IN THIS ISSUE:

Different ways to participate this term:

- In-person courses at the Cheezem Education Center (Clemson) and at the Historic Ballenger House (Seneca)
- Evening courses at the Cheezem Education Center
- Osher Online courses that allow you to participate from home
- Outdoor Adventures and Day Trips

NEW COURSE TITLES INCLUDE:

Giant Pandas and Remarkable Research at Zoo Atlanta; Decoding Tinnitus; Bob Dylan; The Holocaust: 1931 — 1939; Fitness for All Ages; Beginning Digital Photography; Understanding Social Security; Growing and Using Herbs in the Upstate; Gershwin's Porky and Bess; How to Crack the Long-Term Health Care Code; Election Integrity and the Machines: What are the Risks? and more!

The Cheezem Education Center is open Monday through Friday, 9:00 a.m. to 4:00 p.m.

Registration opens
December 15, 2023

Register in person, by phone, by mail or online at: www.olliatclemson.org









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EVERLAN





Independent Living (864) 643-2200

150 Pershing Avenue, Clemson, SC 29631 everlanliving.com/clemson

A Note from the Director

Reflecting on the past decade, it's with much gratitude that I say goodbye to this incredible organization; my last day as OLLI Director is January 18. Your support, collaboration, and enthusiasm - as Members and friends - have been the driving force behind 10 years of meaningful work here at OLLI. The time we've shared has been nothing short of extraordinary. And though this chapter ends, the impact you have had on me, and this community will endure. I am deeply thankful to have had this opportunity.

My next job is not nearly as exciting - I'll be a semi-retired wife and daughter splitting my time more evenly between Clemson and Charlotte - so I hope to see you around town!

With warm regards,

Julie Didotto

OLLI TEACHING AT THE Historic Ballenger House IN SENECA THIS WINTER

Calling all OLLI Members who live in

Oconee County! OLLI is partnering with the Seneca Woman's Club to offer courses at the Historic Ballenger House in downtown Seneca. Courses in Seneca include: The Heavy Water War: Stopping Hitler's Atomic Bomb; Frankenstein: the Doctor, the Monster, and the Woman Who Created Them; Decoding Tinnitus - Facts, Myths, and Pathways to Relief; Container Gardening; and Staying on Your Feet: Practical Methods to Stay Healthy and Prevent Future Falls.

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Special Event

Finding the Overmountain Men of the American Revolution

Monday, January 29 3:00 p.m. **Cheezem Education Center** Free but registration is required; register on the Events page of the OLLI website

In October of 1780, several hundred "Overmountain Men" from northwestern North Carolina met the British on the slopes of Kings Mountain. What occurred shocked the world, dealing the British Southern Army its most lopsided defeat to date and created a Patriot momentum that drove Cornwallis out of the Carolinas. Ironically, these men were primarily subsistence farmers who lived beyond the reach of the primary actions of the war who rallied when directly threatened. South Carolina historian Chumley Cope leads the presentation; his company Explore Up Close has partnered with Clemson OLLI to offer a "Finding the Overmountain Men" excursion this May.

With appreciation, to our donors AS OLLI EXCÉEDED OUR \$30,000 FUNDRAISING GOAL!

JULY 1, 2022 TO JUNE 30, 2023

Join us in thanking these invaluable individuals whose gifts to our Annual Fund during the last Member Year help ensure OLLI's ongoing fiscal health; consider making your gift today! Simply click on the "Giving" tab at our website, olliatclemson.org, to make a secure gift online. 100% of your gift supports OLLI; as we receive no state or University funding, we rely on memberships, gifts, small grants, and tuition to maintain and grow our operations.

Ion and Dot Becker Antonia Bentfeld

Nancy Bock John Boehme Mary Brown Gail Brownlee

Clyde and Audrey Burghardt

Al and Susan Bynum

Ronald White and Kathleen Carroll

Mike and Katherine Cheezem

Richard Cowan Ann Cramer Susan Creamer

Jordan and Cheryl Dean

Sherly Donovan

John and Karen Dreher

Nancy Dunn

Skip and Ingrid Eisiminger

Maggie Elrod Donna Findley Mona Fleming

John and Ann Gilreath Iames and Libba Glenn

Carol Helander Janice Howells

Kevin and Robbie Hughes Gaines and Janet Hutcheson

Donna Jackson

Terry and Ellen Jackson

Nan Jones

Joe and Julie Kavanagh

Mike Kohl and Jane McLamarrah

Carol Kozma Terry Kozma Jane Kramer Kathy Lincoln Roy Mabe Geri McSwain

David and Faye Miller Matt and Iudi Nowocin

Oconee Federal Charitable Foundation

David and Donna Potts

Fred Roberts **Judy Roth** David Sabo

Ned and Judy Schlaefer David and Ronda Senn

Barbara Shaver

William and Janice Sheavly

Dorris Sias Carol Smith Robert Soroosh

Charles (Chip) and Julia Stapleton

James Steffy George Taylor David Thomas

Hack and Cheryl Trammell Roger and Kathy Troutman

Holley Ulbrich

Stephen and Kim Warne

Matt Watkins Douglas Wenger

With thanks to our small grant providers: Clemson University Vending Fund, South Carolina Humanities

A gift of any amount to OLLI at Clemson University will help us to provide a unique array of activities and educational opportunities for our members. Your support plays a pivotal role in promoting lifelong learning, helping us provide nearly 350 different programs to our community. We rely on donors to keep our annual membership fee low and to provide a quality curriculum to our students — your support keeps these programs running.

Take the opportunity to make a gift today and help us foster a culture of lifelong learning!





Make an IRA Qualified Charitable Distribution (QCD) today!

Create the possibility to shape and advance OLLI's future by seeing your generosity in action. If you have an IRA and are 70 1/2 or older, you may donate tax-free from your IRA in direct support of OLLI as well as other University initiatives.

The IRA Qualified Charitable Distribution (QCD) provides several benefits. It allows individuals 70 1/2 and older to transfer up to \$100,000 annually from an IRA directly to a qualified charity. You pay no taxes on the transfer, and your gift to Clemson will make a meaningful impact on the lives of our students. This may also help you meet your Required Minimum Distribution (RMD), the minimum amount you must withdraw from your retirement account(s) to satisfy federal tax rules.

To make your IRA Qualified Charitable Distribution (QCD) gift, simply reach out to your IRA plan administrator or account custodian to make a gift from your IRA to OLLI at Clemson University.

Please contact the Annual Giving Office with any questions.

Ann Batson Smith '82, M '85 | Executive Director of Annual Giving

P.O. Box 1889 Clemson, S.C. 29633-1889

864-656-5895 annsmit@clemson.edu

With thanks to our supporters FALL MAGIC FUNDRAISER

NOVEMBER 5. 2023

Event Sponsor: Green Heart Awakening, Pendleton

Raising just over \$4,000 this year, this annual fundraising event helps ensure Clemson OLLI remains financially stable and economically accessible. We appreciate all the local businesses and individuals who donated items and services to the Silent Auction and the Teacup Raffle:

1826 Restaurant, Pendleton Advanced Massage, Clemson

Ann Smith

Appellation Wine, Seneca

Blue Heron Restaurant, Pendleton

Boscobel Golf Club

Carol Gaydar La France

Carol Helander

Clare's Creamery, Greenville

Clemson Fitness Company, Clemson Clemson Little Theater, Pendleton Clemson University Athletics, Clemson

Clemson Wine Bar, Clemson Cook's Station, Greenville Cracker Barrel, Anderson Dairy Queen, Pendleton David and Donna Potts

David and Shirley Sabo

Deadhorse Productions, Anderson

Dorris Sias

Elegant Nails, Pendleton Fiesta Grill, Pendleton Good Eats Diner, Pendleton

Gypsy Wine Bar, Pendleton

Hooters, Anderson

Jim and Mary Dunkel

Iocassee Lake Tours, Salem

Joe's NY Pizza Clemson, Clemson

Iulie Vidotto

Kite Hill Brewing Company, Clemson Liberty Hall Bed & Breakfast, Pendleton

Little Curiosity Shoppe, Clemson

New Yolk Kitchen, Pendleton Old Stone Massage, Pendleton

Old Stone Salon, Pendleton

Outback Steakhouse, Anderson

Patrick Square Pharmacy, Clemson

Pendleton Tire Company, Pendleton

Raines on Exchange, Pendleton

Ruffage, Pendleton

Scrooges Spirits, Anderson Sunnyside Cafe, Clemson

Swamp Fox Distillery, Pendleton

The Oasis Ranch, Seneca Torch Cigar Pub, Greenville

Vaqueros Restaurant, Pendleton

Walhalla Performing Arts Center, Walhalla

Walker Golf Course, Clemson

Wild Wings, Anderson

With special appreciation to our Chili Cookoff Chefs: Lauris Ames, Sheryl Donovan (winner), Carol Helander, David Potts



The following activities are open to all current OLLI Members and those with an interest in joining OLLI. All programs are free but require registration; see the Events page at our website, www.olliatclemson.org, for more information, or call us at 864-633-5242.

Tech Talks

2nd Thursday of Each Month January 11, February 8, and March 14 10:00 a.m. to 12:00 p.m.

Cheezem Education Center

Free but an appointment is required; call 864-633-5242 to make an appointment. Have questions about your phone, tablet, laptop, or other electronic device? Make a 30-minute appointment with a Pickens County Outreach Librarian for basic troubleshooting assistance.

New and Returning Member Orientation

Thursday, January 11 3:00 p.m.

Cheezem Education Center

Free but registration is required; register on the Events page of the OLLI website.

Whether you're new to Clemson OLLI or returning from a hiatus, this orientation illustrates how OLLI ticks, who is who and how you can be part of your regional lifelong learning program! Refreshments provided.

Pickens and Oconee County Elections

Tuesday, January 16 7:00 p.m. Clemson United Methodist Church 300 Frontage Road, Clemson Sponsored by the League of Women Voters Oconee Pickens Secure, Accessible, and Fair Elections(SAFE) **Working Group**

Free and Open to the Public

The 2024 elections are predicted to have record turnouts! Meet your Election Directors and Board Chairs for Oconee and Pickens Counties and learn how they work to ensure that our elections are accurate, secure, accessible, and credible. Panel members include Kristie L. Burr and Jim Murray Oconee County Voter Registration & Elections) as well as Dr. Amy Sams and James Liddle (Pickens County Voter Registration and Elections) For more information please see the League of Women Voters Oconee Pickens website, www.LWVOP.org.

How to Access Clemson University Library **Resources: Orientation for OLLI Members**

Session A: Tuesday, February 6 Session B: Thursday, March 28

1:00 p.m. to 2:30 p.m.

Cheezem Education Center

Free but registration is required; register on the Events page of the OLLI website.

Did you know that OLLI Members can request books, DVDs and other materials from the Clemson University Libraries and pick them up at the Cheezem Education Center? Library staff host this orientation session that walks you through the process; pick up your new CU Library card while you are here.

Andrew Jackson, John C. Calhoun and The Petticoat **Affair**

Friday, February 23 1:00 p.m.

Cheezem Education Center

Free but registration is required; register on the Events page of the OLLI website.

After the election of President Andrew Jackson, the ladies of Washington were horrified by the dubious reputation of Peggy Eaton, the wife of the newly appointed secretary of war. After trying for 2 and a half years to have her included in the social life in Washington, Jackson fired his cabinet and destroyed Vice President John C. Calhoun's hopes of being president. Widowed in 1856, Peggy Eaton married a 19-year-old dancing and music teacher, but he took all her money and ran off with her 17-year-old granddaughter. Presenter and USC Professor Emerita Patricia G. "Pat" McNeely taught writing and reporting in the College of Journalism for 33 years. Before joining the USC faculty, McNeely was a reporter and editor for The Greenville News, The State and The Columbia Record.

Creative Writing Workshop

2 Thursdays, March 28 and April 18 11:00 a.m. to 12:15 p.m.

The Arts Center of Clemson

Free but registration is required; register on the Events page of the OLLI website.

This beginner friendly creative writing workshop explores the fundamentals of short story writing in two sessions. In session 1, we'll show you how to create interesting characters, plots, and settings through a variety of exercises and writing prompts. By the end of session 1, you will have the beginnings of your own short story. This workshop features homework (the fun kind!): you will finish a draft of your story on your own, and then share it with the group. We'll all read each other's drafts before session 2; then, we'll come back together to discuss our stories, offering feedback and advice in a friendly, positive, low-stakes environment. By the end of this workshop, you will have written a short story and shared it with its welcoming first audience!



I love it! Well managed, wide variety of courses/classes. Friendly and helpful folks managing thus [sic] program.

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Get to know your OLLI BOARD OF ADVISORS

David Potts, Chair Dave Sabo, Vice Chair Sheryl Donovan, Past Chair Carol Helander, Secretary

Clyde Burghardt, At-Large Member Nancy Dunn, At-Large Member Amy Pickens, At-Large Member Kim Warne, At-Large Member



Board of Advisors meetings are held on the third Wednesday of each month except December and June. At 5:00 p.m., join Board Members at Kite Hill Brewing Company in Patrick Square Town Center, to learn more about how OLLI ticks! The Board can be reached directly at cuolliboa@gmail.com.



Participation in Special Interest Groups is free and open to current OLLI Members; contact the Group Facilitator for more information.

ART GROUP

Every Monday, 1:00 p.m. at the Cheezem Education Center

Facilitator: Diana Carnes (dianacmail@aol.com)

This "open studio" is a place and time for everyone - aspiring or confirmed artists - to meet once a week to play with new approaches to their craft. We share techniques, engage in a variety of media challenges, and possibly bring in experts in unusual specialties. We EXPLORE art in many varieties!

ART OPEN STUDIO

2nd and 4th Thursday Each Month, 1:00 p.m. at the **Cheezem Education Center**

No facilitator; the Studio is available for use by any current OLLI Member.

BOOK CLUB

1st Friday Each Month, 10:00 a.m. at the Cheezem **Education Center**

Facilitator: Maureen Williamson (williamsonmi@att.net)

Our books are selected by group vote and selections include fiction and nonfiction, contemporary and classic. Discussion is informal and participation is encouraged. See the Events page on the OLLI website for upcoming book selections.

BRIDGE GROUP

Every Monday and Thursday, 10:00 a.m. at the Cheezem **Education Center**

Facilitator: Peg Mahan (pmah2209@bellsouth.net)

Join in on this popular card game in a relaxed, friendly environment.

BUNCO

Last Wednesday Each Month, 1:00 p.m. at Everlan (Patrick Square)

Facilitator: Carol Helander (antiqueguy@gmail.com)

This entertaining dice game is easy to learn, anyone can play! Light refreshments will be provided; \$5 cash per person to play.

GARDENING GROUP

1st Wednesday Each Month, 3:00 p.m. at the Cheezem **Education Center**

Facilitator: Susan Creamer (smcreamer@gmail.com)

Share ideas, learn from others about gardening techniques, soil, plants, design and more - broaden your knowledge and find support from other gardeners who have similar challenges with their Upstate landscape. The group enjoys speakers on various gardening topics and occasional field trips.

MAH JONGG

Every Tuesday, 12:30 p.m. at the Cheezem Education Center

Facilitator: Janice Dieter (dieterjw@yahoo.com)

This group plays Mah Jongg (American version) each week and offers a course three times a year on the basics of playing the game. Students are encouraged to join the OLLI SIG after taking the course to continue building their skills; SIG newcomers should have some playing experience.

NEEDLES AND THREADS

Every Wednesday, 1:30 p.m. at the Cheezem Education

Facilitator: Nan Jones (jones4927@bellsouth.net)

Join this support group for "thread-heads" to work on your favorite projects in a collaborative atmosphere.

PICKLEBALL

Every Friday, 10:00 a.m. at Nettles Park (Clemson) Facilitator: Lauris and Mary Jane Ames (mames 10579@ aol.com, laurisames@aol.com)

Join the many that are enjoying this fast-growing fitness activity! We play on specially lined tennis courts at Nettles Park. This group is open to all OLLI Members and is appropriate for players of all levels! Instruction and loaner equipment will be available to newcomers.

TRIVIA

3rd Thursday Each Month, 3:00 p.m. at the Cheezem **Education Center**

Facilitator: Skip Eisiminger (esterli2@bellsouth.net)

This trivia is not a Jeopardy clone; it involves no buzzers, no clocks, and no pressure to perform or speak in public. The winners of the two sets of questions receive the prize pot. All money collected from the night is split between the two winners! \$2.00 per person- cash at the door only.

WATERCOLOR GROUP

1st and 3rd Thursday Each Month, 1:00 p.m. at the **Cheezem Education Center**

Facilitator: Trish Davis (trishkaydavis@gmail.com)

This group's goal is to paint watercolor paintings using a variety of papers and techniques, to share ideas and prompts and to have fun painting together.

WRITERS' GROUP

Group 1: 1st and 3rd Friday Each Month, 10:00 a.m. at the Cheezem Education Center. Group is currently at capacity but contact facilitator Paula Appling (upst8hiker@gmail.com) for more information.

Group 2: 2nd and 4th Friday Each Month, 10:00 a.m. at the Cheezem Education Center; facilitator is Elaine Faithful (belainefaithful@gmail.com)



Where in the World will OLLI Go?

Up-to-date details for all travel programs can be found on the OLLI website, and you can pick up a flyer for each trip at the Cheezem Education Center. Bookings are taken by the individual travel companies; contact the specific company for questions and arrangements.

The Azores: Jewels of Portugal

April 5, 2024, to April 18, 2024 (14 days)
By Explorations by Collette, Small Group Travel
capped at 19 participants
Double Occupancy: \$5,029 per person, includes
airfare (international and interisland)
Single Occupancy: \$5,829 per person, includes airfare
(international and interisland)
Activity Level: Moderately Challenging

Enter an untouched paradise on an adventure through the Azores, the archipelago gems of Portugal. Explore the entire rim of the Sete Cidades Caldera. Indulge in a traditional cozido das furnas meal, cooked by the heat of the volcanic earth. Descend into Algar do Carvao, the "Cavern of Coal" lava tube, with an expert guide. Enjoy a light home-hosted lunch featuring local meats and cheeses. Spend 3 nights in a lava stone house. From thermal pools and lush craters to local farms and volcanic cuisine, delve into the culture of Portuguese island life.

Finding the Overmountain Men

May 6, 2024, to May 9, 2024 (4 days) By Explore Up Close Double Occupancy: \$1,390 per person Single Occupancy: \$1,670 per person Activity Level: Active

Depart Clemson for Kings Mountain to pick up the historic trail that includes Biggerstaff's Plantation, the old Brittian Church, and the Cane Creek Valley; we will stay in downtown Morganton the first night. The second day leads us through the Yadkin River Valley to Wilkesboro and finally to Abington, Virginia, where we will spend two nights at the Martha Washington Inn. Spend the third day touring the area and hearing its stories: the parson Charles Cummings who went to Kings Mountain, Black's Fort Muster Ground, and the Seven Mile Ford on the South Holston River, burial place of General William Campbell, commander of the Patriot forces at Kings Mountain. Our final day takes us to historic sites through the valley of the Watauga and Doe Rivers as we cross the continental divide on our return to Clemson.

New England Rails and Sails

Friday, September 27, 2024, to Sunday, October 6, 2024 (9 days)

By Mayflower Cruises & Tours

Double Occupancy: \$3,799 per person (land only, check with Mayflower for airfare specials)

Single Occupancy: \$5,298 per person (land only, check with Mayflower for airfare specials)

Activity Level: Active

Set off on sightseeing tours of Boston and coastal Kennebunkport, Maine before exploring beautiful Portland, Maine. Discover Maine's history through the Maine Narrow Gauge Railroad, along with a picturesque cruise in Casco Bay. Visit New Hampshire's White Mountains and board the North Conway Scenic Railroad to learn more about the railroad's history. Travel to the Kancamagus Scenic Byway and experience the gorgeous scenery at Quechee Gorge. Spend time at Mystic Seaport and explore the past within the maritime village before spending two nights in the spectacular Foxwoods Resort Casino. Board the Essex Steam Train and take a charming trip up the Connecticut River on the Riverboat Becky Thatcher. End your trip traveling through Rhode Island and sailing past a Humpback, Finback, Minke, and endangered Right Whales sanctuary in Massachusetts.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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OLLI Office Closed	Mah Jongg	Needles and Threads	Bridge Group	Book Club
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OLLI is an opportunity to experience new subjects, geographical and artistic, and many more that we wouldn't have the opportunity to do elsewhere.

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Activity Levels for Active Programs

Activity level rankings are provided for courses as appropriate; please consider your needs and abilities when registering for a specific program.



MODERATELY ACTIVE

These programs consist of some physical activity, such as equal parts walking and riding, sitting, or stopping.



MODERATELY CHALLENGING

These programs require a good deal of physical fitness and more physical activity. These programs may require, for example, a lot of walking on uneven terrain and/or up and down hills for long periods of time.



ACTIVE

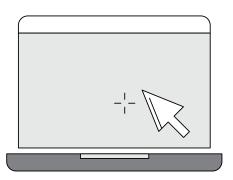
These programs require a fair amount of physical fitness and may require you to be active for up to three hours at a time. Many programs in the active category may require up to a mile of walking before taking a break and will likely cause you to break a bit of a sweat.



CHALLENGING

These programs are for those who are comfortable with more strenous activities, such as hiking for several miles on uneven terrain.





introducing... OSHER ONLINE

The following courses are offered to Clemson OLLI Members as part of the national Osher Online project bringing stellar presenters to OLLIs across the country. Each course is offered live via Zoom - plan to participate from the comfort of home! And in each session will be Members from several different OLLIs; each OLLI is limited to 12 seats per course. Each course is comprised of six, 90-minutes sessions and will offer generous question and answer periods. Before each course participants will be contacted by the Osher Online staff at Northwestern University with further instructions.

The Jewish Holidays: A Primer

6 Tuesdays, January 9 to February 20 (No class on February 13) 11:00 a.m. to 12:30 p.m. **Zoom Virtual Classroom** Tuition: \$59

Explore the yearly cycle of Jewish holidays and unlock the mysteries of the Jewish calendar, learning about major and minor holidays, historical practices, and modern observances. Whether you have grown up with these holidays, or are learning for the first time, enrich your understanding of and connection to these sacred moments in time.

Rabbi Alexis Pinsky was ordained from the New York campus of the Hebrew Union College - Jewish Institute of Religion. She is a member of the Central Conference of American Rabbis - the rabbinic organization for the Reform Movement. She has held Associate Rabbinic positions at Temple Israel of the City of New York and B'ShERT (Beth Shalom v'Emeth Reform Temple) in Brooklyn, NY and has served/taught in numerous NYC congregations and institutions.

Themes in Philosophy, Part 2

6 Wednesdays, January 10 to February 14 1:00 p.m. to 2:30 p.m. **Zoom Virtual Classroom** Tuition: \$59

Discover fascinating themes in philosophy—a philosophy buffet! Topics include philosophical types of religion, religion and politics in America, aesthetics, philosophy of language, philosophy of culture, and philosophy of happiness. What are the differences between conservative, liberal, and fundamentalist forms of religion? What is the relationship between religion and politics in the United States? What is art, and what is good art? Why is language so fascinating? What is culture, and do people in our culture invoke it responsibly? Finally, what is happiness and how can we experience it? Themes in Philosophy Part 1 is not a prerequisite as this course stands alone.

Dr. David E. Smith grew up in the world of fundamentalist religion. As an adult he gradually moved away from that worldview and became a religious progressive/skeptic. After earning an M.A. in philosophy of religion, he received a second M.A. and a Ph.D. in religious studies from Temple University in Philadelphia, PA. Formerly a full-time philosophy and religious studies faculty member at Central Washington University in Ellensburg, WA, he now teaches for the Osher Lifelong Learning Institute at the University of Washington.

Golden Mysteries: An Exploration of Mystery Novels from the 1920s to the 1940s

6 Wednesdays, January 10 to February 14 3:00 p.m. to 4:30 p.m. **Zoom Virtual Classroom** Tuition: \$59

Why exactly is murder and mayhem so popular and even relaxing to read about? The mystery genre is one of the most popular genres today, but it is relatively new. The first modern detective novels were published by Edgar Allan Poe in the nineteenth century, which ushered in a boom of mystery novels in America and the UK in subsequent years. In this class, we'll study mystery novels of the 1920s through 1940s-including books by Arthur Conan Doyle and Agatha Christie; hardboiled crime novels; and Nancy Drew-and we'll learn what made them so popular. The mystery genre is uniquely positioned to reflect and address fears of the populace, so studying these novels gives us unique

insight into what people cared about most when they were published. We will also examine why it's so fun to read about horrible crimes and try to understand what we get out of it.

Dr. Brittney Rakowski is a Lecturer in the University College at the University of Oklahoma. Her research and teaching interests include twentieth-century American literature and film, gender studies, and rhetoric.

Made in America: The History, and Vision of the **Public Library**

6 Wednesdays, January 10 to February 14 7:00 p.m. to 8:30 p.m. **Zoom Virtual Classroom** Tuition: \$59

This course will explore the history of the modern public library from the early nineteenth century through the present. Students will gain an enhanced appreciation for the role of the public library in a democratic society, as well as the ways in which the public library is a uniquely American invention.

Dr. Caroline Nappo is an independent scholar with interests in the history of libraries and information institutions, information as a public good, and the political economy of information. She has her M.S. and Ph.D. in Library and Information Science from the University of Illinois.

Ruth Bader Ginsburg

6 Thursdays, January 11 to February 15 11:00 a.m. to 12:30 p.m. **Zoom Virtual Classroom** Tuition: \$59

Explore the many contributions Justice Ginsburg made to the legal landscape, from her work as an advocate for gender equality, her role as the co-founder of the ACLU's Women's Rights Project, and her opinions on the D.C. Circuit Court of Appeals and the U.S. Supreme Court. Her early influences will also be discussed. Clips from the documentary RBG will be shared and discussed - you may have seen the film, but this talk will cover much more!

Lauren Andersen is the director of the Utah Judicial Institute. For two and a half years, she practiced appellate law in the state of California and presented

arguments to the California Supreme Court and the U.S. Supreme Court. During this time, Lauren closely studied the Roberts Court. She has lectured about the Supreme Court and the death penalty. Her opinions were quoted by The New York Times as well as the ABA Journal. She was previously the director of the Osher Lifelong Learning Institute at the University of Utah for four years.

Native Ground: Indigenous Communities & **Colonization Before 1900**

6 Mondays, February 19 to March 25 5:00 p.m. to 6:30 p.m. Zoom Virtual Classroom Tuition: \$59

"Native Ground" will introduce students to the depth of Native American history in what is now the United States, as well as its diversity. From this foundation, the course will move to consider the implications of the invasion from Europe, the founding of European colonies, and the eventual (not inevitable) establishment of the United States and its expansion across Native North America. The course will emphasize the resilience of Indigenous communities in the face of relentless colonial pressure. Along the way, students can expect to learn about several related topics, including the historiography of Native America and the image of the "Indian" in the American mind.

Dr. Matt Jennings joined the Macon State College (now Middle Georgia State University) faculty in 2007, after receiving his Ph.D. from the University of Illinois. His research interests include Native American history, early American history, and the history of violence. He is currently studying the relationship between Native American peoples and the mounds at Ocmulgee Mounds National Historical Park, and the intertwined history of tourism and archaeology at the site. His current research includes work with the Acme Brewing Historical Society in Georgia and a study of the Ocmulgee River region during the War of 1812. He has presented numerous papers, and published several books, including New Worlds of Violence, The Flower Hunter and the People, and Ocmulgee National Monument: A Concise History with Field Notes.

DAY and HALF-DAY TRIPS

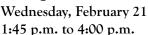
New! Girl from the North Country at the Peace Center

Thursday, February 8 4:45 p.m. to 10:30 p.m.

Departs from the Cheezem Education Center Tuition: \$139, includes transportation and seating in Founder's Circle

Girl From the North Country is an award-winning new musical based on the songs of Bob Dylan, written and directed by celebrated playwright Conor McPherson and featuring award-winning orchestrations by Simon Hale. It's 1934 in Duluth, Minnesota, where you'll meet a group of wayward travelers whose lives intersect in a guesthouse filled with music, life and hope. Featured (and reimagined) Dylan songs include "Forever Young," "All Along The Watchtower," "Hurricane," "Slow Train Coming," and "Like A Rolling Stone." Dinner will be on your own downtown, with ample time to walk, shop, have dinner or grab a snack.

New! Visit Clemson University's Social Media **Listening Center**



Departs from the Cheezem Education Center Tuition: \$19, includes Tiger Transit transportation and tour

Opening in early 2012, the Social Media Listening Center (SMLC) at Clemson University is an interdisciplinary, innovative laboratory that seeks to monitor, measure, and engage in social media conversations from across the web. In June 2021, the SMLC began a partnership with Sprinklr, one of the world's premier social analytics and listening platforms. Sprinklr's broad-based listening includes social sources as well as broader digital sources (blogs, news, forums, reviews) that may be queried against. Sources include Twitter or X (full firehose), Reddit (full firehose), YouTube, forums, Instagram, Tumblr, Facebook, Disgus, RSS Feeds, news, Quora, articles, WordPress, reviews, blogs/websites, and Flickr. In all, Sprinklr's robust search feature allows the SMLC to listen across 350+ million sources of online data But then what? The Center also provides students and researchers with tools and techniques to analyze and make sense out of datasets. Participants will tour the Center on the 5th floor of Cooper Library, hearing about its recent work, especially relevant in our charged political climate.

Continue your conversation over ice cream at the Hendrix Student Center.

New! Wyeth: The First Family of American Painting at the Greenville County Museum of Art

Friday, February 23

12:00 p.m. to 4:30 p.m.

Departs from the Cheezem Education Center Tuition: \$29, includes transportation and guided tour of two exhibits

Regarded as one of the most important American artists of the 20th century, Andrew Wyeth (1917 - 2009) launched his career in New York City in 1937 with a sold-out exhibition of his watercolors. His father and mentor, noted illustrator N.C. Wyeth wrote him a congratulatory letter on the occasion of his successful show, encouraging his son and accurately predicting his future, "You are headed in the direction that should finally reach the pinnacle in American art.". Greenville's Andrew Wyeth collection encompasses the full scope of the artist's extraordinary career, including significant decade-by-decade examples, from the 1930s to the 21st century. Complementing the exhibition Andrew Wyeth: Running with the Land is All in the Family (Connections), which revisits the work of the first family of American painting in light of several rarely exhibited examples on loan from a private collection. This installation features work by family patriarch N. C. Wyeth and three of his five children: Andrew, Henriette, and Carolyn, all of whom received art instruction from their father. The "connectedness" of the show's title refers not only to the inspiration derived by the artists from the people and places of their family homes in Pennsylvania and Maine, but also to the ways that compositions evolve through stages of conceptual and technical refinement as different media are employed in service to the artist's final vision.

New! Giant Pandas and Remarkable Research at Zoo **Atlanta**

Monday, March 4 8:00 a.m. to 6:00 p.m.

Departs from the Cheezem Education Center Tuition: \$129, includes transportation via motorcoach, bus snacks, Zoo admission, and guided tour

Zoo Atlanta is now the only organization in the US home to Giant Pandas, but even these popular blackand-white Atlanta residents will be returning to China in late 2024. Don't miss your last chance to see them! This day excursion begins with a guided tour of the Zoo with a focus on its research projects; learn how animals voluntarily participate in these explorations, and the ways the findings contribute to deeper understanding of biology, technology, and even ourselves. After the tour, revisit your favorite animals, enjoy lunch from any of the Zoo's food service options, and commune with your wild side before heading back to Clemson.

New! Discover the History of the Oconee Nuclear **Station**

Wednesday, March 6 3:00 p.m. to 5:00 p.m. World of Energy Tuition: \$19

Learn about the history of Duke Energy's Keowee-Toxaway Project and Oconee Nuclear Station. When completed in the mid-1970s, this project included the largest nuclear power plant in the world and won the 1975 American Society of Civil Engineers' Outstanding Achievement Award. The station has generated more than 500 million megawatt-hours of electricity and is "the first nuclear station in the United States to achieve this milestone" according to its website. While visiting, we'll also visit an exact replica of an Oconee Nuclear Station control room, which is a training simulator for nuclear operators.

New! Art of the Ancient Americas at Mint Museum Randolph, Charlotte, North Carolina

Wednesday, March 13 9:00 a.m. to 6:30 p.m. Departs from the Cheezem Education Center Tuition: \$109, includes transportation via motorcoach, bus snacks, museum admission, and guided tour

Begin this day trip on a comfortable motorcoach traveling to Charlotte, North Carolina, where your first stop will be Optimist Hall for lunch. The Hall is a sprawling food hall located in a circa 1892 textile mill just outside Uptown. After lunch, we continue to the Mint Museum, Randolph, for a guided tour of Art of the Ancient Americas collection, which spans 4,300 years of artistic creativity from 2800 BCE to 1500 CE. Discover works representing more than forty of the major societies from ancient Mesoamerica (Mexico, Guatemala, Belize, Honduras, and El Salvador), Central America (Nicaragua, Costa Rica, and Panama), and Andean South America (Colombia, Ecuador, Peru, Bolivia, and Chile). See the objects as windows into the society that created them, borrowing the "material culture" approach from anthropology and archaeology.

As such, artworks reveal a people's daily routines, social practices, politics, intellectual accomplishments, and spiritual beliefs. The museum equally views these pieces as art-the aesthetics and creative techniques developed by the ancient artists of the Americas are equally explored in the galleries. These works-in earthenware, jadeite and other stones, gold and silver, shell, and fiberpersonify and preserve these now-lost civilizations whose descendants are the foundations of the modern nations of Latin America. The afternoon includes ample time to explore the museum on your own.

OUTDOOR ADVENTURES

Loon Watch on Lake Jocassee

Thursday, February 15 (Rain date: Thursday, February 22) 11:00 a.m. to 3:00 p.m. **Devils Fork State Park** Tuition: \$70



According to the Audubon guide, many think of loons as a "symbol of wilderness," and Lake Jocassee is both a winter home and spring migration stopover for a large, stable population of common loons. The relatively small size of Jocassee makes the lake a perfect laboratory for loon research. Join us for a classroom presentation of innovative research on winter loon behavior and spring migration, then enjoy a 3-hour pontoon tour to view winter water birds on the lake. We will also visit some of the beautiful waterfalls and wild rivers for which Lake locassee is so famous.

Kay Wade co-owns Jocassee Lake Tours with her husband Brooks. She has worked as a professional gardener and garden designer from the NC Mountains to the Florida coast and back to the mountains of SC. She has written extensively on environmental and ecological challenges.



OLLI is my primary way of getting out and meeting people besides intellectual stimulation.



Hikes in the Hills

5 Mondays, February 26, March 4, March 18, April 15, April 22 9:30 a.m. to approximately 3:30 p.m. Itinerary provided one week prior to start date Tuition: \$79

Enjoy interpreter-led hiking in the Piedmont of Upstate South Carolina and the Southern Appalachians of North Carolina as we explore the rich biodiversity and geology of the region. We'll see waterfalls and soak in the views from scenic vistas as we explore our everchanging landscapes. Participants should be able to walk four to five miles on uneven terrain.

February 26 - Hike to Beech Bottom Falls, a 50foot cascading waterfall near Sassafras Mountain (moderate 2-mile hike), then drive to the top of Sassafras Mountain for stunning 360-degree views of the SC, NC, and GA mountains.

March 4 - Hike along the Appalachian Lumber **Trail** in Nine Times Forest, a trail noted for a large population of Trout Lilies (moderate 2.3-mile hike) Drive to the nearby **Trillium Trail** in Nine Times Preserve to see other early spring blooming flowers along Little Eastatoe Creek (easy 1.5-mile hike). Drive to Long Shoals Park, part of the Poe Creek State Forest, to see the fascinating potholes that have been carved out by water over the eons at Little Eastatoe Creek.

March 18 - Hike to Station Cove Falls (easy 1.2-mile hike) to see numerous early spring wildflowers. Drive to Devils Fork State Park to see the famous Oconee Bells along the Oconee Bell Trail (moderate 1.2-mile hike). State park admission, \$5.

April 15 - Hike along the Foothills Trail between Whitewater Falls and the Bad Creek access for one of the best spring wildflower displays in the state (moderate 3-mile hike).

April 22 - Hike to Pearson Falls, a 90-footwaterfall in a botanical and bird sanctuary (easy .5-mile hike) state park admission \$5. Drive to the historic Poinsett Bridge built in 1820.

Jean Askew is an avid hiker and has been hiking with OLLI and other groups since moving back to the Upstate in 2008. She has an educational background in botany and forestry and completed the Upstate Master Naturalist program in 2016. Delsey Brown moved back to the Upstate in 2016 and started exploring the area she left in 1983. She has been hiking with OLLI since 2017 and enjoys hiking with a group where everyone learns from each other.

The Fascinating History of Oconee Bells

Thursday, March 7 (Rain date: Thursday, March 21) 11:00 a.m. to 3:00 p.m. **Devils Fork State Park**



Tuition: \$70

The Oconee Bell, once called "the most interesting plant in America," shares a fascinating history with early explorers of the Jocassee Gorges. Learn who these adventurers were and why early botanists spent nearly a century seeking out this elusive wildflower. The hourlong presentation is followed by a 3-hour pontoon tour of Lake Jocassee to find the Oconee Bell in its native habitat, deep in the wild terrain of the Jocassee Gorges.

Kay Wade co-owns Jocassee Lake Tours with her husband Brooks. She has worked as a professional gardener and garden designer from the NC Mountains to the Florida coast and back to the mountains of SC. She has written extensively on environmental and ecological challenges.

Jocassee Gorges

6 Wednesdays, March 20 to May 1 (No Class on April 3) 9:30 a.m. to 1:30 p.m.

Itinerary provided one week prior to start date MC Tuition: \$89

Get to know the land and its natural diversity while hiking through stunning landscapes; National Geographic lists Jocassee Gorges as one of 50 "last great places" to visit. Greg Lucas and his cadre of experts will take you on a series of six field trips to explore the natural and cultural diversity of Jocassee Gorges. Wildlife and forest management strategies, such as hunting and prescribed burning, will be discussed during the class. Some hikes are moderately strenuous, so wear sturdy shoes or hiking boots and be prepared to walk up to three miles on uneven terrain. Long pants are recommended for those allergic to poison ivy/ oak. Because we will travel on some primitive roads to our destinations, you should drive vehicles with high clearance or be prepared to carpool. For their safety as well as the safety of course members, pets are not allowed.

Greg Lucas, a native South Carolinian, has worked in conservation outreach with the S.C. Department of Natural Resources for 30 years. He is S.C. Department of Natural Resources coordinator with the Upstate Master Naturalist Program and is on the Board of the Foothills Trail Conservancy. This will be his 41st term teaching at OLLI at Clemson.

DISCUSSION GROUPS

The Joy of Language

10 Wednesdays, January 24 to March 27 11:00 a.m. to 12:00 p.m. **Cheezem Education Center** Tuition: \$58

If you are puzzled by the claim that "salvage" is a kangaroo word and "facetiously" is vowel compliant, the paradox inherent in "big" and "diminutive," the voodoo inherent in "X88B88,", and the move to replace "Achilles heel" with "heel cord," you are a natural for this class. Students in "Joy" will feast on terms like "tomato smoothie" (ketchup) and "the fingers of Lazarus" (asparagus) with a side of "tofurky" (tofu turkey). And if you wish to learn what a "kangaroo word" is, you'll have to enroll. If any of these words or phrases peak, peek, or pique your interest, you will enjoy the latest, allnew edition of "Joy." Join us this winter quarter for an enjoyable romp through the English language. No tests to take, no essays to write, and everyone gets an "A."

Skip Eisiminger is retired from the Clemson University English Department, where he taught History of the Language, Word Study, American Literature, interdisciplinary humanities, and creative writing for 42 years. He continues to publish in the South Carolina Review, Weekly Hubris, and KYSO Flash. He is the author of Anecdotes and Antidotes (Serving House Press, 2019).

Philosophy Plus: Anthropology and the Study of Humanity

10 Thursdays, January 25 to March 28, although group often meets between terms 1:30 p.m. to 3:00 p.m. **Cheezem Education Center** Tuition: \$65

This discussion group, now in its 19th year, is Clemson OLLI's longest running offering. Participants spend the first portion of class watching a video lecture, which informs the lively discussion to follow. Videos are available to registrants anytime; each discussion is freestanding. Owing to the wide interests within the group, digressions are frequent. This term's topic is "Anthropology and the Study of Humanity." What does it mean to be human? Where did we come from, and what unites us in our diversity today?

Video lectures feature Scott Lacy, Associate Professor of

Sociology and Anthropology at Fairfield University. A discussion group member leads the conversation.

COURSES

The David Pope Case: A 1972 Cold Case Homicide

Monday, January 22 9:00 a.m. to 12:00 p.m. **Cheezem Education Center** Tuition: \$29

Is this the plot of a fictionalized crime show? A twoyear-old boy had been starved, tortured, beaten, and murdered. The suspect got away with this homicide for 22 years and continued abusing another stepson and five of his own children. Unfortunately, no, this story is true - a case that spanned more than twenty years. This lecture explores the crimes, the grand jury presentation, and the trial details. Audio recordings of 911 telephone calls and graphic, detailed photos illustrate the lecture, and your instructor outlines two additional homicides that intertwined with this investigation. Note: Class includes use of audio and visual images some may find disturbing.

Thomas Aiken served 30 years with the New York State Police with 25 years working on or supervising major cases and units. He has worked more than 100 homicides and attended at least 100 autopsies; his agency worked the entire state of New York.

New! Bob Dylan

Monday, January 22 1:00 p.m. to 3:00 p.m. **Cheezem Education Center** Tuition: \$19

Explore the amazing and sometimes puzzling career of Bob Dylan, an artist whose music changed American society and influenced countless other musicians, and who is still creating and performing. We will look at some of the interesting twists and turns in his lengthy career and sample some of his distinctive music. This class is excellent for attending a performance of Girl from the North Country, the new musical based on Dylan's songs and on stage at the Peace Center this winter. For more information on OLLI's excursion to see the show, turn to the section on Day and Half-Day trips.

Charles Blakely is a graduate of Erskine College, Union Theological Seminary in Virginia, and Duquesne University. He has taught at the University of South Carolina and Presbyterian College, and previously taught courses in the history of rock and roll music for Clemson OLLI, Furman OLLI and for Anderson University's Lifelong Learning Institute. He is a child of the 60s, went to many rock concerts, and has a large record collection.

Getting Up and Getting Stronger

8 Tuesdays, January 23 to March 12 9:00 a.m. to 10:15 a.m. **Cheezem Education Center** Tuition: \$75

Have you ever regretted getting down on the floor to play with pets and/or grandchildren, wondering if you were ever getting up again? This therapeutic and meditative eight-session course incorporates yoga poses, exploratory "yoga-ish" strengthening exercises and functional movement work. Increase your confidence and ability in moving through everyday activities. Methods to be better in tune with your body, such as brief meditations and breathwork, are also included. Bring a yoga mat (or let OLLI know you need to borrow one) and a water bottle; wear comfortable flexible clothing.

Renee Gahan has been teaching yoga and meditation at Clemson University since 2011 and has taught in the broader community since 2002. Through her decades of teaching, study, and practice, she has developed a selfcare toolbox for people of any age and background to feel better in their bodies, their relationships, and their lives.

Beginning Mah Jongg

4 Tuesdays, January 23 to February 13 11:00 a.m. to 12:30 p.m. **Cheezem Education Center** Tuition: \$29

Mah Jongg (American version) - not the type we play on our laptops - is a tile-based game that originated in China during the Qing dynasty. Games scholar David Partlett wrote that it shares common origins with such Western card games as Rummy, based on "draw and discard" practice. Join this hands-on course to learn the basics, understand the phrase "crack, bams, and dots" and what is meant by dragons, winds, and flowers. Whether you played in the past or are a true beginner,

this course will help you master the finer points and experience what players say about "the love of the game!" Students are encouraged to join the OLLI Mah Jongg Special Interest Group to continue building their skills.

Janice Dieter, Joan Servis, and Sue Sprott are the OLLI Mah Jongg teaching team. Together they have a combined 2,000 hours of playing time.

Intermediate Tai Chi

10 Tuesdays, January 23 to March 26 11:00 a.m. to 12:30 p.m. **Cheezem Education Center** Tuition: \$119

Tai Chi (Taijiquan) is practiced widely around the world and is renowned as a system of training which enhances health, balance, and well-being through a series of postures that are practiced slowly and with attention to alignment and relaxed movement. While many of the concepts go back to ancient times, the first complete forms are credited to the Chen Village in China, from the 1700s. This intermediate class will offer deeper insights and training of the 24 movement Yang Tai Chi form, as well as more detail on the meditative and martial aspects of the system. At the instructor's request, students must have taken at least three sessions of OLLI's Tai Chi course before signing up for Intermediate Tai Chi. Any exceptions must have instructor's permission.

Gary Carbone has 35 years studying Tai Chi (Taijiguan), Xingyiquan, Bagua Zhang, Yiquan, Shaolin Kung Fu and Isshin Ryu Karate, and is a 7th generation lineage holder from Master Chen Jun Hao of Taiyuan, Shanxi Province, China. He loves sharing these arts with others.

New! The Holocaust: 1931 – 1939

10 Tuesdays, January 23 to March 26 11:00 a.m. to 12:30 p.m. **Cheezem Education Center** Tuition: \$65

On January 30, 1933, Weimar Republic president Paul von Hindenburg appoints Nazi leader Adolf Hitler to the position of chancellor, securing the dictatorship of Germany. One of his major goals was the elimination of the Jews, and as the laws began changing, their treatment by the Nazis began to degrade. When September 1, 1939, arrives, Hitler unleashes Blitzkrieg, a "lighting war" on the population. With the takeover of Poland, he has within his reach three million Jews, which he systematically begins killing. This course explores the time of the rise of the Nazi Party up to the German invasion of Poland on September 1, 1939, which is considered the beginning of WWII.

Lucy Hoffman graduated from Clemson University with a master's degree in history and taught for eight years at Greenville Tech. She has written six books, one in which she interviewed 13 Upstate Vietnam Veterans on their experiences.

Tai Chi

10 Tuesdays, January 23 to March 26 1:00 p.m. to 2:30 p.m. **Cheezem Education Center** Tuition: \$119

Tai Chi (Taijiquan) is practiced widely around the world and is renowned as a system of training which enhances health, balance, and well-being through a series of postures that are practiced slowly and with attention to alignment and relaxed movement. While many of the concepts go back to ancient times, the first complete forms are credited to the Chen Village in China, from the 1700s. The Tai Chi form known as "Tai Chi 24" will be taught, form by form. The instructor will explain basic yet very important principles, e.g., rooting, sung (relaxation), and six directions.

Gary Carbone has 35 years studying Tai Chi (Taijiquan), Xingviguan, Bagua Zhang, Yiguan, Shaolin Kung Fu and Isshin Ryu Karate, and is a 7th generation lineage holder from Master Chen Jun Hao of Taiyuan, Shanxi Province, China. He loves sharing these arts with others.

New! Fitness for All Ages

4 Tuesdays, January 23 to February 13 3:00 p.m. to 4:30 p.m. **Cheezem Education Center** Tuition: \$45

Want to move more but not sure where to start? Need to improve your energy levels and mobility? Here you will learn movements that are safe and effective for improving strength and mobility as you age and will in aid in delaying the potential need for assistance in daily activities such as help to sit or stand. Participants will progress at a pace individualized to meet each person right where they are. We look forward to helping you

feel better, sleep better, and improve your ability to enjoy life to the fullest!

Cameron White has owned Crossfit Clemson for five years. She is passionate about helping individuals at various fitness levels improve their health and wellness. Elisa Turner is a licensed Doctor of Physical Therapy. Together with her husband, they own AMP Physical Therapy & Performance in Clemson.

New! Along the Western Trails in our National Park System

Wednesday, January 24 1:00 p.m. to 2:30 p.m. Zoom Virtual Classroom Tuition: \$19

According to the US National Park System, "National Historic Trails paint a colorful picture of our nation's diverse history . . . and follow past routes of exploration, migration, struggle, trade, and military action." In this course, we will travel more than 10,000 miles as we follow the Santa Fe, California, Oregon, Mormon Pioneer, Pony Express, Lewis and Clark, and Butterfield Overland National Historic Trails through major landmarks and the parks that tell their stories.

David Kroese left a 25-year career in the corporate world to pursue his personal interests, becoming one of fewer than a hundred people known to have visited all 400+ National Park Service units in December 2017. Over the past decade, David has logged over 1,500 visits and 4,500 trail miles exploring NPS sites across the country. David wrote of his experiences in the first published narrative through all the NPS sites, The Centennial: A Journey through America's National Park System.

New! Heroes and Inspirational Stories in America's **National Park System**

3 Mondays, January 29 to February 12 10:00 a.m. to 12:00 p.m. Zoom Virtual Classroom Tuition: \$37

In the course, we will visit parks across the National Park Service's twenty-eight designations to tell stories of courage, determination, perseverance, and brotherly love.

David Kroese left a 25-year career in the corporate world to pursue his personal interests, becoming one of fewer than a hundred people known to have visited all 400+ National Park Service units in December 2017. Over the past decade, David has logged over 1,500 visits and 4,500 trail miles exploring NPS sites across the country. David wrote of his experiences in the first published narrative through all the NPS sites, The Centennial: A Journey through America's National Park System.

Make Drawing a Habit

6 Tuesdays, January 30 to March 5 1:00 p.m. to 2:30 p.m. **Cheezem Education Center** Tuition: \$59

We will discuss drawing as a record and as an exploration of things around us and we will consider drawing as a form of meditation. We will study elements of design, such as proportion and negative space. Emphasis will be on process, not product. In class, students will use simple drawing tools and sketchbooks as they draw natural and manufactured objects selected for this purpose. A supply list will be provided upon registration.

As a professional garden designer, over a period of 45 years, Tom Pellett designed gardens in Austin, Greensboro, the Memphis area, north Mississippi, and east Arkansas. He has been filling sketchbooks for 50+ years and painting with watercolors for about 25 years. Tom's gardens have been featured in several books and periodicals. His academic degree is a BFA from the California College of Art.

New! Warm Up Your Winter with Homemade Soup and Bread

Session A: Thursday, February 1 Session B: Wednesday, March 6 3:00 p.m. to 6:00 p.m. **Cheezem Education Center** Tuition: \$45

There's nothing quite so cozy or as mouthwatering as a bowl of soup accompanied by homemade bread. Whether you're surrounded by a group of friends or family spooning ladles-full all around, or enjoying it on your own, there's no better way to warm up. Additionally, soups stretch your dollar and freeze well. We will make several soups using everyday ingredients. We will also make Naan (bread) to accompany. Come hungry! We will share our creations and you will take home a few containers to enjoy another day. Note that

this class offers a new menu from previous classes.

Susan Hansen has spent over 30 years creating and cooking all sorts of culinary delights in her kitchen, at Clemson OLLI and in various public eateries. She enjoys teaching others and bringing out each participant's "inner chef!"

New! The Gershwins' Porgy and Bess: A Folk Opera on Broadway

Thursday, February 1 6:30 p.m. to 8:30 p.m. **Cheezem Education Center** Tuition: \$19

Porgy and Bess opened at the Alvin Theatre in New York City on October 10, 1935, running for 124 performances before the production ended in financial ruin. Billed as an "American folk opera," George Gershwin, his brother Ira, and the author and co-librettist DuBose Heyward crafted an intense musical drama that ultimately spawned a furious debate about musical style and form, authenticity, race, discrimination, prejudice, and national identity. The music and lyrics, however, have survived the almost 90 years of controversy, assuming a stature unsurpassed in the American operatic repertoire. The program is highlighted by an examination of intimate correspondence between Gershwin and Heyward, archival recordings, the composer's film footage of a rehearsal, newspaper reviews and photographs, and Wyatt's 1989 interviews with the artists who first portrayed the title characters, Anne Brown and Todd Duncan, and songwriter Kay Swift, who was the nearest to being a true love in George Gershwin's life.

Explore this pivotal work from its beginnings to its revivals in a lively evening led by Gershwin scholar and pianist Robert Wyatt. He will be presenting via Zoom as part of the Smithsonian Associates program.

New! Guess Who's Coming to Dinner: The Art of **Baroque Master Peter Paul Rubens and Antwerp Tour**

Monday, February 5 10:00 a.m. to 11:30 a.m. **Cheezem Education Center** Tuition: \$19

If you were to have dinner and conversation with anyone from the past, who would it be? In this course we will examine some of the works of the great painter Peter Paul Rubens and many of the stylistic elements

of the Baroque artists. In our conversation with Rubens, we will ask him about his favorite works and his characteristic techniques. Next, we will embark on a virtual tour of Antwerp, where Rubens painted most of his masterpieces and one of the great art cities in the world.

Stephen Wainscott is a retired political science professor and director of Clemson's Honors College. Since 2005 he has visited Belgium sixteen times and has led thirteen study abroad programs there. As a result, he has developed deep interests in Northern Renaissance art, the First World War, the history and development of the European Union, and the European sovereign debt crisis. In addition to his academic interests, he is an avid competition barbecue enthusiast.

Staying on Your Feet: Practical Methods to Stay **Healthy and Prevent Future Falls**

Tuesday, February 6 9:00 a.m. to 10:30 a.m. Historic Ballenger House Tuition: \$19

More than one out of four Americans aged 65 years or older falls each year, and fall risks increase with each decade of life. But falls are not inevitable and can be prevented! In this course we will discuss risk factors related to falls as well as feasible ways to promote wellness and prevent future falls and injuries.

Jessica Francois is a board-certified clinical specialist in geriatric physical therapy. She has been practicing physical therapy in the upstate South Carolina area for the past 5 years and is passionate about balance training and fall prevention for individuals of all ages.

Estate Planning

2 Tuesdays, February 6 and 13 11:30 a.m. to 1:00 p.m. Historic Ballenger House Tuition: \$29

Review the most important elements of estate planning in South Carolina in this valuable discussion that includes vital subjects such as wills, trusts, powers of attorney, probate, estate taxation, and healthcare planning. The course will explain documents and techniques that every family should pursue as well as some that should be avoided. A question-and-answer session will follow each discussion. Plan to bring a pen and paper for copious notetaking.

William K. Hubbard attended Clemson University for his undergraduate studies in agricultural engineering and pursued law school at the University of South Carolina. His law practice focuses on estate planning, probate and trust related work. Ashton R. Gottschall attended the University of South Carolina Upstate for his undergraduate degree in political science and the University of South Carolina School of Law for his law degree. He focuses on estate planning and serving local business owners, entrepreneurs, and Homeowner's Associations as general counsel.

New! Nixon's Resignation Reconsidered

4 Tuesdays, February 6 to 27 1:00 p.m. to 2:30 p.m. **Zoom Virtual Classroom** Tuition: \$45



On the 50th anniversary of the resignation of President Richard M. Nixon, perhaps it is time to admit that much of the nation was mistaken. The events beginning with the break-in of the Democratic National Committee at the Watergate complex may seem familiar. But much of what we think we know is wrong. Following the scholarship of Jim Hougan and other researchers, we will discover what happened during the time leading up to the so-called "burglary" and the events that followed climaxing with Nixon's flight from the White House. The course will be comprised of lectures with abundant historical images and class discussion.

John Powers, M.F.A., is a writer and director with experience in theater and film. Drawing on recent US history as source material for several productions, he has also developed this material into provocative classroom engagements, such as "Nixon and the Pentagon Papers," "1968: The Year That Rocked," and "Pearl Harbor Reconsidered." He has been an OLLI instructor since 2013.

A Carousel of Arias from Italian Operas

4 Wednesdays, February 7 to 28 10:00 a.m. to 11:30 a.m. **Cheezem Education Center** Tuition: \$45

In the past 20 years American audiences have been introduced to the 3 Tenors (Jose' Carreras, Placido Domingo and Luciano Pavarotti), Andre' Rieu, Andrea Bocelli and others; many of the featured musical

performances were "Arias" from such Italian opera composers as Verdi, Rossini, Puccini, and Leoncavallo. These "Arias" are self-contained pieces for one voice or musical "chapters" of a much longer, complex story narrated in a specific Opera. Students will hear these short musical parts, compare the Italian texts to their English translations, and learn where these musical chapters fit into the context of the plot. Learn the message of these familiar pieces and engage more deeply with their emotional meaning.

Young Marina Viotto Joyce's parents exposed her to the culture of the operas and shared their awe for a composer or a singer. When she became a teenager, those arias were stashed in mothballs, as the Beatles and Rolling Stones made their entrance on the musical scene. Now, 50 years later, she wishes to share her rediscovery of this genre of "adult" music.

New! The Worlds of Benjamin Franklin

Thursday, February 8 6:30 p.m. to 8:00 p.m. **Cheezem Education Center** Tuition: \$19

Rivaled only by George Washington, Benjamin Franklin was, at his death in 1790, the most famous man in America. Born the tenth and youngest son of a decidedly humble candle-maker in Boston in 1706, Franklin's rise to prominence and power, first in Philadelphia and then in London and Paris, was nothing short of meteoric. His first public achievements—in business, science, philanthropy, politics, and diplomacy—were remarkable in his day, and even more so by the standards of our own. Yet for all we know about Franklin the icon, aspects of the man still elude us and his many contradictions remain both puzzling and glaring. For example, he treasured his identity as a proud subject of the British Empire right up until the moment he embraced the role of American revolutionary. He also owned enslaved persons for most of his life, only to decry slavery in the harshest possible terms in old age. He nurtured a loving marriage and a large and doting family even while flirting with an array of star-struck women and severing all ties with his oncefavored son and heir. How can we merge these several Franklins into one? Or should we even try?

Richard Bell, a professor of history at the University of Maryland, argues that it's Franklin's many faces that make him so compelling. Both ordinary and extraordinary, Franklin—the man with nine fascinating lives—winks at us from across the centuries and dares us to wink back. He will be presenting via Zoom as part of the Smithsonian Associates program.

Edible Valentine Arrangement

Monday, February 12 Session A: 9:00 a.m. to 12:00 p.m. Session B: 1:00 p.m. to 3:00 p.m. **Cheezem Education Center** Tuition: \$39

Chocolate has been considered an aphrodisiac food since the Aztecs, who believed it contains a substance that inflames desire and makes the beloved one more open to romance. Enjoy a lesson in the delights of crafting dipped chocolate treats in this interactive class! We will learn about tempering chocolate and will dip strawberries, pretzels and more. You will then create a delicious Valentine candy arrangement to take home or give to your sweetheart!

Susan Hansen has spent over 30 years creating and cooking all sorts of culinary delights in her kitchen, at Clemson OLLI and in various public eateries. She enjoys teaching others and bringing out each participant's "inner chef!"

New! Beginning Digital Photography

3 Wednesdays, February 14 to 28 11:00 a.m. to 12:30 p.m. **Zoom Virtual Classroom** Tuition: \$35



In this highly interactive course, you will learn the basics, like those dials on your camera; those mysterious menu items; composition; f/stops, shutter speeds, exposure meter and how they all work together; ISO and White Balance; Different types of lenses; the #1 solution to the #1 problem in photography; and more! Participants must bring cameras, lenses, and their camera manuals to each session, for class exercises and demonstrations.

Eli Vega is a highly published and award-winning photographer and author. He has been a professional photographer for over 20 years. He has offered this course at three other Osher Lifelong Learning Institutes and is the author of the book Right Brain Photography by Eli Vega.

New! Writing a Legacy Letter

Thursday, February 15 11:00 a.m. to 12:30 p.m. **Zoom Virtual Classroom** Tuition: \$19



A legacy letter (also called an "ethical will") is a written document that allows you to share your life lessons, express your values and transmit your blessings to future generations. A legacy letter is shorter than a memoir, typically just a few pages. Writing one is a rewarding experience that creates an enduring gift for family, friends, and loved ones. This one-session workshop includes discussion and brief writing exercises to help you examine your life history, explore your values, and capture important insights. It offers advice, encouragement, and a model structure to help you draft and complete your own legacy letter.

Jay Sherwin has practiced law, given away money for five charitable foundations and served as a hospital chaplain. In 2019, he created the Life Reflections Project to educate people about legacy writing. Jay has extensive experience facilitating adult learning programs and he has taught this course for OLLI programs nationwide. He has a BA from the University of Pennsylvania and a JD from Northeastern University School of Law.

Band of Brothers - D-Day and the Invasion of Normandy

5 Tuesdays, February 20 to March 19 10:00 a.m. to 1:00 p.m. **Cheezem Education Center** Tuition: \$75

June 6, 1944, was one of the most monumental days of the 20th century. After five years of war, and four years of German occupation of France, the Allies finally take the war to the European continent. D-Day was perhaps the most significant military undertaking, ever - the largest amphibious and airborne operation launched, heretofore. In this 5-session, 15-hour course we will focus on the American portion of that day. We will take an in-depth look at the US operations, beginning with the airborne landings by the 82nd and 101st Airborne Divisions. Additionally, Utah and Omaha Beaches and the daring assault by the Rangers, scaling the cliffs of Pointe du Hoc are examined in detail. From the highestranking generals to the youngest draftee private, we will meet the soldiers, sailors, and airmen who were the heroes of the day. A battlefield tour to Normandy will be conducted in September 2024 and is open to those who attended the course.

Military historian and Colonel (retired) Lawrence Saul served for 34 years in the US Army, including tours in Germany, Holland, Belgium, England, Kosovo, and other locations. He was one of the last veterans of the Vietnam War still serving on active duty when he retired in 2008. A Battlefield Tour Guide, he has a BA in History from Georgia State University as well as two master's degrees. He previously taught this OLLI course to outstanding reviews.

New! Understanding Social Security

Wednesday, February 21 1:00 p.m. to 2:30 p.m. **Cheezem Education Center** Tuition: \$19

The future of Social Security as a defined benefit program (a combination of pension and insurance policy) is very much on the minds of older adults in this election year; this program currently serves more than 65 million Americans. This class will trace its history and the challenges and choices that lie ahead for ensuring its ability to pay benefits in the future.

Holley Ulbrich is a frequent OLLI instructor. She is a retired economics professor from Clemson University specializing in public finance, including 15 vears teaching Political Economy and Public Policy in Clemson's doctoral program in policy studies. She has extensive experience in public policy and serves on the South Carolina Retirement Services Investment Commission.

New! The Wyeth Dynasty: The Worlds of N.C., Andrew, and Jamie Wyeth

Thursday, February 22 6:30 p.m. to 8:30 p.m. **Cheezem Education Center** Tuition: \$19

For a relatively young nation, America has produced a surprising number of artistic dynasties: the Peale family, the Calders, and spanning the 20th century, the Wyeths of Chadds Ford, Pennsylvania. The patriarch painter, N.C. (Newell Convers) Wyeth, a founder of the Brandywine School, was the famed illustrator of popular editions of novels including Treasure Island, Kidnapped, and The Black Arrow. N.C.'s youngest son, Andrew, refused to become an illustrator like his father. Instead, he chose to paint the residents and the rural landscapes around Chadds Ford and his summer home in Cushing, Maine. His paintings—including one of the best-known

works of American art, Christina's World-are marked by austerity and have a melancholic, mysterious, even surreal quality. At his death in 2009, Andrew Wyeth was hailed by some as the greatest American realist painter. His son Jamie Wyeth, the third generation of Wyeth painters, continues the family tradition into the 21st century, forging his own distinctive artistic style.

Art historian Bonita Billman highlights the extraordinary body of work the Wyeths created. She is an independent lecturer, retired from the department of art and art history at Georgetown University. She will be presenting via Zoom as part of the Smithsonian Associates program.

Frankenstein: The Doctor, the Monster, and the **Woman who Created Them**

Wednesday, February 28 11:00 a.m. to 12:30 p.m. Historic Ballenger House Tuition: \$19

In 1816, a 17-year-old British teenager was playing a parlor game with her future husband and several friends when she began to tell a story that so captivated their imagination that one of the most famous fictional characters in the world was born - Frankenstein. Discover three aspects of the Frankenstein "biography": the author of the novel, Mary Wollstonecraft Shelly and her peculiar life and times; the original story of the Doctor and his Creation; and the evolution of the story from the original silent film version, to Boris Karloff, through the Mel Brooks classic. Please join us for an unusual look at the classic character known as Frankenstein!

Jim Maurer is a recently retired policy writer for the State of South Carolina with a lifelong interest in history and the biographies of fascinating people. He is a graduate of St. Bonaventure University and has recently been an instructor at both Clemson OLLI and OLLI at Furman University, where he made presentations of interesting people such as Winston Churchill, Samuel Clemens, and Harry Houdini.

New! Container Gardening

Wednesday, February 28 2:00 p.m. to 3:30 p.m. Historic Ballenger House Tuition: \$19

Container gardens are terrific "utility players" in the

landscape as they can be whimsical, traditional, and seasonal, even while providing year-round interest. But how do you create the pot of your dreams? We'll cover the basics of design, plant choice, maintenance, and care. Along with the basics it's nice to think outside of the box sometimes as well. Join us for a fun-filled demonstration sure to keep you entertained.

Susan Bynum has been a Master Gardener since 2004 and worked for Millcreek Greenhouses in Columbia, SC for 13 years. She is now happily playing with Cherry Street Market Place in downtown Seneca, designing landscapes and containers.

New! Mastering Video Streaming: Platforms, **Technology, and Strategies**

Wednesday, February 28 1:00 p.m. to 3:00 p.m. **Cheezem Education Center** Tuition: \$19

Dive into the dynamic world of internet video streaming in this session that provides you with an in-depth understanding of today's leading streaming platforms, including YouTube TV, Hulu+, and various internet streaming services offered by cable providers. You'll learn about the technology behind streaming, compare pricing options, and receive practical tips through live demos. The session concludes with a robust Q&A period, answering all your streaming queries.

An electronics engineer originally from Greenville, SC, Jav Browder's career spanned from AT&T to Broadcom, Inc., with expertise in modem design and semiconductor sales. Retiring early, he now enjoys photography, aviation, and exploring artificial intelligence.

New! The Women Who Helped Defeat Hitler: **Espionage, Sabotage and Resistance**

Thursday, February 29 11:00 a.m. to 1:00 p.m. **Cheezem Education Center** Tuition: \$19

This course will explore government agencies created in WWII (OSS and SOE) specifically to perform undercover operations with an emphasis on their most notable female spies and the missions they led. We will explore training, tactics, successes, and the price paid for their work. We will also discuss the Resistance movement as it relates to their work.

As a child **JoAnn Panza** grew up in a community of Hungarian Jews who survived the horrors of concentration camps. As an adult, in the healthcare profession, she had the privilege of treating many WWII veterans. The accounts of their experiences inspired many years of independent research culminating recently into the incredible history of female spies. It is JoAnn's desire to share the story of the women who helped defeat Hitler and make them household names.

New! The Heavy Water War: Stopping Hitler's Atomic **Bomb**

Friday, March 1 1:00 p.m. to 2:30 p.m. Historic Ballenger House Tuition: \$19

On the night of February 27/28, 1943, one of the most daring acts of sabotage against the Nazis occurred on a remote mountainside when Norwegian commandos managed to infiltrate and destroy a heavily guarded facility in Vemork, Norway that produced "heavy water," a critical element in the development of a nuclear bomb. Learn about this daring raid, which was one of a series of attempts at Vemork (several of which ended in catastrophic failure) which came to be known as the Heavy Water War-the Allied attempt to thwart Germany's efforts to develop an atom bomb. If you've seen the movie "Oppenheimer" you know how concerned the Allies were that Germany would get the bomb first; this is the story of why that never happened.

Timothy Boyce practiced law for many years, most recently serving as the Managing Partner of the Charlotte, NC office of Dechert LLP, an international law firm. He holds an M.B.A. from The Wharton School of Finance, and a J.D. from the University of Pennsylvania Law School. He received a B.S. from Georgetown University.

New! How to Crack the Long-Term Care Code

4 Mondays, March 4 to 25 3:00 p.m. to 4:30 p.m. **Cheezem Education Center Tuition: \$45**

Understanding and preparing for long-term care (LTC) for you and your loved ones is something that we often shy away from but shouldn't. Eight of ten people want to receive care at home, which can be expensive - LTC is defined as when a physician states that assistance is needed to perform two of the six activities of daily

living. Here we will examine ways to prepare for LTC needs, including Medicare funded home health, Medicaid spend down and investments which trigger a tax-free benefit, if LTC is needed. We will look at selfinsuring, ways to decide on a caregiver or agency, and why the old model of LTC insurance no longer works.

Since 2010, Amanda Stillwell has been working with the complexities individuals and their families face while entering and during retirement. While working in home health and hospice, she saw first-hand the hardships faced when individuals do not know how to access their benefits or when they do not have an appropriate plan in place. Now as a Series 65 fiduciary and licensed insurance broker she is able to utilize her past experience to help families prepare.

New! Growing and Using Herbs in the Upstate

Tuesday, March 5 3:00 p.m. to 4:30 p.m. **Cheezem Education Center** Tuition: \$19

Growing your own herbs can be so rewarding but there can be a few challenges along the way; this course will cover the basics of growing most herbs and the culinary pleasures they can bring into your home. Topics include the what, where and how of both annual and perennial herbs, soil and light needs, watering, harvesting, and pest management. Don't miss this fun and informative session full of gardening solutions and tasty ideas!

Jeanne Guidi was a professional grower of herbs, perennials, ornamental shrubs for over 23 years in both zones 7 and 8. She has been growing, using, and preserving herbs for over 35 years. Her interest in herbs developed from living in Aix-en-Provence for a year. Since retiring from growing, Jeanne has been developing a landscape design business.

Beginner Stained Glass

6 Weekdays, March 7, 8, 11, 12, 14, and 15 1:00 p.m. to 4:30 p.m. Kathy Carroll's Studio, Seneca Tuition: \$65

The earliest forms of glassmaking occurred nearly 3,000 years ago, and colored window glass dates back 1,350 years—yet our fascination with the art form continues. Discover the secrets of creating your own masterpiece from glass; learn stained glass terminology and the history of the art. Through hands-on practice,

participants will become familiar with modern tools, equipment, and techniques, as each student fabricates a unique 9"x18" stained glass panel.

Favorite OLLI instructor Kathy Carroll has crafted with glass for more than 30 years. She has taken workshops and attended conferences in various locations throughout the United States, and has worked with cold glass, slumped and fused glass, and blown glass. She has taught stained glass classes, as well as created commissioned work.

The Birth, Life, and Death of a Star

Monday, March 11 11:00 a.m. to 12:30 p.m. Historic Ballenger House Tuition: \$19

Almost everything seen in outer space is deeply affected by gravity - from solar system orbits to nearby stellar clusters and colorful nebulae, to the faraway galaxies, photographed by the Hubble Space Telescope. Gravity gathers mass, concentrates it to form a star, produces the pressure necessary for the atomic reactions which make a star shine and evolve, and finally causes a star to collapse into a massive explosion, leaving behind a white dwarf, a pulsar, or a black hole. Then, with mass ejected by such explosions, the process is repeated to form next generation stars. Magnificent deep space photographs of all of these things will be shown and described in a nontechnical manner.

Myles Standish, Ph.D. in astronomy from Yale, spent most of his career at Caltech's Jet Propulsion Laboratory, providing accurate planetary positions to the spacecraft navigation team as well as to the world's major almanac offices. He has spoken at professional meetings, astronomy departments, civic groups, and was a guest lecturer on the Queen Mary II. Asteroid "3420 Standish" was named in his honor.

New! Decoding Tinnitus - Facts, Myths, and Pathways to Relief

Monday, March 11 2:00 p.m. to 3:30 p.m. Historic Ballenger House Tuition: \$19

In this conversation, we delve into the intricate realm of tinnitus—a condition impacting millions worldwide, entailing the perception of persistent sounds such as ringing, buzzing, or humming in the ear or head. While some endure this phenomenon without disruption, for others, it casts a profound shadow upon their quality of life. This course enlightens attendees on the anatomical intricacies and physiological underpinnings, the etiologies, and explores an array of management options for tinnitus. We seek not only to educate but to infuse a sense of optimism and reassurance to those grappling with tinnitus.

Dr. Alexandra Tarvin, Board Certified in Audiology, specializes in hearing impairment, tinnitus, and auditory sensitivity disorders. Her dedication lies in empowering communities through comprehensive education on audiological care and evidence-based practice. The establishment of Elevate Audiology in 2018 marks her commitment to delivering patientcentric care and providing transparent treatment options within our community.

New! Election Integrity and the Machines: what are the Risks?

2 Mondays, March 11 and 18 5:00 p.m. to 6:30 p.m. **Cheezem Education Center** Tuition: \$29

Election integrity is a hot button issue in recent years, especially since the 2020 election. In this course we will examine and evaluate the risks associated with voting software and hardware, as well as the voting process itself. We will review secure software development practices to see whether the appropriate due diligence has been applied to the systems involved in our elections. We will evaluate potential vulnerabilities and design flaws (is it a bug or a feature?) for the systems and associated networks. Once the reviews are complete, we will perform a risk-based analysis to determine whether the class believes the voting systems are safe to use. Technical expertise is not required!

Julie Baker is a seasoned security professional with over 30 years of information technology and information security experience. She is currently the CISO of a local financial services company after working for TD Bank, one of the largest banks in Canada and the US. She established TD Bank's first Cyber Innovation Center in Tel Aviv. Prior to TD, Julie worked on Wall Street for Citigroup and Deutsche Bank in different information security and information technology roles.

New! Transcendentalism in Our DNA

2 Wednesdays, March 13 and 20 1:00 p.m. to 2:30 p.m. **Cheezem Education Center** Tuition: \$29

The transcendentalists of 19th century New England were few in number but profound in their influence on education, social movements, religion, philosophy, and literature. Among the social movements they contributed to were abolition of slavery, suffrage for women, and respect for the environment. In this course we will look at the ideas of Emerson, Thoreau, Bronson Alcott, Margaret Fuller, Theodore Parker and the Peabody sisters and their continued influence on 20th and 21st century America.

Holley Ulbrich is a veteran OLLI instructor with a Master of Theological Studies degree from Emory University. She teaches courses in religion and in economics.

3 Astronomical Tales in 2 Hours: All True - One Serious: the Others, Not

Thursday, March 21 11:00 a.m. to 1:00 p.m. **Cheezem Education Center** Tuition: \$19

3 Tales (i.e., stuff that an astronerd studies): First, we explore a brief light-hearted tale of the unluckiest guy who ever tried to observe the Venus transits of 1761 & 1769. Then, enjoy a rather comical story about the solar eclipse of 1780: the coast of Maine, the Revolutionary War, British-held waters, Murphy's Law, a blunder, and finger-pointing, complete with an embarrassed miscreant. Finally, examine Galileo's discovery and positional measurements of Jupiter's four major satellites. They serve as an early example of empirical science: believe in what you see, not in what you are told. This non-technical talk includes a very surprising fact, discovered only in 1979.

Myles Standish, Ph.D. in astronomy from Yale, spent most of his career at Caltech's Jet Propulsion Laboratory, providing accurate planetary positions to the spacecraft navigation team as well as to the world's major almanac offices. He has spoken at professional meetings, astronomy departments, civic groups, and was a guest lecturer on the Queen Mary II. Asteroid "3420 Standish" was named in his honor.

New! Osteoporosis: What Should I Be Doing to Prevent Further Bone Loss?

Tuesday, March 26 9:00 a.m. to 10:30 a.m. **Cheezem Education Center** Tuition: \$19

Osteoporosis is a disease affecting approximately 10 million Americans, and accounts for more than two million broken bones each year. Yet it has no obvious symptoms! In this course, we will explore what an osteoporosis diagnosis means for you or your loved ones. We will also address common questions by reviewing exercise recommendations, nutrition, and movement techniques focused on preventing injury and bone loss.

Jessica Francois is a board-certified clinical specialist in geriatric physical therapy. She has been practicing in the upstate South Carolina area for the past 5 years and is passionate about teaching health and wellness topics for seasoned adults.





Code of Conduct FOR MEMBERS AND INSTRUCTORS OF OLLI AT CLEMSON UNIVERSITY

OLLI at CU is a community of intellectually active mature adults. Membership entails mutual respect among members and instructors as they pursue knowledge and explore individual interests. Failure to treat ideas, viewpoints, the classroom environment and interests of other members of the community with respect and civility compromises the intellectual climate at OLLI, and cannot be tolerated. The OLLI administration and volunteer leadership are responsible for ensuring that the Code of Conduct is being followed in all OLLI-sponsored programs.

This OLLI at CU Code of Conduct is congruent with that for students at Clemson University (www.clemson. edu/administration/student-affairs/student-handbook/code-of-conduct) in promoting behavior that enables enlightened discourse among individuals.

REGISTRATION FORM

Membership And Registration Form - Winter 2024

Please fill out completely, even if you think we have this information on file.

Name:				
Street Address:				
City/State/Zip:				
Phone:		Email Address:_		
How did you hear	about us?			
Gender: Female [☐ Male ☐	Date of 1	Birth (Month, Year):	
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Email Communica	ation: Yes	No 🗆		
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REGISTRATION FORM

Membership And Registration Form - Winter 2024

Please fill out completely, even if you think we have this information on file.

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Street Address:				
City/State/Zip:				
Phone:		Email Address:		
How did you hear a	about us?			
Gender: Female [☐ Male □	Date of Bi	irth (Month, Year):	
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REGISTRATION INFORMATION

4 Easy Ways to Register

- Online: www.olliatclemson.org, click the link "online registration" (credit card payment only)
- By Phone: 864-633-5242 (credit card payment only)
- By Mail: 100 Thomas Green Blvd. Clemson, SC 29631 (check or credit card payment)
- In Person at the Cheezem Education Center, Monday through Friday, 9:00 a.m. to 4:00 p.m. (cash, check or credit card payment)

Refund/Cancellation

If you must cancel your registration in an OLLI Course, a full or partial refund may be available to you. Our current refund procedures are listed on our website, www.olliatclemson.org. All Members are encouraged to review this information when registering.

If an OLLI Course is cancelled, you will receive a full refund. Payments made by cash and check will be refunded as course credit in your OLLI account; payments made by credit card will be refunded to the credit card.

Wait List

If the Course you have requested has filled prior to receiving your registration, you will automatically be placed on a waiting list for the Course. Should space become available, you will be contacted and given the opportunity to enroll. You will not be charged for the Course until you are enrolled.

Liability Waivers

OLLI members who are enrolled in higher risk Courses may be required to sign Waiver and Release of Liability Forms before participating. For more information, visit our website, www.olliatclemson.org.

Accessibility

OLLI at Clemson University is committed to an inclusive and accessible environment for all OLLI Members, and as a Clemson University Institute, follows the spirit of Student Accessibility Services, which can be found at www. clemson.edu/academics/studentaccess. If you have questions about accessibility for a Course, please contact the OLLI office at olli@clemson.edu or 864-633-5242; all correspondence will be confidential.

Graduate Research

On occasion, Clemson University faculty and students are interested in working with OLLI Members on research projects specific to engaged aging. Opportunities to participate in such studies will be announced to the OLLI membership via the weekly e-newsletter, and your personal involvement is entirely at your discretion. We do not share your contact information with any group or individual.

Membership Fees

A nonrefundable membership is required to participate in OLLI Courses and activities. The OLLI Member Year begins July 1 and ends June 30 of each year. The membership fee for a full year is \$50; a half year membership (January to June) is \$32.

Scholarships

Financial assistance may be available for current OLLI Members; for more information, visit our website, www.olliatclemson.org.

Inclement Weather

OLLI follows the Clemson University inclement weather policy. When Clemson University is closed due to inclement weather, all OLLI activities are cancelled or postponed to a later date.

Charles K. Cheezem Education Center

As a Clemson University facility, the Center is tobacco-free and follows campus facility policies.



OLLI at Clemson University 100 Thomas Green Boulevard Clemson, SC 29631 864-633-5242 olli@clemson.edu www.olliatclemson.org Nonprofit Org. U.S. POSTAGE PAID Clemson, SC Permit No. 10



Saluting Heroes!

Clemson Downs recognizes and honors those who have served our country so bravely. Pictured is retired U.S. Air Force Master Sergeant Dr. Louis Williams, Veteran of Korea, Clemson College '59 and '61, with his wife Elise being honored as the Hero-of-the-Game at Clemson University.

Clemson Downs proudly cares for all of our residents. Our full continuum of care offers independent living, assisted living, memory care, and skilled nursing care to meet your needs.



For more information on Clemson Downs, please contact us. (864) 654-1155 • @RetireWellClemson • ClemsonDowns.com