



OSHER LIFELONG LEARNING INSTITUTE

SPRING 2024

IN THIS ISSUE:

Different ways to participate this term:

- In-person courses at the Cheezem Education Center, Clemson
- Evening courses at the Cheezem Education Center
- Osher Online courses that allow you to participate from home
- Outdoor Adventures and Day Trips

NEW COURSE TITLES INCLUDE:

Mindfulness in Nature; Chihuly at Biltmore; The Electoral College and Supreme Court; Making Focaccia Bread; Secret Societies from History and Active Today; Putin's Russia: Two Years into the War; Five Tigers, One Mountain: The Korean War; The Golden Age of Television; Landscape Design - Elements, Principles and the Nitty Gritty; Moroccan Cooking; Mong/Hmong and Lao in America; Fundamentals of Civil Discourse and more!

The Cheezem Education Center is open Monday through Friday, 9:00 a.m. to 4:00 p.m.

Registration opens

March 22, 2024

Register in person, by phone, by mail or online at: www.olliatclemson.org





Discover the Art of Aging with Grace

AWARD-WINNING FULL-SERVICE COMMUNITY



Unlock a world of possibilities at Everlan of Clemson and Dominion of Clemson. Our communities are designed to elevate your lifestyle at every stage:



- Independent Living: Where Activity Thrives
- Assisted Living: Individualized Services, Your Way
- Memory Care: Nurturing Minds and Enriching Lives

The pinnacle of senior living is at Everlan and Dominion of Clemson. Embrace a lifestyle where elegance and fulfillment meet for life.

Call today to schedule a tour and have lunch on us!



DOMINION™
SENIOR LIVING



Assisted Living & Memory Care
(864) 722-2811

100 Pershing Avenue, Clemson, SC 29631
dominionseniorliving.com/clemson

EVERLAN
by DOMINION



Independent Living
(864) 643-2200

150 Pershing Avenue, Clemson, SC 29631
everlanliving.com/clemson

Save the Date

2024 Annual Membership Meeting

Wednesday, June 19

3:00 p.m. Social Time

3:30 p.m. Business Meeting

4:00 p.m. Guest Speaker

Kite Hill Brewery, Patrick Square

Town Center

Featured Speaker: Dr. Bradd Shore

Bradd Shore is the Goodrich C. White Professor Emeritus of Anthropology at Emory University, where he taught for 38 years. His undergraduate education was at University of California, Berkeley where he received his bachelor's degree in English Literature. Following two years as a Peace Corps teacher in Samoa, Shore earned a doctorate in Anthropology at the University of Chicago in 1977. He taught at The University of California, Santa Cruz, Sarah Lawrence College and Emory. He served twice as chair of Emory's Department of Anthropology and chaired Emory College's Tenure and Promotion Committee. From 2000-2010, Shore ran Emory's Center on Myth and Ritual in American Life (MARIAL Center) with a major grant from the Alfred Sloan Foundation. Shore is the author of eight books and many articles on topics ranging from Samoan culture, culture and the cognitive revolution, Shakespeare and social theory and an introduction to ritual. He is currently working on a book on how technology reshapes our idea of the human.



Table of Contents

Course Index	3
Free Programs	7
Special Interest Groups	8
Courses by Calendar	9
Course Descriptions	12
Registration Forms and Info	28

Special Events

OLLI Writers' Group "As Good as it Gets" Poetry and Prose

Tuesday, April 23

6:00 p.m. to 7:30 p.m.

Cheezem Education Center

Free but registration is required; register by calling the OLLI Office at 864-633-5242.

OLLI Writers' Group invites you to enjoy an evening of prose and poetry reading! Local writers will present poems and prose excerpts from their original writings.

How's of Wax Encaustics by Victor Young: Exhibit Opening Reception and Demonstration

Thursday, April 25

5:00 p.m. – Demonstration

6:00 p.m. to 7:30 p.m. – Reception

Cheezem Education Center

Free; registration not required

Victor Young is a multi-media artist who began his career as a blacksmith. He graduated from the Massachusetts College of Art in Sculpture and Media. He became interested in encaustics when he moved to South Carolina and has been working in that medium since. The word encaustic is from the ancient Greek and literally means, "burning in". Traditionally, it is a technique in which pigments are mixed with hot liquid wax and then painted on a solid surface – usually wood. The oldest surviving encaustics are mummy portraits from Egypt, around 100–300 AD. It is known as a difficult medium but has many wonderful properties – particularly texture and depth. Modern encaustic artists are expanding the medium, creating sculpture, 3D painting and monotypes. It is an exciting time to be working with this medium.

Course Index

Day and Half-Day Trips

Aviation in the Upstate: Donaldson Field and Greenville Downtown Airports (p. 15)

New! Chihuly at Biltmore (p. 15)

New! Discover the Carl Sandburg Home in Flat Rock, North Carolina (p. 16)

New! Flavors of Mexico – Cinco de Mayo (p. 15)

New! High Tea with Ella Lorton, a Dear Friend of the of the Clemson Family (p. 14)

New! Learning, Laughing & Lager: A Tour and Tasting at Kite Hill Brewery (p. 14)

Outdoor Adventures

Beginning Fly Fishing (p. 16)

Bloom Time on Lake Jocassee (p. 17)

Discover Conestee Nature Preserve on Foot (p. 16)

Wild Foraging in the North Georgia Mountains (p. 16)

Zip Lining in Keowee Toxaway (p. 17)

Discussion Groups

Philosophy Plus: The American Mind (p. 17)

Courses

Art, Culture, Music, and Travel

New! Buon Viaggio – Italy for Beginners (p. 19)

New! Conversational Spanish (p. 21)

Who Is Your Resilience Builder? Loss, Friendship and Creativity (p. 20)

Health and Wellness

Meditative Yoga (p. 18)

New! Financial Survival for Families in the Grip of Dementia (p. 23)

Intermediate Tai Chi (p. 18)

New! Mindfulness in Nature (p. 22)

New! Money Matters: A Practical Guide to Managing Financial Risks for Seniors (p. 26)

New! Sleep Better (p. 26)

Tai Chi (p. 19)

History, Politics, Government, and Current Events

New! Five Tigers, One Mountain: The Korean War (p. 25)

New! Fundamentals of Civil Discourse (p. 21)

New! Mong/Hmong and Lao in America (p. 20)

New! Putin's Russia: Two Years into the War (p. 18)

New! Secret Societies from History and Active Today (p. 19)

New! The Electoral College and Supreme Court (p. 23)

New! The Golden Age of Television (p. 21)

New! The Silent Coup Against Richard Nixon, Part 1 (p. 20)

New! The Wonders of Copan of Tikal: Classic Maya City–States of Central America (p. 24)

Home and Garden

Cooking with Mushrooms (p. 22)

Gardening Like a Painter (p. 26)

New! Landscape Design – Elements, Principles and the Nitty Gritty (p. 23)

New! Making Focaccia Bread (p. 25)

New! Middle Eastern Cooking (p. 25)

New! Moroccan Cooking (p. 22)

The Art of Making Fruit Jam (p. 24)

Osher Online

New! AI for Regular People (p. 13)

New! Chemistry Inside You (p. 12)

New! Themes in Philosophy, Part 3 (p. 12)

New! The Capable Consumer: Finding your Purchasing Superpower (p. 13)

New! The Intersection of Maps and History (p. 13)

Practical Arts and Hobbies

New! Amplify your Golf Game (p. 24)

Beginner Stained Glass (p. 26)

Kudzu Basketry (p. 25)

New! Painting Watercolor on Canvas (p. 22)

Pine Needle Basketry (p. 24)

Where in the World will OLLI Go?



Up-to-date details for all travel programs can be found on the OLLI website, and you can pick up a flyer for each trip at the Cheezem Education Center. Bookings are taken by the individual travel companies; contact the specific company for questions and arrangements.

New England Rails and Sails

Friday, September 27, 2024, to Sunday, October 6, 2024 (Nine days)

By Mayflower Cruises & Tours

Double Occupancy: \$3,799 per person (land only, check with Mayflower for airfare specials)

Single Occupancy: \$5,298 per person (land only, check with Mayflower for airfare specials)

Activity Level: Active

Set off on sightseeing tours of Boston and coastal Kennebunkport, Maine before exploring beautiful Portland, Maine. Discover Maine's history through the Maine Narrow Gauge Railroad, along with a picturesque cruise in Casco Bay. Visit New Hampshire's White Mountains and board the North Conway Scenic Railroad to learn more about the railroad's history. Travel to the Kancamagus Scenic Byway and experience the gorgeous scenery at Quechee Gorge. Spend time at Mystic Seaport and explore the past within the maritime village before spending two nights in the spectacular Foxwoods Resort Casino. Board the Essex Steam Train and take a charming trip up the Connecticut River on the Riverboat Becky Thatcher. End your trip traveling through Rhode Island and sailing past a Humpback, Finback, Minke, and endangered Right Whales sanctuary in Massachusetts.



A gift of any amount to **OLLI at Clemson University** will help us to provide a unique array of activities and educational opportunities for our members. Your support plays a pivotal role in promoting lifelong learning, helping us provide nearly 350 different programs to our community. We rely on donors to keep our annual membership fee low and to provide a quality curriculum to our students — your support keeps these programs running.

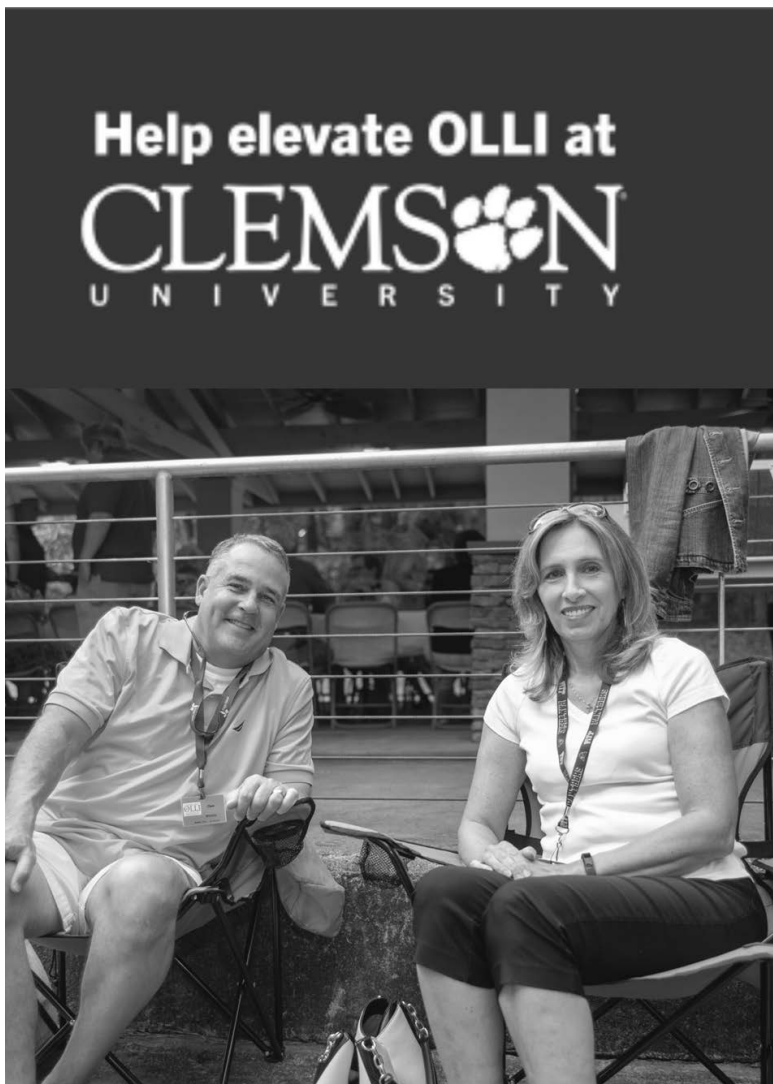
Take the opportunity to make a gift today and help us foster a culture of lifelong learning!

Make an IRA Qualified Charitable Distribution (QCD) today!

Create the possibility to shape and advance OLLI's future by seeing your generosity in action. If you have an IRA and are 70 1/2 or older, you may donate tax-free from your IRA in direct support of OLLI as well as other University initiatives.

The IRA Qualified Charitable Distribution (QCD) provides several benefits. It allows individuals 70 1/2 and older to transfer up to \$100,000 annually from an IRA directly to a qualified charity. You pay no taxes on the transfer, and your gift to Clemson will make a meaningful impact on the lives of our students. This may also help you meet your Required Minimum Distribution (RMD), the minimum amount you must withdraw from your retirement account(s) to satisfy federal tax rules.

To make your IRA Qualified Charitable Distribution (QCD) gift, simply reach out to your IRA plan administrator or account custodian to make a gift from your IRA to OLLI at Clemson University.



**Please contact
the Annual Giving
Office with any
questions.**

Ann Batson Smith '82, M '85 | Executive Director of Annual Giving

P.O. Box 1889
Clemson, S.C. 29633-1889

864-656-5895
annsmit@clemson.edu

AnMed HEALTH SERIES

Wellness with Age

Tuesday, April 9

11:00 a.m.

Cheezem Education Center

Free but registration is required; register by calling the OLLI Office at 864-633-5242.

A few steps lead the way to maximum wellness with age. Remain active physically and mentally. Stay up-to-date on annual visits and physicals. Understand and use medications appropriately. Fuel your body with appropriate nutrition. Learn more from Dr. Teresa Brown, AnMed Primary Care - Pendleton.

Atrial Fibrillation

Tuesday, May 7

11:00 a.m.

Cheezem Education Center

Free but registration is required; register by calling the OLLI Office at 864-633-5242.

Simply put, atrial fibrillation (Afib) is an irregular heart rhythm. The older a person gets, the more they are at risk. It has been estimated that 12.1 million people in the United States will have Afib by 2030. Learn what to know and what to do from Dr. Brian Miller, AnMed Arrhythmia.

Joint Replacement

Thursday, June 6

11:00 a.m.

Cheezem Education Center

Free but registration is required; register by calling the OLLI Office at 864-633-5242.

Aches and pains might come with age; but for hundreds of thousands of people annually, total joint replacement surgery brings life-changing benefits. Though it's not for everyone, it could be something to consider. Learn why this type of surgery has become so common and whether it could be something to discuss with a doctor. Presented by Dr. Hunter Hsu, AnMed Orthopedics and Sports Medicine.

Get to Know Your **OLLI BOARD OF ADVISORS**

David Potts, Chair

Dave Sabo, Vice Chair

Sheryl Donovan, Past Chair

Carol Helander, Secretary

Clyde Burghardt, At-Large Member

Nancy Dunn, At-Large Member

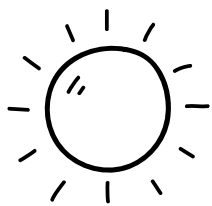
Amy Pickens, At-Large Member

Kim Warne, At-Large Member



CLEMSON
UNIVERSITY

Board of Advisors meetings are held on the third Wednesday of each month except December and June. After the Board Meeting at 5:00 p.m., join Board Members at Kite Hill Brewing Company in Patrick Square Town Center to learn more about how OLLI ticks! The Board can be reached directly at cuolliboagmail.com.



FREE PROGRAMS *this Spring*



The following activities are open to all current OLLI Members and those with an interest in joining OLLI. All programs are free, but require registration; see the Events page at our website, www.olliatclemson.org, for more information, or call us at 864-633-5242.

Tech Talks

Second Thursday of Each Month

April 11, May 9, and June 13

10:00 a.m. to 12:00 p.m.

Cheezem Education Center

Free but an appointment is required; call 864-633-5242 to make an appointment.

Have questions about your phone, tablet, laptop or other electronic device? Make a 30-minute appointment with a Pickens County Outreach Librarian for basic troubleshooting assistance.

New and Returning Member Orientation

Thursday, April 25

1:00 p.m.

Cheezem Education Center

Free but registration is required; register on the Events page of the OLLI website.

Whether you're new to Clemson OLLI or returning from a hiatus, this orientation illustrates how OLLI ticks, who is who and how you can be part of your regional lifelong learning program! Refreshments provided.

Personal Safety and Active Shooter Training

Tuesday, May 14

10:00 a.m. to 11:30 a.m.

Cheezem Education Center

Free but registration is required; call 864-633-5242 to register.

Recent events have made it clear that dangerous situations can arise anywhere, and the first step to safety is awareness. Participants will be taught skills in situational awareness techniques that can be used with daily activities such as large gatherings, travel or even shopping and dining. Participants will also learn to prepare for the unexpected with the Active Shooter strategy of RUN-HIDE-FIGHT, in this session led by Lt. Richard Gooch with the Clemson Police Department and OLLI Member Sue Schneider, the retired CEO of Spartanburg Water.

History in Your Hands: Empowering Community Archivists with Pickens County's Backpack Kits

Thursday, May 16

11:00 a.m. to 12:00 p.m.

Free but registration is required; call 864-633-5242 to register.

The Pickens County Library System is excited to offer our new Archivist in a Backpack kits to community members for the preservation of local history! Made available through a grant by the South Carolina State Library, we hope these kits can serve as tools to empower local citizen-archivists to collect their own personal histories, and to fuel larger archival aspirations within our community. Join us to find out how you can access these incredible resources!

Unlock Your World: Discover, Engage, and Explore with Your Pickens County Library Card

Thursday, June 20

11:00 a.m. to 12:00 p.m.

Free but registration is required; call 864-633-5242 to register.

Your Pickens County Library Card is your free ticket to Play, Connect, Learn and Share (PCLS). The PCLS Outreach Team will demonstrate some of the unique things you can check out and do with your public library card as well as sign up new library members and renew accounts.



One of THE best resources in the Upstate for older people who want to stay engaged and continue to grow intellectually. We are SO fortunate to have OLLI (and its excellent staff) in our area.



SIGS SPECIAL INTEREST GROUP MEETINGS

Participation in Special Interest Groups is free and open to current OLLI Members; contact the Group Facilitator for more information.

ART GROUP

Every Monday, 1:00 p.m.
at the Cheezem Education Center
Facilitator: Diana Carnes (dianacmail@aol.com)
This "open studio" is a place and time for everyone-aspiring or confirmed artists - to meet once a week to play with new approaches to their craft. We share techniques, engage in a variety of media challenges, and possibly bring in experts in unusual specialties. We EXPLORE art in many varieties!

ART OPEN STUDIO

2nd and 4th Thursday Each Month, 1:00 p.m.
at the Cheezem Education Center
No facilitator; the Studio is available for use by any current OLLI Member.

BOOK CLUB

1st Friday Each Month, 10:00 a.m.
at the Cheezem Education Center
Facilitator: Maureen Williamson (williamsonmj@att.net)
Our books are selected by group vote and selections include fiction and nonfiction, contemporary and classic. Discussion is informal and participation is encouraged. See the Events page on the OLLI website for upcoming book selections.

BRIDGE GROUP

Every Monday and Thursday, 10:00 a.m.
at the Cheezem Education Center
Facilitator: Peg Mahan (pmah2209@bellsouth.net)
Join in on this popular card game in a relaxed, friendly environment.

BUNCO

Last Wednesday Each Month, 1:00 p.m.
at Everlan (Patrick Square)
Facilitator: Carol Helander (antiqueguy@gmail.com)
This entertaining dice game is easy to learn, anyone can play! Light refreshments will be provided; \$5 cash per person to play.

GARDENING GROUP

1st Wednesday Each Month, 3:00 p.m.
at the Cheezem Education Center
Facilitator: Susan Creamer (smcreamergmail.com)
Share ideas, learn from others about gardening techniques, soil, plants, design and more - broaden your knowledge and find support from other gardeners who have similar challenges with their Upstate landscape. The group also enjoys speakers on various gardening topics and occasional field trips.

MAH JONGG

Every Tuesday, 12:30 p.m.
at the Cheezem Education Center
Facilitator: Janice Dieter (dieterjw@yahoo.com)
This group plays Mah Jongg (American version) each week and offers a course three times a year on the basics of playing the game. Students are encouraged to join the OLLI SIG after taking the course to continue building their skills; SIG newcomers should have some playing experience.

NEEDLES AND THREADS

Every Wednesday, 1:30 p.m.
at the Cheezem Education Center
Facilitator: Nan Jones (jones4927@bellsouth.net)
Join this support group for "thread-heads" to work on your favorite projects in a collaborative atmosphere.

PICKLEBALL

Every Friday, 9:00 a.m.
at Nettles Park (Clemson)
Facilitators: Lauris and Mary Jane Ames (mames10579@aol.com, laurisames@aol.com)
Join the many that are enjoying this fast-growing fitness activity! We play on specially lined tennis courts at Nettles Park. This group is open to all OLLI Members and is appropriate for players of all levels! Instruction and loaner equipment will be available to newcomers.

TRIVIA

3rd Thursday Each Month, 3:00 p.m.
at the Cheezem Education Center
Facilitator: Skip Eisiminger (esterli2@bellsouth.net)
This trivia is not a Jeopardy clone; it involves no buzzers, no clocks, and no pressure to perform or speak in public. The winners of the two sets of questions receive the prize pot. All money collected from the night is split between the two winners! \$2.00 per person- cash at the door only.

WATERCOLOR GROUP

1st and 3rd Thursday Each Month, 1:00 p.m.
at the Cheezem Education Center
Facilitator: Trish Davis (trishkaydavis@gmail.com)
This group's goal is to paint watercolor paintings using a variety of papers and techniques, to share ideas and prompts and to have fun painting together.

WRITERS' GROUP

Group 1: 1st and 3rd Friday Each Month, 10:00 a.m.
at the Cheezem Education Center
Group is currently at capacity but contact facilitator Paula Appling (upst8hiker@gmail.com) for more information.
Group 2: 2nd and 4th Friday Each Month, 10:00 a.m.
at the Cheezem Education Center
Facilitator: Elaine Faithful (belaineffaithful@gmail.com)

APRIL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Bridge Group The Sixties in America: From Rebellion to Rights to Commodity (p. 12) Art Group	2 Mah Jongg Chemistry Inside You (p. 12)	3 Themes in Philosophy, Part 3 (p. 12) Needles and Threads Gardening Group	4 Bridge Group Watercolor Group The Capable Consumer: Finding your Purchasing Superpower (p. 13)	5 Pickleball Book Club Writers' Group 1
8 Bridge Group Art Group	9 AnMed Health Series - Wellness with Age (p. 6) Mah Jongg	10 Needles and Threads	11 Bridge Group Tech Talks (p. 7) Art Open Studio	12 Pickleball Writers' Group 2
15 Bridge Group Art Group	16 Meditative Yoga (p. 18) Intermediate Tai Chi (p. 18) Mah Jongg Putin's Russia: Two Years into the War (p. 18) Tai Chi (p. 19)	17 Secret Societies from History and Active Today (p. 19) Needles and Threads	18 Bridge Group Watercolor Group Philosophy Plus: The American Mind (p. 17) Trivia AI for Regular People (p. 13)	19 Pickleball Writers' Group 1 The Intersection of Maps and History (p. 13)
22 Wild Foraging in the North Georgia Mountains (p. 16) Bridge Group Buon Viaggio - Italy for Beginners (p. 19) The Silent Coup Against Richard Nixon, Part One (p. 20) Art Group	23 Mah Jongg Learning, Laughing, and Lager: A Tour and Tasting at Kite Hill Brewery (p. 14) Mong/Hmong and Lao in America (p. 20) OLLI Writers' Group "As Good as it Gets" Poetry and Prose (p. 2) Who Is Your Resilience Builder? Loss, Friendship & Creativity (p. 20)	24 Needles and Threads Bunco High Tea with Ella Lorton, a Dear Friend of the of the Clemson Family (p. 14)	25 Bridge Group New and Returning Member Orientation (p. 7) Art Open Studio Flavors of Mexico - Cinco de Mayo (p. 15) How's of Wax Encaustics by Victor Young (p. 2)	26 Pickleball Writers' Group 2
29 Bridge Group Art Group	30 Beginning Fly Fishing (p. 16) Mah Jongg			

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Aviation in the Upstate: Donaldson Field and Greenville Downtown Airports (p.15) Needles and Threads Gardening Group	2 Discover Conestee Nature Preserve on Foot (p. 16) Bloom Time on Lake Jocassee (p. 17) Bridge Group Conversational Spanish (p. 21) Watercolor Group	3 Pickleball Book Club Writers' Group 1
6 Bridge Group Art Group	7 Fundamentals of Civil Discourse (p. 21) AnMed Health Series – Atrial Fibrillation (p. 6) Mah Jongg The Golden Age of Television (p. 21)	8 Cooking with Mushrooms (p. 22) Mindfulness in Nature (p. 22) Needles and Threads	9 Bridge Group Tech Talks (p. 7) Art Open Studio	10 Pickleball Writers' Group 2
13 Bridge Group Moroccan Cooking (p. 22) Art Group	14 Personal Safety and Active Shooter Training (p. 7) Mah Jongg Painting Watercolor on Canvas (p. 22) Landscape Design – Elements, Principles and the Nitty Gritty (p. 23)	15 Financial Survival for Families in the Grip of Dementia (p. 23) The Electoral College and Supreme Court (p. 23) Needles and Threads Amplify your Golf Game (p. 24)	16 Bridge Group History in Your Hands: Empowering Community Archivists with Pickens County's Backpack Kits (p. 7) Watercolor Group Trivia The Wonders of Copan of Tikal: Classic Maya City–States of Central America (p. 24)	17 Pickleball Writers' Group 1
20 Pine Needle Basketry (p. 24) Bridge Group The Art of Making Fruit Jam (p. 24) Five Tigers, One Mountain: The Korean War (p. 25) Art Group	21 Chihuly at Biltmore (p. 15) Mah Jongg	22 Middle Eastern Cooking (p. 25) Needles and Threads	23 Bridge Group Art Open Studio	24 Pickleball Writers' Group 2
27 OLLI Office Closed for Memorial Day	28 Kudzu Basketry (p. 25) Mah Jongg	29 Making Focaccia Bread – Session A (p. 25) Needles and Threads Bunco	30 Zip Lining in Keowee Toaway (p. 17) Bridge Group	31 Pickleball

JUNE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Bridge Group Art Group	4 Making Focaccia Bread – Session B (p. 25) Mah Jongg	5 Gardening Like a Painter (p. 26) Needles and Threads Gardening Group	6 Discover the Carl Sandburg Home in Flat Rock, North Carolina (p. 16) Bridge Group AnMed Health Series – Joint Replacement (p. 6) Beginner Stained Glass (p. 26) Watercolor Group Money Matters: A Practical Guide to Managing Financial Risks for Seniors (p. 26)	7 Pickleball Book Club Writers’ Group 1
10 Bridge Group Art Group Fall 2024 Course Proposals Due	11 Mah Jongg Sleep Better (p. 26)	12 Needles and Threads	13 Bridge Group Tech Talks (p. 7) Art Open Studio	14 Pickleball Writers’ Group 2
17 Bridge Group Art Group	18 Mah Jongg	19 Needles and Threads OLLI 2024 Annual Membership Meeting (p. 2)	20 Bridge Group Unlock Your World: Discover, Engage and Explore with Your Pickens County Library Card (p. 7) Watercolor Group Trivia	21 Pickleball Writers’ Group 1



“

It is a comfortable way to learn, be exposed to information that is brand new to me, and not feel the pressure of taking notes or passing an exam. At my age, I couldn't do it.

”

OSHER ONLINE



The following courses are offered to Clemson OLLI Members as part of the national Osher Online project bringing stellar presenters to OLLIs across the country. Each course is offered live via Zoom – plan to participate from the comfort of home! And in each session will be Members from several different OLLIs; each OLLI is limited to 12 seats per course. Each course is comprised of six, 90-minute sessions and will offer generous question and answer periods. Before each course participants will be contacted by the Osher Online staff at Northwestern University with further instructions.

The Sixties in America: From Rebellion to Rights to Commodity

6 Mondays, April 1 to May 6
11:00 a.m. to 12:30 p.m.
Zoom Virtual Classroom
Tuition: \$59

Our class on America in 60s will ask some simple but also complex questions like: why did people rebel when they did, who rebelled and who didn't, what came out of the rebellion, and did it cause the rise of conservative politics in the US? We will look at: Civil Rights, Vietnam, the rise of Feminism (round 2), the Green Movement (in which NU played a key part), and the exit of the traditional unionized working class from the Republican Party. We will begin with "When did the 60s start and when did they end?"

Jeff Rice is an Emeritus Senior Lecturer in Political Science. He has been at Northwestern since 1968 as an entering freshman and has been associated with the University in one way or another since then. He is presently teaching full-time in Political Science. His courses have included West African History, History of the 60's in the U.S., Marx & Weber, Politics of Africa, Military Strategy, the Politics of Famine, Student Protest and Free Speech, and Africa in Fact, Fiction and Film and most currently a first-year class on free speech and student politics as well as a large lecture class on the politics of capitalism in contemporary America.

Chemistry Inside You

6 Tuesdays, April 2 to May 7
3:00 p.m. to 4:30 p.m.
Zoom Virtual Classroom
Tuition: \$59

Chemistry abounds in the real world, but few reactions in chemistry feel quite as intimate as those taking place inside our bodies. In this class, we'll learn about the molecules we eat and why we need them, as well as learning why nutritional research sometimes seems so confusing and fraught, as though scientists can't make up their minds. We'll also explore the science behind popular diets, learn how food molecules fuel our activities, and tackle what some of the latest science is revealing about the importance of the microbiome.

Kjir Hendrickson is a Teaching Professor in the School of Molecular Sciences at Arizona State University; they hold a PhD in chemistry, and are the author of the textbook "Chemistry in the World." Their academic work focuses on science communication, the reciprocal relationship between science and society, and matters of workplace climate and DEI in STEM.

Themes in Philosophy, Part 3

6 Wednesdays, April 3 to May 8
1:00 p.m. to 2:30 p.m.
Zoom Virtual Classroom
Tuition: \$59

Explanation and discussion of more fascinating themes in philosophy—another philosophy buffet! Topics include spirituality, religion and human rights, philosophy of sports and fitness, the process of belief formation, civil discourse, and philosophy of humor. What is spirituality and can it be trusted? Is religion good or bad for human rights? Why do so many people love sports? How do people come to believe things? How can we have respectful conversations with people who disagree with us about things that matter? And finally, what is humor and how does it work? Themes in Philosophy 1 and 2 are not prerequisites. Join us!

Dr. David E. Smith grew up in the world of fundamentalist religion. As an adult he gradually moved away from that worldview and became a religious progressive/skeptic. After earning an M.A. in philosophy of religion, he received a second M.A. and a Ph.D. in religious studies from Temple University in Philadelphia, PA. Formerly a full-time philosophy and religious studies faculty member at Central Washington University in Ellensburg, WA, he now teaches for the Osher Lifelong Learning Institute at the University of Washington.

The Capable Consumer: Finding your Purchasing Superpower

6 Thursdays, April 4 to May 9

4:00 p.m. to 5:30 p.m.

Zoom Virtual Classroom

Tuition: \$59

Navigating the online marketplace can indeed be challenging. Unfortunately, e-commerce tips the advantage away from the consumer towards very sophisticated marketers. Whether dealing with a small business on Main Street or a giant firm on Madison Avenue, it is difficult to know who to trust or how to discern a true bargain from a real rip-off. So, how do you sort fact from fiction and take control of your purchasing power? Most importantly, how do you protect yourself from being duped out of money or worse, having your identity or account information stolen by hackers? In this course, we will cover critical aspects of being both a transactional and a relational shopper. We will discuss factors that can affect information perceptions and good buying decisions. And we'll offer a variety of resources to enhance your ability to make safe, sharp, and savvy purchasing decisions with sellers you can trust. You will hear from expert speakers, learn about valuable resources, and engage in helpful discussion.

Susan Adams Loyd is Chief Executive Officer of Better Business Bureau Serving Minnesota & North Dakota. Ms. Loyd is regarded as an expert relevant to ethical business practices, customer service strategies and consumer protection. She is passionate about educating buyers to be astute in their purchasing decisions and particularly in protecting themselves from fraud and deception.

AI for Regular People

6 Thursdays, April 18 to May 23

7:00 p.m. to 8:30 p.m.

Zoom Virtual Classroom

Tuition: \$59

Artificial Intelligence (AI) has been around for decades, but suddenly it seems to be everywhere. Whether we like AI, fear it or try to ignore it, our lives and livelihoods will be changed forever by intelligent chatbots, self-driving vehicles, surveillance drones, precision medicine, robotic art and more. In six jargon-free class sessions, this course aims to help regular people understand modern AI. No experience with computers or programming is required, nor expected. Course sessions will cover the past and future of AI, why older forms of AI failed to deliver, and where modern AI and self-guided robots are headed. The human elements of AI will be discussed throughout,

including its impact on jobs and AI's potential to both help and harm us.

This course will be co-taught by **Dr. Hod Lipson**, Professor of Engineering and Data Science at Columbia University and author and technology analyst **Melba Kurman**. Hod is one of the world's most-cited academic roboticists and his playful, innovative approach to artificial intelligence has been featured in the New York Times, Quanta, NPR, and TED. In the past, Melba worked at Microsoft, Cornell University and at a variety of technology start-ups. Melba and Hod are frequently invited to speak about technology issues and are the co-authors of two popular technology books, *Driverless* and *Fabricated: the promise and peril of 3D printing*. They divide their time between New York City and the Berkshires.

The Intersection of Maps and History

6 Fridays, April 19 to May 24

2:00 p.m. to 3:30 p.m.

Zoom Virtual Classroom

Tuition: \$59

Within the broad field of peacebuilding scholarship, the scales are decidedly tipped to study phenomena around conflict resolution, transitional justice, and third-party interventions ~ most of them at the hands of diplomats and politicians. While these areas represent legitimate efforts to negotiate treaties and monitor compliance between state actors, history has shown the Sisyphean nature of these approaches in terms of implementation and securing sustainable peace. What has drawn far less attention are the valiant and courageous efforts of peace builders on the ground who are working in unimaginable circumstances, and in many cases in partnership or cooperation with sworn enemies. This course will examine the elements of a construct known as "positive peace," which can and does exist even in areas where conflict continues (such as the Middle East) through the lens of peace activists working on the ground. The six-week program will include a mix of background reading, video, faculty presentations and small-group interaction.

Dr. Libby Bischof is Executive Director of the Osher Map Library and Smith Center for Cartographic Education and Professor of History and University Historian at the University of Southern Maine. **Dr. Matthew Edney** is Osher Professor in the History of Cartography, Osher Map Library Faculty Scholar, and Professor of Geography at the University of Southern Maine, and director, History of Cartography Project, University of Wisconsin–Madison. His most recent book is *Cartography: The Ideal and Its History* (Chicago, 2019). He blogs at mappingasprocess.net. **Louis Miller** is the Cartographic Reference and Teaching Librarian at the University of Southern Maine's Osher Map Library and Smith Center for Cartographic Education.



Activity Levels

Activity level rankings are provided for courses as appropriate; please consider your needs and abilities when registering for a specific program.

MA MODERATELY ACTIVE

These programs consist of some physical activity, such as equal parts walking and riding, sitting, or stopping.

MC MODERATELY CHALLENGING

These programs require a good deal of physical fitness and more physical activity. These programs may require, for example, a lot of walking on uneven terrain and/or up and down hills for long periods of time.

A ACTIVE

These programs require a fair amount of physical fitness and may require you to be active for up to three hours at a time. Many programs in the active category may require up to a mile of walking before taking a break and will likely cause you to break a bit of a sweat.

C CHALLENGING

These programs are for those who are comfortable with more strenuous activities, such as hiking for several miles on uneven terrain.

ON ZOOM

These programs are on Zoom and are indicated as such with this icon and a shaded background.

DAY and HALF-DAY TRIPS

New! Learning, Laughing & Lager: A Tour and Tasting at Kite Hill Brewery

Tuesday, April 23

2:15 p.m. to 3:45 p.m.

Kite Hill Brewery, Clemson

Tuition: \$32

MA

Participants will learn the history of Kite Hill Brewery's beginnings and its connections to the Clemson community. The owners of Kite Hill Brewery will share the challenges and benefits of being a locally-owned beer business. Participants will tour the facility and learn about the brewing process from start to finish with the Kite Hill Brewmaster.

This tour includes tasting various beers and learning how different types beers are prepared and selected as brewery offerings. This program has been organized by the Kite Hill Brewing Events Manager Heidi Altman. It will be led by Heidi, Alisha (Lead Brewer), Bobby Congdon (Owner) and Bryon Leggett (Owner). Join us on April 23 for "Learning, Laughter & Lager!"

New! High Tea with Ella Lorton, a Dear Friend of the Clemson Family

Wednesday, April 24

4:00 p.m. to 5:30 p.m.

Inn at Magnolia Hill, Pendleton

Tuition: \$37

MA

The Clemson area is filled with exciting history. Miss Ella Lorton, a historical figure from the 1860s, would like to share that history by inviting OLLI members to her Pendleton home for a high tea and conversation. Over tea and treats, guests will listen to Miss Lorton's thoughts and journal entries written during the Great Conflict, The Civil War. Miss Lorton is directly connected with the Anna Maria and Thomas Green Clemson family, and participants will tour the historic Pendleton property following the program.

“

OLLI is making a difference by broadening my knowledge and enriching my life.

”

Sheri Belk graduated from Clemson University with bachelor's and a master's degree in Elementary Education/Special Education. A National Board Certified Teacher who taught in the South Carolina Public Schools for 33 years. She also presents, "Fort Hill Through the Eyes of Anna Maria Clemson." The Inn at Magnolia Hill began soon after the founding of Pendleton in 1791. Currently, the Inn is located at 181 East Queen Street and is operated by **Chris Murray**.

***New!* Flavors of Mexico - Cinco de Mayo**

Thursday, April 25

3:00 p.m. to 8:30 p.m.

Departs from Cheezem Education Center

Tuition: \$99 includes transportation, samples, and food to take home

Join this exhilarating culinary fiesta celebrating the Taste of Mexico and Cinco de Mayo! Participants will immerse themselves in the bold and diverse flavors of Mexican cuisine as they explore traditional dishes and festive favorites. From sizzling fajitas to zesty guacamole and refreshing margaritas, they will uncover the essence of Mexican culinary culture. Whether craving the fiery heat of chilies or the cool sweetness of fresh salsa, this class promises to ignite the taste buds and transport attendees to the heart of Mexico's rich culinary heritage. Prepare to celebrate Cinco de Mayo in style by embarking on this delicious journey of flavors, spices and fiesta! ¡Salud y buen provecho!

Chef Keith Roberts, Operations Manager and Chef Instructor at Truist Culinary and Hospitality Innovation Center (CHI) will lead this hands-on culinary adventure.

Aviation in the Upstate: Donaldson Field and Greenville Downtown Airports

Wednesday, May 1

8:45 a.m. to 4:00 p.m.

Departs from the Cheezem Education Center

Tuition: \$59 includes transportation and airport tours

Donaldson Field is the state's largest general aviation airport, encompassing 1,400 acres; and Greenville Downtown Airport is the busiest general

aviation airport in South Carolina. Here's an opportunity to go behind the scenes to visit both airports' the air traffic control towers, fire stations and weather operations systems. Donaldson Field serves the everyday needs of Lockheed Martin's Greenville Operations Center which provides nose-to-tail F-16 production and aircraft modification, maintenance, repair and overhaul services for both military and civilian aircraft. It is also home to two Fixed-Based Operators (FBOs), Greenville Technical College's aircraft maintenance certification program. And, it provides service to dozens of local manufacturing operations. The Greenville Downtown Airport is recognized as a corporate gateway to Greenville that hosts flight schools, provides services for personal aircraft, air charter and taxi services, houses a military aviation museum and offers the Runway Café, where participants will enjoy lunch on their own.

Mike Hull received his Air Traffic Control degree from the University of North Dakota and attended the Federal Aviation Administration (FAA) Academy in Oklahoma City. Mike spent three years working at Frederick Douglass Greater Rochester International Airport, 23 years at Bradley International Airport, and seven years at Greenville Spartanburg International Airport before retiring in 2020.

***New!* Chihuly at Biltmore**

Tuesday, May 21

9:30 a.m. to 6:30 p.m.

Departs from the Cheezem Education Center

Tuition: \$215 includes transportation via motorcoach, house tour, lunch, and Chihuly exhibit tour

Spend a day as a guest of George and Edith Vanderbilt at the Biltmore Estate. Enjoy a self-guided audio tour of the majestic Biltmore House, called "America's Largest Home." It is set on 8,000 acres in the Blue Ridge Mountains. Inside the home, get a close look at original art by Pierre-Auguste Renoir, Albrecht Durer and John Singer Sargent, including Sargent's portrait of Landscape Architect Frederick Law Olmsted in the Estate's rhododendron gardens. Don't miss the Otis

A

A

elevator, the indoor swimming pool or the massive library collection. Enjoy lunch at the Stable Café before traveling through the Estate to Amherst for a visit to Dale Chihuly's awe-inspiring exhibit.

***New!* Discover the Carl Sandburg Home in Flat Rock, North Carolina**

Thursday, June 6

9:00 a.m. to 5:30 p.m.

Departs from the Cheezem Education Center

Tuition: \$69 includes transportation and house tour

A

Take a glimpse into the life and legacy of one of America's most celebrated poets, Carl Sandburg. Visitors begin their journey at the Sandburg home exploring the preserved residence of the author and his family. Wander through the rooms where Sandburg penned his renowned works and gain insight into his daily life. The tour also includes a visit to Carl Sandburg's Connemara Farm where visitors can see the working farm that was an integral part of Sandburg's life. Explore the barns, pastures and paddocks that once housed the poet's beloved herd of dairy goats, a breed he championed. Participants will enjoy lunch at Flat Rock's Blue Ruby Kitchen on their own followed by free time to explore and discover the area.

OUTDOOR ADVENTURES

Wild Foraging in the North Georgia Mountains

Monday, April 22

8:30 a.m. to 4:00 p.m.

Departs from the Cheezem Education Center

Tuition: \$69, includes transportation and tour

A

Foraging for food is an ancient practice that continues today. Discover the plant and fungi bounty of the forest by spending a late morning hike on trails not often used by the public with an expert guide. After the two hour- plus hike, attendees will head to nearby Clayton, Georgia for lunch and time on their own.

Cara-Lee Langston, M.S., is a South African-born nutritionist, herbalist, wellness cook, forager,

grower and educator. She holds an undergraduate degree in Exercise Science from Georgia State University, a Certificate in Medical Herbalism from the BotanoLogos School of Herbal Studies and a master's degree in Nutrition and Integrative Health from the Maryland University of Integrative Health. She is a Certified Wild Mushroom Food Safety Specialist through Mushroom Mountain and is trained in Wilderness First Aid and Cardiopulmonary Resuscitation (CPR) through SOLO Southeast.

Beginning Fly Fishing

2 Tuesdays and 2 Thursdays, April 30;

May 2, 7, and 9

10:00 a.m. to 12:00 p.m.

Cheezem Education Center

Tuition: \$45

MC

Learn from the experts! Instructors for "Beginning Fly Fishing" are members of the Chattooga River Chapter of Trout Unlimited. Classroom topics include: equipment, techniques, fly-fishing knots, safety and conservation. When learning casting, participants will have one instructor for every two or three students. The fourth session culminates in a daylong fishing experience on a local trout stream. All equipment (except wading boots and waders) will be provided. Wading boots and waders are recommended but not required. Students can wade in running shoes and wool socks. This course is "moderately challenging," because participants will be standing and walking in running water, climbing over slick rocks, etc. A South Carolina fishing license is required prior to fishing day.

Experienced fly fisherman **Tom McInnis** and his cadre, all are members of Trout Unlimited, will conduct this course.

Discover Conestee Nature Preserve on Foot

Thursday, May 2

9:00 a.m. to approximately 1:00 p.m.

Conestee Nature Preserve, Greenville

Tuition: \$25

A

Conestee Nature Preserve is a 406-acre state-designated Wildlife Sanctuary; a conservation space for wild things just 45 minutes east of Clemson and surprisingly close to Greenville. The historic lake parcel, including the Lake Conestee Dam, is listed on the National Register of Historic Places. The wide variety of bird species reported in the Preserve is a consequence of the variety of habitat found there: lake, pine and mixed deciduous woodlands, transitional meadows, the Reedy River and extensive swampland (due in part to the energetic activity of the local beaver population). Please note the group will meet onsite; no transportation is provided.

Staff naturalists at the Conestee Nature Preserve will lead this interpretive hike; they recommend that you bring binoculars and your bird lists.

Bloom Time on Lake Jocassee

Thursday, May 2

(Rain date: Thursday, May 9)

10:00 a.m. to 1:00 p.m.

Devils Fork State Park

Tuition: \$70



Come take a relaxing 3-hour pontoon boat excursion to explore the beauty of Lake Jocassee in May, when flowers surround the sparkling waterfalls and birds and butterflies dip in and out of quiet coves. You'll see why the Jocassee Gorges is known as a global biological hotspot! Free park admission for all SC State Park Palmetto Pass holders; others pay \$8 per adult and \$5 per senior, ages 65 and up.

Kay Wade co-owns Jocassee Lake Tours with her husband **Brooks**. She has worked as a professional gardener and garden designer from the NC Mountains to the Florida coast and back to the mountains of SC. She has written extensively on environmental and ecological challenges. She and her husband founded Jocassee Wild Outdoor Education to offer students of all age's access to a wide range of nature studies by accessing the perfect outdoor classroom - the Jocassee Gorges - by way of the blue avenue of beautiful Lake Jocassee.

Zip Lining in Keowee Toxaway

Thursday, May 30

9:30 a.m. to 12:30 p.m.

Upstate Zipline, Sunset

Tuition: \$89



Zip lining is for the young and the young at heart! In between learning about zip line design and engineering, participants will ride zip lines reaching as high as 120 feet above the forest floor and spanning up to 2,000 feet in length. The day includes 10 zip lines, one suspended bridge and three short nature walks. This allows participants to fully appreciate the mountains, the trees, the lake and all that this area has to offer. They will also hear some natural history along the way! Those who are 5 feet 6 inches tall or shorter can weigh no more than 250 pounds. Participants who are 5 feet 7 inches tall and taller must weigh no more than 275 lbs.

Owner **Robert Nickell** has been in the zip line industry for more than 15 years. During this zip line tour, he will share his experiences in building and running zip lines around the world.

DISCUSSION GROUPS

Philosophy Plus: The American Mind

10 Thursdays, April 18 to June 20, although group often meets between terms

1:30 p.m. to 3:00 p.m.

Cheezem Education Center

Tuition: \$65

This discussion group, now in its 19th year, is Clemson OLLI's longest running offering. Participants spend the first portion of class watching a video lecture, which informs the lively discussion to follow. Videos are available to registrants anytime; each discussion is freestanding. Owing to the wide interests within the group, digressions are frequent. This term's topic is "The American Mind." America's distinct philosophy stems from a powerful body of thought that extends back to the first European settlers and that was enriched by later generations of American thinkers including Jonathan Edwards, Thomas

Jefferson, Abraham Lincoln, William James, and Martin Luther King Jr. Explore the immensely stimulating conversation that made the United States what it is today with The American Mind.

Video lectures feature **Allen C. Guelzo**, the Henry R. Luce Professor of the Civil War Era and Director of Civil War Era Studies at Gettysburg College in Gettysburg, Pennsylvania. A discussion group member leads the conversation.

COURSES

Meditative Yoga

10 Tuesdays, April 16 to June 25

(No Class on May 28)

9:00 a.m. to 10:30 a.m.

Cheezem Education Center

Tuition: \$119

Interested in learning how to meditate or looking for ways to deepen your meditation or prayer practice? Want to know why yoga and breathing are so closely related to meditation? This ten-week course incorporates yoga and breath work as ways to prepare the body and mind for meditation. The instruction for meditation will progress from how to use mantra (or prayer) to mindfulness techniques which are also incredibly useful in daily life. Bring a water bottle and a yoga mat (or ask at the Osher Lifelong Learning Institute (OLLI) office to borrow one). Wear comfortable and flexible clothing.

Renee Gahan has been teaching yoga and meditation at Clemson University since 2011 and has taught in the broader community since 2002. Through her decades of teaching, studying and practicing, she has developed a self-care toolbox for people of all ages and backgrounds to feel better in their bodies, their relationships and their lives.

“

I always learn new and interesting things thanks to OLLI!

”

Intermediate Tai Chi

10 Tuesdays, April 16 to June 18

11:00 a.m. to 12:30 p.m.

Cheezem Education Center

Tuition: \$119

Tai Chi (Taijiquan) is practiced widely around the world and is renowned as a system of training which enhances health, balance, and well-being through a series of postures that are practiced slowly and with attention to alignment and relaxed movement. While many of the concepts go back to ancient times, the first complete forms are credited to the Chen Village in China, from the 1700s. This intermediate class will offer deeper insights and training of the 24 movement Yang Tai Chi form, as well as more detail on the meditative and martial aspects of the system. At the instructor's request, students must have taken at least three sessions of OLLI's Tai Chi course before signing up for Intermediate Tai Chi. Any exceptions must have instructor's permission.

Gary Carbone has 35 years studying Tai Chi (Taijiquan), Xingyiquan, Bagua Zhang, Yiquan, Shaolin Kung Fu and Isshin Ryu Karate, and is a 7th generation lineage holder from Master Chen Jun Hao of Taiyuan, Shanxi Province, China. He loves sharing these arts with others.

New! Putin's Russia: Two Years into the War

Tuesday, April 16

1:00 p.m. to 3:00 p.m.

Zoom Virtual Classroom

Tuition: \$19



On February 24, 2022, Vladimir Putin unleashed a war on Russia's neighboring country Ukraine, resulting in mounting military and civilian casualties on both sides. Two years later, the war is still raging despite continuing pressure on Russia from the West and the economic hardships. Russian elections in March 2024 are almost sure to renew Putin's presidency. Participants will examine why Putin is still in power and Russia is still at war. Using a wide range of sources in Russian and English, participants will investigate the economic situation in Russia and the breadth of popular

support for Putin and his policies. The answers may surprise you. With rapidly changing events, the lecture will be news-oriented and will aim to cover the latest developments.

Asya Pereltsvaig received a doctorate in Linguistics from McGill University and has taught at Yale, Cornell and Stanford, as well as in several European universities. Her expertise is in language and history and the relationship between them. Her recent books, "Languages of the World: An Introduction" and "The Indo-European Controversy: Facts and Fallacies in Historical Linguistics" were published by Cambridge University Press. Pereltsvaig was faculty host for a 2017 OLLI trip to the Baltic countries and St. Petersburg.

Tai Chi

10 Tuesdays, April 16 to June 18

1:00 p.m. to 2:30 p.m.

Cheezem Education Center

Tuition: \$119

Tai Chi (Taijiquan) is practiced widely around the world and is renowned as a system of training which enhances health, balance, and well-being through a series of postures that are practiced slowly and with attention to alignment and relaxed movement. While many of the concepts go back to ancient times, the first complete forms are credited to the Chen Village in China, from the 1700s. The Tai Chi form known as "Tai Chi 24" will be taught, form by form. The instructor will explain basic yet very important principles, e.g., rooting, sung (relaxation), and six directions.

Gary Carbone has 35 years studying Tai Chi (Taijiquan), Xingyiquan, Bagua Zhang, Yiquan, Shaolin Kung Fu and Isshin Ryu Karate, and is a 7th generation lineage holder from Master Chen Jun Hao of Taiyuan, Shanxi Province, China. He loves sharing these arts with others.



**OLLI is wonderful. Don't know
what I would do without it..**



***New!* Secret Societies from History and Active Today**

3 Wednesdays, April 17 to May 1

1:00 p.m. to 2:30 p.m.

Cheezem Education Center

Tuition: \$37

In this course, attendees will look into nefarious groups such as the Masons, Illuminati, Knights Templar, Skull and Bones, Priory of Sion, Bohemian Club, Bilderberg Group, Rosicrucians, Independent Order of Odd Fellows, Opus Dei, Seven Society, Ku Klux Klan, Hashashims, Ancient Order of the Foresters, Molly Maguires, Cosa Nostra, Eye of Providence, Tongs, Yakuza and more. Yes, all of them are historically real and have their origins in the ancient mystery religions of Greece and Rome. Dare you join us and take a peek behind the curtains which have veiled these cabals for centuries? Or, perhaps you are a member of one of these organizations and wish to share the secrets with those enrolled.

Peter Cohen earned his doctorate in Religion/Humanities and a master's degree in Biblical Studies from Florida State University, a bachelor's degree in Religion and Philosophy came from Springfield College and he studied Rabbinics at Hebrew Union College in Jerusalem. He taught at Appalachian State University, Tallahassee Community College, Florida State University and has recently retired from an almost 30-year career teaching Religion among other duties at Clemson University.

***New!* Buon Viaggio - Italy for Beginners**

5 Mondays, April 22 to May 20

10:30 a.m. to 12:30 p.m.

Cheezem Education Center

Tuition: \$55

Considering a trip to Italy? Want to connect with possible Italian heritage? This course offers a wealth of travel tips for this beautiful country including key phrases and vocabulary for shopping, eating and getting around. Participants will delve into learning more about Italian traditions and specialties by region. Fun activities during each class help attendees learn and practice phrases and vocabulary. Newly acquired skills from this class

will bring smiles of appreciation from any Italian encountered during travels! Osher Lifelong Learning Institute (OLLI) travelers who have taken this class offer testimonials of its usefulness while in Italy.

Kathy McElvenny lived in Genoa, Italy for four years and loves sharing her enthusiasm for speaking Italian and the Italian culture with students. **Marina Viotto Joyce** is a native Italian who moved to the United States 50 years ago. She returns to Italy to visit family and friends once a year giving her an opportunity to keep an eye on the constantly changing society. She enjoys sharing her passion and appreciation of Italy with others.

***New!* The Silent Coup Against Richard Nixon, Part One**

4 Weekdays, April 22, 23, 24, and 25

11:00 a.m. to 12:30 p.m.

Zoom Virtual Classroom

Tuition: \$45



On the 50th anniversary of the resignation of President Richard M. Nixon, perhaps it is time to admit that much of the nation was mistaken. The events beginning with the break-in of the Democratic National Committee at the Watergate complex may seem familiar. But much of what we think we know is wrong. In fact, there was a silent coup d'état against Nixon. Following the scholarship of Len Colodny, Robert Gettlin, Jim Hougan and other researchers, we will discover what happened leading up to the so-called "burglary." Events after the burglary through the president's resignation will be explored in Part Two at a later date. Both courses will be comprised of lectures with abundant historical images and class discussion.

John Powers, who earned a master's degree in Fine Arts, is a writer and director with experience in theater and film. Drawing on recent United States history as source material for several productions, he has also developed this material into provocative classroom engagements, such as "Nixon and the Pentagon Papers," "1968: The Year That Rocked" and "Pearl Harbor Reconsidered." He has been an Osher Lifelong Learning Institute (OLLI) instructor since 2013.

***New!* Mong/Hmong and Lao in America**

7 Tuesdays, April 23 to June 4

3:00 p.m. to 4:30 p.m.

Cheezem Education Center

Tuition: \$65

This course introduces participants to the Mong/Hmong and Lao people who immigrated to America as political refugees from Laos. Information on the refugees' cultures, traditions, religions, languages, education and history is presented and discussed along with their involvement in the Secret War, which was a major component of the Vietnam War. Since arriving in America after 1975, the Mong and Lao refugees have experienced numerous cultural, social, economic, political and educational challenges.

Xue Lee, who holds a doctorate in education, emigrated from Laos as a young political refugee in 1979.

Who Is Your Resilience Builder? Loss, Friendship and Creativity

3 Tuesdays, April 23, 30, and May 7

3:00 p.m. to 4:30 p.m.

Cheezem Education Center

Tuition: \$37

Humans need connection and community at all times, and even more so after trauma. In "Who is Your Resilience Builder," participants will investigate the phenomenon of adverse childhood experiences and how individuals find pathways out of profound loss through relationship, resilience and creativity. This course is based on a recently published book co-authored by Dr. Paul Shotsberger and Dr. David Conley. Attendees will take a look at a two of the most influential creative partnerships of the Twentieth Century: C.S. Lewis and J.R.R. Tolkien of the Inklings and John Lennon and Paul McCartney of The Beatles. Their lives present personal models of positively coping with loss and establishing the relational wealth needed to flourish in life.

Dr. Paul Shotsberger has published widely in academic circles over the last 30 years including

articles, book chapters and conference proceedings. Recently, Shotsberger traveled to Liverpool, England touring sites significant to the careers of John Lennon and Paul McCartney. **Dr. David Conley**, founder of Inklings Abroad at Clemson University, has led educational trips to Lewis and Tolkien sites in England, Ireland and Scotland for almost 25 years. He published his doctoral dissertation that includes a literature review of the creativity and art of J.R.R. Tolkien and C.S. Lewis.

***New!* Conversational Spanish**

6 Thursdays, May 2 to June 6

11:00 a.m. to 12:30 p.m.

Cheezem Education Center

Tuition: \$59

Spanish Conversation is a medium to advanced conversation course designed for students who want to improve their communicative abilities in Spanish. With this goal in mind, the course will also provide exposure to the other language skills such as reading and listening comprehension, writing, vocabulary acquisition and socio-cultural competence which are integral to developing speaking fluency. Certain grammar points will be reviewed based on text and issues that arise in class.

For more than two decades, **Marta Fernandez-Wahlen** has dedicated her life to education, guiding students from elementary through university on their journey of lifelong learning. As an educator fluent in five languages, Marta understands the power of communication to open minds. Her passion is nurturing curiosity, critical thinking and discovery in students as they grow into engaged citizens of our diverse world. Marta finds fulfillment in awakening the love of learning and views her role as planting seeds that will continue to blossom throughout her students' lives.



***New!* Fundamentals of Civil Discourse**

3 Tuesdays, May 7 to 21

11:00 a.m. to 12:30 p.m.

Cheezem Education Center

Tuition: \$37

Americans live in a polarized society. Understanding different perspectives on vital issues that affect everyone can be painful and futile. Some people respond by retreating into media echo-chambers with those whose perspectives match their own. Other people simply avoid all potentially divisive conversations. There is a better option. This class is for those who want to attempt to restore civility in public and private discourse. Participants will cover the basic tenets of civil discourse, the role personal and institutional values play in reaching understanding and the importance of creating safe environments for dialogue. Each attendee will gain practice in the art of civil discourse.

The **Rev. John Nieman** is an Episcopal priest recently retired from active ministry. He has taught in churches and other setting and is passionate about the need to foster civil discourse in both public and private spheres. He has led workshops previously through the Senior College at Belfast in Belfast, Maine.

***New!* The Golden Age of Television**

Tuesday, May 7

6:30 p.m. to 7:45 p.m.

Cheezem Education Center

Tuition: \$19

American television was all set to roll out in the late 1930s, but its progress was interrupted by the start of World War II. Finally, by the end of the 1940s, NBC and CBS began broadcasting to their East Coast affiliates. They offered viewers a wide variety of programs: situation comedies, vaudeville-style revues, newscasts, and, most impressively, live original dramas. Within a few years, these anthology programs, such as “Kraft Television Theatre” and “Ford Television Theatre,” launched the careers of soon-to-be-famous directors like Arthur Penn and John Frankenheimer, actors like Paul Newman and James Dean, and playwrights like Paddy Chayefsky and Rod Serling. But by the end of the 1950s, the era of live TV theater was over. So too was having

New York City as the center of TV production.

Media historian **Brian Rose** looks at the forces that made this golden age such an intriguing chapter in TV history and why it was so short-lived, including brief examinations of blacklisting and the TV quiz show scandals. He will be presenting via Zoom as part of the Smithsonian Associates program.

Cooking with Mushrooms

Wednesday, May 8

1:00 p.m. to 3:00 p.m.

Cheezem Education Center

Tuition: \$35

Ever see exotic cultivated or wild mushrooms in the grocery store but don't have a clue how to cook them? Did you know that mushrooms are very nutritious and are actually a superfood? Join this class, and learn how to prepare mushrooms as a main or side dish. Participants will learn about the most common cultivated and wild mushrooms in the Upstate and what these delicacies offer the culinary world.

Olga Katic grew up mushroom hunting with relatives in Bosnia and Hercegovina. Her grandpa would discard the ones he thought were not edible. The rest, they would cook on a wood stove. Fast forward to today: Olga is the proud owner of Mushroom Mountain that produces mushroom spawn for many different edible and medicinal varieties. They also make several different medicinal mushroom extracts and medicinal mushroom honeys under the name Mycomatrix. Mushroom Mountain also runs a Wild Mushroom Food Safety Certification Program, accepted by Health Departments of seven states and counting and endorsed by the Food and Drug Administration.

***New!* Mindfulness in Nature**

Wednesday, May 8

1:00 p.m. to 2:30 p.m.

Itinerary provided one week prior to start date

Tuition: \$19

This class offers a unique in-the-woods experience of connecting with nature through "forest bathing."

Participants will take a short hike and pause often for "invitations" designed to awaken and engage the senses. Participants should be in reasonably good physical condition and able to stand and walk for one to two hours. Directions to the site (in north Pickens County) will be provided after registration.

Jeanne Malmgren is a psychotherapist based in Pickens County. Her private practice, Green Bird Nature Therapy (greenbirdnaturetherapy.com), specializes in earth-based, outdoor sessions. She publishes an online newsletter, Rx Nature (jeannemalmgren.substack.com) and leads meditative hikes in the Upstate.

***New!* Moroccan Cooking**

Monday, May 13

11:00 a.m. to 1:00 p.m.

Cheezem Education Center

Tuition: \$45

Welcome to Osher Lifelong Learning Institute's enchanting Moroccan cooking class where spices mingle in the air and flavors dance on your palate! Embark on a culinary journey to the vibrant land of Morocco where centuries-old traditions and aromatic ingredients come together to create dishes that are as rich in history as they are in taste. In this Moroccan cooking class, participants will discover the secrets behind the exotic flavors and tantalizing aromas that define this North African cuisine. Led by an experienced and passionate instructor, cooks will learn to master the art of Moroccan cooking while immersing themselves in its fascinating cultural heritage.

Denise Nait Omar is a cook who discovered her passion when she started trying new foods in her 20's. Growing up in an area with limited food choices, when Denise discovered new foods, she made them at home with success. She loves to cook any ethnic food. And, she cooks with diabetes in mind using fresh ingredients.

***New!* Painting Watercolor on Canvas**

Tuesday, May 14

1:00 p.m. to 4:00 p.m.

Cheezem Education Center

Tuition: \$19

Stretch the boundaries of watercolor painting from paper to canvas. Join Vickie Bagwell for this workshop that utilizes pre-prepped canvas and watercolor paint tubes. This course is for anyone with any painting experience no matter the medium. The goal is to paint a cute cow - great for a country kitchen or house. However, if participants have another image they would like to paint, bring it! With three hours to paint, everyone is expected to leave with a finished painting. A supply list will be provided upon registration.

Vickie Bagwell is a retired registered nurse who has had an interest in and dabbled in art since she was 12. Having taken classes in acrylic, oil and watercolor painting, she now teaches watercolor, acrylic and painting on glass classes throughout the community including The Arts Center of Clemson.

***New!* Landscape Design- Elements, Principles and the Nitty Gritty**

Tuesday, May 14

3:00 p.m. to 4:30 p.m.

Cheezem Education Center

Tuition: \$19

Have you ever considered why some landscapes look more appealing and cohesive than others? What makes some designs work and others not work so well? What style of garden appeals to you and how do you envision using your garden space? Are there drainage issues or is there a need for more privacy from a neighbor? Is there a focal point you would like to feature? A lot of factors need to be considered before investing in hardscapes, plants and installations. In this course, attendees will learn about basic landscape design concepts, how to survey their space for design considerations, and create a plan before investing in hardscapes and plant material. Creating an overall design concept for your specific garden space will save both time and money.

After more than 30 years as a professional grower and surveying hundreds of private and public gardens, **Jeanne Guidi** formed G&G Designs, LLC to put her considerable plant knowledge to use helping homeowners with attractive design solutions and wise plant selections.

***New!* Financial Survival for Families in the Grip of Dementia**

Wednesday, May 15

10:00 a.m. to 12:00 p.m.

Cheezem Education Center

Tuition: \$19

Seventy percent of all retirees will face the high cost of aging which can devastate and/or derail retirement. The good news is there are numerous ways to protect your family's finances while remaining at home. Participants will learn how to stay in their home using Individual Retirement Account (IRA) funds that are tax free; how to use a 13-year-old tax law to convert certain accounts from taxable to tax free if used for care; how to qualify now for a lifetime benefit to protect spousal caregivers if the need arises and money to family if no care is needed; how to prevent the home from Medicaid liens; how to utilize assets in a tax-free manner to help with long-term care costs and more.

Neal Angel serves as a financial planner and investment advisor with AngelRoyce Wealth Advisors in Greenville, SC. He has advised thousands of families as a speaker on current retirement issues.

***New!* The Electoral College and Supreme Court**

3 weekdays, May 15, 16, and 22

11:00 a.m. to 12:30 p.m.

Zoom Virtual Classroom

Tuition: \$37



Examine 10 controversial Presidential election outcomes and how the Supreme Court has played a significant role in four of the ten. From Thomas Jefferson, John Quincy Adams, Abraham Lincoln, Rutherford B. Hayes, Woodrow Wilson, John F. Kennedy to George Bush, the elections and court played a huge part in American history. Today's current Supreme Court is poised to make another important ruling. Join us.

Russ Hutchins is a retired public school administrator. He holds an Education Specialist degree, in school administration, from Pittsburg State University in Pittsburg, Kansas, and teaches for Osher Lifelong Learning Institute (OLLI) at The

University of Kansas and at The University of West Virginia and Charleston Academy of Lifelong Learning (CALL) at the College of Charleston.

***New!* Amplify your Golf Game**

2 Wednesdays, May 15 and 22

3:00 p.m. to 4:30 p.m.

Cheezem Education Center

Tuition: \$29

Whether new to golf or are a seasoned player, join in on this interactive course where exercise meets the golf swing. Learn from movement specialist and avid golfer, Dr. Elisa Turner will take participants through a movement evaluation and provide instruction on exercises to keep golfers moving well both on and off the course. Objectives include gaining an understanding of the importance of mobility, strength, and power within the golf swing; discovering the benefits of recovery through rest, hydration and nutrition; understanding the benefits of proper warm up and realizing the lifelong benefits of golf and why continuing to work on the game leads to better-quality golf and a better quality of life.

Elisa Turner owns AMP Physical Therapy and Performance in Clemson, SC with her husband. She is passionate about helping people with their physical therapy and personal wellness needs.

***New!* The Wonders of Copan of Tikal: Classic Maya City - States of Central America**

Thursday, May 16

6:30 p.m. to 8:30 p.m.

Cheezem Education Center

Tuition: \$19

The sophisticated courts of the classic Maya offer a trove of information and artifacts. Classic Maya civilization (Third through Ninth centuries CE) came to its florescence in the form of a network of interconnected city-states, each with its own dynasties of ruling elites and court culture, whose interactions involved trade, marriage alliances, warfare, treaties, diplomacy, and civic and religious ceremonials. At the heart of these city-states are the impressive architecture of palaces, temples,

and ball-courts; intriguing relief carvings of deities, kings, queens, and scribes; painted ceramic vessels; and richly appointed burials.

Cultural historian **George Scheper**, an expert on the indigenous cultures of the Americas, explores the storied splendors of Copan and Tikal, and how the decipherment of Maya glyph-writing has opened new worlds of written history of the dynasties of these impressive sites. Scheper is a senior lecturer in the Master of Liberal Arts program at Johns Hopkins University. He will be presenting via Zoom as part of the Smithsonian Associates program.

Pine Needle Basketry

2 Mondays, May 20 and 27

10:00 a.m. to 12:00 p.m.

Nancy Basket's Studio, Walhalla

Tuition: \$39

Come coil bundles of South Carolina Long Leaf pine needles into baskets of beauty! In this OLLI Course, participants will practice various stitches and be introduced to other materials while working in the 100-year-old kudzu bale barn.

Artist and Storyteller **Nancy Basket** has worked with kudzu for more than 30 years.

The Art of Making Fruit Jam

Monday, May 20

11:00 a.m. to 2:00 p.m.

Cheezem Education Center

Tuition: \$45

Fresh fruit jam is simple. Anyone can make it with a little preparation. Participants will learn the time-honored tools and tricks to turn fruit and sugar into a delicious jam. Classes are hands-on and designed for beginners, and discussion includes fruit preservation, safety and shelf-life. Each participant will leave with a jar of handmade jam, recipes and tips to make their own jam at home.

Susan Hansen has spent more than 30 years creating and cooking all sorts of culinary delights in her kitchen and in various public eateries. She enjoys teaching others and bringing out each participant's "inner chef!"

***New!* Five Tigers, One Mountain: The Korean War**

4 Mondays, May 20 to June 10

1:00 p.m. to 2:30 p.m.

Zoom Virtual Classroom

Tuition: \$45



These lectures explore the beginnings of the Cold War in Asia with particular focus on the Korean War and the "five tigers" looking to control Korea: The United States, China, Russia, North Korea and South Korea. We will look at such luminaries as Douglas MacArthur, Matthew Ridgeway, Kim Il-Sung, Harry Truman and Joseph Stalin. We will examine the development of modern Korea; the lead-up to the Korean War and the bloody, tortuous path the war took concluding in a decades-long truce that sent North and South Korea on completely different trajectories that continue to the present day.

Jared Day, PhD., taught American history at Carnegie Mellon University in Pittsburgh for sixteen years. His areas of specialization are United States political, urban and cultural history and world history from the fifteenth century to the present. He is the author of several books along with numerous popular and peer-reviewed articles. He now teaches at Three Rivers Community College in Norwich, CT.

***New!* Middle Eastern Cooking**

Wednesday, May 22

11:00 a.m. to 1:00 p.m.

Cheezem Education Center

Tuition: \$45

Embark on a culinary journey through the flavors of the Middle East in this immersive cooking class. Learn the art of preparing authentic dishes steeped in tradition and rich in spices that includes savory kebabs, shawarma and traditional hummus. Explore the vibrant ingredients, cooking techniques and cultural significance behind each recipe. Novice or seasoned cooks are invited to join us for an unforgettable experience of taste and tradition.

Denise Nait Omar is a cook who discovered her passion when she started trying new foods in her

20's. Growing up in an area with limited food choices, when Denise discovered new foods, she made them at home with success. She loves to cook any ethnic food. And, she cooks with diabetes in mind using fresh ingredients.

Kudzu Basketry

2 Tuesdays, May 28 and June 4

10:00 a.m. to 12:00 p.m.

Nancy Basket's Studio, Walhalla

Tuition: \$39

Kudzu vines, leaves and roots are good for basketry, clothing, paper, food and medicine. Bales of kudzu can even be harvested for building material! In this class, participants will enjoy discussion, hands-on projects and discovering the diversity of each part of the vine. We'll split kudzu, tie two pervasive vine rings together and weave a basket using a random freeform technique, make small spheres and learn how to make sculptures or chandeliers. Attendees will learn the many kinds of vines to harvest in the Upstate and how Kudzu, a Japanese vine, relates to Cherokee culture!

Artist and Storyteller **Nancy Basket** has worked with kudzu for more than 30 years.

***New!* Making Focaccia Bread**

Session A: Wednesday, May 29

Session B: Tuesday, June 4

11:00 a.m. to 2:00 p.m.

Cheezem Education Center

Tuition: \$45

Indulge in the timeless tradition of crafting exquisite focaccia bread with this comprehensive bread-making course. From kneading to baking, this hands-on experience will elevate bread-making skills to new heights. Explore the delicate balance of ingredients, techniques and flavors that define this beloved Italian delicacy.

Susan Hansen has spent more than 30 years creating and cooking all sorts of culinary delights in her kitchen and in various public eateries. She enjoys teaching others and bringing out each participant's "inner chef!"

Gardening Like a Painter

3 Wednesdays, June 5 and 12; field trip on
Saturday, June 8
10:00 a.m. to 11:30 a.m.
Cheezem Education Center
Tuition: \$29

This presentation will feature photographs of the Pendleton garden developed by Tom Pellett over a two year period. Tom will be presenting elements of design and color theory as they relate to garden design. Using plants suitable for the Upstate, he will show how these can be arranged for the best visual effect. The first session will focus on planting design for sunny sites. The second session will focus on planting design for shady sites. A question and answer period will be included at the end of both classes.

As a professional garden designer for 45 years, **Tom Pellett** designed gardens in Austin, Greensboro, Memphis, north Mississippi and east Arkansas. He has been filling sketchbooks for more than 50 years and painting with watercolors for about 25 years. Tom's gardens have been featured in several books and periodicals. His bachelor's degree came from the California College of Art.

Beginner Stained Glass

6 Weekdays, June 6, 7, 10, 11, 13, and 14
1:00 p.m. to 4:30 p.m.
Kathy Carroll's Studio, Seneca
Tuition: \$65

The earliest forms of glassmaking occurred nearly 3,000 years ago, and colored window glass dates back 1,350 years—yet our fascination with the art form continues. Discover the secrets of creating your own masterpiece from glass; learn stained glass terminology and the history of the art. Through hands-on practice, participants will become familiar with modern tools, equipment, and techniques, as each student fabricates a unique 9"x18" stained glass panel.

Favorite OLLI instructor **Kathy Carroll** has crafted with glass for more than 40 years. She has taken workshops and attended conferences in various locations throughout the United States, and has worked with cold glass, slumped and fused glass,

and blown glass. She has taught stained glass classes, as well as created commissioned work.

***New!* Money Matters: A Practical Guide to Managing Financial Risks for Seniors**

2 Thursdays, June 6 and 13
5:00 p.m. to 6:30 p.m.
Cheezem Education Center
Tuition: \$29

Learn how to manage financial risks in all areas of life. In this course, a variety of practical methods to manage financial risk will be discussed. Topics include: traditional risk management, minimizing risk of investment portfolios, decreasing the chance of depleting a nest egg with healthcare expenses and general tax tips that can help reduce the risk of overpaying taxes.

Since 2003, **David Chudyk**, Certified Financial Planner™ has been helping clients make the right financial decisions for the reasons that are important to them. Chudyk believes that "how we handle our money should positively impact our lives and the lives of those around us."

***New!* Sleep Better**

Tuesday, June 11
3:00 p.m. to 4:30 p.m.
Cheezem Education Center
Tuition: \$19

Having trouble sleeping at least eight hours a night? Learn non-medicine ways to relax before falling asleep, improve your sleep environment and create habits that will make it more likely to sleep longer. Participants are encouraged to bring their questions regarding sleep problems and their sleep suggestions to share with other participants.

Eunice Lehmacher, LISW-CP, has worked as a medical social worker and psychotherapist in Oconee County for more than 20 years. She specializes in geriatrics, dementia, depression and anxiety and has taught many classes on various mental health topics. Eunice enjoys leading interactive classes and support groups on a variety of mental health topics which help adults to make choices that can lead to a healthier life.



Code of Conduct

FOR MEMBERS AND INSTRUCTORS OF OLLI AT CLEMSON UNIVERSITY

OLLI at CU is a community of intellectually active mature adults. Membership entails mutual respect among members and instructors as they pursue knowledge and explore individual interests. Failure to treat ideas, viewpoints, the classroom environment and interests of other members of the community with respect and civility compromises the intellectual climate at OLLI, and cannot be tolerated. The OLLI administration and volunteer leadership are responsible for ensuring that the Code of Conduct is being followed in all OLLI-sponsored programs.

This OLLI at CU Code of Conduct is congruent with that for students at Clemson University (www.clemson.edu/administration/student-affairs/student-handbook/code-of-conduct) in promoting behavior that enables enlightened discourse among individuals.

REGISTRATION FORM

Membership And Registration Form - SPRING 2024

Please fill out completely, even if you think we have this information on file.

Name: _____

Street Address: _____

City/State/Zip: _____

Phone: _____ Email Address: _____

How did you hear about us? _____

Gender: Female ☐ Male ☐ Date of Birth (Month, Year): _____

Catalog Format: ☐ Email Catalog ☐ U.S. Mail Catalog

Email Communication: Yes ☐ No ☐

Your name, mailing and email addresses will be published in the password-protected online OLLI Member directory.

☐ Check this box if you would like to opt out of the directory.

Emergency Contact Name: _____

Emergency Contact Phone Number: _____

Please note: Each member of a couple must submit a separate form to ensure proper registration.

Half Year Membership Fee

Memberships purchased now are valid through June 30, 2024.

☐ I am a NEW OLLI member and paying my first membership fee (\$32) \$ _____

☐ I am renewing my lapsed OLLI membership (\$32) \$ _____

If you are unsure about your membership status, please call the OLLI office at 864-633-5242.

Courses

Course Name _____ Tuition: \$ _____

Course Name _____ Tuition: \$ _____

Course Name _____ Tuition: \$ _____

Course Name _____ Tuition: \$ _____

Donation

Would you like to include a gift to OLLI at Clemson University? Our Annual Fund is administered by the Clemson University Foundation on behalf of OLLI; please note that 100% of your gift goes to support OLLI operations.

Gift: \$ _____

Total Enclosed: \$ _____

Payment Information

☐ Check enclosed (payable to OLLI at Clemson University)

☐ Visa ☐ MasterCard ☐ Discover ☐ American Express

Card #: _____ Expiration Date: _____ Security Code: _____

Cardholder's Name: _____

REGISTRATION FORM

Membership And Registration Form - SPRING 2024

Please fill out completely, even if you think we have this information on file.

Name: _____

Street Address: _____

City/State/Zip: _____

Phone: _____ Email Address: _____

How did you hear about us? _____

Gender: Female ☐ Male ☐ Date of Birth (Month, Year): _____

Catalog Format: ☐ Email Catalog ☐ U.S. Mail Catalog

Email Communication: Yes ☐ No ☐

Your name, mailing and email addresses will be published in the password-protected online OLLI Member directory.

☐ Check this box if you would like to opt out of the directory.

Emergency Contact Name: _____

Emergency Contact Phone Number: _____

Please note: Each member of a couple must submit a separate form to ensure proper registration.

Half Year Membership Fee

Memberships purchased now are valid through June 30, 2024.

☐ I am a NEW OLLI member and paying my first membership fee (\$32) \$ _____

☐ I am renewing my lapsed OLLI membership (\$32) \$ _____

If you are unsure about your membership status, please call the OLLI office at 864-633-5242.

Courses

Course Name _____ Tuition: \$ _____

Course Name _____ Tuition: \$ _____

Course Name _____ Tuition: \$ _____

Course Name _____ Tuition: \$ _____

Donation

Would you like to include a gift to OLLI at Clemson University? Our Annual Fund is administered by the Clemson University Foundation on behalf of OLLI; please note that 100% of your gift goes to support OLLI operations.

Gift: \$ _____

Total Enclosed: \$ _____

Payment Information

☐ Check enclosed (payable to OLLI at Clemson University)

☐ Visa ☐ MasterCard ☐ Discover ☐ American Express

Card #: _____ Expiration Date: _____ Security Code: _____

Cardholder's Name: _____

REGISTRATION INFORMATION

4 Easy Ways to Register

- Online: www.olliatclermson.org, click the link “online registration” (credit card payment only)
- By Phone: 864-633-5242 (credit card payment only)
- By Mail: 100 Thomas Green Blvd. Clemson, SC 29631 (check or credit card payment)
- In Person at the Cheezem Education Center, Monday through Friday, 9:00 a.m. to 4:00 p.m. (cash, check or credit card payment)

Refund/Cancellation

If you must cancel your registration in an OLLI Course, a full or partial refund may be available to you. Our current refund procedures are listed on our website, www.olliatclermson.org. All Members are encouraged to review this information when registering.

If an OLLI Course is cancelled, you will receive a full refund. Payments made by cash and check will be refunded as course credit in your OLLI account; payments made by credit card will be refunded to the credit card.

Wait List

If the Course you have requested has filled prior to receiving your registration, you will automatically be placed on a waiting list for the Course. Should space become available, you will be contacted and given the opportunity to enroll. You will not be charged for the Course until you are enrolled.

Liability Waivers

OLLI members who are enrolled in higher risk Courses may be required to sign Waiver and Release of Liability Forms before participating. For more information, visit our website, www.olliatclermson.org.

Accessibility

OLLI at Clemson University is committed to an inclusive and accessible environment for all OLLI Members, and as a Clemson University Institute, follows the spirit of Student Accessibility Services, which can be found at www.clemson.edu/academics/studentaccess. If you have questions about accessibility for a Course, please contact the OLLI office at olli@clemson.edu or 864-633-5242; all correspondence will be confidential.

Graduate Research

On occasion, Clemson University faculty and students are interested in working with OLLI Members on research projects specific to engaged aging. Opportunities to participate in such studies will be announced to the OLLI membership via the weekly e-newsletter, and your personal involvement is entirely at your discretion. We do not share your contact information with any group or individual. For questions, please contact Amanda Turner at 864-633-5242 or amandat@clemson.edu.

Membership Fees

A nonrefundable annual membership is required to participate in OLLI Courses and activities. The OLLI Member Year begins July 1 and ends June 30 of each year.

Scholarships

Financial assistance may be available for current OLLI Members; for more information, visit our website, www.olliatclermson.org.

Inclement Weather

OLLI follows the Clemson University inclement weather policy. When Clemson University is closed due to inclement weather, all OLLI activities are cancelled or postponed to a later date.

Charles K. Cheezem Education Center

As a Clemson University facility, the Center is tobacco-free and follows campus facility policies.



OSHER LIFELONG LEARNING INSTITUTE

OLLI at Clemson University
100 Thomas Green Blvd.
Clemson, SC 29631

Phone: 864-633-5242
Email: olli@clemson.edu
www.olliatclemson.org

Nonprofit Org.
U.S. POSTAGE
PAID
Clemson, SC
Permit No. 10



Saluting Heroes!

Clemson Downs recognizes and honors those who have served our country so bravely. Pictured is retired U.S. Air Force Master Sergeant Dr. Louis Williams, Veteran of Korea, Clemson College '59 and '61, with his wife Elise being honored as the Hero-of-the-Game at Clemson University.

Clemson Downs proudly cares for all of our residents. Our full continuum of care offers independent living, assisted living, memory care, and skilled nursing care to meet your needs.



CLEMSON DOWNS

RETIRE WELL.

For more information on Clemson Downs, please contact us.
(864) 654-1155 • @RetireWellClemson • ClemsonDowns.com