



OSHER LIFELONG
LEARNING INSTITUTE

SUMMER 2025

It is time for OLLI annual membership renewals. If you renew before June 30, 2025, you can lock in the current rate of \$50 for one more year. After July 1, 2025, the new membership fee of \$65 will apply.

NEW COURSE TITLES INCLUDE:

"Fire!": The Real History of the Boston Massacre; From Broadway to Battlefield: Ken Scar's Journey to Becoming Clemson's Master Storyteller; History of Beer; The Beauty of the Beyond; Preserving Place: The History and Greenspace Legacy of Six Mile, SC; Is There Life Out There?; Galileo: Lessons from a Great Scientist and more!

NEW EXCURSION LOCATIONS INCLUDE:

Eagle Mountain Winery, R. Cappelli, Clemson Packaging Science Tour and more!

The Cheezem Education Center is open Monday through Friday, 9:00 a.m. to 4:00 p.m.

Registration opens

June 9, 2025

Register in person, by phone, by mail or online at: www.olliatclemson.org





Discover the Art of Aging with Grace

AWARD-WINNING FULL-SERVICE COMMUNITY



Unlock a world of possibilities at Everlan of Clemson and Dominion of Clemson. Our communities are designed to elevate your lifestyle at every stage:



- Independent Living: Where Activity Thrives
- Assisted Living: Individualized Services, Your Way
- Memory Care: Nurturing Minds and Enriching Lives

The pinnacle of senior living is at Everlan and Dominion of Clemson. Embrace a lifestyle where elegance and fulfillment meet for life.

Call today to schedule a tour and have lunch on us!



DOMINION™
SENIOR LIVING



Assisted Living & Memory Care

(864) 722-2811

100 Pershing Avenue, Clemson, SC 29631
dominionseniorliving.com/clemson

EVERLAN
by DOMINION



Independent Living

(864) 643-2200

150 Pershing Avenue, Clemson, SC 29631
everlanliving.com/clemson



Relax™ ... you can join.

 **COMPETITIVE
RATES**
 **CONVENIENT
FINANCIAL
TOOLS**
 **EXCEPTIONAL
SERVICE**

 **FOUNDERS**
FEDERAL CREDIT UNION
foundersfcu.com • 800-845-1614
MEMBERSHIP QUALIFICATION REQUIRED. FEDERALLY INSURED BY NCUA.


As an OLLI member, you are eligible for membership. Visit foundersfcu.com or an office near you to complete your application.



Table of Contents

Free Programs	3
Course Index	4
Travel with OLLI	5
Courses by Calendar	7
Osher Online	9
Day and Half - Day Trips	11
Outdoor Adventures	11
Discussion Groups	11
Course Descriptions	13
Special Interest Groups	19
Registration Forms and Info	20

Brick by Brick: Constructing America's Identities

Join us for the second edition of our five-week summer book series at the Charles K. Cheezem Education Center! The series features authors who focus on expanding America's story in the world of historic structures.

June 17, 24
July 8, 22, 29

To learn more or register, contact the
OLLI Office at 864-633-5242.



A huge thank you to our sponsors for making this event possible and supporting OLLI's mission of lifelong learning.



FREE PROGRAMS *this Summer*



The following activities are open to all current OLLI Members and those with an interest in joining OLLI. All programs are free but require registration; call us at 864-633-5242, or visit our website at www.olliatclermson.org for more information.

New and Returning Member Orientation

Wednesday, July 9

11:00 a.m. to 12:00 p.m.

Cheezem Education Center

Free but registration is required; call 864-633-5242 to register.

Whether you're new to Clemson OLLI or returning from a hiatus, this orientation illustrates how OLLI ticks, who is who and how you can be part of your regional lifelong learning program! Refreshments provided.

Wearable Technology and the Manufacturing of Everyday Life

Wednesday, July 9

3:00 p.m. to 4:00 p.m.

Cheezem Education Center

Free but registration is required; call 864-633-5242 to register.

Wearable technologies like Fitbits and Apple Watches have surged in popularity over the past 25 years, offering users insights into their bodies and daily routines. However, they also raise concerns about surveillance and control. In this talk, Dr. James Gilmore, Communication professor at Clemson University and author of *Bringers of Order* (2025), explores the implications of integrating these devices into daily life and the limitations users should consider.

Tech Talks

2nd Thursday of Each Month

July 10 and August 14

10:00 a.m. to 12:00 p.m.

Cheezem Education Center

Free but an appointment is required; call 864-633-5242 to make an appointment.

Have questions about your phone, tablet, laptop or other electronic device? Make a 30-minute appointment with a Pickens County Outreach Librarian for basic troubleshooting assistance.

How to Access Clemson University Library Resources: Orientation for OLLI Members

Thursday, July 10 (1:00 p.m. to 2:00 p.m.)

Thursday, August 14 (11:00 a.m. to 12:00 p.m.)

Cheezem Education Center

Free but registration is required; call 864-633-5242 to register.

Did you know that OLLI Members can request books, DVDs and other materials from the Clemson University Libraries and

pick them up at the Cheezem Education Center? Library staff host this orientation session that walks you through the process; pick up your new CU Library card while you are here.

Savvy Seniors and Scam Bingo

Tuesday, July 15

11:00 a.m. to 12:00 p.m.

Cheezem Education Center

Free but registration is required; call 864-633-5242 to register.

Savvy Seniors is a program that educates older adults on common and evolving scams targeting them, helping them stay informed and proactive. Topics include scams like fake checks, phishing, grandparent scams, and more. An optional Scam Bingo activity adds an interactive element to the session.

Qigong and Its Origins

Monday, July 14

1:00 p.m. to 2:00 p.m.

Cheezem Education Center

Free but registration is required; call 864-633-5242 to register.

Qigong is a generic name for what the Chinese call Neigong, or internal energy training. Qigong is closely related to thousands of years of Chinese martial arts, Traditional Chinese Medicine theory and other health-related systems. This short presentation by Gary Carbone will discuss various types of qigong and allow attendees to practice a couple of simple qigong exercises.

Christmas on the Danube: Your Guide to an Unforgettable Holiday Adventure

Thursday, July 31

4:00 p.m. to 5:00 p.m.

Cheezem Education Center

Free but registration is required; call 864-633-5242 to register.

Join us for an exciting information session to learn all about our upcoming trip, *Christmas on the Danube*! We'll cover trip itineraries, must-see highlights, and helpful travel tips to ensure you're ready for your next adventure. Don't miss out on the opportunity to ask questions and get insider insights into these unforgettable destinations!

Course Index

Day and Half-Day Trips

New! Clemson Packaging Science Tour (p. 12)

New! Hot Off the Press: Inside the Newspaper Print Plant (p. 11)

New! Modern Hat-Making Experience at R. Cappelli Hats (p. 12)

We All Scream for Ice Cream! Tour & Tasting of the '55 Exchange (p. 11)

New! Wines, Vines, & Good Times at Eagle Mountain (p. 11)

Outdoor Adventures

A Naturalist's Tour of Lake Jocassee, by Kayak (p. 12)

Discussion Groups

Philosophy Plus: What America's Founders Learned from Antiquity (p. 12)

Courses

Art, Culture, Music, and Travel

New! A Somewhat Unknown - Bob Dylan (p. 15)

Buon Viaggio: Italy for Beginners (p. 17)

New! From Broadway to Battlefield: Ken Scar's Journey to Becoming Clemson's Master Storyteller (p. 13)

New! Mere Mastery: The Principled Communication of C.S. Lewis (p. 14)

Current Events and Business

New! Estate Planning 101: What's a Will? What's a Trust? (p. 16)

Health and Wellness

New! Dying a Good Death - Care for the Body and Soul in the Hospice and Palliative Care Setting (p. 17)

Intermediate Tai Chi (p. 13)

New! Native Medicinals (p. 14)

Tai Chi (p. 13)

History, Politics, and Government

New! "Fire!": The Real History of the Boston Massacre (p. 17)

New! Preserving Place: The History and Greenspace Legacy of Six Mile, SC (p. 15)

New! The American Revolution in South Carolina at 250 Years (p. 15)

New! The History of the TV Talk Show: From Carson to Oprah to Stephen Colbert (p. 14)

New! Uncovering the Cheapside Hoard: Buried Treasures and Stories of the Past (p. 17)

New! WWII Los Alamos and Its Impact Today (p. 14)

Home and Garden

New! Ask a Master Gardener (p. 18)

Cooking with Mushrooms (p. 16)

New! Herb Preservation Basics (p. 18)

New! Rain Gardens & Carolina Yards: Smart Landscaping for Water Management (p. 15)

Osher Online

New! 100 Years of Magic: The Disney Legacy and Influence (p. 10)

New! Architectural Oddities: An Off-the-Beaten Path Look at Unconventional Architecture (p. 10)

New! Demystifying Energy Security (p. 9)

New! History of Beer (p. 9)

New! Stories of Adventure: The Norse Sagas (p. 10)

New! The Economics of Public Policy Issues (p. 9)

Psychology, Philosophy, and Religion

New! The Beauty of the Beyond (p. 14)

Science and Technology

New! Galileo: Lessons from a Great Scientist (p. 15)

New! Is There Life Out There? (p. 13)

Where in the World will OLLI Go?



Up-to-date details for all travel programs can be found on the OLLI website, and you can pick up a flyer for each trip at the Cheezem Education Center. Bookings are taken by the individual travel companies; contact the specific company for questions and arrangements.

2025

A Culinary Journey Through Tuscany & Florence

9 Days - November 4 to 12, 2025

By Premier World Discovery

Double Occupancy: \$4,749 per person, includes roundtrip
airfare from Greenville with \$100 booking discount

Single Occupancy: \$5,699 per person, includes roundtrip
airfare from Greenville with \$100 booking discount

Activity Level: Challenging

Tour highlights include a 2-Night Stay in Florence; a 5-Night Stay in Tuscany; a Tuscan Estate Dinner; a pasta making and cooking class; wine tasting; a Sienna walking tour; dinner at a Tuscan farmhouse and winery; San Gimignano; gelato tasting; lunch at a local farmhouse; a Lake Trasimeno boat excursion; a visit to Island Maggiore with lunch and wine; a Florence, Italy guided walking tour and a visit to the Academy Gallery and the famous Statue of David.

Christmas Time on the Danube River

6 Days - December 1 to 6, 2025

By Mayflower Cruises & Tours

Double Occupancy: Starts at \$3,564 per person, includes \$399 roundtrip airfare from Greenville when booked
by December 15, 2024

Single Occupancy: Starts at \$6,180 per person, includes \$399 roundtrip airfare from Greenville when booked
by December 15, 2024

Activity Level: Active

Embark on a festive Danube Christmas cruise through Central Europe, starting in Vienna with its iconic landmarks and magical markets. Discover the holiday charm of Bratislava's historic squares, then enjoy Budapest's vibrant markets, stunning architecture, and a traditional Hungarian dinner with folk dancing. Depart with lasting memories of festive cheer and glittering Christmas scenes.



2026

Highlights of England, Scotland and Wales

9 Days – April 22 to 30, 2026

By Premier World Discovery

Double Occupancy: \$4,599 per person, includes roundtrip airfare from Greenville with \$100 booking discount

Single Occupancy: \$5,749 per person, includes roundtrip airfare from Greenville with \$100 booking discount

Activity Level: Challenging

Discover the best of the UK on a journey through Scotland, England, and Wales. Begin with two nights in Edinburgh, touring the castle and enjoying a whisky tasting. Explore York's medieval charm, visit Stratford-upon-Avon, and experience Bristol's energy. In Wales, tour Cardiff's highlights before heading to Bath, Salisbury Cathedral, and Stonehenge. Conclude in London with visits to iconic landmarks and a Farewell Dinner, leaving with lasting memories of the UK's rich history and beauty.

Alaska: Call of the Wild

7 Days – August 6 to 12, 2026

By Premier World Discovery

Double Occupancy: \$6,025 per person, includes roundtrip airfare from Greenville with \$100 booking discount

Single Occupancy: \$7,450 per person, includes roundtrip airfare from Greenville with \$100 booking discount

Activity Level: Active

Experience the wild beauty of Alaska on an unforgettable journey from Anchorage to Denali and Seward. Ride a deluxe dome railcar to Denali National Park for a guided wilderness tour with chances to see bears, moose, and more. Travel the scenic Seward Highway, stopping at a local farm, then cruise through Kenai Fjords National Park to see glaciers and marine wildlife. Enjoy free time in Seward before a Farewell Dinner caps off your adventure in America's Last Frontier.

Alpine Swiss Villages and Rails

9 Days – September 14 to 22, 2026

By Premier World Discovery

Double Occupancy: \$5,799 per person, includes roundtrip airfare from Greenville with \$100 booking discount

Single Occupancy: \$6,749 per person, includes roundtrip airfare from Greenville with \$100 booking discount

Activity Level: Challenging

Experience Switzerland's stunning alpine beauty on a scenic journey through charming villages and dramatic landscapes. Start in Zurich, explore medieval Bern, and stay in the car-free mountain village of Wengen. Use a regional rail pass to access cog railways, cable cars, and boats as you visit waterfalls, cruise Lake Brienz, and ride vintage trains to breathtaking summits. Discover gems like Trummelbach Falls, Grindelwald, and Aare Gorge, with optional trips to Jungfraujoch and Zermatt. Conclude with a visit to Lucerne and a Farewell Dinner in Zurich, all while enjoying Switzerland's natural wonders by rail.



JULY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7 Blues Guitar Group Bridge Group Art Group Is There Life Out There? (p. 13)	8 Intermediate Tai Chi (p. 13) Mah Jongg Tai Chi (p. 13) The Economics of Public Policy Issues (p. 9) History of Beer (p. 9)	9 Backgammon Group New and Returning Member Orientation (p. 3) Demystifying Energy Security (p. 9) Needles and Threads Wearable Technology (p. 3)	10 Naturalist's Tour of Lake Jocassee, by Kayak (p. 12) Bridge Group Tech Talks (p. 3) Becoming Clemson's Master Storyteller (p. 13) Architectural Oddities (p. 10) How to Access CU Library Resources (p. 3) Watercolor Group Writers Group 2 Philosophy Plus (p. 12) The History of the TV Talk Show (p. 14) The Disney Legacy and Influence (p. 10)	11 Pickleball
14 Blues Guitar Group Bridge Group Art Group Euchre Qigong and Its Origins (p. 3) The Beauty of the Beyond (p. 14)	15 The Principled Communication of C.S. Lewis (p. 14) Savvy Seniors and Scam Bingo (p. 3) Mah Jongg Native Medicinals (p. 14)	16 WWII Los Alamos and Its Impact Today (p. 14) Backgammon Group Needles and Threads Long Distance Grandparenting Stories of Adventure: The Norse Sagas (p. 10)	17 A Somewhat Unknown - Bob Dylan (p. 15) American Revolution in SC at 250 Years (p. 15) Bridge Group Rain Gardens & Carolina Yards (p. 15) Watercolor Group Galileo: Lessons from a Great Scientist (p. 15)	18 Pickleball Writers' Group 1
21 Blues Guitar Group Bridge Group Wines, Vines, & Good Times at Eagle Mountain (p. 11) Art Group Euchre	22 Mah Jongg	23 Backgammon Group We All Scream for Ice Cream! Tour & Tasting of the '55 Exchange (p. 11) History and Greenspace Legacy of Six Mile, SC (p. 15) Needles and Threads	24 Bridge Group Watercolor Group Writers Group 2	25 Pickleball Writers' Group 2 Trivia Estate Planning 101 (p. 16)
28 Blues Guitar Group Bridge Group Hot Off the Press: Inside the Newspaper Print Plant (p. 11) Art Group Cooking with Mushrooms (p. 16)	29 Clemson Packaging Science Tour (p. 12) Mah Jongg	30 Backgammon Group Needles and Threads Bunco "Fire!": The Real History of the Boston Massacre (p. 17)	31 Bridge Group Watercolor Group Christmas on the Danube (p. 3)	

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Pickleball Book Club Writers' Group 1
4 Blues Guitar Group Bridge Group Italy for Beginners (p. 17) Art Group	5 Mah Jongg	6 Backgammon Group Needles and Threads Gardening Group Undercovering the Cheapside Hoard (p. 17)	7 Bridge Group Dying a Good Death (p. 17) Watercolor Group Ask a Master Gardener (p. 18) Herb Preservation Basics (p. 18)	8 Pickleball
11 Blues Guitar Group Bridge Group Art Group Euchre	12 Mah Jongg Modern Hat- Making Experience at R. Cappelli Hats (p. 12)	13 Backgammon Group Needles and Threads	14 Bridge Group Tech Talks (p. 3) How to Access CU Library Resources (p. 3) Watercolor Group Writers Group 2	15 Pickleball Writers' Group 1

Get to Know Your OLLI BOARD OF ADVISORS



CLEMSON
UNIVERSITY

David Potts, Chair
Dave Sabo, Vice Chair
Sheryl Donovan, Past Chair
Carol Helander, Secretary

Gaines Hutcheson, At-Large Member
Bob McAlpine, At-Large Member
Sue Schneider, At-Large Member
Kim Warne, At-Large Member

The Board can be reached directly at cuolliboa@gmail.com.

Osher Online

in collaboration with Northwestern University
School of Professional Studies

The following courses are offered to Clemson OLLI Members as part of the national Osher Online project, bringing stellar presenters to OLLIs across the country. Each course is offered live via Zoom – plan to participate from the comfort of home! Each session will include Members from several different OLLIs; each OLLI is limited to 13 seats per course. Each course is comprised of six 90-minute sessions and will offer generous question and answer periods. Before each course, participants will be contacted by the Osher Online staff at Northwestern University with further instructions.

New! The Economics of Public Policy Issues



6 Tuesdays, July 8 to August 12

1:00 p.m. to 2:30 p.m.

Zoom Virtual Classroom

Tuition: \$59

Economics plays a central role in shaping every aspect of society. This course examines a series of prominent policy issues with economics at their core. We will explore the origins of these issues, the underlying data and evidence, and the policy tools available to address them. Each lecture will be standalone, delivered by a subject matter expert with a Ph.D. in economics. Potential topics include climate change, healthcare economics, economic inequality, and more, with final selections based on the most relevant and timely issues at the start of the course.

Geof Woglom, Ph.D. is professor emeritus of economics at Amherst College, where he taught for over 40 years. He has held visiting positions at Cambridge, Harvard, and the London School of Economics. Woglom was a Fulbright Scholar at the University of the Western Cape in Cape Town and at Nanjing University. Over his career, he has served as an economic consultant for the International Monetary Fund, the Federal Reserve Board, and the Federal Reserve Bank of Boston.

New! History of Beer

6 Tuesdays, July 8 to August 12

7:00 p.m. to 8:30 p.m.

Zoom Virtual Classroom

Tuition: \$59

Historians, beer enthusiasts, and curious minds alike will enjoy this exploration of the history of brewing. We will begin in the distant past with the invention of beer around 4000 BCE. Then we will journey through time to the modern rise of craft brewing. Along the way, we will dive into fascinating topics including medieval brewing, beer in Shakespeare's era, colonial brewing, Prohibition, indigenous brewing traditions worldwide, and the evolution of beer commercials. This course meets during happy hour, so feel free—nay, encouraged—to raise a glass and toast to history while we learn.

Dr. Karl Brown teaches courses in modern European history, film and media studies, and the history of drugs and drinking at the University of Wisconsin–Whitewater. Before his academic career, he installed and operated brewpubs in Japan and Greece. Brown co-founded Second Salem Brewing Company in Whitewater and is an avid homebrewer of beer, cider, wine, and mead.

New! Demystifying Energy Security



6 Wednesdays, July 9 to August 13

1:00 p.m. to 2:30 p.m.

Zoom Virtual Classroom

Tuition: \$59

Energy is essential for both national and economic security, underpinning all aspects of life. Yet discussions of energy security often exclude the public, reducing complex issues to simplistic narratives like "Green is Good" or "Oil is Evil," which provide little actionable insight. In this course, you will engage in a comprehensive examination of energy's role in human development. Topics include the unmatched importance of hydrocarbons (oil and more); advancements in electricity, the past, present, and future of nuclear energy; and the potential of renewables. We will explore how these energy sources impact national security, economic stability, industrial production, transportation, and daily life. Join this course for a balanced, realistic assessment of energy security, a critical issue of our time.

Beth Hill Skinner has graduate degrees in Theology and International Diplomacy with a specialization in transnational terrorism. She has educated individuals and organizations for the purpose of empowering citizens to improve their community, state, and country. She believes there is a clear difference between providing information and education. She enjoys transforming the opaque or complex into clarity for her students or audiences.

***New!* Architectural Oddities: An Off-the-Beaten Path**

Look at Unconventional Architecture



6 Thursdays, July 10 to August 14

1:00 p.m. to 2:30 p.m.

Zoom Virtual Classroom

Tuition: \$59

Architectural history follows a canon of both traditional and eclectic styles from ancient to contemporary times. But what happens when a mix of whimsy, eccentricity, humor—and sometimes the creator's genius—insert themselves into the mix? Occurring throughout time and in various parts of the world, these unconventional structures exist to serve the cultures they were created for, from ancient religious sites to modern car-culture merriment. This course explores a myriad of structures set against the backdrop of the societies in which they existed, the construction methods used, the patrons for whom these structures were constructed, and the notions of the builders and architects who created them.

Eleanor Schrader is an award-winning educator, lecturer, and author. She lectures and leads tours worldwide on art and architectural history. She has been named a distinguished instructor at UCLA Extension, where she teaches history of architecture, interior design, furniture, and decorative arts. Schrader is a Professor Emerita of art and architectural history at Santa Monica College. She has completed graduate work in fine and decorative arts at Sotheby's Institute in London and New York. She has served as a design review commissioner for the City of Beverly Hills and currently serves on the board of directors of the John Lautner Foundation.

***New!* 100 Years of Magic: The Disney Legacy and Influence**



6 Thursdays, July 10 to August 14

7:00 p.m. to 8:30 p.m.

Zoom Virtual Classroom

Tuition: \$59

This course explores the 100-year history of the Walt Disney Company, from its humble beginnings to its rise as a global entertainment powerhouse. We'll examine how Walt Disney's life and vision shaped the company, how early challenges influenced its identity, and how key moments—like the rise of animation, theme parks, the 1990s revival, and major acquisitions—fueled its growth. The course also offers behind-the-scenes insights and considers a range of perspectives, from admiration to critique, on Disney's cultural impact and future.

Maria Massad is a marketing leader and storyteller with deep ties to Disney's legacy. She worked on PBS's *American Experience* documentary about Walt Disney and led digital marketing and partnerships for The Walt Disney Birthplace. With an MBA from the University of Chicago Booth School of Business, she has built impactful campaigns across media and marketing. Her blend of Disney history expertise and professional experience offers unique insights into the company's evolution and lasting influence.

***New!* Stories of Adventure: The Norse Sagas**

6 Wednesdays, July 16 to August 20

3:00 p.m. to 4:30 p.m.

Zoom Virtual Classroom

Tuition: \$59

Are you interested in stories rich with murder, intrigue, and sharp wit? This course will explore the Norse sagas, which are medieval tales rooted in Old Norse mythology, written in Iceland centuries after the Viking era. These stories range from realistic travel chronicles to epic sword-and-sorcery adventures, and they offer a fascinating glimpse into "Dark Age" swashbuckling. In this course we will also discuss how these stories continue to profoundly influence modern culture.

Vic Peterson is the author of *The Berserkers* (Hawkwood, 2022; Recital, 2023), a novel set in a fictional Nordic country. He holds a BA in English from Kenyon College, and MA degrees in humanities from The University of Texas at Dallas and in religious studies from the University of Chicago, where he also completed coursework at the Booth School of Business. After a successful career as a business executive, Vic now focuses on writing and teaching.



OLLI gives you a chance to learn interesting subjects, in a relaxed and friendly environment!





Activity Levels

Activity level rankings are provided for courses as appropriate; please consider your needs and abilities when registering for a specific program.

MA

MODERATELY ACTIVE

These programs consist of some physical activity, such as equal parts walking and riding, sitting, or stopping.

MC

MODERATELY CHALLENGING

These programs require a good deal of physical fitness and more physical activity. These programs may require, for example, a lot of walking on uneven terrain and/or up and down hills for long periods of time.

A

ACTIVE

These programs require a fair amount of physical fitness and may require you to be active for up to three hours at a time. Many programs in the active category may require up to a mile of walking before taking a break and will likely cause you to break a bit of a sweat.

C

CHALLENGING

These programs are for those who are comfortable with more strenuous activities, such as hiking for several miles on uneven terrain.

ON ZOOM

ON ZOOM

These programs are on Zoom and are indicated as such with this icon and a shaded background.

DAY and HALF-DAY TRIPS

New! Wines, Vines, & Good Times at Eagle Mountain

MA

Monday, July 21

11:45 a.m. to 4:30 p.m.

Departs from the Cheezem Education Center

Tuition: \$80 includes charcuterie lunch, tasting, and transportation

Visit Eagle Mountain Winery in Travelers Rest for a memorable wine and food experience. Enjoy a gourmet charcuterie box alongside a guided tasting of six wines crafted by renowned winemaker George Bursick. After selecting a favorite wine for a full glass pour, guests will tour the tank room and vineyards, learn about grape growing and winemaking, and even have the chance to try vine pruning.

We All Scream for Ice Cream! Tour & Tasting of the '55 Exchange

MA

Wednesday, July 23

10:30 a.m. to 1:00 p.m.

Departs from the Cheezem Education Center

Tuition: \$40 includes transportation and tasting

Celebrate summer with ice cream by touring Clemson's Innovation Lab, where flavors are created. Learn about one of Clemson's best traditions - The '55 Exchange and its wonderful ice cream. Clemson has been creating and selling ice cream for decades, and it is all student run and managed. While you enjoy the ice cream, learn how it all began and that all the ice cream is produced right on campus. Participants will begin with a tour of the Innovation Laboratory, visit the Production Center, taste some fun and funky flavors, and end up at the Hendrix Student Center. That's where students dish it out daily. Enjoy this behind-the-scenes tour.

New! Hot Off the Press: Inside the Newspaper Print Plant

MA

Monday, July 28

Plan to arrive at the Newspaper Print Plant no later than 12:45 p.m.

Edwards Printing, Westminster

Tuition: \$25

Get a behind-the-scenes look at how the daily news comes to life! This guided tour takes you through the entire newspaper production process—from editing and layout to the roar of high-speed printing presses. Watch giant rolls of paper turn into thousands of newspapers within minutes and see how they're bundled and prepared for delivery. It's a fast-paced, fascinating glimpse into the world of print journalism.

***New!* Clemson Packaging Science Tour**

MA

Tuesday, July 29

10:30 a.m. to 1:00 p.m.

Departs from the Cheezem Education Center

Tuition: \$25 includes transportation

The Sonoco Institute at Clemson stands out by uniting packaging design and graphic communications, offering top-tier education and cutting-edge research. It prepares students to lead in a dynamic industry, supports global environmental innovation, and drives economic development. As the only R&D center of its kind in the nation, it attracts world-class researchers and offers unique opportunities. Visit to discover one of Clemson's hidden gem majors.

***New!* Modern Hat-Making Experience at R. Cappelli Hats**

MA

Tuesday, August 12

1:00 p.m. to 5:00 p.m.

Departs from the Cheezem Education Center

Tuition: \$125 includes transportation, refreshments and one hat

Discover the art of contemporary hat design with a personalized visit to R. Cappelli Hats. This hands-on, unique group experience blends creativity, fashion, and fun as you design your own custom headwear in a relaxed, social setting. Start by choosing your style—from cabbies and minimalist wide-brims to newsboy. Then, select your fabric, from 700 options of textiles in a range of colors and textures. Finally, get professionally sized to ensure your hat fits just right. Refreshments will be served during this event. Hats will be available for picking up within 10 days.

OUTDOOR ADVENTURES

Naturalist's Tour of Lake Jocassee, by Kayak

MA

Thursday, July 10 (Rain date: Thursday, July 24)

10:00 a.m. to 4:00 p.m.

Devils Fork State Park

Tuition: \$135

Join us for a guided kayak tour of Lake Jocassee. The pace is leisurely as we use our pontoon boats to move from one remote and wild paddling location to another around the lake, exploring the wonders of Lake Jocassee and the Jocassee Gorges in the intimate fashion that only kayaking can provide. You'll see lots of waterfalls and have plenty of time for refreshing swims along the way. This tour is designed to be easy on the body and nourishing to the spirit as you're with the ACA certified kayak guides and naturalists from Jocassee Lake Tours. Paddling time is about three very relaxing hours; please note this is considered a moderately challenging physical activity. Free park admission for all SC State Park Palmetto Pass holders; others pay \$8 per adult and \$5 per senior, ages 65 and up.

Kay Wade co-owns Jocassee Lake Tours with her husband Brooks. She has worked as a professional gardener and garden designer from the NC Mountains to the Florida coast and back to the mountains of SC. She has written extensively on environmental and ecological challenges. She and her husband founded Jocassee Wild Outdoor Education to offer students of all age's access to a wide range of nature studies by accessing the perfect outdoor classroom - the Jocassee Gorges - by way of the blue avenue of beautiful Lake Jocassee.

DISCUSSION GROUPS

Philosophy Plus: What America's Founders Learned from Antiquity

6 Thursdays, July 10 to August 14

1:30 p.m. to 3:00 p.m.

Cheezem Education Center

Tuition: \$42

This discussion group, now in its 19th year, is Clemson OLLI's longest running offering. Participants spend the first portion of class watching a video lecture, which leads to the lively discussion that follows. Videos are available to registrants anytime; each discussion is freestanding. Owing to the wide interests within the group, digressions are frequent. This term's topic is, "What America's Founders Learned from Antiquity." The ancient Greek and Roman worlds deeply shaped the thinking of America's founders. In this course, you'll explore the ethos of classicism that permeated the founders' era and how the revolutionaries identified with the ancient Roman republic. You'll dig deeply into the classical thought of five of the iconic founders, and you'll learn how the Founding Fathers created a radically new political model based in the conception of equality.

Video lectures feature **Caroline Winterer**, the William Robertson Coe Professor History and American Studies at Stanford University. A discussion group member leads the conversation.

COURSES

New! Is There Life Out There?

Monday, July 7
5:00 p.m. to 6:30 p.m.
Cheezem Education Center
Tuition: \$19

We have asked the question since the beginning of time...are we alone in the Universe? Come explore this question and see what we have done to answer it. A special 15-minute video is included by Dr. Jill Tarter. She is one of the world's leading experts on this subject. This is a multi-media presentation. Prior to the event, there will be NASA/space science handouts available as well as various NASA/space science artifacts on display.

David Leaphart, a pioneer in space science, founded the Lockheed Model Rocket Society during the Mercury astronaut era and organized viewings of key Apollo missions. With degrees in physics, he conducted research on planetary orbits and taught astronomy. His career in computer networking included work with MIT and NASA on aviation safety and early GPS. Dedicated to public education, Leaphart partners with local organizations to inspire discussions on space exploration and NASA activities.

Intermediate Tai Chi

6 Tuesdays, July 8 to August 12
11:00 a.m. to 12:30 p.m.
Cheezem Education Center
Tuition: \$72

Tai Chi (Taijiquan) is practiced widely around the world and is renowned as a system of training that enhances health, balance and well-being through a series of postures that are practiced slowly, with attention to alignment and relaxed movement. While many of the concepts go back to ancient times, the first complete forms are credited to the Chen Village in China (from the 1700s). This intermediate class offers deeper insights and training of the 24 movement Yang Tai Chi form and more detail on the meditative and martial aspects of the system. At the instructor's request, students must have taken at least three sessions of OLLI's Tai Chi courses before signing up for Intermediate Tai Chi. Any exception must have instructor's permission.

Gary Carbone spent 35 years studying Tai Chi (Taijiquan), Xingyiquan, Bagua Zhang, Yiquan, Shaolin Kung Fu and Isshin Ryu Karate and is a seventh-generation lineage holder from Master Chen Jun Hao of Taiyuan, Shanxi Province, China. He loves sharing these arts with others.

Tai Chi

6 Tuesdays, July 8 to August 12
1:00 p.m. to 2:30 p.m.
Cheezem Education Center
Tuition: \$72

Tai Chi (Taijiquan) is practiced widely around the world and is renowned as a system of training that enhances health, balance and well-being through a series of postures that are practiced slowly, with attention to alignment and relaxed movement. While many of the concepts go back to ancient times, the first complete forms are credited to the Chen Village in China (from the 1700s). The Tai Chi form known as "Tai Chi 24" will be taught form by form. The instructor will explain basic yet very important principles e.g., rooting, sung (relaxation), and six directions.

Gary Carbone spent 35 years studying Tai Chi (Taijiquan), Xingyiquan, Bagua Zhang, Yiquan, Shaolin Kung Fu and Isshin Ryu Karate and is a seventh-generation lineage holder from Master Chen Jun Hao of Taiyuan, Shanxi Province, China. He loves sharing these arts with others.

New! From Broadway to Battlefield: Ken Scar's Journey to Becoming Clemson's Master Storyteller

Thursday, July 10
11:00 a.m. to 12:30 p.m.
Cheezem Education Center
Tuition: \$19

Ken Scar's career as one of Clemson University's top storytellers began in Broadway scenic arts and shifted dramatically when he joined the U.S. Army at 40. Since arriving at Clemson in 2015, Ken has shared powerful stories, including those of WWII, Korea, and Vietnam veterans. He created the most shared photo in Clemson's social media history and wrote its most viewed story. His content has showcased Clemson on U.S. military platforms more than any other college, and his iconic photo "One Embrace" was named the Department of Defense's Military News Photo of the Year.

Ken Scar's stories and photographs as Clemson University's premier photojournalist have been picked up by *60 Minutes*, *the Washington Post*, *the New York Times*, *TIME*, *ESPN*, *USA Today*, *NPR*, *Fox News* and *CNN*, to name a few. As a soldier he was named the 2013 U.S. Military Journalist of the Year by the Department of Defense, the highest award in that job field.

New! The History of the TV Talk Show: From Carson to Oprah to Stephen Colbert

Thursday, July 10
6:30 p.m. to 7:45 p.m.
Cheezem Education Center
Tuition: \$19

Note: Presented via Zoom as part of the Smithsonian Associates program.

From its start in the early 1950s, the talk show has been one of television's most versatile and durable formats. Pioneering programs like *Today*, *Person-to-Person*, and *Tonight* established the basic features that have guided the format ever since, particularly the importance of the host as the chief focus of the proceedings. Whether it was the sophisticated wit of Dick Cavett, the magnetic empathy of Oprah Winfrey, the innovative comedy of David Letterman, or the sharp political satire of Jon Stewart, the talk show has continued to provide viewers with a lively mix of entertainment, information, and compelling conversation.

Media historian **Brian Rose** looks at the history of the television talk show and examines its changing appeal from decade to decade.

New! The Beauty of the Beyond

5 Mondays, July 14 to August 11
1:00 p.m. to 2:30 p.m.
Cheezem Education Center
Tuition: \$59

Are you currently helping someone with the end of life? Please join us to discuss the beauty of how many cultures cope with the end, and the more esoteric resources available. This will be an interactive, philosophical discussion about alternatives to the medicalization of death. Recommended reading includes *On Death and Dying* by Elizabeth Kubler-Ross.

Alexis Leonard is an ethics professor for the Navy and a certified end of life doula. She speaks on end-of-life care, dementia, and the philosophy of mercy.

New! Mere Mastery: The Principled Communication of C.S. Lewis

2 Tuesdays, July 15 and 22
11:00 a.m. to 12:30 p.m.
Cheezem Education Center
Tuition: \$29

Would you like to strengthen your communication skills using one of the most effective communicators of all time as a model? If so, join us! C.S. Lewis was one of the bestselling and most beloved writers of the 20th century. This course will offer you an overview of the communication principles evident in Lewis's work as well as tips and resources for improving your own communication. Come revisit (or visit for the first time) some of Lewis's most impactful works with us as we learn to apply his wit, wisdom, and skill in our own lives!

Sara Crocker, a senior lecturer in Communication at Clemson University since 2012, transitioned to ministry after the birth of her second child, focusing on end-of-life care. With a passion for philosophy, theology, and church history, she thrived in seminary. Inspired by C.S. Lewis's *Mere Christianity*, which shaped her intellectual and spiritual growth, Sara combines her love for theology and communication to share Lewis's work with students of all ages.

New! Native Medicinals

Tuesday, July 15
6:00 p.m. to 7:30 p.m.
Cheezem Education Center
Tuition: \$30

This lecture-based class explores the vital role of native medicinal plants in the Southeastern United States, highlighting their ecological significance, cultural heritage, and contributions to regional folk medicine. Participants will gain a deeper understanding of how these plants support biodiversity, preserve traditional knowledge, and inform sustainable herbal practices.

Hunter Gibson is a dedicated functional herbalist and founder of Cattle Creek Ranch. With five certifications in herbalism and ongoing training as a Clinical Herbalist, Hunter combines her expertise in medicinal plants with a passion for holistic living. She also teaches organic homesteading, covering topics like gardening, food preservation, and fermentation. Through Cattle Creek Ranch, Hunter educates others on the healing power of nature, empowering them to embrace a natural, healthful lifestyle by harnessing the benefits of herbal medicine and sustainable practices.

New! WWII Los Alamos and Its Impact Today

Wednesday, July 16
11:00 a.m. to 12:30 p.m.
Zoom Virtual Classroom
Tuition: \$19

What was it like to live in WWII Los Alamos, New Mexico where the world's first atomic bomb was built? What were the considerations that went into using the bomb on Hiroshima and Nagasaki, exactly 80 years ago? Based on research for her historical novel, author Galina Vromen will bring alive that monumental period and discuss its impact on the state of nuclear proliferation today.

Galina Vromen spent more than a decade as a foreign correspondent, mostly for Reuters News Agency, in Holland, Britain, France, Mexico and Israel. After retiring, she focused her journalistic skills on writing *Hill of Secrets*, an historical novel based in WWII Los Alamos. As a result of her interest in the dawn of the atomic age, she has become well-versed on issues of nuclear arms today. For more about Vromen and her book, visit www.galinavromen.com.



***New!* A Somewhat Unknown - Bob Dylan**

6 Thursdays, July 17 to August 21

10:00 a.m. to 11:30 a.m.

Cheezem Education Center

Tuition: \$69

Interest in Bob Dylan has recently exploded due to the movie *A Complete Unknown*. This course will explore his remarkable career as a poet, a singer and an artist. We will listen to his music, ponder his message (if we can find one!) and learn about this mysterious figure who has been called the most influential musician of our time. Come prepared to share your own experiences and encounters with Bob Dylan.

Charles Blakely is a graduate of Erskine College, Union Theological Seminary in Virginia, and Duquesne University. He has taught at the University of South Carolina and Presbyterian College, and previously taught courses in the history of rock and roll music for Clemson OLLI, Furman OLLI and for Anderson University's Lifelong Learning Institute. He is a child of the 60s, went to many rock concerts, and has a large record collection.

***New!* The American Revolution in South Carolina at 250 Years**

3 Thursdays, July 17 to 31

10:00 a.m. to 11:30 a.m.

Zoom Virtual Classroom

Tuition: \$39

Join us for an adventure going back from 1775 to 1783 as we explore the battlefields of Sullivan's Island, Charleston, Cowpens, Sumter, and Kings Mountain. We will see how Francis Marion and General Greene kept Lord Cornwallis in The South so General Washington could have time to move the Continental Army into Virginia to make Cornwallis come north to Yorktown.

Russ Hutchins is a retired public-school administrator. He holds an Ed.S. in school administration from Pittsburg State University, Kansas, and teaches for OLLI at The University of Kansas, OLLI at The University of West Virginia, and CALL at the College of Charleston.



***New!* Rain Gardens & Carolina Yards: Smart Landscaping for Water Management**

Thursday, July 17

1:00 p.m. to 2:30 p.m.

Cheezem Education Center

Tuition: \$19

Join Anaston Porter, Water Resources Agent from Pickens County Clemson Extension and Carolina Yard Statewide Coordinator, to talk about rain gardens and their benefit to water management in a home landscape as well as briefly go over the Carolina Yards Program 12 Principles. Carolina

Yards is designed to help South Carolinians conserve water and make positive changes to the environmental quality of their yards, neighborhoods, and surrounding waterways. Learn more about how to achieve your desired landscape through actions that save money, increase success, and protect natural resources.

Anaston Porter received her degrees from Clemson University: B.S. in Wildlife and Fisheries Biology and a Masters in Agricultural Education. Anaston currently helps to coordinate and plan extension programming related to water quality in Pickens County. This includes supporting programs such as Carolina Clear and Anderson Pickens County Stormwater Partners Consortium throughout the county. Anaston also coordinates the Carolina Yards Program through Clemson Extension.

***New!* Galileo: Lessons from a Great Scientist**

Thursday, July 17

6:30 p.m. to 8:00 p.m.

Cheezem Education Center

Tuition: \$19

Note: Presenting via Zoom as part of the Smithsonian Associates program.

Galileo Galilei, a towering figure in intellectual history, inspired plays, poems, and an opera. Albert Einstein called him "the father of modern physics." Astrophysicist Mario Livio explores Galileo's groundbreaking contributions to astronomy, mechanics, and the scientific method, while also examining his tragic conflict with the Catholic Church, which led to his condemnation by the Inquisition.

Mario Livio, author of *Galileo* and the *Science Deniers*, emphasizes Galileo's relevance for our world today. In particular, he clarifies the relationship between science and religion and explains why there is no schism between the humanities and the sciences. For Livio, Galileo's life serves as a potent reminder of the importance of freedom of thought, and though his richly intricate personality was grounded in late-Renaissance Italy, the impact of his enduring contributions to science and thought spans time and cultures.

***New!* Preserving Place: The History and Greenspace Legacy of Six Mile, SC**

Wednesday, July 23; Thursday, July 31; and

Wednesday, August 6

11:00 a.m. to 12:30 p.m.

Cheezem Education Center (Last session will be a Meet There excursion)

Tuition: \$39

This course explores the rich history of the Town of Six Mile, South Carolina, and examines the critical importance of preserving both cultural heritage and greenspace in small towns. Participants will delve

into the town's actual and legendary past, while also engaging with modern conservation efforts that have shaped its present and future. Through real-world examples—such as the preservation of the historic bank building and the creation of the 63-acre Bryson Children's Nature Walk—students will learn about grassroots efforts that earned Six Mile two statewide achievement awards from the Municipal Association of South Carolina. Key topics include: the historical and legendary narratives of Six Mile; the preservation and adaptive reuse of the town's historic bank (featuring the original 1919 vault); the establishment and stewardship of the Bryson Children's Nature Walk; and conservation easements and sustainable forest management plans. Hands-on learning experiences will include a guided tour of the Town's History Room, the historic bank building, and the Bryson Nature Walk. Participants can also participate in a trail hike and cleanup. Once completed, the Children's Garden Area will offer participants a look at how local youth is educated about where their food comes from through hands-on gardening activities. This course encourages reflection on the lasting impact of preservation, highlighting the principle that once history and greenspace are lost, they are gone forever.

Mayor James Atkinson has served as Mayor of Six Mile since December 2023, following 12 years of service on the Town Council. With a strong background in finance, he also spent two years as a County Finance Director. Much of his professional career has been in banking, with a focus on Internal Audit, Risk, and Regulatory roles in both North and South Carolina. A graduate of Clemson University, Mayor Atkinson is deeply rooted in the Pickens County area. He owns a Century Farm in Six Mile that has been in his family for approximately 170 years, underscoring his longstanding connection to the land and community he now serves.

***New!* Estate Planning 101: What's a Will? What's a Trust?**

Friday, July 25

1:00 p.m. to 2:30 p.m.

Cheezem Education Center

Tuition: \$19

Curious about estate planning but unsure where to start? Join Alexander Evans for Estate Planning 101, an engaging seminar that will guide you through essential estate planning concepts with clarity and ease. Through real-life examples and interactive discussions, you'll learn how to protect your assets, support your loved ones, and avoid common legal pitfalls. Alexander's approachable style ensures participants feel empowered to make informed decisions without being overwhelmed by legal jargon. Whether you're completely new to estate

planning or need a refresher, this course will provide you with practical knowledge and confidence to secure your future.

Alexander Evans of Estate Planning Partners LLC is an experienced estate planning attorney with a modern approach to simplifying complex legal processes. With a background in running a client-focused law firm, he prioritizes clear communication and practical strategies to guide individuals and families through essential estate planning decisions. His relatable teaching style helps attendees understand the key steps to protect their legacy, demystifying estate planning with an approachable and engaging touch.

Cooking with Mushrooms

Monday, July 28

1:00 p.m. to 3:00 p.m.

Cheezem Education Center

Tuition: \$35

Ever see exotic cultivated or wild mushrooms in the grocery store but don't have a clue how to cook them? Did you know that mushrooms are very nutritious and are actually a superfood? Join this class and learn how to prepare mushrooms as a main or side dish. Participants will learn about the most commonly cultivated and wild mushrooms in the Upstate and what these delicacies offer the culinary world.

Olga Katic grew up mushroom hunting with relatives in Bosnia and Hercegovina. Her grandpa would discard the ones he thought were not edible. The rest, they would cook on a wood stove. Fast forward to today: Olga is the proud owner of Mushroom Mountain that produces mushroom spawn for many different edible and medicinal varieties. They also make several different medicinal mushroom extracts and medicinal mushroom honeys under the name Mycomatrix. Mushroom Mountain also runs a Wild Mushroom Food Safety Certification Program, accepted by Health Departments of seven states and counting and endorsed by the Food and Drug Administration.

“

I feel fortunate to be able to take a wide range of relaxed classes from quality instructors for close by.

”

***New!* "Fire!": The Real History of the Boston Massacre**

Wednesday, July 30
6:30 p.m. to 8:00 p.m.
Cheezem Education Center
Tuition: \$19

Note: Presented via Zoom as part of the Smithsonian Associates program.

By March 1770, Boston had endured nearly a year and a half of British military occupation, with rising tensions between soldiers and civilians. On March 5, the situation escalated when a sentry challenged a young apprentice over an unpaid bill, leading to a confrontation with townspeople. As more soldiers arrived, chaos ensued, and shots were fired, killing five men. The British called it an "unhappy disturbance," but Bostonians dubbed it the "Boston Massacre," sparking a fierce debate over its meaning.

Richard Bell, a professor of history at the University of Maryland, explores the Boston Massacre from its many sides. Drawing on the latest scholarship, he argues that the real history of the "affray on King Street" is far more fascinating than even Paul Revere's famous engraving of it has led us to believe.

Buon Viaggio: Italy for Beginners

4 Mondays, August 4 to 25
10:30 a.m. to 12:30 p.m.
Cheezem Education Center
Tuition: \$49

Considering a trip to Italy? Want to connect with possible Italian heritage? This course offers a wealth of travel tips for this beautiful country including key phrases and vocabulary for shopping, eating and getting around. Participants will learn more about Italian traditions and specialties by region. Fun activities during each class help attendees learn and practice phrases and vocabulary. Newly acquired skills from this class will bring smiles of appreciation from any Italian encountered during travels! OLLI travelers who have taken this class offer testimonials of its usefulness while in Italy.

Kathy McElvenny lived in Genoa, Italy for four years and loves sharing her enthusiasm for speaking Italian and the Italian culture with students. **Marina Viotto Joyce** is a native Italian who moved to the United States 50 years ago. She returns to Italy to visit family and friends once a year giving her an opportunity to keep an eye on the constantly changing society. She enjoys sharing her passion and appreciation of Italy with others.

***New!* Uncovering the Cheapside Hoard: Buried Treasures and Stories of the Past**

Wednesday, August 6
6:30 p.m. to 8:00 p.m.
Cheezem Education Center
Tuition: \$19

Note: Presented via Zoom as part of the Smithsonian Associates program.

Buried for nearly 400 years beneath London, the Cheapside Hoard was discovered by accident in 1912 during an excavation. This collection of nearly 500 jewels and precious objects, likely hidden during the 17th-century Great Fire or Civil Wars, reveals the wealth and influence of Tudor and Stuart England. Probably the stock of a goldsmith in Cheapside, the hoard showcases London's role as a global marketplace, with items from both the Old and New Worlds. It is the largest surviving collection from that era.

Tudor scholar and historian **Carol Ann Lloyd-Stanger** examines the story of this collection of luxury items and what they reveal about life in Renaissance England. She discusses the links between specific pieces of jewelry and similar items in well-known portraits and considers how the jewels, scent bottles, and salt cellars open a window into how royals and nobility in the 16th and 17th century used such items to communicate power. She also traces the double mystery of the collection's disappearance in the 17th century and the reasons this Aladdin's cave of treasures is still mostly unknown today.

***New!* Dying a Good Death - Care for the Body and Soul in the Hospice and Palliative Care Setting**

Thursday, August 7
11:00 a.m. to 12:30 p.m.
Cheezem Education Center
Tuition: \$19

The body and the soul are inseparable until the moment of death. To have a "good death," both body and soul must be cared for well. How can the state of the soul affect the body and vice versa? What are some best practices for end-of-life care? In this seminar, a hospice chaplain and a palliative care family nurse practitioner will share their experiences and recommendations for making the end-of-life one of the best parts of life. There will be time set aside for audience questions and input.

Sara Crocker is an end-of-life hospice chaplain with Hospice of the Upstate. She holds a M.A. in Theological Studies from Central Seminary. Sara enjoys helping patients and families navigate decline, dying, and death by caring for them spiritually and helping them think about death in a more holistic way. **David Creamer** is a board-certified Family Nurse Practitioner who works at Hospice of the Upstate. His current area of expertise is palliative care. David has extensive experience in the healthcare field including clinical data analyst, coronary intensive care, and urgent care. In his spare time, he enjoys yard work and educating community members on health related topics.

***New!* Ask a Master Gardener**

Thursday, August 7

2:00 p.m. to 3:30 p.m.

Cheezem Education Center

Tuition: \$19

If you garden, you have questions! Wouldn't it be great to be able to collaborate with like-minded individuals and get some answers or hints for making your garden its best? Join us for a session with Master Gardeners and other gardeners to answer some questions or just learn some helpful hints to keep your garden looking its best.

Susan Bynum has been a Master Gardener since 2004 and worked for Millcreek Greenhouses in Columbia, South Carolina for 13 years. She is now happily playing with Cherry Street Market Place in downtown Seneca, designing landscapes and containers.

***New!* Herb Preservation Basics**

Thursday, August 7

6:00 p.m. to 7:30 p.m.

Cheezem Education Center

Tuition: \$30

Herb preservation is essential for extending the shelf life and potency of fresh herbs, ensuring their flavors and medicinal properties are available long after harvest. Basic methods include drying, freezing, and infusing. Drying can be done naturally by hanging bundles in a well-ventilated, dark area or using a dehydrator. Freezing herbs, often in ice cube trays with water or oil, locks in their fresh taste and nutrients. Infusing herbs in oils, vinegars, or alcohol creates flavorful extracts for culinary and therapeutic uses. Proper storage in airtight containers away from light and moisture is crucial for maintaining quality. This workshop will explore these techniques, providing practical tips and hands-on experience.

Hunter Gibson is a dedicated functional herbalist and founder of Cattle Creek Ranch. With five certifications in herbalism and ongoing training as a Clinical Herbalist, Hunter combines her expertise in medicinal plants with a passion for holistic living. She also teaches organic homesteading, covering topics like gardening, food preservation, and fermentation. Through Cattle Creek Ranch, Hunter educates others on the healing power of nature, empowering them to embrace a natural, healthful lifestyle by harnessing the benefits of herbal medicine and sustainable practices.

Code of Conduct FOR MEMBERS AND INSTRUCTORS OF OLLI AT CLEMSON UNIVERSITY

OLLI at CU is a community of intellectually active mature adults. Membership entails mutual respect among members and instructors as they pursue knowledge and explore individual interests. Failure to treat ideas, viewpoints, the classroom environment and interests of other members of the community with respect and civility compromises the intellectual climate at OLLI, and cannot be tolerated. The OLLI administration and volunteer leadership are responsible for ensuring that the Code of Conduct is being followed in all OLLI-sponsored programs.

This OLLI at CU Code of Conduct is congruent with that for students at Clemson University (www.clemson.edu/administration/student-affairs/student-handbook/code-of-conduct) in promoting behavior that enables enlightened discourse among individuals.



“

OLLI never ceases to amaze me with their outstanding instructors and interesting topics.

”

SIGS SPECIAL INTEREST GROUP MEETINGS

Participation in Special Interest Groups is free and open to current OLLI Members; contact the Group Facilitator for more information. Please visit the OLLI website for detailed descriptions of SIGs.

BLUES GUITAR CIRCLE

Every Monday, 10:00 a.m.
at the Cheezem Education Center
Facilitator: Chris Sally (chrissally999@yahoo.com)

ART GROUP

Every Monday, 1:00 p.m.
at the Cheezem Education Center
Facilitator: Diana Carnes (dianacmail@aol.com)

BACKGAMMON GROUP

Every Wednesday, 10:00 a.m.
at the Cheezem Education Center
Facilitator: Glen Moulder (gmoulder41@gmail.com)

BOOK CLUB

1st Friday Each Month, 10:00 a.m.
at the Cheezem Education Center
Facilitator: Maureen Williamson
(williamsonmj@att.net)

BRIDGE GROUP

Every Monday and Thursday, 10:00 a.m.
at the Cheezem Education Center
Facilitator: Peg Mahan (pmah2209@bellsouth.net)

BUNCO

Last Wednesday Each Month, 1:00 p.m.
at Everlan (Patrick Square)
Facilitator: Carol Helander (antiqueguy@gmail.com)

EUCHRE

2nd and 3rd Monday Each Month, 1:00 p.m.
at Everlan (Patrick Square)
Facilitator: C.E. Addis (cedaddis@aol.com)

GARDENING GROUP

1st Wednesday Each Month, 3:00 p.m.
at the Cheezem Education Center
Facilitator: Susan Creamer (smcreamergmail.com)

LONG DISTANCE GRANDPARENTING

3rd Wednesday Each Month, 2:00 p.m.
at the Cheezem Education Center
Facilitator: Di Ucci (diucciauthor@gmail.com)

MAH JONGG - INTERMEDIATE TO ADVANCED

Every Tuesday, 12:30 p.m.
at the Cheezem Education Center
Facilitator: Janice Dieter (dieterjw@yahoo.com)

NEEDLES AND THREADS

Every Wednesday, 1:30 p.m.
at the Cheezem Education Center
Facilitator: Nan Jones (jones4927@bellsouth.net)

PICKLEBALL

Every Friday
at Nettles Park (Clemson)
Facilitators: Lauris and Mary Jane Ames
(mames10579@aol.com, laurisames@aol.com)
Time varies; reach out to the facilitators to confirm.

TRIVIA

4th Friday Each Month, 10:00 a.m.
at the Cheezem Education Center
Facilitator: Skip Eisiminger (esterli2@bellsouth.net)

WATERCOLOR GROUP

Every Thursday Each Month, 1:00 p.m.
at the Cheezem Education Center
Facilitator: Trish Davis (trishkaydavis@gmail.com)

WRITERS' GROUP

Group 1: 1st and 3rd Friday Each Month, 10:00 a.m.
at the Cheezem Education Center
This group is currently at capacity, but contact facilitator
Paula Appling (upst8hiker@gmail.com) for more information.
Group 2: 2nd and 4th Thursdays Each Month, 1:00 p.m.
at the Cheezem Education Center
Facilitator: Paula Appling (upst8hiker@gmail.com)

MEMBERSHIP AND REGISTRATION FORM SUMMER 2025

Please complete this form, even if you think we have this information on file.

Name _____

Street Address: _____

City/State/Zip: _____

Phone: _____ Email Address: _____

How did you hear about us? _____

Gender: ☐ Female ☐ Male Date of Birth (Month, Year) _____

Catalog Format: ☐ Email Catalog ☐ U.S. Mail Catalog

Email Communication: ☐ Yes ☐ No

Your name, mailing and email addresses will be published in the password-protected online OLLI Member directory.

☐ Check this box if you would like to opt out of the directory.

Emergency Contact Name: _____ Emergency

Contact Phone Number: _____

Annual Membership Fee (Membership runs from today to June 30, 2026.)

I am a NEW OLLI member and paying my first membership fee. The current fee is \$50.
Beginning July 1, 2025, the membership fee will increase to \$65.

\$ _____

I am renewing my lapsed OLLI membership. The current fee is \$50.
Beginning July 1, 2025, the membership fee will increase to \$65.

\$ _____

If you are unsure about your membership status, please call the OLLI office at 864-633-5242.

Courses

Course Name _____ Tuition: \$ _____

Course Name _____ Tuition: \$ _____

Course Name _____ Tuition: \$ _____

Donation

Please accept this gift to the Clemson University Foundation on behalf of OLLI at Clemson University.

Please note that 100% of your gift goes to OLLI.

Gift: \$ _____

Total Enclosed: \$ _____

Payment Information

☐ Check enclosed (payable to OLLI at Clemson University)

☐ Visa ☐ MasterCard ☐ Discover ☐ American Express

Card #: _____ Expiration Date: _____ CVC: _____

Cardholder's Name: _____

A gift of any amount to **OLLI at Clemson University** will help us to provide a unique array of activities and educational opportunities for our members. Your support plays a pivotal role in promoting lifelong learning, helping us provide nearly 350 different programs to our community. We rely on donors to keep our annual membership fee low and to provide a quality curriculum to our students — your support keeps these programs running.

Take the opportunity to make a gift today and help us foster a culture of lifelong learning!

Help elevate OLLI at
CLEMSON
UNIVERSITY



Make an IRA Qualified Charitable Distribution (QCD) today!

Create the possibility to shape and advance OLLI's future by seeing your generosity in action. If you have an IRA and are 70 1/2 or older, you may donate tax-free from your IRA in direct support of OLLI as well as other University initiatives.

The IRA Qualified Charitable Distribution (QCD) provides several benefits. It allows individuals 70 1/2 and older to transfer up to \$100,000 annually from an IRA directly to a qualified charity. You pay no taxes on the transfer, and your gift to Clemson will make a meaningful impact on the lives of our students. This may also help you meet your Required Minimum Distribution (RMD), the minimum amount you must withdraw from your retirement account(s) to satisfy federal tax rules.

To make your IRA Qualified Charitable Distribution (QCD) gift, simply reach out to your IRA plan administrator or account custodian to make a gift from your IRA to OLLI at Clemson University.

**Please contact
the Annual Giving
Office with any
questions.**

Ann Batson Smith '82, M '85 | Executive Director of Annual Giving

P.O. Box 1889

Clemson, S.C. 29633-1889

864-656-5895

annsmit@clemson.edu

REGISTRATION INFORMATION

4 Easy Ways to Register

- **Online:** www.olliatclermson.org, click the link “online registration” (credit card payment only)
- **By Phone:** 864-633-5242 (credit card payment only)
- **By Mail:** 100 Thomas Green Blvd. Clemson, SC 29631 (check or credit card payment)
- **In Person** at the Cheezem Education Center, Monday through Friday, 9:00 a.m. to 4:00 p.m. (cash, check or credit card payment)

Refund/Cancellation

If you must cancel your registration in an OLLI Course, a full or partial refund may be available to you. Our current refund procedures are listed on our website, www.olliatclermson.org, under the registration tab. All Members are encouraged to review this information when registering. If an OLLI Course is cancelled, you will receive a full refund. Payments made by cash and check will be refunded as course credit in your OLLI account; payments made by credit card will be refunded to the credit card.

Wait List

If the Course you have requested has filled prior to receiving your registration, you will automatically be placed on a waiting list for the Course. Should space become available, you will be contacted and given the opportunity to enroll. You will not be charged for the Course until you are enrolled.

Liability Waivers

OLLI members who are enrolled in higher risk Courses may be required to sign Waiver and Release of Liability Forms before participating. For more information, visit our website, www.olliatclermson.org.

Accessibility

OLLI at Clemson University is committed to an inclusive and accessible environment for all OLLI Members, and as a Clemson University Institute, follows the spirit of Student Accessibility Services, which can be found at www.clemson.edu/academics/studentaccess. If you have questions about accessibility for a Course, please contact the OLLI office at olli@clemson.edu or 864-633-5242; all correspondence will be confidential.

Graduate Research

On occasion, Clemson University faculty and students are interested in working with OLLI Members on research projects specific to engaged aging. Opportunities to participate in such studies will be announced to the OLLI membership via the weekly e-newsletter, and your personal involvement is entirely at your discretion. We do not share your contact information with any group or individual.

Membership Fees

A nonrefundable membership is required to participate in OLLI Courses and activities. The OLLI Member Year begins July 1 and ends June 30 of each year. The membership fee for a full year is \$50. Beginning July 1, 2025, the membership fee will increase to \$65.

Scholarships

Financial assistance may be available for current OLLI Members; for more information, visit our website, www.olliatclermson.org.

Inclement Weather

OLLI follows the Clemson University inclement weather policy. When Clemson University is closed due to inclement weather, all OLLI activities are cancelled or postponed to a later date.

Charles K. Cheezem Education Center

As a Clemson University facility, the Center is tobacco-free and follows campus facility policies.



OSHER LIFELONG LEARNING INSTITUTE

OLLI at Clemson University
100 Thomas Green Blvd.
Clemson, SC 29631

Phone: 864-633-5242
Email: olli@clemson.edu
www.olliatclemson.org

Nonprofit Org.
U.S. POSTAGE
PAID
Clemson, SC
Permit No. 10



Living the life.

Our residents love living life at **Clemson Downs!** They enjoy fun, food, and fellowship on our beautiful 38-acre wooded and pastoral campus.

Clemson Downs is a locally owned continuing care retirement community offering **Independent Living, Assisted Living, Memory, and Skilled Nursing Care** designed to meet your or your loved one's care level needs.



CLEMSON DOWNS

RETIRE WELL.

For more information on Clemson Downs, please contact us.
(864) 654-1155 • @RetireWellClemson • ClemsonDowns.com