, is a self-professed Rock music aficionado who lived in England for three years in the early 1960s. He had a Georgetown University radio show, produced several concerts, and managed a record store.

Beginning Digital Photography



3 Mondays, June 1 to 15 | 9:00 a.m. to 10:30 a.m. | Hybrid Classroom (Via Zoom or In Person at the Cheezem Education Center) | Tuition: \$39

Designed to be hands-on and interactive, the class demystifies your camera and builds confidence behind the lens. You'll gain a clear understanding of essential controls and concepts, including camera dials and menu settings, composition, f-stops, shutter speeds, exposure metering, ISO, and white balance—and how they all work together to create compelling images. The course also explores lens selection and reveals the number one solution to the most common challenge in photography. Drawing on years of professional experience, Eli provides practical advice and personalized guidance to help you grow as a photographer. Participants should bring their camera, lenses, and camera manual to each session for exercises and demonstrations.

Eli Vega is a highly published, award-winning photographer and author. He has published two books on photography. He has taught photography for thirty years, including field workshops in Rocky Mountain National Park, and classes for OLLI (Osher Lifelong Learning Institute) throughout the country. He is a certified facilitator and makes his classes and workshops casual, engaging, and fun.

New! Herbs for Detoxification and Liver Support

Monday, June 1 | 1:00 p.m. to 2:30 p.m. | Cheezem Education Center | Tuition: \$45

Explore natural strategies to support your liver health and detoxification this spring! Discover the importance of nurturing this powerful organ through nutrition, movement, and herbal remedies. Learn about common herbs you can forage for this season to promote gentle cleansing, sample herbal remedies and make your own liver supporting tea to take home with you.

Brooke Parrow is a Clinical Herbalist and Integrative Nutritionist with a passion for helping others achieve vibrant health and wellness. She guides clients on a journey toward holistic healing, incorporating herbs, nutrition, movement, and mindfulness. Brooke is dedicated to empowering individuals to take charge of their health by addressing the root causes of imbalances, rather than merely masking symptoms. She shares her knowledge of herbal medicine and natural health, providing practical tools and remedies to support both body and mind.

Civic Virtues and Democracy

2 Tuesdays, June 2 and 9 | 1:00 p.m. to 2:30 p.m. | Cheezem Education Center | Tuition: \$29

Democracy is a fragile gift to citizens, easily deteriorating into totalitarianism or subverting the will of the majority by the tyranny of the minority. This class describes the civic virtues that are needed to protect and preserve a democratic form of government. Virtue ethics is a modern version of the ethics of Aristotle, a complement to the more familiar utilitarian ethics (the greatest good for the greatest number) or Kantian ethics (based on duty). The latter two focus on determining what action is good, while virtue ethics addresses what qualities of character lead us to do that which is good.

Holley Ulbrich is a veteran OLLI instructor whose career as a professional and a volunteer has spanned economics, ethics, religion, and politics. A retired economics professor from Clemson, she received a Master of Theological Studies degree from Emory with a concentration in ethics and returned to the classroom to teach a graduate course in ethics and public policy for 14 years.

The 7 Deadly Estate Planning Mistakes (And How to Avoid Them)

Tuesday, June 2 | 1:00 p.m. to 2:30 p.m. | Keowee Key Event Center | Tuition: \$19

Do you own property in more than one state? Did you add a child's name to your deed or bank account? Have you reviewed your beneficiary designations in the last five years? Is your spouse fully comfortable managing investments if something happens to you? Do your attorney, CPA, and investment advisor communicate with each other — and with you — about one coordinated plan? If any of these questions give you pause, you are not alone. In this practical and engaging session, you will uncover the seven most common and costly estate planning mistakes — errors that can override your will, trigger unnecessary taxes, create probate complications, or unintentionally disinherit loved ones. You will learn why having documents is not the same as having a strategy, why coordination among your legal, tax, and investment professionals is essential, and how thoughtful trustee and executor selection can protect your family long after you are gone. If you answer yes to the above questions, then this presentation is for you.

With over 18 years of experience in the financial services industry, **Carolyn Bare** specializes in management of investment and tax and estate planning. Carolyn focusses on those areas particularly for families with scary heirs, special needs loved ones or families with complex family dynamics. Avantax is a distinct community within Cetera Wealth Services, LLC. Securities offered through Cetera Wealth Services, LLC, member FINRA/SIPC. Advisory Services offered through Cetera Investment Advisers LLC, a registered investment adviser. Cetera is under separate ownership from any other named entity.

New! America's Constitution: A Biography - A Four-Part Lecture Series with Chip Stapleton

4 Thursdays, June 4 to 25 | 10:30 a.m. to 12:00 p.m. | Cheezem Education Center | Tuition: \$49

The United States Constitution is more than an old document — it is the living framework that has shaped every generation of Americans. In this four-session lecture series, we will explore the Constitution as a dramatic story of crisis, conflict, reform, and renewal, guided by Akhil Reed Amar's acclaimed book *America's Constitution: A Biography*. Beginning with "We the People" in 1787, we will trace how the Constitution was designed, how it survived civil war, how it was transformed by the Reconstruction Amendments, and how it continues to evolve through Supreme Court decisions and democratic reform. Topics include:

- Why the Framers replaced the Articles of Confederation
- The original structure of Congress, the presidency, and federalism
- Slavery, the Civil War, and the "Second Founding"
- The 14th Amendment and the meaning of equal protection
- The rise of judicial power
- The New Deal and the modern federal government
- Civil rights, voting rights, and constitutional change in our lifetime

Designed especially for thoughtful citizens who have lived through many of these constitutional moments themselves, this course invites reflection, discussion, and renewed appreciation for the enduring strength — and ongoing challenges — of America's constitutional system. No prior legal training required. Only curiosity and a willingness to think together about the document that continues to shape our national life.

Chip Stapleton, Past President of the Clemson OLLI Board of Advisors, has been the facilitator of discussion groups focusing on current world events, their impact on the relationship among nations that have demonstrated warlike foreign policies and support for terrorist activities, and those who exhibit steadfast opposition to such behavior.

New! Defensive Driving

Thursday, June 4 | 1:00 p.m. to 5:00 p.m. | Cheezem Education Center | Tuition: \$85

National Safety Council Defensive Driving courses teach drivers how to recognize and react to immediate and potential hazardous driving situations. Instructor-led classroom courses provide collision prevention strategies and defensive driving techniques that focus on behavior, judgment, decision making and consequences. This highly interactive course will help influence drivers to make positive choices to improve driving behaviors and attitudes and encourage respectful and lawful decisions to avoid motor vehicle incidents and decrease traffic violations. Check with your insurance carrier to see if you are eligible for a Defensive Driving discount.

Michael Terry brings over 25 years of experience as a State Trooper with the South Carolina Highway Patrol to his role as founder and CEO of BlueLine Elite, LLC. Specializing in security, safety consulting, and training services, Michael's expertise extends across various domains, including advising clients on risk management strategies, leading training sessions, and providing first aid, CPR training, and defensive driving courses. He is authorized in OSHA 10 and 30 for both General Industry and Construction.

New! Before You Sell: What South Carolina Landowners and Investors Need to Know

Thursday, June 4 | 1:00 p.m. to 2:30 p.m. | Cheezem Education Center | Tuition: \$19

Thinking about selling farmland, timberland, inherited property, or highly appreciated stock? The decision to sell may be simple. The tax consequences are not. Before you sign a contract or place a trade, there are critical planning issues that can significantly impact how much you keep. In this strategic session designed for South Carolina landowners and investors, you will learn:

- How federal and South Carolina capital gains taxes apply
- When installment sales, charitable strategies, or trust planning may reduce taxes
- What to understand about stepped-up basis rules
- How selling land differs from selling investment securities
- Why timing and structure matter more than most people realize
- How to coordinate your CPA, attorney, and investment advisor before executing the sale

Whether you are considering selling acreage, inherited family property, a closely held business interest, or concentrated stock, this program will help you evaluate your options before making an irreversible decision. Once you sell, you cannot rewind the tax impact. Make sure your strategy is in place first. If you are contemplating a major asset sale in South Carolina, this presentation is for you.

With over 18 years of experience in the financial services industry, **Carolyn Bare** specializes in management of investment and tax and estate planning. Carolyn focusses on those areas particularly for families with scary heirs, special needs loved ones or families with complex family dynamics. Avantax is a distinct community within Cetera Wealth Services, LLC. Securities offered through Cetera Wealth Services, LLC, member FINRA/SIPC. Advisory Services offered through Cetera Investment Advisers LLC, a registered investment adviser. Cetera is under separate ownership from any other named entity.

New! The Voyage of the Viking, the Chicago World's Fair, and the "Discovery" of "America"

Thursday, June 11 | 11:00 a.m. to 12:30 p.m. | Cheezem Education Center | Tuition: \$19

The World's Columbian Exposition, also known as the Chicago World's Fair, was held in 1893 to commemorate the 400th anniversary of Christopher Columbus's arrival in the New World. Not to be outdone, Norway's contribution to the Fair set out to show that its forebears arrived in North America centuries before Columbus ever set sail. How? By building and sailing a replica of a true Viking ship across the Atlantic, thereby proving that the Vikings could have made the trip centuries before Columbus was even born. It was not until the 1960s, over 67 years after the Chicago World's Fair, that conclusive evidence of Viking settlement in North America was finally established, at L'Anse aux Meadows, Newfoundland, Canada. This is the story of the Viking ship, its amazing transatlantic voyage in 1893, its reception in the New World, and its subsequent history.

Timothy Boyce practiced law for many years, most recently serving as the Managing Partner of the Charlotte, NC office of Dechert LLP, a global law firm. He holds an M.B.A. from The Wharton School of Finance, and a J.D. from the University of Pennsylvania Law School. He received a B.S. from Georgetown University. Tim's articles have appeared in *The Quarterly Journal of Military History*, *World War II Magazine*, *The Scandinavian Review* and *Viking Magazine*. Tim, who lives in Tryon, NC, retired in 2014 to devote full time to writing and speaking.

New! The Boston Tea Party: A Budding Revolution 
Tuesday, June 16 | 6:30 p.m. to 8:00 p.m. | Cheezem Education Center | Tuition: \$19

Note: Presenting via Zoom as part of the Smithsonian Associates program.

The Boston Tea Party was a response to the 1773 Tea Act, the latest of a series of parliamentary directives stretching back to the 1765 Stamp Act. But the Tea Act was never intended to be so provocative. It was devised to reduce tea smuggling within the British Empire and boost the sales of tea legally imported to the American colonies by the East India Company, a megacorporation with an all-too-cozy relationship to the British government. But it backfired spectacularly, antagonizing Boston merchants and driving them to the newspapers to denounce the Tea Act as tyrannical and monopolistic and as a threat to free trade and colonial liberty. When three ships arrived in Boston harbor in December 1773 laden with East India Company tea, one hundred local men took their protests to the streets, boarding the ships, tossing the cargo overboard, and turning that harbor into one giant, swirling tea pot.

University of Maryland historian **Richard Bell** explores the 1773 Boston Tea Party from both local and global perspectives. He argues that the event marks the first major protest in America against corporate greed and the effects of globalization. It was also an unprecedented act of domestic terrorism that brought on dramatic consequences for relations between the Crown and colonies and set the stage for the American Revolution.

Volunteers

NEEDED

OLLI is currently looking for volunteers to help in three very important areas.

- ▶ Serve as class assistants, excursion facilitators, and Zoom class assistants to help support our programs
- ▶ Working to enrich the curriculum with new ideas and outreach
- ▶ Assist with fundraising efforts to support our program and initiatives

Please consider volunteering. If you have an interest in either area, financials or curriculum, please contact the OLLI Board of Advisors at cuolliboa@gmail.com. Thank you!



SHARED INTEREST GROUP (SIG) MEETINGS

Participation in Shared Interest Groups is free and open to current OLLI Members; contact the Group Facilitator for more information.

Art Group

Every Monday | 1:00 p.m.
Cheezem Education Center
Facilitator: Diana Carnes (dianacmail@aol.com)

Backgammon Group

Every Wednesday | 10:00 a.m.
Cheezem Education Center
Facilitator: Glen Moulder (gmoulder41@gmail.com)

Beginning Mah Jongg

Every Wednesday | 1:00 p.m.
Cheezem Education Center
Facilitator: Sharon Williamson (sharoncw59@att.net)

Blues Guitar Circle

Every Monday | 10:00 a.m.
Cheezem Education Center
Facilitator: Chris Sally (chrissally999@yahoo.com)
Group is currently at capacity. Contact the facilitator before attending.

Book Club

1st Friday Each Month | 10:00 a.m.
Cheezem Education Center
Facilitator: Maureen Williamson (williamsonmj@att.net)

Bridge Group

Every Monday and Thursday | 10:00 a.m.
Cheezem Education Center
Facilitator: Peg Mahan (pmah2209@gmail.com)

Bunco

Last Wednesday Each Month | 1:00 p.m.
Everlan (Patrick Square)
Facilitator: Carol Helander (antiqueguy@gmail.com)

Euchre

2nd and 3rd Monday Each Month | 1:00 p.m.
Cheezem Education Center
Facilitator: C.E. Addis (cedaddis@aol.com)

Gaming Unplugged

2nd and 4th Tuesday Each Month | 10:00 a.m.
Cheezem Education Center
Facilitator: Randy Cox (randycoxclmson@yahoo.com)

Gardening Group

1st Wednesday Each Month | 3:00 p.m.
Cheezem Education Center
Facilitator: Susan Creamer (smcreamergmail.com)

Long Distance Grandparenting

3rd Wednesday Each Month | 2:00 p.m.
Cheezem Education Center
Facilitator: Di Ucci (diucciauthor@gmail.com)

Mah Jongg - Intermediate to Advanced

Every Tuesday | 12:30 p.m.
Cheezem Education Center
Facilitator: Janice Dieter (dieterjw@yahoo.com)

Needles and Threads

Every Wednesday | 1:30 p.m.
Cheezem Education Center
Facilitator: Nan Jones (jones4927@bellsouth.net)

Pickleball

Every Friday
Nettles Park (Clemson)
Facilitator: Lauris and Mary Jane Ames
(mames10579@aol.com, laurisames@aol.com)
Time varies; reach out to the facilitators to confirm.

Second-Time-Around Musicians

1st and 3rd Thursday Each Month | 1:00 p.m.
Cheezem Education Center
Facilitator: Bob Moir (bobmoir@facilitator4hire.com)

Trivia

4th Friday Each Month | 11:00 a.m.
Cheezem Education Center
Facilitator: Skip Eisiminger (esterli2@bellsouth.net)

Watercolor Group

Every Thursday | 1:00 p.m.
Cheezem Education Center
Facilitator: Trish Davis (trishkaydavis@gmail.com)

Writers Groups

Group 1:

1st and 3rd Friday Each Month | 10:00 a.m.
Cheezem Education Center
Group is currently at capacity. Contact the facilitator before attending.
Facilitator: Paula Appling (upst8hiker@gmail.com)

Group 2:

2nd and 4th Thursday Each Month | 1:00 p.m.
Cheezem Education Center
Contact the facilitator before attending.
Facilitator: Darrell Yardley (darrellyardley@gmail.com)

Thank *you* from



Dear Member,

First, thank you for being a valued part of OLLI at Clemson and for embracing lifelong learning and exploration here in Upstate South Carolina and beyond. Your curiosity, engagement, and enthusiasm inspire everything we do.

At OLLI, we are proud to offer a diverse range of classes, excursions, travel opportunities, and shared interest groups—all shaped by your feedback and participation. Your involvement helps us continue to grow and provide meaningful experiences for our community of learners.

As a member, you may also wish to help sustain OLLI's mission through a financial contribution. We are deeply grateful to our donors, whose generosity supports both our daily operations and our long-term stability. When considering a gift, many members ask about the two ways to give:

Osher Lifelong Learning Institute (OLLI) Endowment – Supports OLLI's long-term operational funding in honor of Provost Robert Jones. Our goal is to reach \$50,000, and thanks to generous donors, we have already raised \$32,660.

Osher Lifelong Learning Institute – OLLI – At Clemson University – Supports current operational needs, including supplies, instruction, and member services.

Every gift—**no matter the amount**—makes a lasting difference in ensuring that OLLI continues to thrive for years to come.

To make your contribution, please visit iamatiger.clemson.edu/giving/olli or contact our office, 864-633-5242, for more information. Together, we can continue to make OLLI at Clemson a vibrant home for lifelong learners.

With gratitude,

Mary Brock
Director
Osher Lifelong Learning Institute (OLLI)
Clemson University



Fiercely *Forward* with



Each year, OLLI offers nearly 350 unique programs spanning academic, cultural and recreational interests. And because we keep membership and class fees low, more people can join in the lifelong learning experience.

OLLI depends on the generosity of our community to make this possible. Membership and class fees only cover a portion of the costs necessary to offer our broad selection of programs. Your annual gift helps keep these programs affordable and accessible to everyone wanting to join. Planning for the long term, gifts made to the Osher Lifelong Learning Institute Endowment Fund help to ensure growth and opportunities for the future.

Make your gift in support of OLLI at Clemson University by calling 864-656-5896 or visiting iamatiger.clemson.edu/giving/olli.

Curious about OLLI or ready to get involved? Visit olliatclemson.org to learn more about courses, registration and the latest information.

**Together, we can carry
the joy of learning
*Fiercely Forward.***

Questions?

Ann Batson Smith '82, M '85
Executive Director of Annual Giving

annsmit@clemson.edu
office: 864-656-5895
cell: 864-903-2144

P.O. Box 1889
Clemson, SC 29633-1889



MEMBERSHIP AND REGISTRATION FORM SPRING 2026

Please complete this form, even if you think we have this information on file.

Name: _____

Street Address: _____

City/State/Zip: _____

Phone: _____ Email Address: _____

How did you hear about us? _____

Gender: Female Male Date of Birth (Month, Year): _____

Catalog Format: Email Catalog U.S. Mail Catalog

Email Communication: Yes No

Your name, mailing and email addresses will be published in the password-protected online OLLI Member directory. Check this box if you would like to opt out of the directory.

Emergency Contact Name: _____

Emergency Contact Phone Number: _____

Please note: Each member of a couple must submit a separate form to ensure proper registration.

Half-Year Membership Fee (Memberships purchased now are valid through June 30, 2026.)

I am a NEW OLLI member and paying my first membership fee (\$40) \$ _____

I am renewing my lapsed OLLI membership (\$40) \$ _____

If you are unsure about your membership status, please call the OLLI office at 864-633-5242.

Courses

Course Name: _____ Tuition: \$ _____

Course Name: _____ Tuition: \$ _____

Course Name: _____ Tuition: \$ _____

Donation

Please accept this gift to the Clemson University Foundation on behalf of OLLI at Clemson University.

Please note that 100% of your gift goes to OLLI. Gift: \$ _____

Total Enclosed: \$ _____

Payment Information

Check enclosed (payable to OLLI at Clemson University)

Visa MasterCard Discover American Express

Card #: _____ Expiration Date: _____ CVC: _____

Cardholder's Name: _____

4 Easy Ways to Register

- Online: www.olliatclemson.org, click the link “online registration” (credit card payment only)
- By Phone: 864-633-5242 (credit card payment only)
- By Mail: 100 Thomas Green Blvd. Clemson, SC 29631 (check or credit card payment)
- In Person at the Cheezem Education Center, Monday through Friday, 9:00 a.m. to 4:00 p.m. (cash, check or credit card payment)

Refund/Cancellation

If you must cancel your registration in an OLLI course, a full or partial refund may be available to you. Our current refund procedures are listed on our website, www.olliatclemson.org, under the registration policies tab. All Members are encouraged to review this information when registering.

If an OLLI course is cancelled, you will receive a full refund. Payments made by cash and check will be refunded as course credit in your OLLI account; payments made by credit card will be refunded to the credit card.

Wait List

If the course you have requested has filled prior to receiving your registration, you will automatically be placed on a waiting list for the course. Should space become available, you will be contacted and given the opportunity to enroll. You will not be charged for the course until you are enrolled.

Liability Waivers

OLLI members who are enrolled in higher risk courses may be required to sign Waiver and Release of Liability Forms before participating. For more information, visit our website, www.olliatclemson.org.

Accessibility

OLLI at Clemson University is committed to an inclusive and accessible environment for all OLLI Members, and as a Clemson University Institute, follows the spirit of Student Accessibility Services, which can be found at www.clemson.edu/academics/studentaccess. If you have questions about accessibility for a course, please contact the OLLI office at olli@clemson.edu or 864-633-5242; all correspondence will be confidential.

Graduate Research

On occasion, Clemson University faculty and students are interested in working with OLLI Members on research projects specific to engaged aging. Opportunities to participate in such studies will be announced to the OLLI membership via the weekly e-newsletter, and your personal involvement is entirely at your discretion. We do not share your contact information with any group or individual.

Membership Fees

A nonrefundable membership is required to participate in OLLI Courses and activities. The OLLI Member Year begins July 1 and ends June 30 of each year. The membership fee for a full year is \$65; a half-year membership (January to June) is \$40.

Scholarships

Financial assistance may be available for current OLLI Members; for more information, visit our website, www.olliatclemson.org.

Inclement Weather

OLLI follows the Clemson University inclement weather policy. When Clemson University is closed due to inclement weather, all OLLI activities are cancelled or postponed to a later date.

Charles K. Cheezem Education Center

As a Clemson University facility, the Center is tobacco-free and follows campus facility policies.



OLLI at Clemson University
100 Thomas Green Boulevard
Clemson, SC 29631
864-633-5242
olli@clemson.edu
www.olliatclemson.org

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Why aren't you here yet?

- Clemson Downs

Why wait? Our residents love living life at Clemson Downs, and you could too! They enjoy fun, food, and fellowship on our beautiful 38-acre wooded and pastoral campus.

Clemson Downs is a locally owned continuing care retirement community offering Independent Living, Assisted Living, Memory, and Skilled Nursing Care designed to meet your or your loved one's care level needs.

864-654-1155



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