

FALL

2026

Registration opens
August 19, 2026

Register in person, by phone,
by mail or online at:
www.olliatclermson.org

New excursion locations include:

CU Media Forensics Hub, Milliken
Innovation Center, Belmore Farm,
Tryon Equestrian Center and more!

New course titles include:

*From Kabul to Clemson: An
Afghan Culinary Journey; The
IRA Tax Time Bomb: What
Every Retiree Needs to Know;
Understanding Autism from
an Autistic Point of View; 9-11
@ 25 - Questioning the
Official Story; Let's Cook and
Eat Brunch; The Wisdom of
World Religions; Learn How to
Paint Like Bob Ross; From First
Cars to Future Cars and more!*

**Different ways to
participate this term:**

In-person courses at the Cheezem
Education Center and Keowee Key
Activity Center, and Holly Springs
Center

Evening courses at the Cheezem
Education Center

Osher Online courses that allow
you to participate from home

Outdoor Adventures and Day Trips

The Cheezem Education Center is
open Monday through Friday,
9:00 a.m. to 4:00 p.m.

OSHER
LIFELONG
LEARNING
INSTITUTE

OLLI

at Clemson University

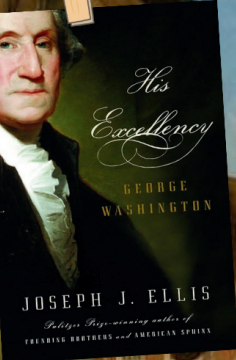
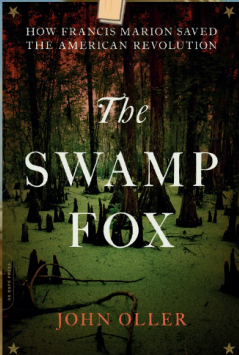
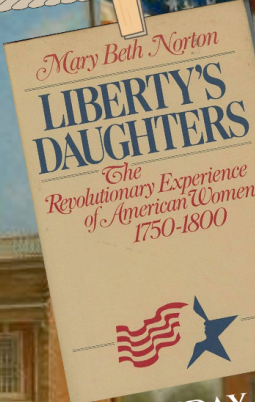






1776 BOOK CLUB

CELEBRATE 250 YEARS OF AMERICAN HISTORY—
ONE BOOK AT A TIME.

TUESDAY, SEPT. 15
 2:30 P.M. TO 3:30 P.M.
 FREE WITH SUGGESTED DONATION;
 CALL 864-633-5242 TO REGISTER.

TUESDAY, OCT. 20
 CHEEZEM EDUCATION CENTER

TUESDAY, NOV. 17
 CHEEZEM EDUCATION CENTER

A World Turned Upside Down

Ken Burns' American Revolution



Explore America's founding struggle in this discussion course centered on Ken Burns' landmark PBS documentary series: *The American Revolution*





 3 Wednesdays,
 September 16, 23, and 30
 3:00 p.m. to 5:00 p.m.


 Cheezem Education Center
 100 Thomas Green Blvd


 Free with suggested donation;
 Call 864-633-5242 to register

IN THE FOOTSTEPS OF FREEDOM

Each free day trip includes transportation from Clemson University, a guided visit, a historically themed hike, and a boxed lunch on the grounds.


Kings Mountain -Sept.24




Walnut Grove -Oct.8
Plantation




Cowpens National -Oct.29
Battlefield




Ninety-Six National -Nov.12
Historic Site



For reservations, email Rhonda Gray at rgray6@clemson.edu or call 864-656-2475.





SAVE THE DATE

Hopewell Event



MAY 20, 2027

More Information to Come!

New Shared Interest Group!

This fall, OLLI member, **Koreen Sweet**, will facilitate a new Shared Interest Group – *Getting to Know You*. The purpose of this group is to have fun getting to know other OLLI members! The group will meet on the 2nd Wednesday of each month at 11:00 a.m. at the Cheezem Education Center.

Experience the South Carolina Supreme Court

The Supreme Court of South Carolina will be in session at Clemson University as part of a unique program designed to promote accessibility and engagement with communities throughout the state. Over the course of two days, the five justices of the Supreme Court of South Carolina will hear four cases, all of which are open to the public and free to attend. Sessions will convene at the Brooks Center for the Performing Arts, on the Clemson University campus, September 15-16, 2026. Visit <https://www.clemson.edu/campus-life/municipal-court/sc-supreme-court-session/> to register and learn more.

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SPECIAL PROGRAM

Let's Change the Way We Change the World

Thursday, September 17 | 11:00 a.m. to 12:00 p.m.

Learn about the weird, well-meaning, and often counterproductive world of international aid and development described in the new book *Bullshit without Borders: Let's Change the Way We Change the World*. After three decades trying to save the world across 30 countries, **Susan M. Davis** is calling out when good intentions go wrong - because understanding what hasn't worked is the only real way to change it.

Clemson Photo Club Exhibit Opening Reception

Monday, October 19 | 5:00 p.m. | Cheezem Education Center

Free but registration is required; register by calling the OLLI Office at 864-633-5242. Exhibit open through January 22, 2027.



Join the Clemson Photo Club to celebrate the opening of its “America 250 – History/Celebration” exhibit at the Cheezem Education Center. Hors d’oeuvres and beverages will be provided. The Clemson Photography Club was formed in 2009 by three Clemson University faculty and staff members. Membership is open to all area residents; demographics include all ages, amateurs, novices, those who are just starting to learn and current or retired photographic professionals. Members come from a wide range of backgrounds and interests. See clemsonphotoclub.com for more information.



free programs **THIS FALL**

The following activities are open to all current OLLI Members and those with an interest in joining OLLI. **All programs are free but require registration.** Please call 864-633-5242 to register.

New and Returning Member Orientation

Thursday, August 27 | 2:00 p.m. to 3:00 p.m. | Cheezem Education Center

Whether you're new to Clemson OLLI or returning from a hiatus, this orientation illustrates how OLLI ticks, who is who and how you can be part of your regional lifelong learning program! Refreshments provided.

Amplifying Survivor Expertise: Collaborations with Lived Experience Experts to Disrupt Human Trafficking

Monday, September 14 | 1:00 p.m. to 2:00 p.m. | Cheezem Education Center

Sex trafficking is a serious human rights abuse that inflicts lasting harm on individuals, families, and communities while often remaining hidden through complex trafficking tactics. In this presentation, **Dr. Thomas Sharkey**, Professor of Industrial Engineering at Clemson University, shares how his transdisciplinary research team combines advanced mathematical modeling with the lived experiences of human trafficking survivors and service providers to better understand and disrupt trafficking networks. Supported by grants from the National Science Foundation and the National Institute of Justice, Dr. Sharkey's innovative approach provides actionable insights that help law enforcement, government agencies, nonprofits, and service providers protect vulnerable communities and ensure survivors receive the care and support they need to heal.

Medicare Fraud Prevention

Monday, September 21 | 1:00 p.m. to 2:00 p.m. | Cheezem Education Center

Learn how to recognize, prevent, and report Medicare fraud in this informative presentation led by **Crystal Strong** with the South Carolina Department on Aging. Participants will gain practical tips for protecting their Medicare benefits, identifying common scams, reviewing Medicare statements for suspicious activity, and knowing what steps to take if fraud is suspected. This presentation empowers older adults, caregivers, and beneficiaries with the knowledge needed to safeguard their healthcare and personal information.

Genealogy Basics Series

4 Mondays, October 5 to 26 | 2:00 p.m. to 3:00 p.m. | Cheezem Education Center

Join Quientell Walker, Local History Associate at the Walhalla Headquarters Library, for a four-part introduction to discovering your family history. This beginner-friendly series covers the fundamentals of genealogy, including an overview of genealogical research, tips for getting started, an introduction to Ancestry Library Edition, and how travel can enhance your genealogy journey through on-site research and historical exploration. Whether you're just beginning your family history search or looking to build a stronger research foundation, this series will provide practical tools and resources to help you trace your roots with confidence.

Required Minimum Distributions: How Can a Qualified Charitable Distribution Help?

Thursday, October 8 | 11:00 a.m. to 12:00 p.m. | Cheezem Education Center

Are you approaching, or already past the age when Required Minimum Distributions (RMDs) begin? Wondering what these withdrawals mean for your retirement accounts and overall financial planning? Join us for a discussion of current RMD rules and regulations, along with an introduction to Qualified Charitable Distributions (QCDs). You'll learn how this powerful financial tool can help satisfy RMD requirements while supporting the charitable organizations you care about in a tax-efficient manner.

Erin Q. Byrd is the Director of Gift & Estate Planning at Clemson University, focusing on facilitating philanthropic gifts to enhance opportunities for students. **Cindy Barnes** is the Administrative Coordinator of Gift and Estate Planning, Inclusion and Equity at Clemson University.

From the Gavel to the Statehouse: A Career of Public Service

Wednesday, October 14 | 2:00 p.m. to 3:00 p.m. | Cheezem Education Center

Join Clemson alumnus Judge Gary E. Clary for an engaging retrospective on his distinguished career in South Carolina public service. In this one-hour presentation, Judge Clary shares behind-the-scenes experiences and landmark moments from his multi-faceted professional journey. Attendees will gain unique insights into the Palmetto State's legal and political landscapes. He will highlight his ten-year tenure as a South Carolina Circuit Court Judge and his six years in the South Carolina House of Representatives. Finally, he will discuss his current role as Clemson University's Jurist in Residence. The session concludes with an audience Q&A.

Judge Gary Clary is a distinguished South Carolina jurist, former state legislator, and legal educator who serves as the inaugural Jurist in Residence at Clemson University. Born in Gaffney, South Carolina, his career spans over five decades across the judicial, legislative, and academic sectors.

Clemson as a Refuge: Hope, Stories, and Action

Wednesday, October 28 | 4:00 p.m. to 5:00 p.m. | Cheezem Education Center

Discover the inspiring reality of local refugee resettlement in the Clemson area since 2021. Led by Clemson University faculty and students, this engaging presentation introduces you to the vital work of the Every Campus a Refuge (ECAR) initiative. Go beyond the headlines as presenters share powerful excerpts from the ECAR Refugee Life-Stories Oral History Project. You will explore how local networks and students collaborate to provide hands-on support for families navigating their new lives. Finally, learn how you can get involved through rewarding volunteer opportunities tailored to your time and skills. The session concludes with an interactive Q&A. Join us to see how Clemson transforms empathy into action!

Dr. Angela Naimou is an Associate Professor of English at Clemson University. An award-winning author, she teaches and publishes widely on contemporary American and world literature, international migration, and human rights. Dr. Naimou is the founding faculty instructor and mentor for Clemson's Every Campus A Refuge (ECAR), a transformative campus initiative supporting refugee resettlement and community welcome. Her courses invite students to explore how literature shapes our understanding of law, history, and global justice.

Guess Who's Coming to Dinner? Sergei Rachmaninoff

Monday, November 2 | 11:00 a.m. to 12:00 p.m. | Cheezem Education Center

In this program, **Steve Wainscott** will first speak about the life and times of Sergei Rachmaninoff, widely considered to be one of the greatest pianists of his age and, as a composer, one of the last representatives of the Russian Romantic tradition. The program concludes with a video performance of what is regarded as his grandest work, Piano Concerto #2 in C Minor.

ANMED HEALTH SERIES

Presentations begin at 10:00 a.m.

All events are free and open to the public. Registration is encouraged and can be completed by calling the Osher Lifelong Learning Institute at 1-864-633-5242.



SEPTEMBER 10 BONE HEALTH & HORMONES

Hosted by Dr. Rosalind Basil, AnMed Endocrinology
Cheezem Education Center, 100 Thomas Green Boulevard, Clemson

Bone density naturally decreases with age. What does that mean for your daily life? What can you do to prepare and adjust?



OCTOBER 8 BREAST CANCER SCREENING AFTER AGE 60

Hosted by Dr. Robert "Glen" Quattlebaum, AnMed Primary Care
Cheezem Education Center, 100 Thomas Green Boulevard, Clemson

When regular screening should apply, why it still matters, how risks should be weighed with benefits and what symptoms there can be — there's much to know and understand about breast cancer after age 60.



OCTOBER 29 IMPROVING YOUR HEALTH AFTER AGE 65

Hosted by Dr. Laurie Rousseau, AnMed Primary Care
Keowee Key Event Center, 1 Country Club Road, Salem

Your physical faculties might be inclined to decline with age, but your health can improve after age 65.



NOVEMBER 12 FATTY LIVER DISEASE — PREVENTION, DETECTION & MANAGEMENT

Hosted by Dr. Minjakkollai Veerabagu, AnMed Gastroenterology
Cheezem Education Center, 100 Thomas Green Boulevard, Clemson

Fatty liver disease is very common, and it can become quite serious.



WHERE IN THE WORLD WILL OLLI GO?

Up-to-date details for all travel programs can be found on the OLLI website, and you can pick up a flyer for each trip at the Cheezem Education Center. Bookings are taken by the individual travel companies; contact the specific company for questions and arrangements.

Croatia & Its Islands

12 Days – April 21 to May 2, 2027 | By Collette

Tour highlights include Zagreb, Stone Gate, Šibenik, Cathedral of St. James, Krka National Park, 7-night Adriatic Cruise, Split, Trogir, Bol, Stari Grad, Hvar, Biševo Blue Cave, Vis, Korcula, Mljet National Park, Pelješac Peninsula, and Dubrovnik.

Rates vary depending on ship cabin preference, includes roundtrip airfare from Greenville.

Activity Level: Active

OLLI Corps: Culture, Conversation, and Community in Morocco

10 Days – March 21 to 30, 2027 | By Discover Corps - facilitated by CU Faculty, Sharon Nagy, Ph.D.

Uncover the bustling medinas and colorful markets of Fès, Rabat, and Marrakech; meet with pioneering organizations empowering Morocco women and protecting the environment; dive headfirst into Moroccan culture with cooking lessons and food tours; engage with rural Amazigh communities nestled in the High Atlas Mountains; and learn a variety of traditional arts from locals, from tile making to calligraphy.

Double Occupancy: \$4,495 per person, does not include airfare

Single Occupancy: \$5,390 per person, does not include airfare

Activity Level: Challenging

Mackinac Island, the Grant Hotel & Niagara Falls

8 Days – June 11 to 18, 2027 | By Premier World Discovery

Tour highlights include 2 nights at the Grand Hotel; 2 nights in Niagara Falls; Henry Ford Museum; horse drawn carriage on Mackinac Island; Niagara Falls Cruise; Niagara area tour; Niagara-on-the-Lake; River Rouge truck plant; Skylon Tower Dinner at Niagara Falls; Bavarian town of Frankenmuth, Michigan; ferry ride to Mackinac Island; Journey Behind the Falls; White Water Walk; and Greenfield Village.

Double Occupancy: \$4,399 per person, including roundtrip airfare from Greenville with \$100 booking discount

Single Occupancy: \$5,449 per person, including roundtrip airfare from Greenville with \$100 booking discount

Activity Level: Moderately Challenging

Yellowstone & the Wild West

7 Days – August 13 to 19, 2027 | By Premier World Discovery

Tour highlights include 2 nights in West Yellowstone; 2 nights in Jackson, Wyoming; Salt Lake City tour; Yellowstone National Park; Yellowstone Wildlife Safari; Old Faithful Geyser; Grizzly & Wolf Discovery Center; Snake River float trip; Museum of Wildlife Art & Elk Refuge; Grand Teton National Park; Park City, Utah; and Utah Olympic Park. Join OLLI staff member, **Amanda Turner**, for this adventure.

Double Occupancy: \$4,449 per person, including roundtrip airfare from Greenville with \$100 booking discount

Single Occupancy: \$5,799 per person, including roundtrip airfare from Greenville with \$100 booking discount

Activity Level: Moderately Challenging

South Pacific Wonders

15 Days – August 24 to September 7, 2027 | By Collette

Tour highlights include Christchurch, Queenstown, Lake Wakatipu cruise and sheepdog demonstration, Milford Sound, Cairns, Great Barrier Reef, and Sydney Opera House.

Double Occupancy: \$8,999, including roundtrip airfare from Greenville with \$400 booking discount
Single Occupancy: \$10,499, including roundtrip airfare from Greenville with \$400 booking discount
Activity Level: Active

Discovering Scotland

9 Days – September 5 to 14, 2027 | By As You Like It Tours

Immerse yourself in the historic splendor of Edinburgh and the breathtaking beauty of the Scottish Highlands on this exclusive tour for Clemson OLLI members only. Experience small group travel at its best with a maximum of 16 OLLI participants. Days are full but never frantic and allow flexibility according to your interests. As You Like It! Registrants may participate in pre-tour travel workshops at Clemson OLLI with Jean Spearman, local tour company owner. Her highly credentialed concierge Scottish tour guide/travel partner will join us remotely for each session. While this trip is rated Moderately Active, additional "challenge by choice" optional hiking activities are available.

Double Occupancy: \$5,650 per person, does not include airfare or trip insurance
Single Occupancy: \$6,300 per person, does not include airfare or trip insurance
Activity Level: Moderately Active

Discover Japan by Bullet Train

12 Days – October 26 to November 6, 2027 | By Premier World Discovery

Tour highlights include 3 Bullet Train experiences – Tokyo to Kyoto, Kyoto to Hiroshima & Hiroshima to Himeji; 3 nights in Tokyo and Kyoto; 2 nights in Hiroshima & Osaka; 5 culinary experiences; Tokyo city tour with Imperial Palace & East Gardens; Tsukiji Fish Market & Odaiba complex; Hakone Ropeway & Mt. Fuji day trip; Lake Ashi cruise; Kyoto city tour with Arashiyama Bamboo Grove; Kinkakuji Temple & the Helian Shrine; Nara Park & Todaiji Temple; Nishiki Market; Miyajima Island & the Itsukushima Shrine; Hiroshima Peace Memorial Park & Museum; Atomic Bomb Dome; Himeji Castle; Osaka city tour with Dotonbori District; and Osaka Castle & Umeda Sky Building.

Double Occupancy: \$8,874 per person, including roundtrip airfare from Greenville with \$100 booking discount
Single Occupancy: \$9,874 per person, including roundtrip airfare from Greenville with \$100 booking discount
Activity Level: Moderately Active

French Riviera Explorer

9 Days – November 3 to 11, 2027 | By Premier World Discovery

Tour highlights include 7 nights at one hotel in Nice, France; Nice city tour; Nice Flower Market; Notre Dame church; St. Paul-de-Vence; Eze visit & Fragonard Perfumery; Saint-Jean-Cap-Ferrat; Monte Carlo area tour; Aix-en-Provence; Paul Cezanne's studio; Cannes; Antibes; Picasso Museum in Antibes.

Double Occupancy: \$4,524 per person, including roundtrip airfare from Greenville with \$100 booking discount
Single Occupancy: \$5,374 per person, including roundtrip airfare from Greenville with \$100 booking discount
Activity Level: Moderately Active

Christmas Season in Victoria & Vancouver

6 Days – December 10 to 15, 2027 | By Premier World Discovery

Tour highlights include 2 nights at Victoria Fairmont Empress Hotel; 3 nights at Fairmont Hotel Vancouver; Vancouver city tour; Grouse Mountain Skyride; Vancouver Christmas Market; roundtrip BC Ferry to Victoria; Butchart Gardens; Victoria City tour; Royal British Columbia Museum; "High Tea" at the Fairmont Empress Hotel; Granville Island; and VanDusen Festival of Lights.

Double Occupancy: \$5,074 per person, including roundtrip airfare from Greenville with \$100 booking discount
Single Occupancy: \$6,649 per person, including roundtrip airfare from Greenville with \$100 booking discount
Activity Level: Moderately Challenging

MON	TUES	WED	THUR	FRI
24 Blues Jam Bridge Art Group	25 Gaming Unplugged Mah Jongg – I to A	26 Backgammon Mah Jongg – B to I Needles and Threads Bunco	27 Bridge Watercolor Writers Group 2 New and Returning Member Orientation (p.4)	28 Pickleball Trivia
31 Blues Jam Bridge Art Group	1 Mah Jongg – I to A	2 Backgammon Mah Jongg – B to I Needles and Threads Gardening Group	3 Bridge Watercolor	4 Pickleball Book Club Writers Group 1
7 OLLI Office Closed	8 Ducks in a Row (p.20) Gaming Unplugged B. Mah Jongg (p.21) Estate Planning Essentials (p.21) Intermediate Tai Chi (p.21) Mah Jongg – I to A Tai Chi (p.21) Transylvania (p.22)	9 Sky Top (p.17) Backgammon Getting to Know You Salon Topics (p.22) Qigong (p.22) IRA Tax Time Bomb (p.22) Mah Jongg – B to I Needles and Threads Bayeux Tapestry (p.23)	10 B. Mah Jongg (p.23) AnMed Health: Bone Health and Hormones (p.6) Bridge Art Under Attack (p.23) Tips for Travelers (p.23) Watercolor Writers Group 2 Beginner Stained Glass - Session A (p.24) Philosophy Plus (p.24) Morocco in Focus (p.24)	11 Pickleball Beginner Mah Jongg (p.24) Fall Mushroom Foray (p.19)
				SAT
14 Blues Jam Bridge 9-11 @ 25 (p.25) Human Trafficking (p.4) Art Group Euchre	15 Supreme Court Session (p.3) Mah Jongg – I to A Perfect Party Platter (p.25) 1776 Book Club (p.2) Loyalists in the American Revolution (p.25)	16 Supreme Court Session (p.3) Backgammon Keep on Drawing (p.26) First Cars to Future Cars (p.26) Mah Jongg – B to I Needles and Threads Long Distance Grandparenting Ken Burns' American Revolution (p.2) Paint: Eye of the Tiger (p.26)	17 Bridge Let's Change the Way We Change the World (p.3) Watercolor	18 Pickleball Writers Group 1

SEPT-OCT

Program description page numbers in parenthesis
Please note: Date indicates first session meeting only

MON	TUES	WED	THUR	FRI
21 Media Forensics Hub (p.17) Hikes in the Hills (p.19) Blues Jam Bridge Art Group Euchre Medicare Fraud Prevention (p.4)	22 Let's Cook and Eat Brunch - Session A (p.26) Gaming Unplugged Mah Jongg - I to A	23 Backgammon Intro to Pottery Wheel (p.27) Mah Jongg - B to I Needles and Threads	24 Footsteps of Freedom: Kings Mountain (p.2) Bridge Mindset Matters (p.27) Watercolor Writers Group 2	25 Pickleball Trivia
28 Blues Jam Bridge American Roots Music (p.15) Art Group	29 Four Pillars of a Successful Retirement - Session A (p.27) Mah Jongg - I to A Stopping Hitler's Atomic Bomb (p.28) Four Pillars of a Successful Retirement - Session B (p.27) The Realms of the Universe (p.16)	30 Backgammon Paint like Bob Ross: My First Landscape (p.28) Mah Jongg - B to I Needles and Threads Bunco Line Dancing (p.28) Tracing Our Roots (p.16)	1 Tryon Equestrian Center (p.17) Bridge Watercolor Scientific Study (p.16)	2 Pickleball Book Club Writers Group 1
5 Blues Jam Bridge Art Group Genealogy Basics Series (p.4) Sacred Mountains of the World (p.16)	6 Atlanta Excursion (p.18) Mah Jongg - I to A Paint: Abstract Pumpkins (p.28) Washington's Cemeteries (p.29)	7 Four Pillars of a Successful Retirement - Session C (p.27) Backgammon 40+ Years of Death (p.29) Mah Jongg - B to I Scary Heir (p.29) Needles and Threads National Park Origins (p.30) Gardening Group Autumn High Tea (p.18)	8 Footsteps of Freedom: Walnut Grove (p.2) AnMed Health: Breast Cancer Screening (p.6) Bridge Alaska (p.30) Required Minimum Distributions (p.5) Watercolor Writers Group 2	9 Pickleball

MON	TUES	WED	THUR	FRI
12 Legacy Planning (p.30) Blues Jam Bridge Art Group Euchre	13 Fungi on the Farm (p.18) Let's Cook and Eat Brunch – Session B (p.26) Oconee Rock Quarry (p.18) Gaming Unplugged Mah Jongg – I to A Our Weird and Wild Universe (p.31)	14 Backgammon Getting to Know You Mah Jongg – B to I Needles and Threads From the Gavel to the Statehouse (p.5)	15 Bridge Ethics, Civic Virtues (p.31) Watercolor	16 Winter 2027 Course Proposals Due Pickleball Brain Health (p.31) Craft your Own Handwarmer Mug (p.31) Writers Group 1
19 Blues Jam Bridge Art Group Euchre Clemson Photo Club Opening Reception (p.3)	20 Mah Jongg – I to A 1776 Book Club (p.)	21 Backgammon Avoiding Financial Pitfalls (p.31) Decode Your Gut (p.32) Retirement Planning (p.32) Mah Jongg – B to I Needles and Threads Long Distance Grandparenting	22 Bridge SC Botanical Garden (p.18) Watercolor Writers Group 2 Beginner Stained Glass – Session B (p.24)	23 Pickleball Trivia
26 Rome and Georgia's Sublime Northwest (p.17) Blues Jam Bridge Milliken Campus (p.19) Art Group	27 Gaming Unplugged Mah Jongg – I to A Thanksgiving Holiday Centerpiece (p.32)	28 Backgammon Autism (p.33) Mah Jongg – B to I Needles and Threads Bunco Clemson as a Refuge (p.5)	29 Footsteps of Freedom: Cowpens (p.2) AnMed Health: Health After Age 65 (p.6) Bridge Autumn on Lake Jocassee (p.20) Watercolor	30 Pickleball
2 Blues Jam Bridge Injectable Weight Loss Drugs (p.33) Sergei Rachmaninoff (p.5) Art Group Hormone Harmony (p.33) Afghan Culinary Journey (p.34)	3 Mah Jongg – I to A	4 Backgammon Mah Jongg – B to I Needles and Threads Gardening Group Wisdom of World Religions (p.34)	5 Oconee Nuclear Station (p.19) Bridge Watercolor Woodland Cemetery Project (p.34)	6 Pickleball Book Club Writers Group 1

NOV-DEC

Program description page numbers in parenthesis
Please note: Date indicates first session meeting only

MON	TUES	WED	THUR	FRI
9 Blues Jam Bridge Art Group Euchre	10 Gaming Unplugged Mah Jongg – I to A Paint: Winter Berries (p.34)	11 Backgammon Getting to Know You Mah Jongg – B to I Paint Like Bob Ross: Single Poinsettia (p.35) Needles and Threads	12 Footsteps of Freedom: Ninety-Six (p.2) AnMed Health: Fatty Liver Disease (p.6) Bridge Watercolor Writers Group 2	13 Pickleball
16 Blues Jam Bridge Art Group Euchre	17 Mah Jongg – I to A Joy and Fun Even in Turbulent Times (p.35) 1776 Book Club (p.2) Charcuterie (p.35)	18 Backgammon Mah Jongg – B to I Needles and Threads Long Distance Grandparenting	19 Bridge Watercolor	20 Pickleball Writers Group 1
23 Blues Jam Bridge Art Group	24 Gaming Unplugged Mah Jongg – I to A	25 Backgammon Mah Jongg – B to I Needles and Threads Bunco	26 OLLI Office Closed	27 OLLI Office Closed
30 Blues Jam Bridge Art Group	1 Mah Jongg – I to A Winter Holiday Decoration (p.35)	2 Backgammon Mah Jongg – B to I Needles and Threads Gardening Group Christmas High Tea (p.19)	3 Bridge Watercolor	4 Pickleball Book Club Writers Group 1

Get to Know Your OLLI BOARD OF ADVISORS

Dave Sabo, Chair
Sue Schneider, Vice Chair
David Potts, Past Chair
Carol Helander, Secretary
Tom Brown, At-Large Member
Bob McAlpine, At-Large Member
JoAnn Panza, At-Large Member
Kim Warne, At-Large Member
The Board can be reached directly at
cuolliboa@gmail.com.



SHARED INTEREST GROUP (SIG) MEETINGS

Participation in Shared Interest Groups is free and open to current OLLI Members; contact the Group Facilitator for more information.

Art Group

Every Monday | 1:00 p.m.
Cheezem Education Center
Facilitator: Diana Carnes (dianacmail@aol.com)

Backgammon Group

Every Wednesday | 10:00 a.m.
Cheezem Education Center
Facilitator: Glen Moulder (gmoulder41@gmail.com)

Mah Jongg – Beginner to Intermediate

Every Wednesday | 1:00 p.m.
Cheezem Education Center
Facilitator: Sharon Williamson (sharoncw59@att.net)

Blues Jam

Every Monday | 10:00 a.m.
Cheezem Education Center
Facilitator: Chris Sally (chrissally999@yahoo.com)

Book Club

1st Friday Each Month | 10:00 a.m.
Cheezem Education Center
Facilitator: Maureen Williamson (williamsonmj@att.net)

Bridge Group

Every Monday and Thursday | 10:00 a.m.
Cheezem Education Center
Facilitator: Peg Mahan (pmah2209@gmail.com)

Bunco

Last Wednesday Each Month | 1:00 p.m.
Everlan (Patrick Square)
Facilitator: Carol Helander (antiqueguy@gmail.com)

Euchre

2nd and 3rd Monday Each Month | 1:00 p.m.
Cheezem Education Center
Facilitator: C.E. Addis (cedaddis@aol.com)

Gaming Unplugged

2nd and 4th Tuesday Each Month | 10:00 a.m.
Cheezem Education Center
Facilitator: Randy Cox (randycoxclemson@yahoo.com)

Gardening Group

1st Wednesday Each Month | 3:00 p.m.
Cheezem Education Center
Facilitator: Susan Creamer (smcreamergmail.com)

Getting to Know You

2nd Wednesday Each Month | 11:00 a.m.
Cheezem Education Center
Facilitator: Koreen Sweet (koreensweet@yahoo.com)

Long Distance Grandparenting

3rd Wednesday Each Month | 2:00 p.m.
Cheezem Education Center
Facilitator: Di Ucci (diucciauthor@gmail.com)

Mah Jongg – Intermediate to Advanced

Every Tuesday | 12:30 p.m.
Cheezem Education Center
Facilitator: Janice Dieter (dieterjw@yahoo.com)

Needles and Threads

Every Wednesday | 1:30 p.m.
Cheezem Education Center
Facilitator: Nan Jones (jones4927@bellsouth.net)

Pickleball

Every Friday
Nettles Park (Clemson)
Facilitator: Lauris and Mary Jane Ames
(mames10579@aol.com, laurisames@aol.com)
Time varies; reach out to the facilitators to confirm.

Second-Time-Around Musicians

Reach out to the facilitator for meeting dates.
1:00 p.m. | Cheezem Education Center
Facilitator: Bob Moir (bobmoir@facilitator4hire.com)

Trivia

4th Friday Each Month | 11:00 a.m.
Cheezem Education Center
Facilitator: Skip Eisiminger (esterli2@bellsouth.net)

Watercolor Group

Every Thursday | 1:00 p.m.
Cheezem Education Center
Facilitator: Trish Davis (trishkaydavis@gmail.com)

Writers Groups

Group 1:

1st and 3rd Friday Each Month | 10:00 a.m.
Cheezem Education Center
Group is currently at capacity. Contact the facilitator before attending.
Facilitator: Paula Appling (upst8hiker@gmail.com)

Group 2:

2nd and 4th Thursday Each Month | 1:00 p.m.
Cheezem Education Center
Contact the facilitator before attending.
Facilitator: Darrell Yardley (darrellyardley@gmail.com)

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Osher Online™

in collaboration with Northwestern University
School of Professional Studies

The following courses are offered to Clemson OLLI Members as part of the national Osher Online project, bringing stellar presenters to OLLIs across the country. Each course is offered live via Zoom – plan to participate from the comfort of home! Each session will include Members from several different

OLLIs; each OLLI is limited to 13 seats per course. Each course is comprised of six 90-minute sessions and will offer generous question and answer periods. Before each course, participants will be contacted by the Osher Online staff at Northwestern University with further instructions.

New! Great Artists in American Roots Music

6 Mondays, September 28 to November 2 | 11:00 a.m. to 12:30 p.m. | Tuition: \$59

From its emergence in the early 20th century, country music has resonated with those navigating a rapidly changing world. A key genre of American roots music, it expresses hardship while evoking emotion. This course explores the history of country and American roots music through the stories and artistic developments of key figures including the Carter Family, Bill Monroe, Hank Williams, and Dolly Parton.

Taylor Ackley, PhD, is a scholar, composer, and performer of American Roots music. He holds a PhD and a master's degree in composition, and a master's in ethnomusicology from Stony Brook University. Ackley is an independent scholar and professional musician based in northwestern Montana and is writing his first book, *Hearing Class*. A singer and multi-instrumentalist, he has performed nationwide, released four albums, and presented at major conferences in music, sociology, and ethnomusicology.

New! A Cosmic Grand Tour: The Realms of the Universe

6 Tuesdays, September 29 to November 3 | 5:00 p.m. to 6:30 p.m. | Tuition: \$59

In this course, we will explore the three fascinating realms of the cosmos: nearby planets and moons; the stars; and the galaxies (the great island of stars that turn out to be the building blocks of the universe.) Our discussion will be in everyday language, without any math, and will be accompanied by remarkable color images from the latest space probes and the world's largest telescopes, including the latest breathtaking images from the James Webb Space Telescope.

Andrew Fraknoi, retired chair of the astronomy department at Foothill College, continues to teach noncredit astronomy courses at San Francisco State University and the University of San Francisco. He is lead author of *OpenStax Astronomy*, the most frequently used, introductory astronomy textbook in North America. He appears regularly on radio, explaining astronomical developments in everyday language, and was named California Professor of the Year. He writes science fiction, has published eight stories, and has an asteroid named in his honor, recognizing his contributions to the public understanding of science.

New! Tracing Our Roots: DNA, Family History, and the Politics of Identity

6 Wednesdays, September 30 to November 4 | 7:00 p.m. to 8:30 p.m. | Tuition: \$59

How does DNA reshape our understanding of ancestry and identity in the Americas? In this course, we will explore genetic genealogy through early contact between European and Indigenous peoples, using the New Mexico DNA Project as a case study. We will examine Y-DNA, mitochondrial DNA, Indigenous haplogroups, and the Spanish castas system. We will consider the ethical and political implications of DNA testing and the limits of what genetic evidence can, and cannot, tell us about race and belonging.

Angelo Cervantes is an anthropological genetic genealogist and history researcher who has conducted archival work in Mexico and Spain. Cervantes teaches at the University of New Mexico and founded the Iberian Peninsula DNA Institute, offering DNA consulting and courses in anthropological genetics. He pioneered anthropological genetic genealogy through the creation of the New Mexico DNA Project, now a major Hispanic DNA database. He has appeared on PBS and frequently lectures on genetic genealogy in the US and Mexico.

New! "Studies Show..." (Or Do They?): Under the Hood of a Scientific Study

6 Thursdays, October 1 to November 5 | 3:00 p.m. to 4:30 p.m. | Tuition: \$59

What really changes when we read beyond the abstract? In this interactive course, we will open real research papers (many in health and nutrition) and explore what scientists actually look for. We will explore how small design choices can dramatically shape a study's meaning, and why headlines rarely tell the full story. No technical background is required – just curiosity. By the end of the course, we will never read “studies show...” the same way again.

Johnnie Hendrickson, PhD, is a teaching professor in the School of Molecular Sciences at Arizona State University. He holds a PhD in chemistry and is the author of the textbook *Chemistry in the World*. His academic work centers on science communication and the reciprocal relationship between science and society.

New! Sacred Mountains of the World

6 Mondays, October 5 to November 9 | 3:00 p.m. to 4:30 p.m. | Tuition: \$59

Across cultures and throughout history, mountains have held powerful symbolic meaning. In this course, we will explore how the Buddhists of the Himalayas, the Inca of the Andes, the Inuit of the far north, and European Romantics understood and approached these landscapes. Through an interdisciplinary lens, we will examine the beliefs, traditions, and mythologies inspired by the world's mountains, using illustrated lectures, short readings, and discussion to deepen our connection to these high and wild places.

Jonathan Duncan is a photojournalist, writer, teacher, and public speaker with more than 25 years of experience. His work has been published in *National Geographic*, *The Himalayan Journal*, *Sailing*, *Rock and Ice*, and by the

University of Utah Press. He has taught at the Art Institute of Portland, Western Washington University, and Westminster University. His work explores humanity's complex relationship with the natural world, often in remote landscapes and cultures.

MULTI-DAY EXCURSION

Exploring the Confluence: Rome and Georgia's Sublime Northwest 
Monday, October 26 to Thursday, October 29, 2026 | By Explore Up Close with Chumley Cope

Double Occupancy: \$2,118 per person

Single Occupancy: \$2,418 per person

Experience the history, natural beauty, and Southern charm of Rome, Georgia, where three rivers meet in the heart of Northwest Georgia. We'll stay near the Riverwalk and Broad Street while exploring the area's Cherokee heritage, historic landmarks, scenic landscapes, and welcoming communities. Along the way, some highlights that we'll visit include Berry College, Barnsley Gardens, Myrtle Hill Cemetery, the Clock Tower Hill, Cave Spring, and New Echota Historic Site. Join us in discovering beautiful North Georgia scenery, local history, and Southern hospitality at a relaxed pace.

DAY and HALF-DAY TRIPS

Apple Orchard Adventure: Visit Sky Top  
Wednesday, September 9 | 8:30 a.m. to 4:30 p.m. | Departs from the Cheezem Education Center | Tuition: \$69

Kick off autumn at Sky Top Orchard in Flatrock, NC! Come soak in the fresh mountain air while enjoying the spectacular views over the Blue Ridge Mountains. This tour will include a history/introduction of Sky Top, a scenic tractor pulled wagon ride, fresh apple treats and, of course, APPLES - U Pick or U Select! After the tour, meander down the mountain and explore the charming shops, galleries, and eateries of historic downtown Hendersonville at your own pace.

New! Unmasking Online Deception: Election-Year Disinformation at the Media Forensics Hub  
Monday, September 21 | 9:30 a.m. to 12:30 p.m. | Departs from the Cheezem Education Center | Tuition: \$29

Explore how state-backed actors and artificial intelligence threaten civil discourse during critical election cycles. This interactive program features a tour of the Clemson University Media Forensics Hub—located in the Watt Family Innovation Center—followed by an exclusive presentation by hub co-director and 2026 Andrew Carnegie Fellow Dr. Darren Linvill. Participants will engage with the famous "Spot the Troll" digital literacy tool, discover how modern troll farms exploit social trust to push political narratives, and learn actionable strategies to identify counterfeit messaging online.

New! Horsing Around: A Tour and Show at the Tryon Equestrian Center  
Thursday, October 1 | 8:15 a.m. to 5:00 p.m. | Departs from the Cheezem Education Center | Tuition: \$69

Explore the world-class Tryon International Equestrian Center in Mill Spring, NC, on this guided tour. Nestled in the Blue Ridge foothills, this premier 1600-acre campus features elite riding arenas, stadiums and pristine stabling. Learn about horse sport operations before enjoying lunch on-your-own at one of the nine restaurants and spend the afternoon watching Hunter/Jumper shows in the Main Ring.

Activity Levels for Active Programs

Activity level rankings are provided for courses as appropriate; please consider your needs and abilities when registering for a specific program.



MODERATELY ACTIVE

These programs consist of some physical activity, such as equal parts walking and riding, sitting, or stopping.



ACTIVE

These programs require a fair amount of physical fitness and may require you to be active for up to three hours at a time. Many programs in the active category may require up to a mile of walking before taking a break and will likely cause you to break a bit of a sweat.



MODERATELY CHALLENGING

These programs require a good deal of physical fitness and more physical activity. These programs may require, for example, a lot of walking on uneven terrain and/or up and down hills for long periods of time.



CHALLENGING

These programs are for those who are comfortable with more strenuous activities, such as hiking for several miles on uneven terrain.

New! Atlanta Excursion – Choose Your Own Adventure

Tuesday, October 6 | 8:00 a.m. to 5:00 p.m. | Departs from the Cheezem Education Center | Tuition: \$109

Spend the day exploring one of Atlanta's most popular attractions! Travel in comfort aboard a motorcoach to downtown Atlanta, where you'll have the opportunity to choose between two exciting self-guided experiences. Art enthusiasts can discover the renowned **High Museum of Art**, featuring an impressive collection of classic and contemporary works, rotating exhibitions, and engaging galleries. Those looking for a fun and interactive experience can visit the **World of Coca-Cola**, where you'll explore the history of one of the world's most iconic brands through immersive exhibits, memorabilia, and beverage tastings from around the globe. Both attractions are self-guided, allowing you to explore at your own pace. Lunch will be on your own, giving you the freedom to choose from the many restaurants and cafés located nearby. After a full day of exploring, we'll rejoin the group and return home by motorcoach.

Autumn High Tea with Ella Lorton, a Dear Friend of the Clemson Family

Wednesday, October 7 | 4:00 p.m. to 6:00 p.m. | Participants will meet at the Inn at Magnolia Hill, Pendleton | Tuition: \$49

The Clemson area is filled with exciting history. Miss Ella Lorton (Sheri Belk), a historical figure from the 1860s, would like to share that history by inviting OLLI members to her Pendleton home for a high tea and conversation. Over tea and treats, guests will listen to Miss Lorton's thoughts and journal entries written during the Great Conflict, The Civil War. Miss Lorton is directly connected with the Anna Maria and Thomas Green Clemson family and participants will tour the historic Pendleton property following the program. Join us for this fall festival event.

New! Fungi on the Farm: Hands-On Mushroom Cultivation

Tuesday, October 13 | 9:00 a.m. to 1:00 p.m. | Departs from the Cheezem Education Center | Tuition: \$59

Discover the magic of backyard mycology with a trip to Belmore Farm in beautiful Salem, SC. This immersive, hands-on field experience introduces you to the fascinating world of mushroom identification and cultivation. The owner, Mr. Richard Belmore, will teach you the fundamentals of fungal lifecycles and cultivation before guiding you through a practical workshop. You will roll up your sleeves and learn how to safely inoculate a hardwood log with mushroom spawn and seal it with wax. Best of all, you will take your freshly inoculated log home to harvest your own delicious, gourmet mushrooms for years to come!

Oconee Rock Quarry

Tuesday, October 13 | 9:45 a.m. to 12:00 p.m. | Oconee County Rock Quarry, Walhalla | Tuition: \$29

Discover one of the Upstate's incredible assets right in our own backyard at the Oconee County Rock Quarry. Meet with an expert in the field, learn about the industry and what it brings to Oconee County and get an up-close look at the quarry itself. Weather permitting, we may even get to see an explosion! Aside from the presentation and tour, spend lunch on-site with the opportunity to ask questions.

The Ever-Changing Garden: Seasonal Highlights and Hidden Gems

Thursday, October 22 | 9:45 a.m. to 12:00 p.m. | South Carolina Botanical Garden | Tuition: \$29

Enjoy seasonal beauty at the South Carolina Botanical Garden with a guided tour. This tour lasts approximately one hour and focuses on the Garden's history and development, and seasonal highlights. From the Camellia Trail to the Butterfly Garden, there is always something of interest and beauty to see. Following the tour, we will visit the Hunt Cabin to learn about life in the Antebellum period. The Hunt family built this cabin in the early 1800's (c.1826) and lived in it with their growing family. Participants will learn about their lives, the lives of the enslaved people who lived on the property, and others in the nineteenth century upstate.

New! Innovation by Design: The Milliken Campus Experience

Monday, October 26 | 9:15 a.m. to 4:00 p.m. | Departs from the Cheezem Education Center | Tuition: \$69

Discover how cutting-edge innovation meets natural beauty on this immersive corporate campus tour. You'll explore the cutting-edge exhibits of the Milliken Innovation Center, which houses one of the largest private textile research facilities in the world and features interactive galleries showcasing thousands of global patents. Break for a delicious, boxed lunch, and conclude with a relaxing, guided walk through the nationally recognized Milliken Arboretum. Situated over 600 acres, the arboretum features thousands of mature trees, tranquil ponds, and decorative fountains. It's the perfect way to cap off a day of exploring advanced textiles, materials science, and purpose-driven design.

Discover the History of the Oconee Nuclear Station

Thursday, November 5 | 9:45 a.m. to 11:30 a.m. | World of Energy, Seneca | Tuition: \$29

Learn about the history of Duke Energy's Keowee-Toxaway Project and Oconee Nuclear Station. When completed in the mid-1970s, this project included the largest nuclear power plant in the world and won the 1975 American Society of Civil Engineers' Outstanding Achievement Award. The station has generated more than 500 million megawatt-hours of electricity and is "the first nuclear station in the United States to achieve this milestone" according to its website. While visiting, we'll also visit an exact replica of an Oconee Nuclear Station control room, which is a training simulator for nuclear operators.

A Christmas High Tea with Ella Lorton, a Dear Friend of the Clemson Family

Wednesday, December 2 | 4:00 p.m. to 6:00 p.m. | Participants will meet at the Inn at Magnolia Hill, Pendleton | Tuition: \$49

The Clemson area is filled with exciting history. Miss Ella Lorton (Sheri Belk), a historical figure from the 1860s, would like to share that history by inviting OLLI members to her Pendleton home for a high tea and conversation. Over tea and treats, guests will listen to Miss Lorton's thoughts and journal entries written during the Great Conflict, The Civil War. Miss Lorton is directly connected with the Anna Maria and Thomas Green Clemson family and participants will tour the historic Pendleton property following the program. Join us for this special Christmas event.

OUTDOOR ADVENTURES

Fall Mushroom Foray

Friday, September 11 | 9:00 a.m. to 12:00 p.m. | Clemson Experimental Forest, Pendleton | Tuition: \$49

Wondering what to do with a free afternoon in the woods? Look no further. Join us for a fun mushroom hunt!

Discover edible, poisonous, and medicinal mushrooms. Learn how they grow and explore their role in nature. After foraging, we'll identify our finds and discuss them. You'll take home edible mushrooms and learn how to cook them for a tasty meal. Bring your lunch and join the adventure!

Olga Katic grew up mushroom hunting in Bosnia and Hercegovina, learning to cook her finds on a wood stove with her family. Today, she owns Mushroom Mountain, producing edible and medicinal mushroom spawn, extracts, and honey under the Mycomatrix brand. Mushroom Mountain also offers a Wild Mushroom Food Safety Certification Program, recognized by health departments in seven states and endorsed by the FDA.

Hikes in the Hills

4 Mondays, September 21; October 19, 26; and November 9 | Rain dates November 2 and 16 | Start and end times vary | Itinerary provided one week before the start date | Tuition: \$79

Enjoy interpreter-led hiking in the Piedmont of Upstate South Carolina and the Southern Appalachians of North Carolina and Georgia as we explore the rich biodiversity and geology of the region. We'll see waterfalls and soak in the views from scenic vistas as we explore our ever-changing landscapes. Participants should be able to walk four to five miles on uneven terrain.

- **September 21** - Hike to King Creek and Spoonauger Falls. This outing features the stunning 70 ft King Creek Falls and the 50 ft Spoonauger Falls in the Chattooga watershed. (Easy, 2.5-3 mile)
- **October 19** - Day trip with short hikes before and along Whiteside Cove and Horse Cove Roads between Highlands and NC 107, south of Cashiers. Stops include the 25 ft-30 ft Silver Run Falls, and exceptional autumn views of the sheer 750 ft rock wall at Whiteside Mountain, the highest perpendicular, bare rock face east of the Rockies. We'll also stop to see Cashiers Sliding Rock, the Bob Padgett Tree (127 ft tall with a 20 ft circumference), and the trail to Sunset and Sunrise Rocks in Highlands (Moderate, 0.7 mile one-way, 1.4-mile total).
- **October 26** - Hike the rim trails at Tallulah Gorge State Park, GA. The gorge, 2 miles long, is considered one of the most spectacular canyons in the eastern U.S. (Moderate, 3 mile)
- **November 9** - Hike the Winding Stairs Trail in the Sumter National Forest. Special feature: 75 ft Miuka Falls (Easy 3.5 mile)

Jean Askew is an avid hiker and has been hiking with OLLI and other groups since moving back to the Upstate in 2008. She has an educational background in botany and forestry and completed the Upstate Master Naturalist program in 2016. **Delsey Brown** moved back to the Upstate in 2016 and started exploring the area she left in 1983. She has been hiking with OLLI since 2017 and enjoys hiking with a group where everyone learns from each other.

Autumn on Lake Jocassee

Thursday, October 29 | Rain date: Thursday, November 5 | 11:00 a.m. to 2:00 p.m. | Devils Fork State Park, Salem | Tuition: \$69

Did you know that a short stretch of South Carolina, known as Jocassee Gorges, contains more species of trees than almost anywhere else on Earth? The majority are deciduous trees that sport a unique look every Spring and Fall. In Fall they can be especially beautiful. From the comfort of a pontoon boat, explore the science behind changing colors and meet some of the area's most interesting and colorful trees - up close and personal. Be prepared to view trees in a whole new way... as living, breathing individuals. We will also visit some of the beautiful waterfalls and wild rivers for which Lake Jocassee is so famous. A South Carolina State Park entrance fee or pass is required.

Kay Wade co-owns Jocassee Lake Tours with her husband, Brooks. She has worked as a professional gardener and garden designer from the North Carolina mountains to the Florida coast and back to the mountains of South Carolina. She has written extensively on environmental and ecological challenges.

COURSES

Ducks in a Row

6 Tuesdays, September 8, 22; October 6, 20; November 3, 10 | 10:00 a.m. to 12:00 p.m. | Cheezem Education Center | Tuition: \$69

One of the hardest tasks in living a life is deciding how to handle everything when we can't and won't. That includes our final wishes before, during, and after our final days. In six sessions this course helps you identify and tackle important things you want to be handled properly. These include personal property, health decisions, end of life finances, and final wishes. Each two-hour meeting includes an educational component and class discussion during which participants share ideas and relevant concerns. You'll have a workbook which will be an invaluable resource for your loved ones. There will be important homework, so we will meet every other week. **Workbook and materials cost \$50 per person or \$60 per couple, cash or check payable on the first day of class.** Expect open and respectful discussions and a few laughs as we tackle this daunting task together!

With more than 25 years of experience as a nurse practitioner in the hospital setting, **Sandra Lowe** witnessed firsthand the complex challenges families face when making decisions for loved ones nearing the end of life. She also saw the significant administrative and practical burdens that often fall on families after a death, during a time of profound grief and loss. As a DucksRow facilitator, Sandra is passionate about helping participants prepare for the future by providing guidance, encouragement, and support as they work to get their own "ducks in a row."

Beginning Mah Jongg

Tuesdays, September 8 to 29 | 11:00 a.m. to 12:30 p.m. | Cheezem Education Center | Tuition: \$49

Are you unsure about your American Mah Jongg abilities and hesitant to join one of the Shared Interest Groups (SIG)? We've got you covered with our Beginning Mah Jongg course designed to acquaint you with the essentials of American Mah Jongg. This isn't the Solitaire version you might play on your laptop. In this hands-on course, you'll delve into the basics, grasp terms like "crack, bams, and dots," understand concepts like doubleton and singleton and decode the meanings behind dragons, winds and flowers. During the course, you'll engage in practice matches with fellow players, master the art of "Charleston" and refine your gameplay with insights into the game's intricacies. After completing the course, you'll have the opportunity to join one of the Mah Jongg groups. To get the most out of the course, participants are encouraged to attend all four classes when they are offered.

Janice Dieter, Joan Servis and Sue Sprott have a combined over 2,000 hours of playing time.

Estate Planning Essentials for South Carolina: An Overview of Wills, Trusts, and Powers of Attorney

2 Tuesdays, September 8 and 15 | 11:00 a.m. to 12:30 p.m. | Cheezem Education Center | Tuition: \$29

Your estate - what you will leave behind - is worth thinking about, and sooner rather than later. You will benefit from the experience of William Hubbard and Ashton Gottschall, two lawyers whose practice is devoted to estate planning, as they help you start, or improve, your estate plans. With their guidance, you will review the most important elements of estate planning in South Carolina, including vital subjects such as wills, trusts, powers of attorney, probate, estate taxation, and healthcare planning. They will clearly explain documents and techniques that every family should pursue, as well as some that should be avoided. A question-and-answer session will follow each discussion. You will want to take notes!

William K. Hubbard attended Clemson University for his undergraduate studies in agricultural engineering and pursued law school at the University of South Carolina. His law practice focuses on estate planning, probate and trust related work. **Ashton R. Gottschall** attended the University of South Carolina Upstate for his undergraduate degree in political science and the University of South Carolina School of Law for his law degree. He focuses on state planning and serving local business owners and entrepreneurs as general counsel.

Intermediate Tai Chi

10 Tuesdays, September 8 to November 10 | 11:00 a.m. to 12:30 p.m. | Cheezem Education Center | Tuition: \$119

Tai Chi (Taijiquan) is practiced widely around the world and is renowned as a system of training that enhances health, balance and well-being through a series of postures that are practiced slowly, with attention to alignment and relaxed movement. While many of the concepts go back to ancient times, the first complete forms are credited to the Chen Village in China (from the 1700s). The Tai Chi form known as "Tai Chi 24" will be taught form by form. The instructor will explain basic yet very important principles e.g., rooting, sung (relaxation), and six directions. At the instructor's request, students must have taken at least three sessions of OLLI's Tai Chi course before signing up for Intermediate Tai Chi. Any exception must have instructor's permission.

Gary Carbone spent 35 years studying Tai Chi (Taijiquan), Xingyiquan, Bagua Zhang, Yiquan, Shaolin Kung Fu and Isshin Ryu Karate and is a seventh-generation lineage holder from Master Chen Jun Hao of Taiyuan, Shanxi Province, China. He loves sharing these arts with others.

Tai Chi

10 Tuesdays, September 8 to November 10 | 1:00 p.m. to 2:30 p.m. | Cheezem Education Center | Tuition: \$119

Tai Chi (Taijiquan) is practiced widely around the world and is renowned as a system of training that enhances health, balance and well-being through a series of postures that are practiced slowly, with attention to alignment and relaxed movement. While many of the concepts go back to ancient times, the first complete forms are credited to the Chen Village in China (from the 1700s). The Tai Chi form known as "Tai Chi 24" will be taught form by form. The instructor will explain basic yet very important principles e.g., rooting, sung (relaxation), and six directions.

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New! Transylvania - A Cross-Cultural History

10 Tuesdays, September 8 to November 10 | 1:00 p.m. to 2:30 p.m. | Cheezem Education Center | Tuition: \$69

Explore the mystery and mystique of one of Europe's least understood enclaves, nestled into a fertile plain surrounded by the Carpathian Mountains, this once forgotten jewel of Eastern Europe nourished a diverse culture of different ethnic groups, working in unison to promote democratic ideals in a hostile, feudalistic world. Discover the magic and majesty in 1,000 years of Transylvanian history, from architecture to folk arts, legends and fables, politics and history, this fast-paced study will be sure to leave you breathless.

As a first-generation immigrant from a Transylvanian family and a student of history, **Hans Falk** is able to provide a unique insight to the magical land of Transylvania, from its earliest history through to the present day. His family traces its ancestry to before the 18th century and were directly impacted by the Hungarian Revolution, the Romanian annexation of Transylvania, and the Communist takeover following WWII, as well as the modern revolution which instituted democratic reforms. Hans has presented this course to cultural groups and has multiple manuscripts detailing life in Transylvania.

New! Salon Topics: Significa and Trivia

10 Wednesdays, September 9 to November 11 | 11:00 a.m. to 12:00 p.m. | Cheezem Education Center | Tuition: \$59

In the seventeenth century, several aristocratic French women popularized the idea of like-minded people gathering in a comfortable setting and discussing an announced topic over a glass of wine. Your tuition will not cover the wine, but knowing OLLI students as I do, I feel sure we can match the intellectual fellowship of that French crowd. To that end, I'll email a short essay on each upcoming topic ranging from truth to beauty to prime the pump. In class, we'll see what if anything the essay has stirred up. To aid the stirring, I'll bring a photocopied handout of anecdotes (and anti-dotes), poems (and a few pomes), cartoons (and a few jokes), quotations, etc. and see where they lead us. These ten intellectual coffeehouse, pea-vining journeys promise to be enjoyable and instructive as they jog our collective memory bank. Note well: these are not canned lectures but seminars among equals, so be prepared to chat. In short, each OLLI salon promises to be a fordable river with real depth.

Skip Eisiminger is retired from the Clemson University English Department, where he taught History of the Language, Word Study, American Literature, interdisciplinary humanities, and creative writing for 42 years. He continues to publish in the *South Carolina Review*, *Weekly Hubris*, and *KYSO Flash*. He is the author of *Anecdotes and Antidotes* (Serving House Press, 2019).

Qigong

5 Wednesdays, September 9 to October 7 | 12:00 p.m. to 1:30 p.m. | Cheezem Education Center | Tuition: \$59

Traditional Chinese Medicine (TCM) incorporates five elements—Metal, Water, Wood, Fire, and Earth—into its approach to health and wellness. When combined with specific movement and breathing techniques, this practice becomes Qigong. The movements in Qigong target various body systems and promote overall health, acting as a holistic tonic for the body. The practice ranges from stationary movements to more dynamic stepping patterns, allowing you to engage in slow, meditative practices for balance or more vigorous movements for an anaerobic workout.

Gary Carbone spent 35 years studying Tai Chi (Taijiquan), Xingyiquan, Bagua Zhang, Yiquan, Shaolin Kung Fu and Isshin Ryu Karate and is a seventh-generation lineage holder from Master Chen Jun Hao of Taiyuan, Shanxi Province, China. He loves sharing these arts with others.

New! The IRA Tax Time Bomb: What Every Retiree Needs to Know

Wednesday, September 9 | 1:00 p.m. to 2:30 p.m. | Cheezem Education Center | Tuition: \$19

Many retirees believe their IRA is protected and tax-efficient—until they discover the hidden traps that can create unexpected tax bills for themselves and their heirs. Learn how recent rule changes, required minimum distributions, beneficiary designations, trusts, and charitable planning can dramatically affect your family's financial future. If your IRA represents a significant portion of your wealth, this session may be one of the most important retirement planning classes you attend. This course is provided by Trust Matters Financial, 211 E North 1st St, Seneca SC 29678, 864-324-4942, Carolyn@trustmattersfinancial.com.

With over 18 years of experience in the financial services industry, **Carolyn Bare** specializes in management of investment and tax and estate planning. Carolyn focusses on those areas particularly for families with scary heirs, special needs loved ones or families with complex family dynamics. Disclosure: Securities offered through Cetera Wealth Services LLC, member FINRA/SIPC. Advisory Services offered through Cetera Investment Advisers, LLC, a registered investment adviser. Cetera is under separate ownership from any other named entity. Cetera Wealth Services, LLC exclusively provides investment products and services through its representatives. Although Cetera does not provide tax or legal advice, or supervise tax, accounting or legal services, Cetera representatives may offer these services through their independent outside business. This information is not intended as tax or legal advice.

New! The Bayeux Tapestry

Wednesday, September 9 | 6:30 p.m. to 7:45 p.m. | Cheezem Education Center | Tuition: \$19

Note: Presenting via Zoom as part of the Smithsonian Associates program.

The Bayeux Tapestry is something of a miraculous survival from the Middle Ages. Nearly intact, and as vibrant today as it was when new, the tapestry was produced in the immediate aftermath of the Norman Conquest of 1066, when the fates of the kingdoms of England and France were, on a single day in October of that year, fundamentally altered ever after. The tapestry was conceived with a role to play in managing and shaping the memory of the violent events of 1066.

Historian **Samuel Collins** explores the agenda and arguments laid out on the Bayeux Tapestry and what the latest scholarship reveals about the strategies its makers employed for rendering a biased account of the months leading up to the Battle of Hastings

New! Beginner Mah Jongg

Thursday, September 10 | 9:00 a.m. to 12:00 p.m. | Keowee Key Activity Center, Salem | Tuition: \$69

Learn what the Mah Jongg craze is all about and begin playing a game that can bring friends, family, and fun to your table! In this hands-on beginner friendly 3-hour lesson, you will play your first game and learn how to identify the tiles, read a Mah Jongg card, set up for game play, pass tiles, claim a discard, and make a winning Mah Jongg hand. Everything you need to start learning and information about what you can do next to increase your wins, will be provided by the instructors, Tammy Bobo and Kelly Turner. We play American Mah Jongg and teach using National Mah Jongg League Rules.

Tammy Bobo and **Kelly Turner** are Clemson graduates and former educators. Through teaching they have gained invaluable techniques to engage learners of all types. They've taught high school mathematics, aerobics, and now, Mah Jongg. They have decades of teaching experience and more than 10 years experience in learning, teaching, and playing American Mah Jongg using National Mah Jongg League rules.

New! Art Under Attack: The History, Recovery and Restitution of Nazi Looted Art During WWII

Thursday, September 10 | 11:00 a.m. to 1:00 p.m. | Cheezem Education Center | Tuition: \$19

We will look at the whys and hows of Nazi art looting before and during WWII. Meet the heroes who tried to protect, recover and return stolen art. Referencing notable art masterpieces we'll explore the journey from theft to recovery. The course will also review the ongoing legal struggles for restitution continuing today.

JoAnn Panza has a lifelong interest in American History, especially WWII, particularly little-known stories of the period. Previous courses, "Female Spies" and "Women on the Homefront" were extensively researched and well received. Please join her as she continues to share stories of 'regular' people making a difference in WWII.

New! Tips for Solo and All Travelers

2 Thursdays, September 10 and 17 | 11:00 a.m. to 12:30 p.m. | Cheezem Education Center | Tuition: \$29

Come learn some new tips on how to make travel more convenient and less stressful when planning your next adventure. Share insights on packing like a pro, safety for solo travelers, money matters and preparing for your next adventure!

Judie Cooper has been traveling for 40 years, sometimes as a solo traveler, sometimes with a tour or cruise and sometimes with independently planned trips. She is happy to share some tips learned along the way to make travel more enjoyable.

Beginner Stained Glass

Session A - 7 Weekdays, September 10, 11, 14, 15, 16, 17, and 18 | Session B - 7 Weekdays, October 22, 23, 26, 27, 28, 29, and 30 | 1:00 p.m. to 4:30 p.m. | Kathy Carroll's Studio, Seneca | Tuition: \$79

The earliest forms of glassmaking occurred nearly 3,000 years ago, and colored window glass dates back 1,350 years; yet our fascination with the art form continues. In this class, discover the secrets of creating your own masterpiece from glass, learn stained glass terminology and study the history of the art. Through hands-on practice, participants will become familiar with modern tools, equipment and techniques while each student fabricates a unique 9x18-inch stained glass panel. This class requires standing and a certain amount of arm strength.

Favorite OLLI instructor **Kathy Carroll** has crafted with glass for more than 40 years. She has taken workshops and attended conferences in various locations throughout the United States and has worked with cold glass, slumped and fused glass and blown glass. She has taught stained glass classes, as well as created commissioned work. Kathy's team of helpers, Sylvia Titus, Nancy Bock and Jack McKenna have been doing stained glass for over 10 years. Sylvia has extensive color and design experience. Nancy retired from the Oconee schools and is a great teacher. Jack has extensive experience with soldering and framing in glass.

Philosophy Plus

10 Thursdays, September 10 to November 12 | 1:30 p.m. to 3:00 p.m. | Cheezem Education Center |

Tuition: \$69

This discussion group is Clemson OLLI's longest running offering. Participants spend the first portion of class watching a video lecture, which leads to the lively discussion that follows. Videos are available to registrants anytime; each discussion is freestanding. Owing to the wide interests within the group, digressions are frequent.

A discussion group member leads the conversation.

New! Morocco in Focus: Film, Culture, and Conversation

3 Thursdays, September 10, October 15, and November 12 | 2:00 p.m. to 4:30 p.m. | Cheezem Education Center | Sessions may be taken individually or as a series | Tuition: \$19 each or \$39 for all three lectures

What can film teach us about a place before we ever set foot there? Join anthropologist Sharon Nagy for a cinematic journey into the cultures, communities, and everyday lives of Morocco and North Africa. Through cinema, we will encounter bustling medinas, family dynamics, changing social values, and the tensions between tradition and modernity that shape contemporary life across the region. Each screening will be followed by a lively discussion exploring the cultural and historical themes that emerge on screen. Featured films include *The Blue Caftan* (Morocco, 2022) and *Halfaouine: Boy of the Terraces* (Tunisia, 1990), with a third contemporary North African film selected in consultation with participants. For those joining our upcoming Morocco tour, this series offers a chance to begin the journey early—to arrive with a richer sense of the people, stories, and social worlds behind the landscapes and monuments. For anyone, it is an opportunity to experience the Maghreb through some of its most compelling cinematic voices.

Sessions may be taken individually or as a series.

- **Session 1:** *The Blue Caftan* (Morocco, 2022)
- **Session 2:** *Halfaouine: Boy of the Terraces* (Tunisia, 1990)
- **Session 3:** A third contemporary North African film selected in consultation with participants

Sharon Nagy, cultural anthropologist specializing in Middle Eastern and North African urbanism, with research and lived experience in Morocco, the Gulf States, Egypt, and Iran will lead these three lectures. She is offering this program as a precursor to the *OLLI Corps: Culture, Conversation, and Community in Morocco* in March 2027.

New! Beginner Mah Jongg

Friday, September 11 | 9:00 a.m. to 12:00 p.m. | Cheezem Education Center | Tuition: \$69

Learn what the Mah Jongg craze is all about and begin playing a game that can bring friends, family, and fun to your table! In this hands-on beginner friendly 3-hour lesson, you will play your first game and learn how to

identify the tiles, read a Mah Jongg card, set up for game play, pass tiles, claim a discard, and make a winning Mah Jongg hand. Everything you need to start learning and information about what you can do next to increase your wins, will be provided by the instructors, Tammy Bobo and Kelly Turner. We play American Mah Jongg and teach using National Mah Jongg League Rules.

Tammy Bobo and **Kelly Turner** are Clemson graduates and former educators. Through teaching they have gained invaluable techniques to engage learners of all types. They've taught high school mathematics, aerobics, and now, Mah Jongg. They have decades of teaching experience and more than 10 years experience in learning, teaching, and playing American Mah Jongg using National Mah Jongg League rules.

New! Hand Build a Face Jug

Saturday, September 12 (10:00 a.m. to 1:00 p.m.) and Saturday, September 26 (10:00 a.m. to 12:00 p.m.) | Holly Springs Center, Pickens | Tuition: \$129

OLLI is proud to partner with the Holly Springs Center to offer this class.

Students will learn how to make a face jug using the coil method of hand building. Once the jug is created, you will then learn how to sculpt the face and attach a handle. Participants will need to return on the second class date to glaze the face jug after the first firing.

Michelle Petty is a teaching artist holding an art education degree with a concentration in ceramics. She has taught at Spartanburg High School, Fairington Elementary School in Lithonia, GA, Aiken Center for the Arts, Callenwold Fine Arts Center in Atlanta, GA, Spruill Center for the Arts in Dunwoody, GA and Holly Springs Center in Pickens SC. Her work can be seen at The White Rabbit Fine Art Gallery in Travelers Rest, SC.

New! 9-11 @ 25 - Questioning the Official Story



6 Mondays, September 14 to October 19 | 1:00 p.m. to 2:30 p.m. | Hybrid Classroom (Via Zoom or In-Person at the Cheezem Education Center) | Tuition: \$69

In the aftermath of September 11, 2001, the U.S. government, the media, and most national institutions quickly established the “official story” of what led to and occurred on that fateful day. At 25 years on, that story is not so certain. Questions have been raised. Through viewing episodes of an acclaimed documentary and in-class discussion, students can confront these questions and consider whether they have merit. It will not change the outcome, but it may give new insight.

John Powers is a writer and director of narrative and documentary stories. He is a graduate of the University of Southern California with an MFA and BFA in Drama. He began his career as a screenwriter. Later, he returned to performing arts as a producer and presenter of theater and other cultural events. Recently, he has returned to filmmaking, producing several movies. He has published fiction and non-fiction works. He has taught for several universities and colleges in their lifelong learning programs.

New! Perfect Party Platter

Tuesday, September 15 | 1:00 p.m. to 4:00 p.m. | Cheezem Education Center | Tuition: \$49

Learn the art of paper crafting by transforming plain glass dishes into a functional work of art. This beginner-friendly course covers surface preparation, traditional cutting and pasting techniques and sealing. Students will complete and take home a fully customized, food-safe party platter.

Carla T. Poirier has been doing arts and crafts her whole life. She has taught art classes, participated in craft sales and sells her artwork at a local bookstore on Ram Cat Alley. She makes greeting cards, name tags, book markers, wreaths, decorates and refurbishes chairs, creates holiday items from wood scraps and other items. She believes in recycling, repurposing, and reusing items. She volunteers at Friends of the Library, is a board member of Blue Ridge Arts Center, and the executive director for Keep Oconee Beautiful Association.

New! Loyalists in the American Revolution

Tuesday, September 15 | 6:30 p.m. to 8:00 p.m. | Cheezem Education Center | Tuition: \$19

Note: Presenting via Zoom as part of the Smithsonian Associates program.

Loyalists emerged as the great losers of the American Revolution. These men and women who opposed independence and fought to keep the colonies within the British Empire saw their fortunes collapse after the patriot

victory at Yorktown in 1781. History quickly lost sight of them, and from today's perspective it's hard to understand why so many ordinary Americans were bitterly opposed to the break with Britain and the birth of a new democratic nation.

Historian **Richard Bell** reexamines the conflict through the experiences of loyalists from all rungs of the social ladder, challenging stereotypes that portray them as cowardly elites or self-interested officials. Bell explores their motivations, their wartime struggles, and the profound changes they faced once the patriots prevailed.

Keep on Drawing

6 Wednesdays, September 16 to October 21 | 10:00 a.m. to 11:30 a.m. | Cheezem Education Center | Tuition: \$69

This class is specifically for students who have already taken Make Drawing a Habit with Tom Pellett. We will work with new tools and new subject matter. Color theory will be introduced. The class will take a drawing field trip. A supply list will be provided upon registration.

As a professional garden designer over a period of 45 years, **Tom Pellett** designed gardens in Austin, Greensboro, the Memphis area, north Mississippi and east Arkansas. He has been filling sketchbooks for 50+ years and painting with watercolors for about 25 years. Tom's gardens have been featured in several books and periodicals. His academic degree is a BFA from the California College of Art.

New! From First Cars to Future Cars

3 Wednesdays, September 16 to 30 | 11:00 a.m. to 12:30 p.m. | Cheezem Education Center | Tuition: \$39

Do you remember your first car? It is fun to trace the technical and aesthetic development of the motorcar from its humble beginnings towards the luxury and consumer product of today through advertisements. What qualities are you looking for in a new or used car? We will also discuss problems and challenges of individual transportation. How will we drive in 2040?

Gerald Lehmacher loves cars since his childhood in Germany and has amassed a large library of books on automotive history and car culture around the world. He's also looking into the future of transportation as cars keep becoming smarter and safer.

New! Paint & Sip Style Acrylic Class: Eye of the Tiger

Wednesday, September 16 | 6:00 p.m. to 8:00 p.m. | Cheezem Education Center | Tuition: \$59

Join us for a fun and relaxing 2-hour acrylic painting experience designed for all skill levels! Each participant will receive all necessary painting materials, including a large pre-drawn canvas, making it easy to jump right in and create your own "Eye of the Tiger." Whether you're a beginner or simply looking for a fun night out, this guided class offers the perfect opportunity to unwind, socialize, and create your own masterpiece. Just sign up, show up, and get ready for an awesome time filled with creativity and fun!

Andrea Williams is the owner of Errant Artistry, a self-taught artist, who has been in love with art for as long as she can remember. She is passionate about her ability to learn new techniques that she enthusiastically teaches to others.

New! Let's Cook and Eat Brunch!

Session A - Tuesday, September 22 | Session B - Tuesday, October 13 | 9:30 a.m. to 12:00 p.m. | Cheezem Education Center | Tuition: \$39

Enjoy cooking two wonderful recipes - Caramelized French Toast Casserole/Muffins and Sweet Cheese with Fruit Blintzes (a delicate pancake/crepe). Blintzes is a classic Eastern European recipe, and both recipes are family favorites. After cooking we will enjoy brunch with coffee and tea. Some participation required.

Rose Schecter was born in New York to a family with deep Eastern European roots (Ashkenazi Jewish heritage). Her maternal grandmother, who survived the Warsaw Ghetto, was a cook who used empty jelly jars as makeshift measuring cups to create her dishes. Over the years, Rose has lovingly adapted her grandmother's recipes, from both sides, sisters and friends infusing them with her own creative touches.

New! Introduction to Pottery Wheel

Wednesday, September 23 (10:00 a.m. to 1:00 p.m.) and Wednesday, October 7 (10:00 a.m. to 12:00 p.m.) | Holly Springs Center, Pickens | Tuition: \$129

OLLI is proud to partner with the Holly Springs Center to offer this class.

Discover the art and joy of pottery in this fun, hands-on class designed specifically for beginners. Over the course of three hours, you'll learn the fundamentals of working on the potter's wheel, including centering clay, opening forms, pulling walls, and shaping simple vessels such as bowls or cups. No prior experience is necessary. Your instructor will guide you through each step of the process, helping you develop confidence and basic wheel-throwing skills in a relaxed and supportive environment. Expect to get your hands dirty while exploring the creative possibilities of clay. All materials and tools are provided. By the end of class, you'll have created several pieces and gained a solid introduction to the pottery-making process. Whether you're looking to try something new, explore a creative hobby, or see if pottery is right for you, this workshop is the perfect place to start. Two weeks after the class, you'll return for a one-hour glazing lesson, where you'll learn how to finish and decorate your fired pieces. If you cannot return for the second session, your instructor will glaze the pottery for you.

Meredith Sargent is a retired high school Spanish teacher who always wanted to work in clay. Retirement afforded her the time and opportunity to finally pursue it and do so with passion. Now, after a few years of relentlessly practicing and creating pottery, she has wedded her love of teaching with her love of clay.

New! Mindset Matters: Simple Practices for Resilience and Well-Being

Thursday, September 24 | 10:00 a.m. to 12:00 p.m. | Cheezem Education Center | Tuition: \$19

Sometimes the smallest shifts in how we think and respond can create meaningful changes in how we experience life. In this engaging and interactive workshop, participants will explore practical strategies to manage stress, strengthen resilience, and build daily habits that support greater well-being. Drawing from leadership experience, coaching practices, and resilience-based tools, this session introduces simple, effective techniques including breathing, reflection, and intentional mindset shifts that help create greater clarity, steadiness, and perspective in everyday moments. Participants will leave with practical tools they can apply immediately to navigate challenges, regulate their responses and sustain their well-being over time.

Theresa Singletary is a coach, facilitator, and leadership practitioner who helps individuals and teams better understand how their minds work so they can lead, communicate, and live with greater clarity and confidence. She is a Board-Certified Master Success Coach and Trainer of Neuro-Linguistic Programming (NLP), a Certified Working Genius Facilitator, and a guide in the Struggle Well program, which focuses on practical tools for resilience and growth after adversity. **Greg Mullen** is a leadership advisor, facilitator, and retired law enforcement executive with over 40 years of experience in public safety and organizational leadership. He served as Associate Vice President for Public Safety at Clemson University and previously held senior leadership roles in Charleston, SC and Virginia Beach, VA. His work focuses on leadership, decision-making under pressure, and helping individuals and organizations navigate challenges with clarity and purpose.

Four Pillars of a Successful Retirement

Session A: Tuesday, September 29 and Wednesday, September 30 (9:30 a.m. to 11:30 a.m.)

Session B: Tuesday, September 29 and Wednesday, September 30 (1:30 p.m. to 3:30 p.m.)

Session C: Wednesday, October 7 and Thursday, October 8 (9:30 a.m. to 11:30 a.m.)

Cheezem Education Center | Tuition: \$49

Does your retirement need a little financial rejuvenation? This unique and comprehensive course focuses on the issues and financial concepts that are important to retirees. In straightforward language, this course explains financial strategies designed to accomplish objectives such as tax strategies everyone should know but no one talks about, how to avoid typical estate planning mistakes, what happens if your pension or Social Security goes away, what investments are right for you and how much risk are you taking, and ensuring you have enough money for retirement. However, money is only one aspect of post-retirement planning; we will also discuss the importance of fulfilling activities.

Rusty Bynum, CFP® (Certified Financial Planner®), is the Managing Partner of Next Financial Partners. A graduate of Francis Marion University, he has served clients in the financial services industry for more than 20 years. Rusty

holds Series 6, Series 7, and Series 63 securities licenses and is a certified instructor with the Financial Educators Network. He has taught financial education courses through multiple universities and specializes in retirement planning, investment management, and helping clients pursue their long-term financial goals.

The Heavy Water War: Stopping Hitler's Atomic Bomb

Tuesday, September 29 | 1:00 p.m. to 2:30 p.m. | Keowee Key Activity Center, Salem | Tuition: \$19

The race for the atom bomb began in 1938 when German scientists took a commanding lead by splitting the uranium atom and releasing potentially explosive energy. Heavy water (D2O) was necessary to turn this discovery into a decisive weapon for Hitler. A fertilizer plant in Norway was already processing D2O and the Nazis ordered all available stocks and demanded increased production. Their invasion of Norway in April 1940 put the Nazis in a position to take a commanding lead in the production of an atom bomb. This is the start of the “Heavy Water War,” the years-long Allied attempt to thwart Germany’s efforts to develop a nuclear device. It is a story about science and scientists, forgotten heroes, failed commando-style raids, and an air attack of 700 bombs that missed the target. If you have seen the movie “Oppenheimer” you know how concerned the Allies were that Germany would get the bomb first. This is the story of why that never happened.

Timothy Boyce practiced law for many years, most recently serving as the Managing Partner of the Charlotte, NC office of Dechert LLP, a global law firm. He holds an M.B.A. from The Wharton School of Finance, and a J.D. from the University of Pennsylvania Law School. He received a B.S. from Georgetown University. Tim's articles have appeared in The Quarterly Journal of Military History, World War II Magazine, The Scandinavian Review and Viking Magazine. Tim, who lives in Tryon, NC, retired in 2014 to devote full time to writing and speaking.

New! Learn How to Paint Like Bob Ross: My First Landscape

Wednesday, September 30 | 1:00 p.m. to 4:00 p.m. | Cheezem Education Center | Tuition: \$99

Join us for a relaxing and inspiring 3-hour oil painting class where you'll learn the beloved Bob Ross wet-on-wet painting technique made famous on the PBS show *The Joy of Painting*. Led step-by-step by an experienced instructor, this class will guide you through the entire creative process while teaching valuable Bob Ross techniques, tips, and brushwork skills along the way. All materials are provided, including a large 16x20 canvas, so you can simply arrive ready to paint and enjoy the experience. This class is perfect for beginners and aspiring artists alike. More than just a painting class, this experience offers a therapeutic and creative escape. The process of painting encourages you to slow down, stay present, and enjoy each step as you learn to move the paint with purpose. By the end of class, you'll leave with your own finished oil painting of "My First Landscape" and a newfound appreciation for the joy of creating.

Andrea Williams is the owner of Errant Artistry, a self-taught artist, who has been in love with art for as long as she can remember. She is passionate about her ability to learn new techniques that she enthusiastically teaches to others.

Line Dancing: Where Fitness Meets Friendship

6 Wednesdays, September 30 to November 4 | 2:30 p.m. to 3:45 p.m. | Central Clemson Recreation Center, Central | Tuition: \$69

Line dancing is the perfect blend of movement, music, and fun, no partner required! In this upbeat class, you'll learn easy-to-follow dances set to lively music, all in a welcoming and lighthearted atmosphere. Whether you're brand new or already know a few steps, you'll leave each class smiling, energized, and ready to dance through life.

With former Charleston Boot Boogie Babe **Vicki Enos** as your instructor, you'll pick up a variety of social dances you can use anywhere...weddings, backyard BBQs, your favorite local hangout, or even right in your living room. More than just dance steps, this class is about laughter, music, and new friendships. Come for the exercise, stay for the connections, and leave with an extra pep in your step!

New! Paint & Sip Style Acrylic Class: Abstract Pumpkins

Tuesday, October 6 | 6:00 p.m. to 8:00 p.m. | Cheezem Education Center | Tuition: \$59

Join us for a fun and relaxing 2-hour acrylic painting experience designed for all skill levels! Each participant will receive all necessary painting materials, including a large pre-drawn canvas, making it easy to jump right in and

create your own "Abstract Pumpkins." Whether you're a beginner or simply looking for a fun night out, this guided class offers the perfect opportunity to unwind, socialize, and create your own masterpiece. Just sign up, show up, and get ready for an awesome time filled with creativity and fun!

Andrea Williams is the owner of Errant Artistry, a self-taught artist, who has been in love with art for as long as she can remember. She is passionate about her ability to learn new techniques that she enthusiastically teaches to others.

New! The History of Washington's Cemeteries

Tuesday, October 6 | 7:00 p.m. to 8:30 p.m. | Cheezem Education Center | Tuition: \$19

Note: Presenting via Zoom as part of the Smithsonian Associates program.

Washington, D.C.'s cemeteries offer a lens into the city's history, where landscape design, architecture, and memory intersect. **Carolyn Muraskin**, founder of DC Design Tours, explores four distinctive burial grounds: Oak Hill Cemetery, Mount Zion Cemetery and Female Union Band Society Cemetery, Glenwood Cemetery, and Rock Creek Cemetery. Each site reflects different communities, eras, and approaches to commemoration. From the picturesque, garden-inspired design of Oak Hill and Rock Creek to the rural cemetery movement embodied at Glenwood, these spaces reveal how 19th-century ideals shaped both the physical landscape and the cultural meaning of burial grounds in the nation's capital. By examining their design and symbolism and the lives they commemorate, Muraskin presents cemeteries not as static resting places but as dynamic cultural landscapes that continue to shape how we understand the city's past.

40+ Years of Death: The Past, Present, and Future of South Carolina's Death Penalty

4 Wednesdays, October 7 to 28 | 11:00 a.m. to 12:30 p.m. | Cheezem Education Center | Tuition: \$49

Now that the modern death penalty is 40 years old in South Carolina, what do we know about its effectiveness as a form of punishment, and what is the cost to our state, both in terms of human as well as financial resources? In this course, members will hear from experts on the death penalty about the trends of when and how the death penalty across the US is enacted, its impact on individuals and communities, and ways that others are taking what they've learned about the death penalty and proposing alternative but hopefully effective penalties. This course will include lectures from system-impacted speakers, including legal experts, a murder victim family member, a death row family member, and a death row survivor. As with any potentially controversial topic with social and political implications, respectful behavior and conversation will be expected.

Rev. Hillary Taylor is the Executive Director of South Carolinians for Alternatives to the Death Penalty (SCADP).

Before working for SCADP, Hillary spent time working as a young adult missionary in South Africa and Miami, FL, a pastor in Saluda, SC, and a hospital chaplain at Greenville Memorial Hospital. A graduate of both Furman University and Candler School of Theology (Emory University), Hillary has been working against the death penalty since organizing with the #KellyOnMyMind Campaign in 2015 for Kelly Gissendaner in Georgia. When she returned to South Carolina, she became the spiritual advisor to Brad Sigmon, who was executed on March 7, 2025. She continues abolition work in his memory. When she is not working, Hillary loves being outdoors, doing yard work, and spending time with her wife and pets.

New! Protecting Yourself from a Scary Heir: What Happens When Love and Money Collide

Wednesday, October 7 | 1:00 p.m. to 2:30 p.m. | Cheezem Education Center | Tuition: \$19

You've worked your entire life to build something meaningful—but what happens if the person inheriting it isn't prepared to handle it? Learn how families use trusts, trustee services, inheritance safeguards, and special planning techniques to protect assets from poor decisions, creditors, divorce, addiction, and family conflict. This eye-opening session explores how to leave a legacy that helps your loved ones without unintentionally harming them. This course is provided by Trust Matters Financial, 211 E North 1st St, Seneca SC 29678, 864-324-4942, Carolyn@trustmattersfinancial.com.

With over 18 years of experience in the financial services industry, Carolyn Bare specializes in management of investment and tax and estate planning. Carolyn focusses on those areas particularly for families with scary heirs, special needs loved ones or families with complex family dynamics. Disclosure: Securities offered through Cetera Wealth Services LLC, member FINRA/SIPC. Advisory Services offered through Cetera Investment Advisers, LLC, a registered investment adviser. Cetera is under separate ownership from any other named entity. Cetera Wealth

Services, LLC exclusively provides investment products and services through its representatives. Although Cetera does not provide tax or legal advice, or supervise tax, accounting or legal services, Cetera representatives may offer these services through their independent outside business. This information is not intended as tax or legal advice.

New! National Park Origins

Wednesday, October 7 | 2:00 p.m. to 3:30 p.m. | Hybrid Classroom (Via Zoom or In-Person at the Cheezem Education Center) | Tuition: \$19

How did our national park system develop? What lay behind the parks' creation, preservation, and management? In Origins, remarkable and diverse tales from over fifteen parks tell of extraordinary people that fought tirelessly for their protection.

David Kroese is one of fewer than a hundred people known to have visited all 430+ National Park Service units. Over the past decade, David has logged 1,700+ site visits and over 6,000 trail miles exploring NPS units across the country. David wrote of his experiences in the first published narrative through all the NPS sites, *The Centennial: A Journey through America's National Park System*. David shares his enthusiasm for our park system in speaking engagements across the country and is currently working on his next book, *Amidst the Icons: Hidden Gems of America's National Park System*.

New! Alaska: Traveling to the National Parks of the Last Frontier

Thursday, October 8 | 11:00 a.m. to 12:30 p.m. | Hybrid Classroom (Via Zoom or In-Person at the Cheezem Education Center) | Tuition: \$19

In this presentation, we will discuss key learnings, possibilities, and limitations in exploring the vast wilderness and history of the 23 National Park Service units in Alaska. Our discussion features scenes of incredible beauty and fascinating history through America's last wilderness frontier.

David Kroese is one of fewer than a hundred people known to have visited all 430+ National Park Service units. Over the past decade, David has logged 1,700+ site visits and over 6,000 trail miles exploring NPS units across the country. David wrote of his experiences in the first published narrative through all the NPS sites, *The Centennial: A Journey through America's National Park System*. David shares his enthusiasm for our park system in speaking engagements across the country and is currently working on his next book, *Amidst the Icons: Hidden Gems of America's National Park System*.

Legacy Planning/Elder Law Issues

2 Mondays, October 12 and 19 | 9:00 a.m. to 10:30 a.m. | Keowee Key Activity Center, Salem | Tuition: \$29

In this course, we will discuss the documents that make up a thorough estate plan, such as wills, will substitutes (trust), advanced directives, and all the options for estate and legacy planning including:

- How to best protect my estate from probate
- What documents do I really need to protect my assets for my family
- What documents do I really need to allow my family to take care of me during incapacity
- How do I protect myself from becoming a target of financial exploitation
- How to protect a parent, spouse, or sibling who may be suffering from dementia.

We will also discuss some of the more common signs of elder abuse and financial exploitation and the best legal means for avoiding and/or remediating those.

Carol A. Johnson is an Elder Law & Estate Planning attorney for Carol Johnson Law Firm, P.A., which has offices in both Florida and South Carolina. Carol's practice primarily focuses on Estate and Legacy Planning issues ranging from simple probate-avoidance trusts to dynasty trusts, probate and probate avoidance, guardianships, long-term care planning and providing estate specific documents for families with disabled family members. **Shaun D. Malone, Esq.**, is the newest attorney associate at Carol Johnson Law Firm, P.A. Shaun has a background in both estate planning and litigation, having worked at an all-purpose law firm in Easley for several years before joining the 13th Judicial Circuit as a Solicitor. As a new member of the firm, Shaun brings a depth of litigation knowledge and skills which has allowed us to expand our offerings to our clients to include family law, civil litigation, probate and trust litigation.

New! Our Weird and Wild Universe



Tuesday, October 13 | 6:30 p.m. to 8:00 p.m. | Cheezem Education Center | Tuition: \$19

Note: Presenting via Zoom as part of the Smithsonian Associates program.

The universe is far stranger than science fiction ... and it's all real. **Kimberly Arcand** of the Smithsonian Astrophysical Observatory leads a journey through weird and wild places in the cosmos, from merely mind-bending to truly extreme. Along the way meet blazars (hyperactive, distant black holes) that outshine entire galaxies, quasars powered by supermassive black holes, city-sized neutron stars, and pulsars that keep time more precisely than atomic clocks, plus a few truly wild worlds orbiting distant suns. Arcand talks about how these extreme objects are found and what they reveal about the cosmos.

Ethics, Civic Virtues, and the Survival of Democracy

2 Thursdays, October 15 and 22 | 11:00 a.m. to 12:30 p.m. | Cheezem Education Center | Tuition: \$29

Democracy depends on having citizens engaged, informed, and willing to play well with others. From ancient Greece to modern America, self-government has been the ideal. What values do we affirm and what qualities of character should we cultivate to ensure that democracy can survive and thrive? The answers lie in virtue ethics, an ancient Greek teaching that can still help us do a better job of protecting, preserving and restoring self-government in the public interest.

Holley Ulbrich is a veteran OLLI instructor whose career as a professional and a volunteer has spanned economics, ethics, religion, and politics. A retired economics professor from Clemson, she received a Master of Theological Studies degree from Emory with a concentration in ethics and returned to the classroom to teach a graduate course in ethics and public policy for 14 years.

Brain Health: How to Reduce Your Lifetime Risk of Developing Dementia

Friday, October 16 | 9:00 a.m. to 10:30 a.m. | Cheezem Education Center | Tuition: \$19

Learn how you can reduce your risk of developing dementia with tips for maintaining a healthy brain. In this course, we will address some of the misconceptions about dementia, identify 14 key modifiable risk factors, and discuss steps you can take today to lower your risk of cognitive decline.

Alexandra Kao is a speech-language pathologist for the USC Brain Health Network, a collection of clinics across the state working to provide timely access to specialized cognitive care and early detection of Alzheimer's Disease and dementia. She has a passion for educating the community on dementia prevention and healthy brain lifestyle tips.

New! Craft your Own Handwarmer Mug

Friday, October 16 (10:00 a.m. to 12:30 p.m.) and Friday, October 30 (11:00 a.m. to 1:00 p.m.) | Holly Springs Center, Pickens | Tuition: \$129

OLLI is proud to partner with the Holly Springs Center to offer this class.

Hand warming mugs are the perfect accompaniment for the cooler weather to come. Fill your mug with something hot and wrap your hands around your new mug to take out the fall chill. In our hand warming mug class, the instructor will go over basic pottery hand building and slab building techniques. Each person will learn how to make a mug in this two-day class. The second day will be to glaze your mug. During the glaze day part of class your instructor will share lots of glazing tips to create a one-of-a-kind look.

Chelsea Bester began her pottery journey 25 years ago by taking beginner wheel classes at a community arts center in Oregon. Since that time, she has broadened her pottery interests to include hand-building and glaze-making. Her specific passion lies in pressed botanical slab construction, where she infuses her creations with natural elegance. Her artistic endeavors have been fundamentally influenced by the complex and sometimes haphazard outcomes of glaze and its production. She's been a pottery instructor at the Holly Springs Center for roughly five years and is a founding member of the studio's management team.

New! Avoiding Financial Pitfalls in Retirement

4 Wednesdays, October 21 to November 11 | 11:00 a.m. to 12:30 p.m. | Cheezem Education Center | Tuition: \$49

Take control of your financial future and learn how to retire with confidence. In this engaging course, you will discover how to maximize your Social Security benefits, navigate Medicare decisions, reduce taxes in retirement,

and build a reliable income plan that lasts. We break down complex topics into clear, practical strategies you can apply immediately. Whether you are approaching retirement or already there, you will gain the knowledge and clarity needed to avoid costly mistakes and make wise decisions. Join us for an educational experience designed to equip you, empower you, and help you move forward with confidence. Reserve your spot today and take the next step toward a successful retirement.

David Treece has nearly 15 years of experience in financial services and is the author of *How to Excel in Retirement*. He publishes an educational newsletter with over 2,300 subscribers and has helped hundreds navigate retirement and avoid common pitfalls. His expertise includes Social Security optimization, Medicare planning, tax strategies, and creating sustainable retirement income. David regularly hosts educational workshops and is the most highly reviewed financial planner on Google in Spartanburg, South Carolina.

New! Decode Your Gut: What Your Symptoms Are Trying to Tell You (and What to Do About It)

Wednesday, October 21 | 11:00 a.m. to 12:30 p.m. | Cheezem Education Center | Tuition: \$19

Do you ever feel like your digestion—or even your energy, mood, or sleep—has changed over time without a clear explanation? In this engaging workshop, Meredith Orlowski will guide you in uncovering what your body is trying to communicate through common symptoms. You'll explore how gut health influences far more than digestion and learn to recognize patterns in your own body. Through practical insights and real-life examples, you'll begin to connect the dots between daily habits, symptoms, and overall health—leaving with simple, actionable steps to support better digestion and well-being.

Meredith Orlowski is a functional medicine practitioner and board-certified health coach who specializes in uncovering root causes of digestive symptoms. Over the past six years, she has helped clients navigate issues like bloating, irregular digestion, and food sensitivities by looking beyond standard labs. Meredith brings a practical, whole-person approach to gut health, translating complex concepts into simple, actionable steps for lasting improvement.

New! Retirement Planning is LIFE PLANNING

Wednesday, October 21 | 11:00 a.m. to 12:30 p.m. | Keowee Key Activity Center, Salem | Tuition: \$19

Retirement used to mean stopping. Today, it means something entirely different, and most people are discovering that the financial plan is actually the easy part. In this course, David Chudyk, CFP® draws on decades of experience working with pre-retirees and retirees to explore what retirement planning really means in the 21st century. Spoiler: it's not just about the money. We'll cover the questions your financial advisor probably hasn't asked you — What will you actually do when you retire? What gives you purpose? What does a fulfilling next chapter look like for you? Alongside the financial mechanics that make it possible: investment allocation, income planning, Social Security timing, tax strategy, healthcare, and legacy. Topics include: Why the "number" isn't the finish line — it's the starting point; the transition from accumulation to distribution: how your portfolio strategy has to change; purpose, identity, and the psychology of leaving work behind; building a retirement income plan that actually lasts; key risks most people don't plan for — and how to address them. Whether you're five years out or already there, this course will help you think more clearly, and more completely, about what retirement really means for you.

Since 2003, **David Chudyk**, Certified Financial Planner™ has been helping clients make the right financial decisions for the reasons that are important to them. Chudyk believes that "how we handle our money should positively impact our lives and the lives of those around us.

New! Thanksgiving Holiday Centerpiece

Tuesday, October 27 | 1:00 p.m. to 4:00 p.m. | Keowee Key Activity Center, Salem | Tuition: \$49

Elevate your holiday entertaining by learning how to craft beautiful, personalized Thanksgiving table decorations. This hands-on, festive workshop teaches you how to design centerpieces. Discover how to mix faux foraged elements, seasonal fruits, and natural vessels. All supplies are provided.

Carla T. Poirier has been doing arts and crafts her whole life. She has taught art classes, participated in craft sales and sells her artwork at a local bookstore on Ram Cat Alley. She makes greeting cards, name tags, book markers, wreaths, decorates and refurbishes chairs, creates holiday items from wood scraps and other items. She believes in

recycling, repurposing, and reusing items. She volunteers at Friends of the Library, is a board member of Blue Ridge Arts Center, and the executive director for Keep Oconee Beautiful Association.

New! Understanding Autism from an Autistic Point of View

Wednesday, October 28 | 11:00 a.m. to 12:30 p.m. | Cheezem Education Center | Tuition: \$19

This presentation is an overview of Autism, from meltdowns, education, ADHD, brain signals, sensory, DSM, myths, history, terminology, understanding diagnosis terminology, and more from an Autistic point of view.

Joe McLaughlin works in Institutional Research. He's also autistic. Joe was born when individuals like him weren't diagnosed. Officially diagnosed in his 50s for work, it was his children's diagnosis that exposed his own. Joe has spent 15 years studying autism, both to understand himself, and to help others. He's written books, done presentations, and participated in round tables. He discusses meltdowns, education, ADHD, brain signals, sensory, DSM, myths, history, terminology...from an Autistic point of view.

Beyond Diet and Exercise: Unlocking the Science Behind Injectable Weight Loss Drugs

Monday, November 2 | 10:00 a.m. to 11:30 a.m. | Cheezem Education Center | Tuition: \$19

If you've been struggling with weight loss, but skeptical about the new medical treatments that seem to be changing the game, this presentation is for you! During this session, we will discuss the new class of injectable medications, including GLP-1s, GIPs, and SGLT2 inhibitors, (otherwise known as Ozempic and Mounjaro) that can help with weight loss and improve overall health. We'll break down how these medications work, their benefits, potential side effects, and what you should know if you're considering them. By the end of this session, participants will be able to:

- Understand what injectable peptide weight loss medications are and how they support weight loss and blood sugar control
- Recognize the potential benefits, risks, and side effects
- Identify who may be a good candidate for these medications and who should avoid them
- Learn how nutrition, physical activity, and healthy habits improve medication success
- Develop realistic expectations about cost, long-term use, and sustainable weight management

Tara Wright, DNP, APRN, FNP-BC is a seasoned nurse with extensive experience in the field, she has built a solid foundation in clinical practice while expanding her leadership and evidence-based decision-making skills during her time at Clemson University. She holds a doctorate in Nursing Practice (DNP) from Clemson University. Tara is driven by a deep commitment to Functional Health and Holistic Prevention. She is dedicated to advancing patient advocacy through healthcare policy and, as an Advanced Care Provider. Tara plans to continue her work with national organizations to implement meaningful changes and foster trust and understanding between providers and the communities they serve.

New! Hormone Harmony: Optimizing Hormones for Energy, Wellness, and Vitality

Monday, November 2 | 1:00 p.m. to 2:30 p.m. | Cheezem Education Center | Tuition: \$19

In this program, Tara Wright brings together her clinical background, commitment to patient education, and interest in functional and preventive care to help participants better understand how hormones affect energy, mood, metabolism, sleep, and overall well-being. By the end of this class, participants will be able to:

- Understand the role of key hormones in the body
- Recognize common signs of hormonal imbalance in midlife and older adulthood
- Identify lifestyle factors that influence hormone health
- Learn what evaluation and treatment options may be available
- Know when to seek professional guidance

Tara Wright, DNP, APRN, FNP-BC is a seasoned nurse practitioner with decades of clinical experience and a strong commitment to helping individuals achieve greater health, vitality, and quality of life through evidence-based, patient-centered care. Her work is rooted in a passion for functional health, holistic prevention, and empowering patients to better understand the many factors that influence wellness across the lifespan. Dr. Wright earned her Doctor of Nursing Practice from Clemson University, where she further developed her leadership, clinical expertise, and evidence-based decision-making skills. As an Advanced Practice Provider, she is especially passionate about hormone health, healthy aging, and helping adults navigate the changes of midlife and beyond with clarity, confidence, and compassionate support.

New! From Kabul to Clemson: An Afghan Culinary Journey

Monday, November 2 | 3:30 p.m. to 5:30 p.m. | Cheezem Education Center | Tuition: \$39

Join Clemson's Every Campus A Refuge (ECAR) for a warm and interactive cooking class. The session celebrates Afghan foodways through hands-on culinary storytelling. Participants will learn Afghan cooking basics, watch a live chef demonstration, and connect with peers over a shared meal. You will also take home recipe cards to recreate the featured dish.

Dr. Angela Naimou is an Associate Professor of English at Clemson University, where she specializes in contemporary literature, migration, and international human rights. An award-winning author and journal editor, she explores how storytelling impacts global justice. Dr. Naimou is the founding faculty instructor and mentor for Clemson's Every Campus A Refuge (ECAR), a transformative campus initiative supporting refugee resettlement and community welcome. Dr. Naimou will be accompanied by a local Afghan community member.

New! The Wisdom of World Religions

3 Wednesdays, November 4 to 18 | 1:00 p.m. to 2:30 p.m. | Cheezem Education Center | Tuition: \$39

The world's great spiritual traditions have given us a priceless gift: their wisdom. There are mystics, poets, monastics, and spiritual masters from various religions who are ready to share it. In this course, we will sample the wisdom of Judaism, Islam, Buddhism, Hinduism, Taoism, and Sikhism. The conceptual foundation will be Perennial Wisdom, which points to a shared spiritual viewpoint at the heart of these religions. Although Christianity has been the predominant religion of America for the past 250 years, the religious landscape is shifting. Many Americans are curious about other religions and feel that learning about different spiritual traditions can make them better citizens of our multicultural world. While teaching an introduction to world religions at Brevard College, Dr. Field collected wisdom from the world's religions. He loves to share it!

Rob Field is the founding director of Center for Spiritual Wisdom, a nonprofit, independent spirituality center for all seekers. He is an Episcopal minister, having served churches in North Carolina since 1993, and was senior minister at St. Philip's Parish in Brevard, N.C. from 1997 to 2016. From 2018 to 2022, Rob taught World Religions at Brevard College. He came to the priesthood from an earlier career in journalism. Rob graduated from the School of Theology in Sewanee in 1993 and received a Doctorate in Ministry from Sewanee, Tennessee in 2009. He is married to Jayne and has two adult children, plus two endearingly goofy dogs.

New! Unearthing History: The Woodland Cemetery Project

2 Thursdays, November 5 and 12 | 2:00 p.m. to 3:00 p.m. | Cheezem Education Center | Tuition: \$29

Discover the hidden histories of Clemson University's Woodland Cemetery through the groundbreaking research of Dr. Rhondda Robinson Thomas. As faculty director, Dr. Thomas leads efforts to preserve, document, and recover the stories behind more than 600 unmarked graves belonging to enslaved individuals, sharecroppers, and convicted laborers who built the campus. This special two-part OLLI event begins with an engaging classroom lecture at the Cheezem Education Center. The second part will take place on November 12, where participants have a guided walking tour of the Woodland Cemetery grounds to honor those buried in this sacred space.

Dr. Rhondda Robinson Thomas is the Calhoun Lemon Professor of Literature at Clemson University where she teaches, researches, and writes about early African American literature in the Department of English. She earned a Ph.D. in English from the University of Maryland, a master's in journalism from the University of Georgia, and a bachelor's degree in communication media/journalism from Washington Adventist Columbia Union College.

New! Paint & Sip Style Acrylic Class: Winter Berries

Tuesday, November 10 | 6:00 p.m. to 8:00 p.m. | Cheezem Education Center | Tuition: \$59

Join us for a fun and relaxing 2-hour acrylic painting experience designed for all skill levels! Each participant will receive all necessary painting materials, including a large pre-drawn canvas, making it easy to jump right in and create your own "Winter Berries." Whether you're a beginner or simply looking for a fun night out, this guided class offers the perfect opportunity to unwind, socialize, and create your own masterpiece. Just sign up, show up, and get ready for an awesome time filled with creativity and fun!

Andrea Williams is the owner of Errant Artistry, a self-taught artist, who has been in love with art for as long as she can remember. She is passionate about her ability to learn new techniques that she enthusiastically teaches to others.

New! Learn How to Paint Like Bob Ross: Single Poinsettia

Wednesday, November 11 | 1:00 p.m. to 4:00 p.m. | Cheezem Education Center | Tuition: \$99

Join us for a relaxing and inspiring 3-hour oil painting class where you'll learn the beloved Bob Ross wet-on-wet painting technique made famous on the PBS show *The Joy of Painting*. Led step-by-step by an experienced instructor, this class will guide you through the entire creative process while teaching valuable Bob Ross techniques, tips, and brushwork skills along the way. All materials are provided, including a large 16x20 canvas, so you can simply arrive ready to paint and enjoy the experience. This class is perfect for beginners and aspiring artists alike. More than just a painting class, this experience offers a therapeutic and creative escape. The process of painting encourages you to slow down, stay present, and enjoy each step as you learn to move the paint with purpose. By the end of class, you'll leave with your own finished oil painting of "Single Poinsettia" and a newfound appreciation for the joy of creating.

Andrea Williams is the owner of Errant Artistry, a self-taught artist, who has been in love with art for as long as she can remember. She is passionate about her ability to learn new techniques that she enthusiastically teaches to others.

New! Find Joy and Fun Even in Turbulent Times

Tuesday, November 17 | 2:00 p.m. to 3:30 p.m. | Cheezem Education Center | Tuition: \$19

Join us for a 90-minute discussion of how to find joy and have fun even in months when things seem to not be going well for you (or the world). Learn the 10 W's that can help you every day. We'll discuss the difference between joy, happiness, and fun and ways to find a little of each in your everyday (or at least every week).

Eunice Lemmacher, LISW-CP, has worked as a medical social worker and psychotherapist in Oconee County for more than 20 years. She specializes in geriatrics, dementia, depression and anxiety and has taught many classes on various mental health topics. Lemmacher enjoys leading interactive classes and support groups on a variety of mental health topics to help adults make choices that can lead to a healthier life.

Learn the Art of Charcuterie

Tuesday, November 17 | 4:00 p.m. to 5:00 p.m. | Cheezem Education Center | Tuition: \$29

Turn simple ingredients into stunning, crowd-pleasing creations in this hands-on Charcuterie Board Workshop! Whether you're hosting a dinner party, celebrating a special occasion, or looking for a fun new skill, this course will teach you how to design beautiful, professional-looking charcuterie boards with confidence. Perfect for beginners and food enthusiasts alike, this interactive class will leave you inspired to entertain with style and create memorable experiences for family, friends, and guests. Join us and discover why charcuterie has become one of today's most popular ways to gather, celebrate, and share great food.

Susan Stull is a graduate with her bachelors and master's from Kutztown University. She spent over 30 years as a teacher and student teacher advisor. Susan enjoys sharing knowledge by teaching friends the art of mandala painting on stones. Along with teaching, Susan is a culinary enthusiast who enjoys baking. She provides desserts to a local restaurant and takes private orders. Susan's son attends Clemson University, and she is an ardent Tiger fan and supporter.

New! Winter Holiday Decoration

Tuesday, December 1 | 1:00 p.m. to 4:00 p.m. | Cheezem Education Center | Tuition: \$49

Bring holiday magic into your home by learning how to create a beautiful, custom wall hanging. This beginner-friendly workshop will guide you step-by-step through the process of designing and assembling your own seasonal masterpiece. Perfect for sprucing up your space or gifting to loved ones! All supplies are provided for the class.

Carla T. Poirier has been doing arts and crafts her whole life. She has taught art classes, participated in craft sales and sells her artwork at a local bookstore on Ram Cat Alley. She makes greeting cards, name tags, book markers, wreaths, decorates and refurbishes chairs, creates holiday items from wood scraps and other items. She believes in recycling, repurposing, and reusing items. She volunteers at Friends of the Library, is a board member of Blue Ridge Arts Center, and the executive director for Keep Oconee Beautiful Association.

Thank *you* from



Dear Member,

First, thank you for being a valued part of OLLI at Clemson and for embracing lifelong learning and exploration here in Upstate South Carolina and beyond. Your curiosity, engagement, and enthusiasm inspire everything we do.

At OLLI, we are proud to offer a diverse range of classes, excursions, travel opportunities, and shared interest groups—all shaped by your feedback and participation. Your involvement helps us continue to grow and provide meaningful experiences for our community of learners.

As a member, you may also wish to help sustain OLLI's mission through a financial contribution. We are deeply grateful to our donors, whose generosity supports both our daily operations and our long-term stability. When considering a gift, many members ask about the two ways to give:

Osher Lifelong Learning Institute (OLLI) Endowment – Supports OLLI's long-term operational funding in honor of Provost Robert Jones. Our goal is to reach \$50,000, and thanks to generous donors, we have already raised \$32,660.

Osher Lifelong Learning Institute – OLLI – At Clemson University – Supports current operational needs, including supplies, instruction, and member services.

Every gift—**no matter the amount**—makes a lasting difference in ensuring that OLLI continues to thrive for years to come.

To make your contribution, please visit iamatiger.clemson.edu/giving/olli or contact our office, 864-633-5242, for more information. Together, we can continue to make OLLI at Clemson a vibrant home for lifelong learners.

With gratitude,

Mary Brock
Director
Osher Lifelong Learning Institute (OLLI)
Clemson University



Fiercely *Forward* with

OSHER
LIFELONG
LEARNING
INSTITUTE
OLLI
at Clemson University

Each year, OLLI offers nearly 350 unique programs spanning academic, cultural and recreational interests. And because we keep membership and class fees low, more people can join in the lifelong learning experience.

OLLI depends on the generosity of our community to make this possible. Membership and class fees only cover a portion of the costs necessary to offer our broad selection of programs. Your annual gift helps keep these programs affordable and accessible to everyone wanting to join. Planning for the long term, gifts made to the Osher Lifelong Learning Institute Endowment Fund help to ensure growth and opportunities for the future.

Make your gift in support of OLLI at Clemson University by calling 864-656-5896 or visiting iamatiger.clemson.edu/giving/olli.

Curious about OLLI or ready to get involved? Visit olliatclemson.org to learn more about courses, registration and the latest information.

**Together, we can carry
the joy of learning
*Fiercely Forward.***

Questions?

Ann Batson Smith '82, M '85
Executive Director of Annual Giving

annsmith@clemson.edu
office: 864-656-5895
cell: 864-903-2144

P.O. Box 1889
Clemson, SC 29633-1889

CLEMSON
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MEMBERSHIP AND REGISTRATION FORM FALL 2026

Please complete this form, even if you think we have this information on file.

Name: _____

Street Address: _____

City/State/Zip: _____

Phone: _____ Email Address: _____

How did you hear about us? _____

Gender: Female ☐ Male ☐ Date of Birth (Month, Year): _____

Catalog Format: Email Catalog ☐ U.S. Mail Catalog ☐

Email Communication: Yes ☐ No ☐

Your name, mailing and email addresses will be published in the password-protected online OLLI Member directory. ☐ Check this box if you would like to opt out of the directory.

Emergency Contact Name: _____

Emergency Contact Phone Number: _____

Please note: Each member of a couple must submit a separate form to ensure proper registration.

.....
Annual Membership Fee (Memberships purchased now are valid through June 30, 2027.)

I am a NEW OLLI member and paying my first membership fee (\$65) \$ _____

I am renewing my lapsed OLLI membership (\$65) \$ _____

If you are unsure about your membership status, please call the OLLI office at 864-633-5242.

.....
Courses

Course Name: _____ Tuition: \$ _____

Course Name: _____ Tuition: \$ _____

Course Name: _____ Tuition: \$ _____

Donation

Please accept this gift to the Clemson University Foundation on behalf of OLLI at Clemson University.

Please note that 100% of your gift goes to OLLI. Gift: \$ _____

Total Enclosed: \$ _____

Payment Information

☐ Check enclosed (payable to OLLI at Clemson University)

☐ Visa ☐ MasterCard ☐ Discover ☐ American Express

Card #: _____ Expiration Date: _____ CVC: _____

Cardholder's Name: _____

4 Easy Ways to Register

- Online: www.olliatclermson.org, click the link “online registration” (credit card payment only)
- By Phone: 864-633-5242 (credit card payment only)
- By Mail: 100 Thomas Green Blvd. Clemson, SC 29631 (check or credit card payment)
- In Person at the Cheezem Education Center, Monday through Friday, 9:00 a.m. to 4:00 p.m. (cash, check or credit card payment)

Refund/Cancellation

If you must cancel your registration in an OLLI course, a full or partial refund may be available to you. Our current refund procedures are listed on our website, www.olliatclermson.org, under the registration policies tab. All Members are encouraged to review this information when registering.

If an OLLI course is cancelled, you will receive a full refund. Payments made by cash and check will be refunded as course credit in your OLLI account; payments made by credit card will be refunded to the credit card.

Wait List

If the course you have requested has filled prior to receiving your registration, you will automatically be placed on a waiting list for the course. Should space become available, you will be contacted and given the opportunity to enroll. You will not be charged for the course until you are enrolled.

Liability Waivers

OLLI members who are enrolled in higher risk courses may be required to sign Waiver and Release of Liability Forms before participating. For more information, visit our website, www.olliatclermson.org.

Accessibility

OLLI at Clemson University is committed to an inclusive and accessible environment for all OLLI Members, and as a Clemson University Institute, follows the spirit of Student Accessibility Services, which can be found at www.clemson.edu/academics/studentaccess. If you have questions about accessibility for a course, please contact the OLLI office at olli@clemson.edu or 864-633-5242; all correspondence will be confidential.

Graduate Research

On occasion, Clemson University faculty and students are interested in working with OLLI Members on research projects specific to engaged aging. Opportunities to participate in such studies will be announced to the OLLI membership via the weekly e-newsletter, and your personal involvement is entirely at your discretion. We do not share your contact information with any group or individual.

Membership Fees

A nonrefundable membership is required to participate in OLLI Courses and activities. The OLLI Member Year begins July 1 and ends June 30 of each year. The membership fee for a full year is \$65; a half-year membership (January to June) is \$40.

Scholarships

Financial assistance may be available for current OLLI Members; for more information, visit our website, www.olliatclermson.org.

Inclement Weather

OLLI follows the Clemson University inclement weather policy. When Clemson University is closed due to inclement weather, all OLLI activities are cancelled or postponed to a later date.

Charles K. Cheezem Education Center

As a Clemson University facility, the Center is a tobacco- and weapon-free environment and adheres to all Clemson University campus facility policies.



OLLI at Clemson University
100 Thomas Green Boulevard
Clemson, SC 29631
864-633-5242
olli@clemson.edu
www.olliatclemson.org

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- Clemson Downs

Our residents love living life at Clemson Downs, and you could too! They enjoy fun, food, and fellowship on our beautiful 38-acre wooded and pastoral campus.

Clemson Downs is a locally owned continuing care retirement community offering Independent Living, Assisted Living, Memory, and Skilled Nursing Care designed to meet your or your loved one's care level needs.

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