



# TRAILS

Tracking Real-world Activities in Life Study

## What is the purpose of this study?

- Test a new mobile application that assesses performance on everyday tasks.
- Explore the connection between physical abilities, everyday activities, and brain function.

## What does participation look like?

- Telephone screening
- REMOTE surveys
- IN-LAB Visit 1 assessments
- REMOTE daily phone tasks (2 weeks)
- IN-LAB Visit 2 assessments
- \$100 honorarium for participating!

## You may qualify if you:

- Adults ages 40-60 and 65+
- Regularly use a smartphone or tablet
- Do not have any neurological disorders or history of stroke
- Have not been diagnosed with Alzheimer's disease or dementia
- Are able and willing to spend 6 hours on study activities across 2-3 weeks

## Interested in this study?

Call the **Institute for Engaged Aging**  
in Seneca at

**(864) 916-6220**

or Complete our online form  
(<https://bit.ly/IEAStudies>)



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